

Zeitplan DM Masters Halle & Winterwurf 2026

FREITAG, 06.03.2026												
UHRZEIT	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85 - M90	UHRZEIT
16:40										800m (3)	800m (2)	16:40
16:50									800m (8)	Kugel (5)	Kugel (1)	16:50
17:00								800m (8)				17:00
17:10							800m (10)					17:10
17:30						800m (11)						17:30
17:50					800m (9)							17:50
18:10				800m (7)								18:10
18:30			800m (7)									18:30
18:50		800m (13)										18:50
19:10	800m (11)											19:10

FREITAG, 06.03.2026												
UHRZEIT	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85 - W90	UHRZEIT
16:30	Stab (1)	Stab (3)	Stab (5)	Stab (2)	Stab (2)	Stab (0)	800m (2) Stab (1)	800m (5) Stab (2)	800 m (0)	800 m (1)		16:30
17:20						800m (11)						17:20
17:40					800m (7)							17:40
18:00				800m (8)				Kugel (6)	Kugel (5)	Kugel (1)	Kugel (2)	18:00
18:20			800m (9)									18:20
18:40		800m (5)										18:40
19:00	800m (7)											19:00

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SAMSTAG, 07.03.2026												
UHRZEIT	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85 - M90	UHRZEIT
09:30				Hoch 1 (9)	Hoch 1 (9)	Diskus (4)	Diskus (8)					09:30
10:00	1.500m ZE (10) Kugel (3)	Kugel (7)	Kugel (6)			Stab (10) 2,6-3,3m						10:00
10:10		1.500m ZE (8)										10:10
10:20			1.500m ZE (8)									10:20
10:30				1.500m ZE (4)								10:30
10:40					1.500m ZE (7)							10:40
10:50						1.500m ZE (12)						10:50
11:00							1.500m ZE (6)	1.500m ZE (9)				11:00
11:10									1.500m ZE (7)	1.500m ZE (3)	1.500m ZE (1)	11:10
11:20								Diskus (4)	Diskus (2)	Diskus (5)	Diskus (5)	11:20
11:55				Kugel (10)	Kugel (9)							11:55
12:15	60m ZF (26)											12:15
12:27		60m ZF (25)										12:27
12:39			60m ZF (20)									12:39
12:48				60m ZF (20)								12:48
12:57					60m ZF (17)							12:57
13:06						60m ZF (20)						13:06
13:15							60m ZF (14)					13:15
13:25	Weit 1 (7)	Weit 1 (8)						60m ZF (15)				13:25
13:30	Diskus (2)	Diskus (5)	Diskus (4)						60m ZF (10)			13:30
13:40										60m ZF (10)		13:40
13:50											60m ZF (6)	13:50
14:00				Stab (6)	Stab (8)	Kugel (6)	Kugel (11)					14:00
14:10					Weit 2 (7)							14:10
15:30				Diskus (6)	Diskus (10)	Weit 2 (10)	Drei (6)					15:30
15:45	400m ZE (10)											15:45
15:50								Kugel (7)	Kugel (5)			15:50
15:55		400m ZE (12)										15:55
16:10			400m ZE (10)									16:10
16:25				400m ZE (6)								16:25
16:30						Hoch 1 (8)	Hoch 1 (5)	Hoch 2 (8)	Hoch 2 (6)	Hoch 2 (7)	Hoch 2 (1)	16:30

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16:35					400m ZE (8)							16:35
16:45						400m ZE (12)						16:45
17:00			Weit 2 (8)	Weit 2 (11)			400m ZE (7)	Drei (5)	Drei (4)	Drei (2)	Drei (2)	17:00
17:10								400m ZE (8)				17:10
17:20									400m ZE (8)			17:20
17:35										400m ZE (5)		17:35
17:45											400m ZE (3)	17:45

SAMSTAG, 07.03.2026												
UHRZEIT	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85 - W90	UHRZEIT
09:30	Speer (5)	Speer (1)	Speer (5)			Hammer (4)	Hammer (4)					09:30
10:00	Weit 1 (7)	Weit 2 (10)				Hoch 2 (9)	Hoch 2 (5)					10:00
11:00								Hammer (4)	Hammer (1)	Hammer (1)	Hammer (1)	11:00
11:20	1.500m (7)	1.500m (7)	1.500m (7)									11:20
11:30				Speer (2)	Speer (5)							11:30
11:35				1500 m (11)	1.500m (11)							11:35
11:45			Weit 2 (12)	Weit 2 (8)	Drei (6)	Drei (4)	Drei (2)	Drei (1)	Drei (1)			11:45
11:50						1.500m (8)	1.500m (1)	1.500m (4)	1.500m (0)			11:50
13:30	Hammer (4)	Hammer (2)	Hammer (5)			Speer (5)	Speer (1)					13:30
14:20	60m ZF (11)											14:20
14:26		60m ZF (12)										14:26
14:32			60m ZF (30)									14:32
14:48				60m ZF (23)								14:48
14:57					60m ZF (20)							14:57
15:06						60m ZF (11)						15:06
15:12							60m ZF (10)					15:12
15:19								60m ZF (9)				15:19
15:25									60m ZF (3)	60m ZF (3)	60m ZF (1)	15:25
15:30				Hammer (6)	Hammer (8)			Speer (3)	Speer (4)	Speer (1)	Speer (1)	15:30
17:55	400m (7)											17:55
18:03		400m (12)										18:03
18:15			400m (9)									18:15

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18:27				400m (8)								18:27
18:35					400m (12)							18:35
18:50						400m (7)						18:50
19:00							400m (4)					19:00
19:05								400m (3)				19:05
19:10									400m (1)	400m (1)		19:10

SONNTAG, 08.03.2026												
UHRZEIT	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85 - M90	UHRZEIT
09:30	Stab (1)	Stab (4)	Stab (3)	Speer (3)	Speer (6)			Hammer (3)	Hammer (5)	Hammer (8)	Hammer (4)	09:30
09:55	60m Hü (4)											09:55
10:00		60m Hü (6)										10:00
10:05			60m Hü (5)									10:05
10:15				60m Hü (8)								10:15
10:20					60m Hü (13)							10:20
10:40						60m Hü (10)						10:40
10:50							60m Hü (6)					10:50
11:00	Speer (3)	Speer (4)	Speer (5)									11:00
11:25								60m Hü (6)	60m Hü (5)			11:25
11:30										60m Hü (5)		11:30
11:45									Weit 2 (4)	Weit 2 (4)	Weit 2 (4)	11:45
12:00	200m (15)											12:00
12:12						Hammer (8)	Hammer (9)					12:12
12:12		200m (13)					Stab (10)					12:12
12:28			200m (13)									12:28
12:40				200m (13)								12:40
12:55					200m (14)							12:55
13:10	Hoch 1 (3)	Hoch 1 (2)	Hoch 1 (1)			200m (15)		Speer (4)	Speer (2)	Speer (4)	Speer (8)	13:10
13:25	Drei (3)	Drei (3)	Drei (3)	Drei (3)			200m (7)					13:25
13:30												13:30

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13:35								200m (10)				13:35
13:45									200m (9)			13:45
13:50												13:50
14:00										200m (8)		14:00
14:10											200m (4)	14:10
14:30				Hammer (2)	Hammer (8)			Stab (3)	Stab (3)	Stab (3)		14:30
15:20					Drei (6)	Drei (8)	Weit 2 (6)	Weit 2 (4)				15:20
15:30						Speer (2)	Speer (4)					15:30
16:05	Hammer (3)	Hammer (4)	Hammer (1)									16:05
16:20	4x200m (5)											16:20
16:30		4x200m (10)										16:30
16:45				4x200m (7)								16:45
16:55						4x200m (4)						16:55
17:00								4x200m (4)				17:00
17:05										4x200m (1)		17:05

SONNTAG, 08.03.2026												
UHRZEIT	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85 - W90	UHRZEIT
09:30						Diskus (5)	Diskus (4)					09:30
09:45	Kugel (5)	Kugel (6)	Kugel (7)									09:45
10:00					Weit 1 (12)	Weit 2 (5)						10:00
10:30	60m Hü (2)											10:30
11:00		60m Hü (11)	60m Hü (8)									11:00
11:10				60m Hü (10)	60m Hü (6)			Diskus (5)	Diskus (5)	Diskus (2)	Diskus (1)	11:10
11:30	Drei (1)	Drei (4)	Drei (6)	Drei (2)								11:30
11:40						60m Hü (4)	60m Hü (2)	60m Hü (1)	60m Hü (2)			11:40
11:45												11:45
12:00				Kugel (3)	Kugel (9)							12:00
12:45				Hoch 2 (8)	Hoch 2 (8)							12:45

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13:10	Diskus (6)	Diskus (7)	Diskus (7)									13:10
13:25							Weit 2 (5)	Weit 2 (6)	Weit 2 (2)	Weit 2 (1)		13:25
13:35						Kugel (8)	Kugel (4)					13:35
14:20	200m (9)											14:20
14:32		200m (12)										14:32
14:44			200m (18)									14:44
15:04				200m (14)								15:04
15:04								Hoch 2 (4)	Hoch 2 (4)	Hoch 2 (0)		15:04
15:15	Hoch 1 (2)	Hoch 1 (6)	Hoch 1 (9)									15:15
15:20					200m (14)							15:20
15:30				Diskus (5)	Diskus (6)							15:30
15:36						200m (13)						15:36
15:52							200m (7)					15:52
16:00								200m (6)				16:00
16:08									200m (2)			16:08
16:12										200m (3)		16:12
17:10	4x200m (2)											17:10
17:15		4x200m (7)						4x200m (1)				17:15
17:25				4x200m (9)								17:25

* Änderungen vorbehalten