

5km Straßenlauf, Alle Klassen

25.08.2024 / 10:00

Länge: 5km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff | |
|------|------|-----------------------|------|-----|---------------------------|-------|--------------|--------|----|
| 1 | 1659 | Florian Dennis | 1981 | GER | LT Stoppenberg | 18:19 | 18:20 | | |
| 2 | 1724 | Meironat Marvin | 1991 | GER | Team Camerone | 18:30 | 18:31 | + 0:11 | PB |
| 3 | 1758 | Rörtgen Matthias | 1981 | GER | RWO Endurance Team | 19:19 | 19:20 | + 1:00 | |
| 4 | 1767 | Scharrer Samuel | 1990 | GER | (Bochum) | 19:24 | 19:25 | + 1:05 | |
| 5 | 1674 | Herzog Roger | 1976 | GER | Adler-Langlauf Bottrop | 19:47 | 19:48 | + 1:28 | |
| 6 | 1601 | Alberti Fabian | 2004 | GER | Der Kleine Bergmann | 19:56 | 19:57 | + 1:37 | |
| 7 | 1786 | Simmou Salahadin | 1996 | GER | Boxfreunde Gladbeck | 20:01 | 20:03 | + 1:43 | |
| 8 | 1627 | Brandowski Marco | 1987 | GER | Sportpark Karnap | 20:19 | 20:21 | + 2:01 | |
| 9 | 1725 | Menne Sebastian | 1985 | GER | (Essen) | 20:22 | 20:24 | + 2:04 | |
| 10 | 1814 | Volmer Florian | 1982 | GER | VESTRUNNERS | 20:25 | 20:27 | + 2:07 | |
| 11 | 1810 | Uhlendorf Kim | 1997 | GER | ASV Köln e. V. | 20:59 | 21:00 | + 2:40 | |
| 12 | 421 | Leo Marco | 1994 | GER | Deutschland | 21:10 | 21:12 | + 2:52 | |
| 12 | 1665 | Gläiß Michael | 1981 | GER | Ayyo-Team Essen | 21:11 | 21:12 | + 2:52 | PB |
| 14 | 1795 | Stenz Jörg | 1966 | GER | (Essen) | 21:25 | 21:26 | + 3:06 | |
| 15 | 1612 | Bäumer Valeska | 1982 | GER | (Essen) | 21:38 | 21:39 | + 3:19 | |
| 16 | 1792 | Stark Gosia | 1985 | GER | (Bottrop) | 21:38 | 21:40 | + 3:20 | |
| 17 | 420 | Barteck Silke | 1983 | GER | Deutschland | 21:41 | 21:43 | + 3:23 | |
| 18 | 1636 | Conradi Isabelle | 2011 | GER | SV Gladbeck 13 | 21:50 | 21:51 | + 3:31 | |
| 19 | 1811 | van Huet Thilo | 2014 | GER | VfL Gladbeck 1921 | 21:52 | 21:54 | + 3:34 | |
| 20 | 417 | Weiss Arkadiusz | 2001 | GER | Deutschland | 21:50 | 21:57 | + 3:37 | |
| 21 | 1820 | Wieczorek Andre | 1999 | GER | Laufftreff Recklinghausen | 22:05 | 22:07 | + 3:47 | |
| 22 | 1722 | Mehva Haji Cheikhmous | 2002 | GER | Boxfreunde Gladbeck | 22:07 | 22:09 | + 3:49 | |
| 23 | 1778 | Schubert Aurelio | 2008 | GER | Die Schuberts | 22:27 | 22:30 | + 4:10 | |
| 24 | 1628 | Branz Stefanie | 1971 | GER | (Essen) | 22:29 | 22:31 | + 4:11 | |
| 25 | 1638 | Damnitz Ingo | 1967 | GER | Lauf lust GE Running Team | 22:34 | 22:37 | + 4:17 | |
| 26 | 407 | Ludwig Sabine | 1967 | GER | Spiridon Haltern | 22:46 | 22:48 | + 4:28 | |
| 27 | 1610 | Banken Nele | 2012 | GER | VfL Gladbeck 1921 | 22:56 | 22:56 | + 4:36 | |
| 28 | 1732 | Neumann Andreas | 1984 | GER | (Oberhausen) | 23:12 | 23:13 | + 4:53 | |
| 29 | 1639 | Dec Franciszek | 1957 | GER | F.Dec Blechisolierung M60 | 23:18 | 23:20 | + 5:00 | |
| 30 | 1688 | Kaiser Christian | 1989 | GER | Der Kleine Bergmann | 23:25 | 23:29 | + 5:09 | |
| 31 | 1801 | Tersluisen Jan-Claas | 1991 | GER | (Essen) | 23:25 | 23:30 | + 5:10 | |
| 32 | 1716 | Leschik Tobias | 1987 | GER | (Gladbeck) | 23:28 | 23:33 | + 5:13 | |
| 33 | 1718 | Lundi Jamson | 1993 | GER | (Gladbeck) | 23:38 | 23:43 | + 5:23 | |
| 34 | 592 | Oestereich Lorena | 1974 | GER | Deutschland | 23:42 | 23:46 | + 5:26 | |
| 35 | 1750 | Reinsch Kjell | 2010 | GER | TV Jahn Hiesfeld | 23:47 | 23:48 | + 5:28 | |
| 36 | 1660 | Förster Udo | 1965 | GER | Team Camerone | 23:49 | 23:54 | + 5:34 | PB |
| 37 | 1753 | Reinsch Liska | 2010 | GER | VfL Gladbeck 1921 | 24:00 | 24:00 | + 5:40 | PB |
| 38 | 1704 | Krieger Mike | 1962 | GER | MKE-Dortmund | 24:05 | 24:08 | + 5:48 | |
| 39 | 1603 | Amankwah Robert | 1996 | GER | VfL Gladbeck 1921 Fun Run | 24:19 | 24:26 | + 6:06 | |
| 40 | 1769 | Schmidt Kristian | 1978 | GER | Arminia Klosterhardt Har | 24:27 | 24:29 | + 6:09 | |
| 41 | 1761 | Ruloffs Tony Samuel | 2013 | GER | BV Rentfort | 24:33 | 24:34 | + 6:14 | |
| 42 | 1600 | Alberti Thomas | 1970 | GER | Der Kleine Bergmann | 24:36 | 24:37 | + 6:17 | |
| 43 | 1727 | Möller Tim | 1987 | GER | (Essen) | 24:36 | 24:39 | + 6:19 | |
| 44 | 1784 | Schüßler Henri | 2013 | GER | VfL Gladbeck 1921 Fun Run | 24:43 | 24:43 | + 6:23 | |
| 45 | 1739 | Pauer Udo | 1952 | GER | (Gelsenkirchen) | 24:40 | 24:45 | + 6:25 | |
| 45 | 1803 | Thimm Miriam | 1988 | GER | (Oberhausen) | 24:41 | 24:45 | + 6:25 | |
| 47 | 1709 | Landmesser Robert | 1983 | GER | (Gladbeck) | 24:33 | 24:47 | + 6:27 | |
| 48 | 1824 | Wormland Charlotte | 2002 | GER | (Bottrop) | 24:42 | 24:49 | + 6:29 | |
| 49 | 1675 | Hildebrandt Maxi | 2010 | GER | (Gladbeck) | 25:03 | 25:03 | + 6:43 | |
| 50 | 418 | Lantermann Vanessa | 2002 | GER | Deutschland | 24:57 | 25:04 | + 6:44 | |
| 50 | 1605 | Angel-Gotzen Ronja | 1989 | GER | (Gladbeck) | 24:58 | 25:04 | + 6:44 | |
| 52 | 1630 | Brauckmann Mia | 2011 | GER | SV Gladbeck 13 | 25:04 | 25:05 | + 6:45 | |

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| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff | |
|------|------|--------------------------|------|-----|--------------------------------|-------|--------------|---------|----|
| 53 | 1692 | Kletke Claudio | 1969 | GER | BSG Vogelsang | 24:57 | 25:06 | + 6:46 | |
| 54 | 1789 | Soennichsen Lucienne | 1995 | GER | Team Schwarzwild | 25:11 | 25:15 | + 6:55 | |
| 55 | 585 | Wesemann Joel | 2010 | GER | VfL Gladbeck 1921 e.V. | 25:10 | 25:16 | + 6:56 | |
| 56 | 1673 | Hermanowski Marian | 1984 | GER | (Gladbeck) | 25:13 | 25:19 | + 6:59 | |
| 57 | 1606 | Apuntar Chris | 1976 | GER | (Oberhausen) | 25:13 | 25:21 | + 7:01 | |
| 58 | 1710 | Lauterbach Fabian | 1982 | GER | (Gladbeck) | 25:16 | 25:22 | + 7:02 | |
| 59 | 1793 | Stein Justin | 2002 | GER | (Gladbeck) | 25:16 | 25:24 | + 7:04 | |
| 60 | 1734 | Niemann Ingo | 1968 | GER | Lauf lust GE Running Team | 25:27 | 25:31 | + 7:11 | |
| 61 | 1654 | Eßler Julian | 1989 | GER | (Gladbeck) | 25:30 | 25:36 | + 7:16 | |
| 62 | 591 | Lauer Annika | 2010 | GER | VfL Gladbeck 1921 e.V. | 25:35 | 25:38 | + 7:18 | |
| 62 | 1602 | Altmüller Markus Elias | 1991 | GER | VfL Gladbeck 1921 | 25:30 | 25:38 | + 7:18 | |
| 62 | 1690 | Kiontke Sarah | 1995 | GER | (Bottrop) | 25:34 | 25:38 | + 7:18 | |
| 65 | 1783 | Schürmann Malin | 2009 | GER | TC Sterkrade Oberhausen | 25:41 | 25:42 | + 7:22 | PB |
| 66 | 598 | Krinke Reinhard | 1953 | GER | FC Viktoria Heiden | 25:43 | 25:47 | + 7:27 | |
| 67 | 1667 | Grabowski Robert | 1970 | GER | SV Gladbeck 13 | 25:47 | 25:52 | + 7:32 | |
| 68 | 1754 | Reinsch Elin | 2012 | GER | VfL Gladbeck 1921 | 25:56 | 25:56 | + 7:36 | PB |
| 69 | 1817 | Wellpoth Jan | 2005 | GER | VfL Gladbeck 1921 | 25:50 | 25:58 | + 7:38 | |
| 70 | 1620 | Börgers Karina | 1981 | GER | RWO Endurance Team | 25:57 | 26:00 | + 7:40 | |
| 71 | 1702 | Köther Lukas | 1995 | GER | RWO Endurance Team | 25:57 | 26:01 | + 7:41 | |
| 72 | 1730 | Musial Jarek | 1981 | GER | (Bottrop) | 26:01 | 26:04 | + 7:44 | |
| 73 | 596 | Walter Niels | 1977 | GER | Deutschland | 26:04 | 26:13 | + 7:53 | |
| 74 | 1806 | Treude Andre | 1978 | GER | (Gladbeck) | 26:02 | 26:15 | + 7:55 | |
| 75 | 1828 | Zitzmann René | 1980 | GER | (Herten) | 26:17 | 26:23 | + 8:03 | |
| 76 | 1775 | Schroer Klaus | 1963 | GER | (Essen) | 26:31 | 26:39 | + 8:19 | |
| 77 | 1822 | Woelk Dino | 1993 | GER | (Gladbeck) | 26:38 | 26:45 | + 8:25 | |
| 78 | 1703 | Kraemer Christoph | 1982 | GER | Sparkasse Gladbeck | 26:38 | 26:50 | + 8:30 | |
| 79 | 1746 | Pusch Ivonne | 1974 | GER | Marathon Dinslaken | 26:53 | 26:56 | + 8:36 | |
| 80 | 1243 | Kaschuba Anke | 1984 | GER | (Essen) | 27:10 | 27:16 | + 8:56 | |
| 81 | 1773 | Schreiber Jacqueline | 2000 | GER | VfL Gladbeck 1921 | 27:06 | 27:27 | + 9:07 | |
| 82 | 1751 | Reinsch Barne | 2013 | GER | TV Jahn Hiesfeld | 27:44 | 27:45 | + 9:25 | |
| 83 | 1755 | Reschke Katharina | 1986 | GER | Der Kleine Bergmann | 27:54 | 28:00 | + 9:40 | |
| 83 | 1756 | Reschke Mike | 1981 | GER | Der Kleine Bergmann | 27:54 | 28:00 | + 9:40 | |
| 85 | 1798 | Strakerjahn Christoph | 1985 | GER | Sparkasse Gladbeck | 27:51 | 28:03 | + 9:43 | |
| 86 | 1697 | Kolberg Dieter | 1961 | GER | DJK TuS Rotthausen | 27:57 | 28:04 | + 9:44 | |
| 87 | 1825 | Woszeck Detlef | 1958 | GER | BSG Vogelsang | 27:55 | 28:05 | + 9:45 | |
| 88 | 1726 | Meyer Sybille | 1978 | GER | (Gladbeck) | 28:04 | 28:12 | + 9:52 | |
| 89 | 1655 | Eveld Kirsten | 1980 | GER | (Essen) | 28:04 | 28:13 | + 9:53 | |
| 89 | 1777 | Schubert Thorsten | 1976 | GER | Die Schuberts | 28:08 | 28:13 | + 9:53 | |
| 91 | 1791 | Spronk Marianne | 1948 | GER | Turn- u. Spielv. Weeze 1910/19 | 28:11 | 28:14 | + 9:54 | |
| 92 | 1776 | Schubert Rudolf | 1949 | GER | Die Schuberts | 28:11 | 28:15 | + 9:55 | |
| 93 | 1700 | Körber Ingo | 1972 | GER | (Gladbeck) | 28:05 | 28:20 | + 10:00 | |
| 94 | 1666 | Gonschorek Anne | 1995 | GER | Fun Runner VfL Gladbeck | 28:19 | 28:25 | + 10:05 | |
| 95 | 1634 | Büser Jan | 1976 | GER | Sparkasse Gladbeck | 28:14 | 28:27 | + 10:07 | |
| 95 | 1782 | Schulte-Heege Philip | 2013 | GER | ETC Gelsenkirchen | 28:12 | 28:27 | + 10:07 | |
| 97 | 1788 | Smeets Andre | 1963 | GER | Sparkasse Gladbeck | 28:24 | 28:35 | + 10:15 | |
| 98 | 1715 | Lengk Jasmin | 1986 | GER | (Gladbeck) | 28:27 | 28:38 | + 10:18 | |
| 99 | 594 | Walter Henriette | 2011 | GER | Deutschland | 28:42 | 28:49 | + 10:29 | |
| 100 | 1711 | Lauterbach Jonas | 2011 | GER | (Gladbeck) | 28:52 | 28:57 | + 10:37 | |
| 101 | 1686 | Kabitzke Marie-Christine | 1985 | GER | Der Kleine Bergmann | 28:49 | 29:00 | + 10:40 | |
| 102 | 1685 | Kabitzke Melanie | 1978 | GER | Der Kleine Bergmann | 28:50 | 29:01 | + 10:41 | |
| 103 | 1653 | Eßler Sarah | 1989 | GER | (Gladbeck) | 28:58 | 29:06 | + 10:46 | |
| 104 | 1774 | Schrief Joerg | 1977 | GER | Sparkasse Gladbeck | 28:57 | 29:10 | + 10:50 | |
| 105 | 1736 | Niewierra Tobias | 1987 | GER | Der Kleine Bergmann | 29:21 | 29:32 | + 11:12 | |
| 106 | 1683 | Ingendorf Christina | 1988 | GER | (Gladbeck) | 29:27 | 29:36 | + 11:16 | |

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| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|-----------------------|------|-----|------------------------------|-------|--------------|---------|
| 107 | 1641 | Depel Anna | 2014 | GER | (Dorsten) | 29:21 | 29:39 | + 11:19 |
| 107 | 1642 | Depel Jens | 1975 | GER | (Gladbeck) | 29:21 | 29:39 | + 11:19 |
| 109 | 1689 | Kemme Miriam | 2008 | GER | VfL Gladbeck 1921 Fun Run | 29:34 | 29:41 | + 11:21 |
| 110 | 1717 | Linn Andrea | 1968 | GER | (Bottrop) | 29:40 | 29:44 | + 11:24 |
| 111 | 1802 | Thalmaier Harald | 1949 | GER | ohne | 29:35 | 29:47 | + 11:27 |
| 112 | 1738 | Panke Julian | 1992 | GER | (Essen) | 29:36 | 29:51 | + 11:31 |
| 113 | 1640 | Dehm Kevin | 1989 | GER | Sparkasse Gladbeck | 29:50 | 30:02 | + 11:42 |
| 114 | 1765 | Sander Sebastian | 1985 | GER | Sparkasse Gladbeck | 29:57 | 30:09 | + 11:49 |
| 115 | 1693 | Klinger Rudolf | 1962 | GER | (Bottrop) | 30:11 | 30:15 | + 11:55 |
| 116 | 1757 | Rödiger Eva Franziska | 1999 | GER | (Gladbeck) | 30:15 | 30:17 | + 11:57 |
| 117 | 1760 | Rühmkorf Kerstin | 1963 | GER | United We Run | 30:16 | 30:18 | + 11:58 |
| 118 | 1698 | Köllner Sigurd | 1963 | GER | LAV Oberhausen | 30:04 | 30:19 | + 11:59 |
| 119 | 1729 | Müller Miriam | 1996 | GER | TS Herzogenaurach | 30:11 | 30:32 | + 12:12 |
| 120 | 1616 | Binzenbach Bernd | 1967 | GER | ETC Gelsenkirchen | 30:17 | 30:33 | + 12:13 |
| 121 | 1807 | Treude Sarah | 1984 | GER | (Gladbeck) | 30:36 | 30:48 | + 12:28 |
| 122 | 1826 | Yalcin Bünyamin | 1984 | GER | (Essen) | 30:49 | 30:56 | + 12:36 |
| 123 | 1780 | Schulte-Heege Claudia | 1970 | GER | ETC Gelsenkirchen | 30:44 | 31:00 | + 12:40 |
| 123 | 1781 | Schulte-Heege Fabian | 2010 | GER | ETC Gelsenkirchen | 30:44 | 31:00 | + 12:40 |
| 125 | 1747 | Radzanowski Werner | 1949 | GER | SV Schermbeck Leichtathle | 30:51 | 31:03 | + 12:43 |
| 125 | 1804 | Tobies Marie | 2012 | GER | VfL Gladbeck 1921 | 31:03 | 31:03 | + 12:43 |
| 127 | 1796 | Stolle Birgit | 1959 | GER | Adler-Langlauf Bottrop | 31:01 | 31:05 | + 12:45 |
| 128 | 1680 | Hornscheidt Frieder | 1954 | GER | Adler-Langlauf Bottrop | 31:01 | 31:14 | + 12:54 |
| 128 | 1681 | Hornscheidt Ulla | 1955 | GER | Adler-Langlauf Bottrop | 31:01 | 31:14 | + 12:54 |
| 130 | 1643 | Do Lukas | 2013 | GER | (Oberhausen) | 31:21 | 31:24 | + 13:04 |
| 131 | 419 | Pfannmüller Mark | 1973 | GER | Deutschland | 31:15 | 31:30 | + 13:10 |
| 131 | 1644 | Do Josua | 2011 | GER | (Oberhausen) | 31:28 | 31:30 | + 13:10 |
| 133 | 593 | Van Kempen Tabea | 2011 | GER | Deutschland | 31:24 | 31:31 | + 13:11 |
| 134 | 1785 | Sieweke Christina | 1989 | GER | (Essen) | 31:26 | 31:33 | + 13:13 |
| 135 | 1631 | Brockmann Katrin | 1998 | GER | (Bottrop) | 31:48 | 32:03 | + 13:43 |
| 136 | 405 | Taube Helmut | 1957 | GER | Deutschland | 32:14 | 32:16 | + 13:56 |
| 137 | 1614 | Behrendt Christian | 1982 | GER | (Bottrop) | 32:04 | 32:19 | + 13:59 |
| 138 | 1671 | Hausmann André | 1986 | GER | (Gelsenkirchen) | 32:05 | 32:21 | + 14:01 |
| 139 | 1649 | Duda Florian | 1985 | GER | Caritas Gladbeck e.V. | 32:13 | 32:25 | + 14:05 |
| 140 | 1650 | Düing Alex | 1988 | GER | Caritas Gladbeck e.V. | 32:13 | 32:26 | + 14:06 |
| 140 | 1687 | Kaiser Jan | 1984 | GER | Caritas Gladbeck e.V. | 32:13 | 32:26 | + 14:06 |
| 142 | 1676 | Hirsch Rosa | 1954 | GER | team-4haus | 32:20 | 32:33 | + 14:13 |
| 143 | 584 | Wesemann Amy | 2011 | GER | VfL Gladbeck 1921 e.V. | 32:35 | 32:35 | + 14:15 |
| 144 | 1723 | Meier Christoph | 1967 | GER | Borbecker Raketen Essen | 32:29 | 32:36 | + 14:16 |
| 145 | 1706 | Kubitz Katrin | 1990 | GER | (Gelsenkirchen) | 32:21 | 32:37 | + 14:17 |
| 146 | 1648 | Drobig Britta | 1988 | GER | Athletic Impact | 32:23 | 32:38 | + 14:18 |
| 147 | 1790 | Spiller Sabrina | 1992 | GER | (Gladbeck) | 32:24 | 32:39 | + 14:19 |
| 148 | 586 | Wagner Sophie-Marie | 2000 | GER | SC Aegir Gelsenkirchen e. | 32:39 | 32:48 | + 14:28 |
| 149 | 1608 | Assenmacher Hildegard | 1965 | GER | Ladys Laufen Weiter | 32:51 | 33:01 | + 14:41 |
| 150 | 1819 | Wick Fritz | 1949 | GER | NiersRunners Wachtendonk | 32:54 | 33:09 | + 14:49 |
| 151 | 1663 | Getzewitz Felix | 1988 | GER | (Gladbeck) | 33:01 | 33:13 | + 14:53 |
| 152 | 1815 | Wappler Karolin | 1979 | GER | (Essen) | 33:23 | 33:29 | + 15:09 |
| 153 | 1800 | Tersluisen Angèle | 1977 | GER | (Wiesbaden) | 33:24 | 33:30 | + 15:10 |
| 154 | 1621 | Born Silke | 1969 | GER | Ladys Laufen Weiter | 33:27 | 33:36 | + 15:16 |
| 155 | 1664 | Girten Tim | 1991 | GER | Der Kleine Bergmann | 33:32 | 33:42 | + 15:22 |
| 156 | 1745 | Placzek Judith | 1975 | GER | Fun Runner VfL Gladbeck | 33:44 | 33:47 | + 15:27 |
| 157 | 1768 | Schlenz Susan | 1990 | GER | (Gladbeck) | 33:43 | 33:51 | + 15:31 |
| 157 | 1821 | Wissniewski Martin | 1979 | GER | (Gladbeck) | 33:42 | 33:51 | + 15:31 |
| 159 | 1662 | Führer Sabrina | 1978 | GER | (Gelsenkirchen) | 33:38 | 33:55 | + 15:35 |

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| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|-----------------------------|------|-----|------------------------------|-------|--------------|---------|
| 160 | 1661 | Friedmann Lisa | 1992 | GER | (Gladbeck) | 33:48 | 33:56 | + 15:36 |
| 161 | 1728 | Müller Markus | 1987 | GER | Sparkasse Gladbeck | 33:49 | 34:02 | + 15:42 |
| 162 | 1657 | Fitze Alexander | 1984 | GER | Boxfreunde Gladbeck | 34:02 | 34:05 | + 15:45 |
| 162 | 1787 | Simmou Mohammed | 2013 | GER | Boxfreunde Gladbeck | 34:02 | 34:05 | + 15:45 |
| 164 | 1772 | Schomburg Rita | 1966 | GER | (Oberhausen) | 34:04 | 34:06 | + 15:46 |
| 165 | 1743 | Pfannmüller Christina | 1973 | GER | (Bottrop) | 34:17 | 34:30 | + 16:10 |
| 166 | 1748 | Ratte Wilhelm | 1984 | GER | Sparkasse Gladbeck | 34:33 | 34:44 | + 16:24 |
| 167 | 1720 | Maiß Lara | 1998 | GER | (Gelsenkirchen) | 34:43 | 34:50 | + 16:30 |
| 168 | 1678 | Höfer Céline | 1970 | GER | Zähe Schleicher | 34:41 | 34:51 | + 16:31 |
| 169 | 1652 | Emming Annika | 1990 | GER | (Gladbeck) | 34:40 | 34:52 | + 16:32 |
| 170 | 1752 | Reinsch Sören | 1975 | GER | VfL Gladbeck 1921 | 34:37 | 34:54 | + 16:34 |
| 171 | 1816 | Weichert Nikita Nadine | 2001 | GER | (Bottrop) | 34:53 | 34:57 | + 16:37 |
| 172 | 1699 | König Sascha | 1971 | GER | (Herne) | 35:05 | 35:22 | + 17:02 |
| 172 | 1744 | Piechotta Steffen | 1992 | GER | Athletic Impact | 35:07 | 35:22 | + 17:02 |
| 172 | 1763 | Salzmann ~ Balzer Yvonne | 1980 | GER | (Gelsenkirchen) | 35:05 | 35:22 | + 17:02 |
| 175 | 423 | Rücker Thomas | 1963 | GER | VfL Gladbeck 1921 Fun Run | 35:27 | 35:36 | + 17:16 |
| 176 | 1696 | Kolar Angela | 1984 | GER | Der Kleine Bergmann | 36:12 | 36:24 | + 18:04 |
| 176 | 1742 | Pezzutto Marisa | 1986 | GER | Der Kleine Bergmann | 36:13 | 36:24 | + 18:04 |
| 178 | 1812 | Vierhaus Detlev | 1959 | GER | team-4haus | 36:47 | 36:58 | + 18:38 |
| 179 | 1797 | Stowasser Andre | 1965 | GER | BSG Vogelsang | 37:00 | 37:11 | + 18:51 |
| 180 | 1818 | Westermann Christiane | 1966 | GER | BSG Vogelsang | 37:01 | 37:12 | + 18:52 |
| 181 | 1615 | Bergermann Tim-Luca | 2008 | GER | Der Kleine Bergmann | 37:38 | 37:48 | + 19:28 |
| 182 | 1719 | Lutz Alessandra | 2001 | GER | Der Kleine Bergmann | 37:35 | 37:54 | + 19:34 |
| 183 | 1735 | Niewerth Juliana | 1997 | GER | (Gladbeck) | 37:55 | 38:04 | + 19:44 |
| 184 | 1647 | Dreckmann Sandra | 1985 | GER | (Haltern am See) | 37:55 | 38:05 | + 19:45 |
| 185 | 406 | Hagemann Jusef | 1952 | GER | FC Nordkirchen | 37:58 | 38:06 | + 19:46 |
| 186 | 1632 | Broschk Rita | 1956 | GER | DJK TuS Rotthausen | 39:15 | 39:23 | + 21:03 |
| 187 | 1695 | Koerte Sigrid | 1967 | GER | (Gelsenkirchen) | 41:23 | 41:40 | + 23:20 |
| 188 | 1637 | Costanzo Petra | 1961 | GER | Adler-Langlauf Bottrop | 41:25 | 41:45 | + 23:25 |
| 189 | 1618 | Bleuel Sabine | 1965 | GER | Adler-Langlauf Bottrop | 41:29 | 41:49 | + 23:29 |
| 190 | 1633 | Buschulte Elke | 1967 | GER | BSG Vogelsang | 43:02 | 43:13 | + 24:53 |
| 191 | 1813 | Vogt Angelina | 1997 | GER | Adler-Langlauf Bottrop | 43:08 | 43:28 | + 25:08 |
| 192 | 1682 | Hrgota Dijana | 1984 | GER | (Köln) | 43:43 | 43:57 | + 25:37 |
| 192 | 1771 | Schneider Rocky | 1976 | GER | (Köln) | 43:43 | 43:57 | + 25:37 |
| 194 | 1694 | Klöpzig Marina | 1958 | GER | (Essen) | 43:47 | 43:59 | + 25:39 |
| 195 | 1619 | Boek Claudia | 1969 | GER | Adler-Langlauf Bottrop | 43:59 | 44:19 | + 25:59 |
| 196 | 1805 | Törkel Bianca | 1976 | GER | Ultreia | 46:49 | 47:05 | + 28:45 |
| 197 | 1733 | Neumann Nelli | 1960 | GER | (Bottrop) | 48:20 | 48:25 | + 30:05 |

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|------|------|-------------------------|------|-----|---------------------|-------|--------------|--------|
| 1 | 1050 | Deiß Bernhard | 1992 | GER | SV Gladbeck 13 | 35:03 | 35:04 | |
| 2 | 485 | Harroli Issa | 1979 | GER | Ayyo Team Essen | 36:35 | 36:35 | + 1:31 |
| 3 | 1110 | Heinz Luis-Paul | 2000 | GER | USC Bochum | 37:05 | 37:06 | + 2:02 |
| 4 | 1256 | Strache Sven | 1985 | GER | Der Kleine Bergmann | 38:03 | 38:04 | + 3:00 |
| 5 | 481 | Kreutzer-Beck Christian | 1977 | GER | LT-Training by Neiß | 38:21 | 38:24 | + 3:20 |
| 6 | 521 | Meironat Marvin | 1991 | GER | Team Camerone | 39:38 | 39:40 | + 4:36 |
| 7 | 1044 | Czech Benjamin | 1982 | GER | Running4Charity | 40:41 | 40:42 | + 5:38 |
| 8 | 1210 | Reifers Lara | 2000 | GER | LG Olympia Dortmund | 41:36 | 41:37 | + 6:33 |
| 9 | 1189 | Özdemir Gabriel | 1985 | GER | (Bocholt) | 41:56 | 41:58 | + 6:54 |
| 10 | 1099 | Hädrich Luca | 2009 | GER | (Gladbeck) | 42:18 | 42:23 | + 7:19 |
| 11 | 1003 | Arei Pietros | 1969 | GER | LG Wuppertal | 42:30 | 42:32 | + 7:28 |

PB

10km Straßenlauf, Alle Klassen - Fortsetzung

25.08.2024 / 10:00

Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|-------------------------------|------|-----|----------------------------------|-------|--------------|---------|
| 12 | 1219 | Samanhamasaeed Ahemd Ahemd | 1991 | GER | Kurdistan | 43:32 | 43:33 | + 8:29 |
| 13 | 1270 | Veen Steffen | 1983 | GER | (Essen) | 43:36 | 43:37 | + 8:33 |
| 14 | 1242 | Schulz Jenni | 1986 | GER | VfL Gladbeck 1921 | 43:38 | 43:39 | + 8:35 |
| 15 | 1103 | Hartmann Benjamin | 1982 | GER | Hersbruck | 43:39 | 43:41 | + 8:37 |
| 16 | 1186 | Ohlmeyer Herbert | 1961 | GER | SuS Bertlich 1945 | 43:44 | 43:47 | + 8:43 |
| 17 | 1263 | Thesing Björn | 1981 | GER | Feuerwehr Gladbeck | 43:57 | 44:04 | + 9:00 |
| 18 | 1176 | Möse Kristin | 1990 | GER | LSF Münster | 44:11 | 44:14 | + 9:10 |
| 19 | 1274 | Welsing Bastian | 1987 | GER | (Raesfeld) | 44:20 | 44:25 | + 9:21 |
| 20 | 1043 | Conze Anton | 1990 | GER | (Velbert) | 44:22 | 44:29 | + 9:25 |
| 21 | 1046 | De Boer Jasper | 1987 | GER | (Den Haag) | 44:25 | 44:35 | + 9:31 |
| 22 | 1126 | Hessling Kevin | 1989 | GER | (Bottrop) | 45:21 | 45:24 | + 10:20 |
| 23 | 1180 | Mundt Max Anders | 2011 | GER | Spiridon Haltern | 45:24 | 45:26 | + 10:22 |
| 24 | 1055 | Denzer Marcel | 1977 | GER | (Herten) | 45:49 | 45:55 | + 10:51 |
| 25 | 1053 | Delzepich Simon | 2005 | GER | (Alsdorf) | 45:48 | 45:58 | + 10:54 |
| 26 | 1147 | Kujath Philipp | 1989 | GER | (Gladbeck) | 45:54 | 46:01 | + 10:57 |
| 27 | 1239 | Schulte Kemper Christian | 1984 | GER | (Bottrop) | 46:30 | 46:36 | + 11:32 |
| 28 | 494 | Broß Markus | 1968 | GER | Deutschland | 47:01 | 47:04 | + 12:00 |
| 29 | 1022 | Bialuschewski Nick | 2005 | GER | (Dorsten) | 47:17 | 47:20 | + 12:16 |
| 30 | 1184 | Nothelle Leander | 2000 | GER | (Bottrop) | 47:04 | 47:23 | + 12:19 |
| 31 | 1090 | Günther Niklas | 1997 | GER | (Bottrop) | 47:20 | 47:28 | + 12:24 |
| 31 | 1276 | Wengerek Florian | 1999 | GER | (Bottrop) | 47:18 | 47:28 | + 12:24 |
| 33 | 1198 | Peter Christoffer | 1985 | GER | (Velbert) | 47:44 | 47:51 | + 12:47 |
| 34 | 1122 | Hentschel Michael | 1969 | GER | Feuerwehr Gladbeck | 47:49 | 47:56 | + 12:52 |
| 35 | 482 | Danscheidt Nicole | 1982 | GER | Deutschland | 48:11 | 48:15 | + 13:11 |
| 36 | 1280 | Winger Albert | 1987 | GER | (Gladbeck) | 49:15 | 49:21 | + 14:17 |
| 37 | 1206 | Pugliese Michele | 1949 | GER | LC Rapid Dortmund | 49:25 | 49:26 | + 14:22 |
| 38 | 1088 | Grzella Maximilian | 1988 | GER | (Gelsenkirchen) | 49:35 | 49:46 | + 14:42 |
| 39 | 1207 | Putke Kathrin | 1981 | GER | SV Gladbeck 13 | 49:43 | 49:50 | + 14:46 |
| 40 | 1033 | Brüggemann Sascha | 1979 | GER | SC Constantin 1930 Herne- | 49:57 | 50:07 | + 15:03 |
| 41 | 1212 | Ronczek Christina | 1983 | GER | Der Kleine Bergmann | 50:03 | 50:08 | + 15:04 |
| 42 | 1211 | Rieser Robina | 2002 | GER | (Bottrop) | 50:25 | 50:26 | + 15:22 |
| 43 | 1061 | Dziechciarz Karol | 1974 | GER | (Bottrop) | 50:28 | 50:36 | + 15:32 |
| 44 | 1227 | Schelske Thomas | 1977 | GER | Der Kleine Bergmann | 50:33 | 50:37 | + 15:33 |
| 45 | 1070 | Farajollah Ardavan | 1995 | GER | Ayyo-Team Essen | 50:35 | 50:38 | + 15:34 |
| 46 | 1014 | Beneke Willi | 1974 | GER | Ausdauer-Sportverein Duisburg | 50:40 | 50:50 | + 15:46 |
| 47 | 1226 | Schelske Sara | 1990 | GER | Der Kleine Bergmann | 50:56 | 50:59 | + 15:55 |
| 48 | 1071 | Feldhaus Nick | 1999 | GER | SG Borken | 51:02 | 51:06 | + 16:02 |
| 49 | 1214 | Rückmann Anja | 1966 | GER | VfL Gladbeck 1921 | 51:04 | 51:08 | + 16:04 |
| 50 | 497 | Plöger Heinz | 1968 | GER | LC Adler Bottrop | 51:03 | 51:09 | + 16:05 |
| 51 | 1007 | Baumeister Linda | 2004 | GER | (Gladbeck) | 50:58 | 51:14 | + 16:10 |
| 52 | 1138 | Kaiser Isabell | 1995 | GER | SG Borken | 51:11 | 51:15 | + 16:11 |
| 52 | 1251 | Stegemann Pia | 1998 | GER | SG Borken | 51:11 | 51:15 | + 16:11 |
| 54 | 1029 | Botta Christoph | 1978 | GER | VfL Gladbeck 1921 | 51:15 | 51:20 | + 16:16 |
| 55 | 488 | Raßmann Susanne | 1973 | GER | LC Adler Bottrop | 51:21 | 51:25 | + 16:21 |
| 56 | 1082 | Geib Achim | 1961 | GER | Fun Runner VfL Gladbeck | 51:29 | 51:33 | + 16:29 |
| 57 | 1194 | Patzer Sabrina | 1987 | GER | (Dorsten) | 51:44 | 51:49 | + 16:45 |
| 58 | 1252 | Steinberg Lara | 2001 | GER | Fun Runner VfL Gladbeck | 52:03 | 52:08 | + 17:04 |
| 59 | 1023 | Bison Dominik | 1997 | GER | (Bottrop) | 52:04 | 52:14 | + 17:10 |
| 60 | 1063 | Eisenrauch Lisa-Marie | 1997 | GER | (Homburg) | 52:10 | 52:18 | + 17:14 |
| 61 | 1168 | Marach Semir | 1975 | GER | (Essen) | 52:10 | 52:25 | + 17:21 |
| 62 | 1140 | Karpa Martin | 1974 | GER | Feuerwehr Gladbeck | 52:33 | 52:42 | + 17:38 |
| 62 | 1249 | Sowa Nico | 1998 | GER | Feuerwehr Gladbeck | 52:42 | 52:42 | + 17:38 |
| 62 | 1268 | van Munster Phil | 2001 | GER | Feuerwehr Gladbeck | 52:34 | 52:42 | + 17:38 |

10km Straßenlauf, Alle Klassen - Fortsetzung

25.08.2024 / 10:00

Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff | |
|------|------|----------------------|------|-----|---------------------------|---------|----------------|---------|----|
| 65 | 1106 | Heid Harald | 1959 | GER | (Gladbeck) | 52:36 | 52:46 | + 17:42 | |
| 66 | 1182 | Niggemann Thomas | 1968 | GER | FunRunner VFL Gladbeck | 52:51 | 52:57 | + 17:53 | |
| 67 | 1156 | Laubrock Barbara | 1958 | GER | TuS Altenberge | 53:06 | 53:07 | + 18:03 | SB |
| 68 | 1031 | Breuninger Katrin | 1961 | GER | (Essen) | 53:08 | 53:13 | + 18:09 | |
| 68 | 1116 | Heinz Felipe | 2004 | GER | (Gladbeck) | 53:06 | 53:13 | + 18:09 | |
| 70 | 480 | Brenke Sebastian | 1985 | GER | Deutschland | 53:09 | 53:17 | + 18:13 | |
| 71 | 1244 | Smolenaers Henri | 1964 | GER | AV Weert | 53:17 | 53:25 | + 18:21 | |
| 72 | 1235 | Schramm Niklas | 2001 | GER | Feuerwehr Gladbeck | 53:21 | 53:29 | + 18:25 | |
| 72 | 1282 | Winkelmann Jan | 1986 | GER | Feuerwehr Gladbeck | 53:19 | 53:29 | + 18:25 | |
| 74 | 1231 | Schlegel Christoph | 1984 | GER | (Mülheim an der Ruhr) | 53:23 | 53:30 | + 18:26 | |
| 75 | 1175 | Mocnik Fabian | 1986 | GER | Feuerwehr Gladbeck | 53:25 | 53:33 | + 18:29 | |
| 75 | 1181 | Nienerza Timo | 2005 | GER | Feuerwehr Gladbeck | 53:26 | 53:33 | + 18:29 | |
| 77 | 1087 | Giganova Ekaterina | 1982 | GER | (Düsseldorf) | 53:48 | 53:48 | + 18:44 | |
| 78 | 1208 | Ratay Fabian | 1991 | GER | (Essen) | 53:49 | 53:58 | + 18:54 | |
| 79 | 1162 | Maleckova Eva | 1991 | GER | (Düsseldorf) | 53:51 | 54:07 | + 19:03 | |
| 80 | 1228 | Schindel Thomas | 1990 | GER | (Gelsenkirchen) | 54:08 | 54:23 | + 19:19 | |
| 81 | 1148 | Kutschke Stefan | 1993 | GER | (Recklinghausen) | 54:17 | 54:27 | + 19:23 | |
| 81 | 1264 | Tullius Andreas | 1984 | GER | SV Gladbeck 13 | 54:20 | 54:27 | + 19:23 | |
| 83 | 1080 | Gawronski Eva-Maria | 1991 | GER | (Gladbeck) | 54:17 | 54:29 | + 19:25 | |
| 84 | 1158 | Lehmann Marcel | 1988 | GER | KC et klingelt | 54:15 | 54:31 | + 19:27 | |
| 85 | 1020 | Bialuschewski Tim | 1989 | GER | Crossfit Herne | 54:29 | 54:33 | + 19:29 | |
| 86 | 1135 | Ingendorff Andreas | 1986 | GER | (Gladbeck) | 54:39 | 54:50 | + 19:46 | |
| 87 | 1178 | Müller Ralf | 1966 | GER | LC Adler Bottrop | 55:15 | 55:20 | + 20:16 | |
| 88 | 1136 | Jägering Thomas | 1976 | GER | Canal Runners Dorsten | 55:26 | 55:34 | + 20:30 | |
| 89 | 1277 | Wiggett Justin | 1982 | GER | (Castrop-Rauxel) | 55:26 | 55:37 | + 20:33 | |
| 90 | 1255 | Storck Michael | 1990 | GER | (Bochum) | 55:27 | 55:38 | + 20:34 | |
| 91 | 1183 | Niggemann Uta Maria | 1971 | GER | FunRunner VFL Gladbeck | 56:06 | 56:11 | + 21:07 | |
| 92 | 1015 | Bestfater Kornej | 1991 | GER | (Bottrop) | 56:11 | 56:16 | + 21:12 | |
| 92 | 1161 | Mackowiak Reiner | 1965 | GER | VfL Gladbeck 1921 Fun Run | 56:11 | 56:16 | + 21:12 | |
| 92 | 1199 | Peterra Carmen | 1993 | GER | (Bottrop) | 56:03 | 56:16 | + 21:12 | |
| 95 | 1048 | Debski Marcin | 1986 | GER | (Gelsenkirchen) | 56:05 | 56:18 | + 21:14 | |
| 96 | 1141 | Karpa Tom | 2007 | GER | Feuerwehr Gladbeck | 56:15 | 56:21 | + 21:17 | |
| 97 | 1089 | Günther Lenny | 2007 | GER | Feuerwehr Gladbeck | 56:17 | 56:23 | + 21:19 | |
| 98 | 1258 | Sybrecht Claus | 1969 | GER | (Gladbeck) | 56:06 | 56:26 | + 21:22 | |
| 99 | 1174 | Middelhoff Alexandra | 1971 | GER | (Gladbeck) | 56:40 | 56:52 | + 21:48 | |
| 100 | 1232 | Schmolke Luisa | 2001 | GER | (Bochum) | 56:47 | 56:53 | + 21:49 | |
| 101 | 1190 | Passenberg Ingo | 1968 | GER | (Gelsenkirchen) | 56:50 | 56:54 | + 21:50 | |
| 102 | 1006 | Bantin Holger | 1953 | GER | Ausdauer Schule bunert | 56:48 | 57:00 | + 21:56 | |
| 103 | 1283 | Winking Kirsten | 1970 | GER | Sparkasse Gladbeck | 57:02 | 57:05 | + 22:01 | |
| 104 | 1145 | Krzeminski Mateusz | 1990 | GER | (Gladbeck) | 57:08 | 57:20 | + 22:16 | |
| 105 | 490 | Reinsch Kjell | 2010 | GER | TV Jahn Hiesfeld | 57:19 | 57:21 | + 22:17 | |
| 105 | 496 | Banken Nele | 2012 | GER | VfL Gladbeck 1921 | 57:20 | 57:21 | + 22:17 | |
| 107 | 1107 | Heimann Kathrin | 1985 | GER | Wacker Gladbeck | 57:12 | 57:25 | + 22:21 | |
| 108 | 1034 | Brüggenhorst Nele | 2004 | GER | (Oberhausen) | 57:23 | 57:26 | + 22:22 | |
| 109 | 1213 | Rönne Marvin | 1999 | GER | Feuerwehr Gladbeck | 57:20 | 57:29 | + 22:25 | |
| 110 | 492 | Reinsch Liska | 2010 | GER | VfL Gladbeck 1921 | 57:52 | 57:52 | + 22:48 | |
| 111 | 1170 | Mc carroll Minke | 1986 | GER | LAAC Twente | 57:51 | 57:54 | + 22:50 | |
| 112 | 1067 | Ewens Dr. Susanne | 1968 | GER | LC Adler Bottrop e.V. | 58:09 | 58:16 | + 23:12 | |
| 113 | 1275 | Wendt Feodora | 1990 | GER | (Dinslaken) | 58:47 | 58:50 | + 23:46 | |
| 114 | 519 | Hindenburg Janine | 1992 | GER | Deutschland | 59:15 | 59:29 | + 24:25 | |
| 115 | 1085 | Gerhold Finn | 2007 | GER | (Gelsenkirchen) | 59:29 | 59:39 | + 24:35 | |
| 116 | 1123 | Herrmann Sabrina | 1993 | GER | (Gelsenkirchen) | 59:56 | 1:00:04 | + 25:00 | |
| 117 | 1173 | Meyer Jörg | 1965 | GER | Lauf-Hase-Lauf | 59:52 | 1:00:09 | + 25:05 | |
| 118 | 1230 | Schlaak Carina | 2001 | GER | (Bottrop) | 1:00:06 | 1:00:12 | + 25:08 | |

10km Straßenlauf, Alle Klassen - Fortsetzung

25.08.2024 / 10:00

Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|--------------------------|------|-----|------------------------------|---------|----------|---------|
| 119 | 1172 | Mette Marie | 1998 | GER | (Gelsenkirchen) | 1:00:15 | 1:00:15 | + 25:11 |
| 120 | 498 | Thomale Milena | 1987 | GER | Deutschland | 1:00:11 | 1:00:26 | + 25:22 |
| 121 | 1273 | Wandel Corinna | 1979 | GER | (Essen) | 1:00:16 | 1:00:30 | + 25:26 |
| 122 | 1217 | Rüter Simon | 2000 | GER | Feuerwehr Gladbeck | 1:00:52 | 1:01:00 | + 25:56 |
| 123 | 1234 | Schomburg Dieter | 1944 | GER | Race Rentner Essen | 1:00:57 | 1:01:01 | + 25:57 |
| 124 | 1250 | Spengler Christiane | 1981 | GER | (Gladbeck) | 1:01:10 | 1:01:14 | + 26:10 |
| 125 | 1155 | Labus Thomas | 1976 | GER | (Gladbeck) | 1:01:59 | 1:02:09 | + 27:05 |
| 126 | 1166 | Marach Simone | 1981 | GER | (Essen) | 1:02:01 | 1:02:15 | + 27:11 |
| 127 | 1077 | Föllmer Marcel | 1988 | GER | Feuerwehr Gladbeck | 1:02:25 | 1:02:35 | + 27:31 |
| 127 | 1105 | Haske Paula | 2005 | GER | Feuerwehr Gladbeck | 1:02:35 | 1:02:35 | + 27:31 |
| 127 | 1197 | Penquitt Stefanie | 1992 | GER | Feuerwehr Gladbeck | 1:02:25 | 1:02:35 | + 27:31 |
| 127 | 1209 | Rathmann Peter | 1979 | GER | Feuerwehr Gladbeck | 1:02:24 | 1:02:35 | + 27:31 |
| 127 | 1248 | Sönnichsen Marvin | 1995 | GER | Feuerwehr Gladbeck | 1:02:27 | 1:02:35 | + 27:31 |
| 127 | 1265 | Tyree Susanne | 1969 | GER | Borbecker Raketen Essen | 1:02:23 | 1:02:35 | + 27:31 |
| 127 | 1266 | Urban Mirko | 1981 | GER | Feuerwehr Gladbeck | 1:02:26 | 1:02:35 | + 27:31 |
| 134 | 1084 | Genske Marcel | 1987 | GER | Feuerwehr Gladbeck | 1:02:26 | 1:02:36 | + 27:32 |
| 135 | 1247 | Sommer Martina | 1987 | GER | SV Gladbeck 13 | 1:02:55 | 1:03:07 | + 28:03 |
| 136 | 1267 | van Ham Walter | 1986 | GER | (Gladbeck) | 1:03:11 | 1:03:25 | + 28:21 |
| 137 | 1159 | Loeffelsender Karl Heinz | 1960 | GER | AV Weert | 1:03:34 | 1:03:40 | + 28:36 |
| 138 | 1137 | Kaira Aleksei | 1977 | GER | (Düsseldorf) | 1:04:02 | 1:04:05 | + 29:01 |
| 139 | 1059 | Dombrowsky Detlef | 1959 | GER | VfL Gladbeck 1921 Fun Run | 1:05:05 | 1:05:13 | + 30:09 |
| 140 | 1132 | Hüls Dominic | 1993 | GER | ULFS | 1:05:08 | 1:05:14 | + 30:10 |
| 140 | 1196 | Pavlov Yana | 1994 | GER | PMML | 1:05:08 | 1:05:14 | + 30:10 |
| 142 | 1179 | Müller Heike | 1966 | GER | ETG Recklinghausen | 1:05:13 | 1:05:22 | + 30:18 |
| 143 | 520 | Hindenburg Finja | 1993 | GER | Deutschland | 1:05:18 | 1:05:31 | + 30:27 |
| 144 | 1191 | Passenberg Sandra | 1972 | GER | (Gelsenkirchen) | 1:06:03 | 1:06:07 | + 31:03 |
| 145 | 1041 | Castro Marina | 1993 | GER | (Düsseldorf) | 1:06:42 | 1:06:55 | + 31:51 |
| 146 | 1215 | Ruhl Boris | 1985 | GER | (Gladbeck) | 1:06:50 | 1:07:05 | + 32:01 |
| 147 | 1066 | Erdem Ilhan | 1969 | GER | Laufftreff Oelde | 1:08:06 | 1:08:23 | + 33:19 |
| 148 | 1039 | Busatta Sophie | 2004 | GER | (Gladbeck) | 1:08:14 | 1:08:28 | + 33:24 |
| 148 | 1134 | Husmann Julia | 2004 | GER | (Gladbeck) | 1:08:14 | 1:08:28 | + 33:24 |
| 150 | 1037 | Busatta Carola | 1974 | GER | (Gladbeck) | 1:08:28 | 1:08:40 | + 33:36 |
| 150 | 1203 | Possemeyer Renata | 1975 | GER | (Gladbeck) | 1:08:27 | 1:08:40 | + 33:36 |
| 152 | 1094 | Hable Simon | 2005 | GER | TSV Bayer o4 Leverkusen | 1:09:24 | 1:09:34 | + 34:30 |
| 153 | 1011 | Baumeister Ute | 1974 | GER | (Gladbeck) | 1:10:05 | 1:10:22 | + 35:18 |
| 154 | 1042 | Chmielek Barbara | 1955 | GER | (Gelsenkirchen) | 1:12:05 | 1:12:17 | + 37:13 |
| 155 | 1171 | Mellinghaus Maurice | 2005 | GER | Feuerwehr Gladbeck | 1:14:21 | 1:14:28 | + 39:24 |
| 156 | 1058 | Dirk Pascal | 1997 | GER | Feuerwehr Gladbeck | 1:14:20 | 1:14:29 | + 39:25 |
| 157 | 1238 | Schuhmacher Johannes | 1983 | GER | Wacker Gladbeck | 1:15:36 | 1:15:49 | + 40:45 |
| 158 | 1144 | Krause Joana | 1998 | GER | (Marl) | 1:15:44 | 1:15:57 | + 40:53 |
| 159 | 1278 | Wilcken Beate | 1964 | GER | (Duisburg) | 1:18:10 | 1:18:24 | + 43:20 |
| 160 | 1057 | Diex Uwe | 1960 | GER | (Essen) | 1:18:18 | 1:18:34 | + 43:30 |
| 160 | 1202 | Pink Britta | 1962 | GER | (Essen) | 1:18:18 | 1:18:34 | + 43:30 |
| 162 | 1216 | Ruß Petra | 1959 | GER | (Bottrop) | 1:23:56 | 1:24:14 | + 49:10 |
| 163 | 1262 | Themann Denise | 1989 | GER | (Gelsenkirchen) | 1:27:48 | 1:28:00 | + 52:56 |
| 164 | 1117 | Heller Ralf | 1960 | GER | (Gelsenkirchen) | 1:27:49 | 1:28:01 | + 52:57 |

Halbmarathon, Alle Klassen

25.08.2024 / 10:00

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|---------------------|------|-----|---------------------------|---------|----------|--------|
| 1 | 1461 | Saathof Mark | 1973 | GER | LAAC Twente | 1:14:29 | 1:14:30 | |
| 2 | 1381 | Hillgruber Marvin | 1989 | GER | TuS Oedt | 1:15:21 | 1:15:22 | + 0:52 |
| 3 | 1316 | Berhane Guish Mogos | 1982 | GER | Bunnert, Lauf-sport Krefe | 1:16:28 | 1:16:30 | + 2:00 |
| 4 | 1302 | Aktas Kadir | 1979 | GER | Ayyo-Team Essen | 1:22:47 | 1:22:50 | + 8:20 |

PB

Halbmarathon, Alle Klassen - Fortsetzung

25.08.2024 / 10:00

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff | |
|------|------|----------------------|------|-----|---------------------------|---------|----------------|---------|----|
| 5 | 1306 | Atsumi Tomoyuki | 1984 | GER | (Düsseldorf) | 1:23:06 | 1:23:09 | + 8:39 | |
| 6 | 576 | Hebestreit Thomas | 1981 | GER | Deutschland | 1:23:20 | 1:23:22 | + 8:52 | |
| 7 | 1499 | Utech Michael | 1983 | GER | (Aachen) | 1:23:37 | 1:23:39 | + 9:09 | |
| 8 | 1363 | Gotzhein Tim | 1991 | GER | (Marl) | 1:24:03 | 1:24:06 | + 9:36 | |
| 9 | 1414 | Lindner Thomas | 1984 | GER | Team Alstaden | 1:24:37 | 1:24:40 | + 10:10 | |
| 10 | 1463 | Saebel Falko | 1978 | GER | Klappstulle | 1:24:53 | 1:24:55 | + 10:25 | |
| 11 | 1510 | Wilmes Heiko | 1969 | GER | TV Refrath | 1:27:42 | 1:27:44 | + 13:14 | SB |
| 12 | 1412 | Leonhardt Felix | 1990 | GER | Cycling Club Düsseldorf | 1:27:42 | 1:27:49 | + 13:19 | |
| 13 | 555 | Tuttmann Ludger | 1969 | GER | Deutschland | 1:28:22 | 1:28:26 | + 13:56 | |
| 14 | 1539 | Jörgens Frank | 1978 | GER | Adler-Langlauf Bottrop | 1:28:20 | 1:28:30 | + 14:00 | |
| 15 | 1448 | Raapke Julius | 1984 | GER | SCC Berlin | 1:28:54 | 1:28:58 | + 14:28 | |
| 16 | 1481 | Smeulders Paul | 1987 | GER | (Arnhem) | 1:29:03 | 1:29:07 | + 14:37 | |
| 17 | 1401 | Kuhlmann Matthias | 1982 | GER | (Essen) | 1:29:35 | 1:29:38 | + 15:08 | |
| 17 | 1421 | Mitzner Gunnar | 1962 | GER | Athletik Waldniel | 1:29:36 | 1:29:38 | + 15:08 | |
| 19 | 1383 | Hirle Klaus | 1964 | GER | LG Ultralauf | 1:29:49 | 1:30:00 | + 15:30 | |
| 20 | 1517 | Yasunori Kobayashi | 1980 | GER | (Düsseldorf) | 1:31:28 | 1:31:32 | + 17:02 | |
| 21 | 1350 | Feldhaus Norbert | 1964 | GER | LCA Rhede | 1:32:28 | 1:32:32 | + 18:02 | |
| 22 | 1389 | Ito Masato | 1978 | GER | (Düsseldorf) | 1:33:00 | 1:33:04 | + 18:34 | |
| 23 | 1388 | Hürter Matthias | 1981 | GER | TC Heide Bottrop | 1:34:27 | 1:34:33 | + 20:03 | |
| 24 | 1305 | Gawantka Julian | 1998 | GER | (Bottrop) | 1:35:13 | 1:35:16 | + 20:46 | |
| 25 | 1379 | Herbst Sandra | 1970 | GER | LG Wuppertal | 1:35:15 | 1:35:19 | + 20:49 | |
| 26 | 1369 | Gwozdz Michael | 1965 | GER | Triminators TV Voerde | 1:37:07 | 1:37:13 | + 22:43 | |
| 27 | 1375 | Heidemann Nils | 1991 | GER | (Haltern am See) | 1:37:01 | 1:37:16 | + 22:46 | |
| 27 | 1495 | Tosun Sercan | 1989 | GER | (Gladbeck) | 1:37:07 | 1:37:16 | + 22:46 | |
| 29 | 1394 | Kallhoff Alexander | 1995 | GER | TuS Haltern | 1:37:12 | 1:37:20 | + 22:50 | |
| 30 | 1339 | Dorobeck Burkhard | 1961 | GER | Angerland LT Lintorf | 1:37:25 | 1:37:29 | + 22:59 | |
| 31 | 1365 | Grävenstein Lutz | 1969 | GER | DJK VFR Mülheim/R.-Saarn | 1:37:25 | 1:37:31 | + 23:01 | PB |
| 32 | 1415 | Lysenko Aleksej | 1993 | GER | (Bochum) | 1:37:35 | 1:37:43 | + 23:13 | |
| 33 | 1358 | Gerz German | 1994 | GER | (Essen) | 1:37:41 | 1:37:53 | + 23:23 | |
| 34 | 547 | Bergmann Peter | 1969 | GER | Deutschland | 1:38:42 | 1:38:47 | + 24:17 | |
| 35 | 1349 | Esseling Michael | 1973 | GER | Adler-Langlauf Bottrop | 1:38:54 | 1:39:06 | + 24:36 | |
| 36 | 1301 | Adam Andrea | 1968 | GER | TuS 08 Lintorf | 1:39:18 | 1:39:23 | + 24:53 | SB |
| 37 | 1458 | Röber Marc | 1970 | GER | (Düsseldorf) | 1:39:24 | 1:39:31 | + 25:01 | |
| 38 | 1504 | Welschen Miriam | 1982 | GER | (Hünxe) | 1:39:39 | 1:39:45 | + 25:15 | |
| 39 | 1398 | Kleinert Christof | 1972 | GER | (Bottrop) | 1:39:48 | 1:39:53 | + 25:23 | |
| 40 | 1314 | Fischer Dr. Jens | 1967 | GER | TRINITAS Dortmund e. V. | 1:40:00 | 1:40:02 | + 25:32 | |
| 41 | 1348 | Ernst Stefan | 1971 | GER | Rapid Ramirez | 1:40:06 | 1:40:14 | + 25:44 | |
| 42 | 1538 | Jandewerth Michael | 1978 | GER | RunningPonyExpress | 1:40:14 | 1:40:20 | + 25:50 | |
| 43 | 578 | Baumm Roland | 1954 | GER | Deutschland | 1:40:28 | 1:40:32 | + 26:02 | |
| 44 | 1453 | Rehmann Oliver | 1974 | GER | Adler-Langlauf Bottrop | 1:40:52 | 1:41:04 | + 26:34 | |
| 45 | 1315 | Berger Stefan | 1969 | GER | FoKuS Selm | 1:40:53 | 1:41:05 | + 26:35 | |
| 46 | 1545 | Bucher Jan | 1974 | GER | (Dortmund) | 1:41:01 | 1:41:08 | + 26:38 | |
| 47 | 1374 | Feldhaus Gero | 1997 | GER | LCA Rhede | 1:41:11 | 1:41:21 | + 26:51 | |
| 48 | 1490 | Syga Arthur | 1983 | GER | (Castrop-Rauxel) | 1:41:20 | 1:41:30 | + 27:00 | |
| 49 | 1469 | Schlusemann Tobias | 1980 | GER | (Bottrop) | 1:41:26 | 1:41:34 | + 27:04 | |
| 50 | 1470 | Schmidt Wolfgang | 1960 | GER | MATERNA | 1:41:36 | 1:41:39 | + 27:09 | |
| 51 | 1396 | Kassner Jürgen | 1968 | GER | Laufsport Jäkel | 1:41:51 | 1:42:00 | + 27:30 | |
| 52 | 1445 | Polnik Steve | 1995 | GER | (Bottrop) | 1:42:33 | 1:42:41 | + 28:11 | |
| 53 | 1419 | Maryniak Andreas | 1967 | GER | (Gelsenkirchen) | 1:42:39 | 1:42:42 | + 28:12 | |
| 54 | 1435 | Paarsch Dr. Wolfgang | 1961 | GER | Ausdauer Schule by bunert | 1:42:49 | 1:42:54 | + 28:24 | |
| 55 | 1362 | Goretzki Thomas | 1982 | GER | (Bottrop) | 1:42:53 | 1:43:00 | + 28:30 | |
| 56 | 1351 | Est Stephan | 1967 | GER | (Hünxe) | 1:42:54 | 1:43:06 | + 28:36 | |
| 57 | 1424 | Müller Jörg | 1971 | GER | Dreimärker Lauffreunde Do | 1:43:40 | 1:43:47 | + 29:17 | |
| 58 | 1473 | Schniederjann Daniel | 1982 | GER | (Recklinghausen) | 1:43:56 | 1:44:02 | + 29:32 | |

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Länge: 21,098km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff | |
|------|------|----------------------------|------|-----|------------------------|---------|----------------|---------|----|
| 59 | 1393 | Kabitzke Steffen | 1986 | GER | Der Kleine Bergmann | 1:44:08 | 1:44:16 | + 29:46 | |
| 60 | 1416 | Mansith Daniela | 1973 | GER | Tri-Vikings | 1:44:20 | 1:44:24 | + 29:54 | |
| 61 | 1516 | Woltering Detlef | 1969 | GER | TVK Essen | 1:44:33 | 1:44:37 | + 30:07 | |
| 62 | 1355 | Fittler Carsten | 1981 | GER | (Dortmund) | 1:45:16 | 1:45:25 | + 30:55 | |
| 62 | 1359 | Giepen Christoph | 1976 | GER | (Bottrop) | 1:45:17 | 1:45:25 | + 30:55 | |
| 64 | 1336 | Deul Vera | 1978 | GER | Ayyo-Team Essen | 1:45:34 | 1:45:42 | + 31:12 | |
| 65 | 1402 | Kumru Sinan | 1975 | GER | Ayyo-Team Essen | 1:45:37 | 1:45:44 | + 31:14 | |
| 66 | 1330 | Dallmann Melanie | 1978 | GER | VESTRUNNERS | 1:46:01 | 1:46:07 | + 31:37 | |
| 66 | 1430 | Nowak Jan | 1998 | GER | (Gladbeck) | 1:45:57 | 1:46:07 | + 31:37 | |
| 68 | 1475 | Schrewe Sandra | 1991 | GER | Mittwochs LT Richrath | 1:46:02 | 1:46:11 | + 31:41 | |
| 69 | 1434 | Demirer Mehmet | 1978 | GER | MB Veranda | 1:46:12 | 1:46:25 | + 31:55 | |
| 70 | 1368 | Gwizdon Kamil | 2003 | GER | (Gladbeck) | 1:46:23 | 1:46:28 | + 31:58 | |
| 71 | 1503 | Weber Sven | 1982 | GER | (Selm) | 1:47:01 | 1:47:14 | + 32:44 | |
| 72 | 1420 | Menne Sebastian | 1985 | GER | (Essen) | 1:48:50 | 1:48:54 | + 34:24 | |
| 73 | 1395 | Kaminski Olaf | 1967 | GER | SV 19 STRAELEN | 1:48:52 | 1:49:04 | + 34:34 | |
| 74 | 581 | Plöger Jörg | 1972 | GER | Deutschland | 1:49:11 | 1:49:21 | + 34:51 | |
| 74 | 1528 | Demir Ümran | 1972 | GER | Ayyo-Team Essen | 1:49:13 | 1:49:21 | + 34:51 | |
| 76 | 1432 | Nowok Lars | 1978 | GER | SaLaT | 1:49:22 | 1:49:26 | + 34:56 | |
| 76 | 1513 | Wischenkewitz Sandra | 1979 | GER | SaLaT | 1:49:23 | 1:49:26 | + 34:56 | |
| 78 | 1428 | Narweleit Dennis | 1992 | GER | (Gelsenkirchen) | 1:49:26 | 1:49:42 | + 35:12 | |
| 79 | 1410 | Lanouar Marc | 1990 | GER | Adler Ellinghorst | 1:49:29 | 1:49:43 | + 35:13 | |
| 80 | 1530 | Dühne Birthe | 1974 | GER | (Oberlangen) | 1:49:45 | 1:50:05 | + 35:35 | |
| 81 | 1376 | Heimann Manuel | 1981 | GER | FoKuS Selm | 1:50:17 | 1:50:31 | + 36:01 | |
| 81 | 1511 | Wilms Stephan | 1978 | GER | (Dorsten) | 1:50:20 | 1:50:31 | + 36:01 | |
| 83 | 1519 | Buttafarro Jacopo | 2003 | GER | (Maastricht) | 1:50:28 | 1:50:42 | + 36:12 | |
| 84 | 1541 | Bay Peter | 1977 | GER | (Leverkusen) | 1:51:06 | 1:51:14 | + 36:44 | |
| 85 | 570 | Huesker Bernd | 1949 | GER | LSF Münster | 1:51:21 | 1:51:28 | + 36:58 | |
| 86 | 1465 | Sanober Kathrin | 1989 | GER | Team Camerone e.V. | 1:51:23 | 1:51:29 | + 36:59 | |
| 87 | 1444 | Poch Sandro | 1988 | GER | (Recklinghausen) | 1:51:51 | 1:52:03 | + 37:33 | |
| 88 | 1542 | Böttner Sebastian | 1987 | GER | Feuerwehr Waldkappel | 1:52:05 | 1:52:18 | + 37:48 | |
| 89 | 1303 | Bahrenberg Daniel | 1978 | GER | Spicer Gelenkwellenbau | 1:52:12 | 1:52:29 | + 37:59 | |
| 89 | 1345 | Eicke Björn | 1982 | GER | Der Kleine Bergmann | 1:52:20 | 1:52:29 | + 37:59 | |
| 91 | 1449 | Rabs Johanna Francis | 2005 | GER | (Emmerich am Rhein) | 1:53:17 | 1:53:24 | + 38:54 | |
| 92 | 1346 | Elmenthaler Achmed | 1969 | GER | FoKuS Selm | 1:53:20 | 1:53:33 | + 39:03 | |
| 93 | 1344 | Eibl Christian | 1978 | GER | (Duisburg) | 1:53:30 | 1:53:50 | + 39:20 | |
| 94 | 540 | Aderhold Nils | 2000 | GER | TUS Hilchenbach | 1:54:07 | 1:54:25 | + 39:55 | |
| 95 | 1464 | Sagewka Christoph | 1987 | GER | (Dorsten) | 1:54:19 | 1:54:37 | + 40:07 | |
| 96 | 1429 | Niemeier Joachim | 1957 | GER | Team Alstaden | 1:54:54 | 1:54:59 | + 40:29 | |
| 97 | 1399 | Knebelkamp Jörg | 1960 | GER | (Münster) | 1:55:38 | 1:55:50 | + 41:20 | |
| 98 | 1397 | Kleevens Tina | 1977 | GER | (Selm) | 1:55:40 | 1:55:54 | + 41:24 | |
| 99 | 1525 | de Kroon Max | 2002 | GER | (Maastricht) | 1:56:02 | 1:56:16 | + 41:46 | |
| 100 | 1364 | Graeber Jürgen | 1947 | GER | SuS Oberaden | 1:56:18 | 1:56:26 | + 41:56 | SB |
| 101 | 1462 | Saathoff Jörg | 1966 | GER | Canalrunners | 1:56:20 | 1:56:36 | + 42:06 | |
| 102 | 1498 | Ursuleack Christopher | 1989 | GER | (Oberhausen) | 1:56:44 | 1:56:50 | + 42:20 | |
| 103 | 1367 | Große Geldermann Yvonne | 1989 | GER | (Haltern am See) | 1:57:09 | 1:57:24 | + 42:54 | |
| 103 | 1459 | Rohlf Mara | 1995 | GER | Spiridon Haltern | 1:57:09 | 1:57:24 | + 42:54 | |
| 105 | 1341 | Dreimann Stefan | 1969 | GER | Adler-Langlauf Bottrop | 1:57:34 | 1:57:45 | + 43:15 | |
| 106 | 1409 | Landwehr Arne | 1980 | GER | (Bottrop) | 1:57:47 | 1:57:55 | + 43:25 | |
| 107 | 1468 | Schlusemann Dominique | 1989 | GER | (Bottrop) | 1:57:49 | 1:57:58 | + 43:28 | |
| 108 | 1433 | Orlowski Marion | 1974 | GER | FoKuS Selm | 1:58:04 | 1:58:17 | + 43:47 | |
| 109 | 1317 | Boek Steffen | 1969 | GER | Adler-Langlauf Bottrop | 1:58:11 | 1:58:27 | + 43:57 | |
| 109 | 1482 | Sobolewski Markus | 1967 | GER | Adler-Langlauf Bottrop | 1:58:12 | 1:58:27 | + 43:57 | |
| 111 | 1373 | Hebbinghaus Heike | 1978 | GER | (Essen) | 1:58:55 | 1:58:59 | + 44:29 | |
| 112 | 1508 | Wichmann Andreas | 1964 | GER | (Gladbeck) | 1:58:52 | 1:59:03 | + 44:33 | |

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| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|-------------------------|------|-----|---------------------------|---------|----------------|-----------|
| 113 | 1526 | de Kroon Iris | 1974 | GER | (Maastricht) | 1:59:05 | 1:59:18 | + 44:48 |
| 114 | 1529 | Diedrich Werner | 1957 | GER | CanalRunnersDorsten | 1:59:08 | 1:59:24 | + 44:54 |
| 115 | 1497 | Trieb Marvin | 2001 | GER | (Erwitte) | 1:59:16 | 1:59:33 | + 45:03 |
| 116 | 1512 | Wippenbeck Petra | 1974 | GER | Meddys LWT Koblenz e.V. | 1:59:32 | 1:59:43 | + 45:13 |
| 117 | 1488 | Strzalla Robert | 1984 | GER | Die Seitenstecher | 1:59:49 | 2:00:08 | + 45:38 |
| 118 | 1370 | Hahn Stefanie | 1988 | GER | (Bottrop) | 2:00:56 | 2:01:08 | + 46:38 |
| 119 | 1413 | Leyk Deniz | 1998 | GER | (Gelsenkirchen) | 2:02:04 | 2:02:26 | + 47:56 |
| 120 | 1361 | Glockner Wolf | 1958 | GER | (Düsseldorf) | 2:02:37 | 2:02:43 | + 48:13 |
| 121 | 1439 | Passenberg Marie Sophie | 2007 | GER | (Gelsenkirchen) | 2:02:42 | 2:02:48 | + 48:18 |
| 122 | 1454 | Reimann Fabian | 1997 | GER | (Gladbeck) | 2:03:44 | 2:03:52 | + 49:22 |
| 123 | 565 | Fraas Melanie | 1975 | GER | LC Adler Bottrop | 2:04:03 | 2:04:09 | + 49:39 |
| 124 | 548 | Segmitz Dirk | 1979 | GER | Team Erdinger Alkoholfrei | 2:04:09 | 2:04:25 | + 49:55 |
| 125 | 1546 | Burkowski Peter | 1958 | GER | SG Suderwich | 2:04:29 | 2:04:40 | + 50:10 |
| 126 | 1382 | Himstedt Stephen | 1985 | GER | (Dorsten) | 2:05:46 | 2:05:57 | + 51:27 |
| 127 | 1484 | Spangardt Bent | 2007 | GER | Der Kleine Bergmann | 2:06:24 | 2:06:34 | + 52:04 |
| 128 | 1471 | Schmidt Enrico | 1984 | GER | Die Seitenstecher | 2:06:21 | 2:06:39 | + 52:09 |
| 129 | 1319 | Bonsignore Sebastian | 1987 | GER | (Gelsenkirchen) | 2:06:40 | 2:06:52 | + 52:22 |
| 130 | 1372 | Harmel Dennis | 1993 | GER | (Gladbeck) | 2:08:15 | 2:08:34 | + 54:04 |
| 131 | 1425 | Müller Silke | 1973 | GER | Adler-Langlauf Bottrop | 2:08:17 | 2:08:35 | + 54:05 |
| 132 | 1304 | Aretz Julia | 1973 | GER | RWO Endurance Team | 2:09:30 | 2:09:40 | + 55:10 |
| 133 | 1446 | Poprawe Sabrina | 1979 | GER | (Dorsten) | 2:10:04 | 2:10:09 | + 55:39 |
| 134 | 1404 | Kundt Alina | 1982 | GER | (Nordkirchen) | 2:10:26 | 2:10:42 | + 56:12 |
| 135 | 1378 | Heleczoa Radka | 1988 | GER | (Oirlo) | 2:10:40 | 2:10:59 | + 56:29 |
| 136 | 1371 | Hampel Michael | 1972 | GER | FoKuS Selm | 2:12:12 | 2:12:27 | + 57:57 |
| 136 | 1509 | Wiemer Bernd | 1975 | GER | FoKuS Selm | 2:12:11 | 2:12:27 | + 57:57 |
| 138 | 557 | Stichert Jörg | 1968 | GER | Deutschland | 2:12:40 | 2:12:55 | + 58:25 |
| 139 | 1460 | Rottler Jessica | 1981 | GER | HSV - Höinger Sportverein | 2:14:07 | 2:14:26 | + 59:56 |
| 140 | 1310 | Bartnik Arno | 1963 | GER | (Gelsenkirchen) | 2:14:18 | 2:14:30 | + 1:00:00 |
| 141 | 1540 | Barnhusen Bela | 2007 | GER | Der Kleine Bergmann | 2:14:48 | 2:14:58 | + 1:00:28 |
| 142 | 1456 | Richter Dustin | 1992 | GER | (Herne) | 2:14:48 | 2:15:08 | + 1:00:38 |
| 143 | 1452 | Reclik Noah | 2005 | GER | (Gladbeck) | 2:15:11 | 2:15:15 | + 1:00:45 |
| 144 | 1400 | Kranefeld Sebastian | 1983 | GER | (Gladbeck) | 2:15:18 | 2:15:38 | + 1:01:08 |
| 145 | 573 | Finkeldey Achim | 1958 | GER | Adler Langlauf Bottrop | 2:15:54 | 2:16:10 | + 1:01:40 |
| 146 | 1386 | Hörbelt Markus | 1975 | GER | (Gladbeck) | 2:15:53 | 2:16:11 | + 1:01:41 |
| 147 | 1309 | Fliege Gabriele | 1953 | GER | SuS Oberaden | 2:16:08 | 2:16:22 | + 1:01:52 |
| 148 | 1480 | Siewka Isabel | 1991 | GER | (Marl) | 2:16:04 | 2:16:24 | + 1:01:54 |
| 149 | 1514 | Wolkowski Maya | 2005 | GER | (Gelsenkirchen) | 2:16:23 | 2:16:29 | + 1:01:59 |
| 150 | 543 | Bergmann Jacqueline | 1992 | GER | Deutschland | 2:16:18 | 2:16:32 | + 1:02:02 |
| 151 | 1492 | Szymkowiak Sandra | 1978 | GER | FoKuS Selm | 2:16:27 | 2:16:44 | + 1:02:14 |
| 152 | 1457 | Richter Andrea | 1976 | GER | FoKuS Selm | 2:16:57 | 2:17:12 | + 1:02:42 |
| 152 | 1487 | Stiller Tim | 1984 | GER | FoKuS Selm | 2:16:55 | 2:17:12 | + 1:02:42 |
| 154 | 1491 | Syga Johanna | 1977 | GER | (Castrop-Rauxel) | 2:17:27 | 2:17:38 | + 1:03:08 |
| 155 | 577 | Theis Markus | 1964 | GER | Deutschland | 2:17:56 | 2:18:24 | + 1:03:54 |
| 156 | 1486 | Steinbach Patrick | 1977 | GER | (Herne) | 2:18:21 | 2:18:37 | + 1:04:07 |
| 157 | 1472 | Schnieder Christina | 1986 | GER | FoKuS Selm | 2:18:37 | 2:18:55 | + 1:04:25 |
| 158 | 1477 | Schweizer Peter | 1959 | GER | FoKuS Selm | 2:18:38 | 2:18:56 | + 1:04:26 |
| 159 | 1427 | Munke Benedikt | 1990 | GER | (Herne) | 2:19:06 | 2:19:26 | + 1:04:56 |
| 160 | 1476 | Schubert Ben | 2003 | GER | (Gladbeck) | 2:19:32 | 2:19:46 | + 1:05:16 |
| 161 | 1366 | Groß Ewelina | 1989 | GER | FoKuS Selm | 2:19:37 | 2:19:54 | + 1:05:24 |
| 162 | 1443 | Peeters-Delauw Gerda | 1952 | GER | ATV Venray | 2:20:43 | 2:20:54 | + 1:06:24 |
| 163 | 1451 | Reclik Volker | 1970 | GER | (Gladbeck) | 2:21:06 | 2:21:13 | + 1:06:43 |
| 164 | 1377 | Heimann Stephanie | 1982 | GER | FoKuS Selm | 2:20:57 | 2:21:15 | + 1:06:45 |
| 165 | 1417 | Marten Melanie | 1979 | GER | FoKuS Selm | 2:21:02 | 2:21:20 | + 1:06:50 |
| 166 | 1485 | Stammkötter Julia | 2002 | GER | (Rostock) | 2:21:50 | 2:22:03 | + 1:07:33 |
| 167 | 1338 | Döbbelin-Südfeld Klara | 1963 | GER | FoKuS Selm | 2:22:08 | 2:22:27 | + 1:07:57 |

PB

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| Rang | StNr | Name | Jg | Nat | Verein | Netto | Leistung | Diff |
|------|------|--------------------|------|-----|-----------------------------------|---------|----------------|-----------|
| 168 | 1455 | Reinke Kerstin | 1968 | GER | (Bottrop) | 2:22:37 | 2:22:44 | + 1:08:14 |
| 169 | 1479 | Seifert Sven | 1986 | GER | (Gladbeck) | 2:24:01 | 2:24:24 | + 1:09:54 |
| 170 | 579 | Broß Nadine | 1991 | GER | Deutschland | 2:24:52 | 2:25:11 | + 1:10:41 |
| 171 | 1474 | Schönert Valentina | 1992 | GER | (Essen) | 2:25:25 | 2:25:45 | + 1:11:15 |
| 172 | 1325 | Campbell Andrew | 1963 | GER | (Delft) | 2:26:19 | 2:26:24 | + 1:11:54 |
| 173 | 1318 | Bokor David | 1986 | GER | (Kevelaer) | 2:27:02 | 2:27:21 | + 1:12:51 |
| 174 | 1496 | Trampe Jan | 1990 | GER | (Gladbeck) | 2:29:36 | 2:29:58 | + 1:15:28 |
| 175 | 1467 | Schauth Marc | 1991 | GER | (Gladbeck) | 2:29:36 | 2:29:59 | + 1:15:29 |
| 176 | 1326 | Carey Ariane | 1967 | GER | Ayyo | 2:32:54 | 2:33:11 | + 1:18:41 |
| 176 | 1327 | Carey Jason | 1966 | GER | Ayyo-Team Essen | 2:32:55 | 2:33:11 | + 1:18:41 |
| 178 | 1422 | Moik Birgit | 1954 | GER | Laufftreff Bittermark Dortmund | 2:35:37 | 2:35:52 | + 1:21:22 |
| 179 | 1312 | Bayer Steffen | 1977 | GER | SV Rot Weiss Deuten | 2:38:13 | 2:38:23 | + 1:23:53 |
| 180 | 1313 | Bensch Eva | 1965 | GER | Vegan Runner | 2:41:59 | 2:42:20 | + 1:27:50 |
| 181 | 1437 | Pascher Isabell | 1992 | GER | (Bocholt) | 2:44:46 | 2:45:07 | + 1:30:37 |
| 181 | 1466 | Schäfer Steven | 1993 | GER | (Bocholt) | 2:44:46 | 2:45:07 | + 1:30:37 |
| 183 | 1489 | Sturm Lena | 1996 | GER | (Recklinghausen) | 2:51:48 | 2:52:05 | + 1:37:35 |

Legende

PB...Persönliche Bestleistung

SB...Saisonbestleistung