

RESULTS



Women's 4X400 Metres Relay - Round 1

First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

RECORDS	RESULT	TEAM		VENUE	DATE
World Record WR	3:23.37	RUSSIA	RUS	Glasgow (GBR)	28 Jan 2006
Championship Record CR	3:23.85	UNITED STATES	USA	Birmingham (GBR)	4 Mar 2018
World Leading WL	3:23.63	ARKANSAS	INT	Fayetteville, AR (USA)	14 Mar 2026
Area Record AR		National Record NR		Season Best SB	

Heat 1

2

22 March 2026 12:04 START TIME

PLACE	TEAM	BIB	LANE	REACTION	RESULT		Fn
1	POLAND	POL	5	0.247	3:28.06	Q	SB
	725 Marika POPOWICZ-DRAPAŁA				52.94 (2)		
	718 Anna GRYC				52.20 (2)	1:45.14 (2)	
	721 Anastazia KUŚ				51.94 (1)	2:37.08 (2)	
	729 Justyna ŚWIĘTY-ERSETIC				50.98 (2)		
2	NETHERLANDS	NED	6	0.210	3:28.11	Q	SB
	693 Lieke KLAVER				51.31 (1)		
	700 Madelief VAN LEUR				52.84 (3)	1:44.15 (1)	
	694 Elisabeth PAULINA				52.56 (2)	2:36.71 (1)	
	695 Eveline SAALBERG				51.40 (3)		
3	SLOVAK REPUBLIC	SVK	4	0.158	3:29.87	q	NR
	779 Daniela LEDECKÁ				53.01 (3)		
	778 Viktória KORBOVÁ				53.60 (4)	1:46.61 (4)	
	780 Martina SEGEČOVÁ				52.80 (3)	2:39.41 (4)	
	782 Emma ZAPLETALOVÁ				50.46 (1)		
	CZECHIA	CZE	3	0.250	DQ	TR17.2.3	
	556 Kateřina Emilly ŠMILAUEROVÁ				54.48 (4)		
	554 Lurdes Gloria MANUEL				51.10 (1)	1:45.58 (3)	
	551 Nikola BISOVÁ				53.53 (4)	2:39.11 (3)	
	559 Lada VONDROVÁ				51.50 (4)		

NOTE WA Rule TR17.2.3 - Lane infringement: CZE (Czechia)

RESULTS
Women's 4X400 Metres Relay - Round 1

Heat 2 **2**

22 March 2026 12:15 START TIME

PLACE	TEAM	BIB	LANE	REACTION	RESULT	Fn
1	UNITED STATES	USA	6	0.180	3:28.36	Q
	816 Paris PEOPLES				52.25 (2)	
	824 Brianna WHITE				52.31 (1)	1:44.56 (2)
	803 Abbev GLYNN				52.13 (2)	2:36.69 (1)
	810 Shamier LITTLE				51.67 (2)	
2	GREAT BRITAIN & NI	GBR	5	0.178	3:29.31	Q SB
	614 Louisa STONEY				52.68 (4)	
	607 Jazmine MOSS				52.70 (4)	1:45.38 (4)
	605 Poppy MALIK				52.39 (3)	2:37.77 (3)
	606 Tess MCHUGH				51.54 (1)	
3	SPAIN	ESP	4	0.327	3:29.98	q SB
	573 Ana PRIETO				52.43 (3)	
	566 Carmen AVILÉS				52.37 (3)	1:44.80 (3)
	565 Rocio ARROYO				52.12 (1)	2:36.92 (2)
	568 Daniela FRA				53.06 (3)	
4	PORTUGAL	POR	3	0.216	3:31.37	NR
	741 Sofia LAVRESHINA				52.12 (1)	
	737 Fatoumata Binta DIALLO				52.35 (2)	1:44.47 (1)
	742 Clara MARTINHA				53.77 (4)	2:38.24 (4)
	744 Carina VANESSA				53.13 (4)	

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
3:21.75	ARKANSAS (INT)	Albuquerque, NM (USA)	11 Mar 23	3:23.63	ARKANSAS (INT)	Fayetteville, AR (USA)	14 Mar
3:23.37	RUSSIA (RUS)	Glasgow (GBR)	28 Jan 06	3:26.44	SOUTH CAROLINA (USA)	Fayetteville, AR (USA)	14 Mar
3:23.85	UNITED STATES (USA)	Birmingham (GBR)	4 Mar 18	3:28.06	POLAND (POL)	Kujawy Pomorze	22 Mar
3:24.34	NETHERLANDS (NED)	Apeldoorn (NED)	9 Mar 25	3:28.11	NETHERLANDS (NED)	Kujawy Pomorze	22 Mar
3:24.89	GREAT BRITAIN & NI (GBR)	Apeldoorn (NED)	9 Mar 25	3:28.36	UNITED STATES (USA)	Kujawy Pomorze	22 Mar
3:25.31	CZECHIA (CZE)	Apeldoorn (NED)	9 Mar 25	3:29.31	GREAT BRITAIN & NI (GBR)	Kujawy Pomorze	22 Mar
3:25.68	SPAIN (ESP)	Apeldoorn (NED)	9 Mar 25	3:29.87	SLOVAK REPUBLIC (SVK)	Kujawy Pomorze	22 Mar
3:25.80	FRANCE (FRA)	Apeldoorn (NED)	9 Mar 25	3:29.98	SPAIN (ESP)	Kujawy Pomorze	22 Mar
3:26.09	POLAND (POL)	Birmingham (GBR)	4 Mar 18	3:31.37	PORTUGAL (POR)	Kujawy Pomorze	22 Mar
3:26.54	JAMAICA (JAM)	Sopot (POL)	9 Mar 14	3:34.12	MOSKVA (RUS)	Yuzhno-Sakhalinsk (RUS)	3 Mar

