



RESULTS

3000 Metres Women - Final

| RECORDS | RESULT | NAME | AGE | VENUE | DATE |
|-------------------------------|---------|---------------------------|-------------------------|-----------------------|-------------|
| World Record WR | 8:16.60 | Genzebe DIBABA | ETH 23 | Stockholm (SWE) | 6 Feb 2014 |
| Championship Record CR | 8:20.87 | Elle ST. PIERRE | USA 29 | Glasgow (GBR) | 2 Mar 2024 |
| World Leading WL | 8:24.59 | Freweyni HAILU | ETH 25 | Liévin (FRA) | 19 Feb 2026 |
| Area Record AR | | National Record NR | Personal Best PB | Season Best SB | |

21 March 2026 19:05 START TIME

| PLACE | BIB | NAME | DATE OF BIRTH | ORDER | RESULT |
|-------|-----|-------------------|---------------|-------|-------------|
| 1 | 645 | Nadia BATTOCLETTI | ITA 12 Apr 00 | 2 | 8:57.64 |
| 2 | 811 | Emily MACKAY | USA 30 Apr 98 | 7 | 8:58.12 |
| 3 | 502 | Jessica HULL | AUS 22 Oct 96 | 6 | 8:58.18 |
| 4 | 577 | Aleshign BAWEKE | ETH 23 Jan 06 | 1 | 9:00.26 |
| 5 | 793 | Şilan AYYILDIZ | TUR 10 Oct 99 | 15 | 9:02.11 |
| 6 | 581 | Freweyni HAILU | ETH 12 Feb 01 | 3 | 9:02.41 |
| 7 | 788 | Vera SJÖBERG | SWE 19 May 01 | 14 | 9:03.57 |
| 8 | 613 | Katie SNOWDEN | GBR 9 Mar 94 | 13 | 9:03.79 |
| 9 | 608 | Hannah NUTTALL | GBR 7 Jul 97 | 5 | 9:04.20 |
| 10 | 672 | Norah JERUTO | KAZ 2 Oct 95 | 9 | 9:04.22 |
| 11 | 655 | Micol MAJORI | ITA 4 Jun 98 | 11 | 9:04.39 |
| 12 | 501 | Linden HALL | AUS 20 Jun 91 | 4 | 9:04.83 |
| 13 | 671 | TANAKA Nozomi | JPN 4 Sep 99 | 10 | 9:07.77 |
| 14 | 796 | Margot APPLETON | USA 30 Sep 02 | 12 | 9:12.57 |
| 569 | | Marta GARCÍA | ESP 1 Jan 98 | 8 | DQ TR17.1.2 |

NOTE WA Rule TR17.1.2 - Jostling: BIB 569 (Marta GARCÍA)

INTERMEDIATE TIMES

| | | | |
|--------|---------------------------|--------|---------------------------|
| 100 m | 17.46 Marta GARCÍA | 200 m | 37.81 Marta GARCÍA |
| 300 m | 56.73 Norah JERUTO | 400 m | 1:15.71 Norah JERUTO |
| 500 m | 1:35.65 Norah JERUTO | 600 m | 1:56.15 Norah JERUTO |
| 700 m | 2:16.29 Norah JERUTO | 800 m | 2:35.19 Norah JERUTO |
| 900 m | 2:54.03 Norah JERUTO | 1000 m | 3:15.05 Norah JERUTO |
| 1000 m | 3:15.05 Aleshign BAWEKE | 1100 m | 3:35.57 Aleshign BAWEKE |
| 1200 m | 3:56.17 Micol MAJORI | 1300 m | 4:13.49 Micol MAJORI |
| 1400 m | 4:30.91 Micol MAJORI | 1500 m | 4:48.03 Micol MAJORI |
| 1600 m | 5:05.63 Micol MAJORI | 1700 m | 5:23.46 Aleshign BAWEKE |
| 1800 m | 5:41.28 Norah JERUTO | 1900 m | 5:58.39 Norah JERUTO |
| 2000 m | 6:16.42 Norah JERUTO | 2100 m | 6:34.23 Norah JERUTO |
| 2200 m | 6:51.74 Norah JERUTO | 2300 m | 7:09.00 Nadia BATTOCLETTI |
| 2400 m | 7:26.10 Nadia BATTOCLETTI | 2500 m | 7:42.92 Jessica HULL |
| 2600 m | 7:59.21 Nadia BATTOCLETTI | 2700 m | 8:14.21 Jessica HULL |
| 2800 m | 8:28.89 Jessica HULL | 2900 m | 8:43.13 Nadia BATTOCLETTI |

ALL-TIME TOP LIST

| RESULT | NAME | VENUE | DATE |
|---------|--------------------------|--------------------|-----------|
| 8:16.60 | Genzebe DIBABA (ETH) | Stockholm (SWE) | 6 Feb 14 |
| 8:16.69 | Gudaf TSEGAY (ETH) | Birmingham (GBR) | 25 Feb 23 |
| 8:19.98 | Freweyni HAILU (ETH) | Liévin (FRA) | 13 Feb 25 |
| 8:20.87 | Elle ST. PIERRE (USA) | Glasgow (GBR) | 2 Mar 24 |
| 8:22.68 | Beatrice CHEPKOECH (KEN) | Glasgow (GBR) | 2 Mar 24 |
| 8:23.24 | Dawit SEYAUM (ETH) | Liévin (FRA) | 17 Feb 22 |
| 8:23.72 | Meseret DEFAR (ETH) | Stuttgart (GER) | 3 Feb 07 |
| 8:23.74 | Meselech MELKAMU (ETH) | Stuttgart (GER) | 3 Feb 07 |
| 8:24.39 | Jessica HULL (AUS) | Glasgow (GBR) | 2 Mar 24 |
| 8:25.05 | Alicia MONSON (USA) | New York, NY (USA) | 11 Feb 23 |

2026 TOP LIST

| RESULT | NAME | VENUE | 2026 |
|---------|-------------------------|--------------------|--------|
| 8:24.59 | Freweyni HAILU (ETH) | Liévin (FRA) | 19 Feb |
| 8:26.29 | Aleshign BAWEKE (ETH) | Liévin (FRA) | 19 Feb |
| 8:26.44 | Nadia BATTOCLETTI (ITA) | Liévin (FRA) | 19 Feb |
| 8:26.54 | Elle ST. PIERRE (USA) | Boston, MA (USA) | 24 Jan |
| 8:27.03 | Linden HALL (AUS) | Boston, MA (USA) | 24 Jan |
| 8:30.01 | Emily MACKAY (USA) | New York, NY (USA) | 28 Feb |
| 8:31.39 | Doris LEMNGOLE (KEN) | New York, NY (USA) | 1 Feb |
| 8:32.94 | Hannah NUTTALL (GBR) | New York, NY (USA) | 1 Feb |
| 8:34.28 | Marta GARCÍA (ESP) | Liévin (FRA) | 19 Feb |
| 8:34.96 | Hirut MESHESHA (ETH) | Liévin (FRA) | 19 Feb |

