

Results

400m Hurdles Women - Semifinals

11 AUG 2026

Qualification: First 2 in each heat (Q) and the next 2 fastest (q) advance to the Final

EUROPEAN RECORD	50.95	BOL Femke	NED	La Chaux-de-Fonds (SUI)	14 JUL 2024
CHAMPIONSHIP RECORD	52.49	BOL Femke	NED	Roma (ITA)	11 JUN 2024

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



TEMPERATURE

21 °C

HUMIDITY

60 %

CONDITIONS

Partly cloudy

Semifinal 1 Start Time: 10:45

Rank	Name	Ctry	Date of Birth	Lane	Reaction time	Result	
1	FOLORUNSO Ayomide	ITA	17 OCT 1996	5	0.176	53.93	Q SB
2	NEWNHAM Emily	GBR	19 MAY 2004	8	0.166	54.32	Q
3	MARAVAL Louise	FRA	31 JUL 2001	7	0.151	54.50	q
4	TKACHUK Viktoriya	UKR	8 NOV 1994	9	0.254	54.95	SB
5	GALLEGO Sara	ESP	11 OCT 2000	6	0.130	55.24	
6	GRANAT Moa	SWE	8 AUG 2004	2	0.156	56.13	
7	SALMINEN Heidi	FIN	4 DEC 2003	4	0.140	56.39	
8	RASMUSSEN Martha	DEN	10 JUL 2002	3	0.134	56.74	

Semifinal 2 Start Time: 10:53

Rank	Name	Ctry	Date of Birth	Lane	Reaction time	Result	
1	ZAPLETALOVÁ Emma	SVK	24 MAR 2000	7	0.160	54.09	Q
2	DIALLO Fatoumata Binta	POR	6 APR 2000	5	0.148	54.34	Q
3	DEMES Eileen	GER	13 OCT 1997	4	0.148	54.63	SB
4	UUSIMÄKI Hilla	FIN	12 JUN 1996	8	0.173	54.70	
5	MURARO Alice	ITA	14 AUG 2000	9	0.205	56.19	
6	WERNLI Lena	SUI	5 FEB 2001	3	0.124	57.17	
7	PRESSLER Lena	AUT	15 JAN 2001	6	0.155	1:01.85	
	KYSHKINA Alina	UKR	30 JUL 2005	2	0.156	DNF	

Semifinal 3 Start Time: 11:01

Rank	Name	Ctry	Date of Birth	Lane	Reaction time	Result	
1	COUCKUYT Paulien	BEL	19 MAY 1997	5	0.209	53.87	Q PB
2	NIELSEN Lina	GBR	13 MAR 1996	4	0.152	54.04	Q PB
3	IUEL Amalie	NOR	17 APR 1994	6	0.132	54.22	q
4	LAVRESHINA Sofia	POR	14 JUN 2003	8	0.138	54.79	
5	LEDECKÁ Daniela	SVK	4 NOV 1996	9	0.232	55.22 (.217)	SB
6	DLAUHY Anja	AUT	2 JAN 2003	7	0.214	55.22 (.218)	
7	SMOLINSKA Izabela	POL	14 JAN 1999	3	0.199	55.52	
8	SARTORI Rebecca	ITA	22 MAY 1997	2	0.199	56.24	

Possible Replacement: 1st - DEMES Eileen (GER), 2nd - UUSIMÄKI Hilla (FIN)

Legend

DNF Did Not Finish
SB Season Best

PB Personal Best

Q Qualified by place

q Qualified by time