

Sonntag 19. Juli 2026

| Zeit | M 35 | M 40 | M 45 | M 50 | M 55 | M 60 | M 65 | M 70 | M 75 | M 80 | M 85/90 | Zeit | W 35 | W 40 | W 45 | W 50 | W 55 | W 60 | W 65 | W 70 | W 75 | W 80 | W 85/90 | Zeit | |
|-------|---------|---------|---------|---------|---------|---------|---------|--------|--------|--------|---------|-------|---------|--------|--------|--------|--------|-------|--------|--------|--------|--------|---------|-------|-------|
| 09:45 | | | | | | | | | | | | 09:45 | | | | | | | Diskus | Diskus | Speer | | | | 09:45 |
| 09:45 | 110 m H | 110 m H | 110 m H | | | | | | | | | 09:45 | | | | | | | Weit | Weit | | | | | 09:45 |
| 10:00 | | | | 100 m H | 100 m H | | | | | | | 10:00 | Hoch 1 | Hoch 1 | | | | | | | | | | | 10:00 |
| 10:10 | | | | | | | Kugel | | | | | 10:10 | Hammer | Hammer | Hammer | | | | | | | | | | 10:10 |
| 10:10 | | | | | | | | | | | | 10:10 | 100 m H | | | | | | | | | | | | 10:10 |
| 10:20 | | | | | | 100 m H | 100 m H | | | | | 10:20 | | | | | | | | | | | | | 10:20 |
| 10:35 | Stab | Stab | Stab | | | | | | | | | 10:35 | | 80 m H | 80 m H | | | | | | | | | | 10:35 |
| 10:40 | | | | | | | | | | | | 10:40 | | | | | | | | | | | | | 10:40 |
| 10:50 | | | | | | | | | | | | 10:50 | | | | 80 m H | 80 m H | | | | | | | | 10:50 |
| 11:00 | | | | | | | | 80 m H | 80 m H | | | 11:00 | | | | | | | | | | | | | 11:00 |
| 11:10 | | | | | | Weit | Weit | | | | | 11:10 | | | | | | | 80 m H | 80 m H | | Speer | Speer | Speer | 11:10 |
| 11:20 | | | | | | | | | | 80 m H | 80 m H | 11:20 | | | | | | | | 80 m H | 80 m H | 80 m H | 80 m H | 11:20 | |
| 11:30 | | | | Diskus | Diskus | | | | | | | 11:30 | | | | | | | | | | | | | 11:30 |
| 11:40 | 200 m | | | | | | Kugel | | | | | 11:40 | | | | | | | | | | | | | 11:40 |
| 11:50 | | 200 m | | | | | | | | | | 11:50 | | | | | | | | | | | | | 11:50 |
| 12:00 | | | | | | | | | | | | 12:00 | 200 m | | | | | | | | | | | | 12:00 |
| 12:10 | | | | | | | | Hoch 1 | Hoch 1 | | | 12:10 | | 200 m | | | | | | | | | | | 12:10 |
| 12:20 | | | 200 m | | | | | | | | | 12:20 | | | | Hammer | Hammer | | | | | | | | 12:20 |
| 12:30 | | | | 200 m | | | | | | | | 12:30 | | | | | | | | | | | | | 12:30 |
| 12:40 | | | | | | | | | | | | 12:40 | | | 200 m | Weit | Weit | | Speer | Speer | | | | | 12:40 |
| 12:50 | | | | | | | | | | | | 12:50 | | | | 200 m | | | | | | | | | 12:50 |
| 13:00 | | | | | 200 m | | | | | | | 13:00 | | | | | | | | | | | | | 13:00 |
| 13:10 | | | | | | 200 m | | | | | | 13:10 | | | | | | | | | | | | | 13:10 |
| 13:20 | Diskus | Diskus | Diskus | | | | | | | | | 13:20 | | | | | 200 m | | | | | | | | 13:20 |
| 13:30 | | | | Stab | Stab | | | | | | | 13:30 | | | | | | 200 m | | | | | | | 13:30 |
| 13:40 | | | | Kugel | | | | 200 m | | | | 13:40 | | | | | | | | | | | | | 13:40 |
| 13:50 | | | | | | | | 200 m | | | | 13:50 | | | | | | | | | | | | | 13:50 |
| 14:00 | | | | | | | | | | | | 14:00 | Speer | Speer | | | | | | 200 m | | | | | 14:00 |
| 14:10 | | | | Weit | Weit | | | | 200 m | 200 m | 200 m | 14:10 | | | | | | | | | | 200 m | | | 14:10 |
| 14:20 | | | | | | | | | | | | 14:20 | | | | | | | | | | 200 m | 200 m | 200 m | 14:20 |
| 14:30 | Hoch 1 | Hoch 1 | | | | | | | | | | 14:30 | | | | | | | | | | | | | 14:30 |
| 14:40 | 400 m | | | | | | | | | | | 14:40 | | | | | | | Hammer | Hammer | | | | | 14:40 |
| 14:50 | | 400 m | | | | | | | | | | 14:50 | | | | | | | | | | | | | 14:50 |
| 15:00 | | | | | | | | | | | | 15:00 | 400 m | | | | | | | | | | | | 15:00 |
| 15:10 | | | | | | | | | | | | 15:10 | | 400 m | | | | | | | | | | | 15:10 |
| 15:20 | | | 400 m | | Kugel | Diskus | Diskus | | | | | 15:20 | | | | | Speer | | | | | | | | 15:20 |
| 15:30 | | | 400 m | | | | | | | | | 15:30 | | | Weit | Weit | | | | | | | | | 15:30 |
| 15:40 | | | | | | | | | | | | 15:40 | | | | 400 m | | | | | | | | | 15:40 |
| 15:50 | | | | | | | | | | | | 15:50 | | | | | 400 m | | | | | | | | 15:50 |
| 16:00 | | | | | 400 m | | | | | | | 16:00 | | | | | | | | | | | | | 16:00 |
| 16:10 | | | | | | 400 m | | | | | | 16:10 | | | | | | | | | | | | | 16:10 |
| 16:20 | | | | | | | | | | | | 16:20 | | | | | | 400 m | | | | | | | 16:20 |
| 16:30 | | | | | | | | | | | | 16:30 | | | | | | | 400 m | | | | | | 16:30 |
| 16:40 | | Weit | Weit | | | | 400 m | | | | | 16:40 | | | | | Speer | Speer | | | | | | | 16:40 |
| 16:50 | | | | | | | | 400 m | | | | 16:50 | | | | | | | | | | | | | 16:50 |
| 17:00 | | | | | | | | | | | | 17:00 | | | | | | | | 400 m | | | | | 17:00 |
| 17:10 | | | | | | | | | | | | 17:10 | | | | | | | | | | 400 m | | | 17:10 |
| 17:20 | | | | | | | | | 400 m | 400 m | 400 m | 17:20 | | | | | | | | | | | | | 17:20 |
| 17:30 | | | | | | | | | | | | 17:30 | | | | | | | | | | 400 m | 400 m | 400 m | 17:30 |

Stand: 16.04.2026