

5km Straßenlauf, W16, M31, M49, M41, W41, M63, M38, M52, M39, M21, W22, M53, M24, M25, W24, W62, M46, 10:00  
 W39, M44, M47, M19, M16, W32, W48, M51, M36, M59, M57, M48, M54, W33, W29, M61, M37, M42, W43, W47, W20,  
 M43, M22, M62, M28, W28, M34, M33, W26, W44, M18, W19, W18, W17, M56, W38, M58, W53, W63, W57, M15,  
 M14, W15, W14, M13, M12, W13, W12, M35, M40, M45, W40, W45, M50, W50, W55, M65, M11, M10, W11

Länge: 5km - Zeitläufe

| Rang | StNr | Name                 | Jg   | Nat | Verein                              | Leistung | Diff   |
|------|------|----------------------|------|-----|-------------------------------------|----------|--------|
| 1    | 545  | Werner Thorben       | 2005 | GER | LAZ Rhein-Sieg                      | 16:59    |        |
| 2    | 546  | Hopp Roman           | 1985 | GER | sportaktiv Hennef                   | 17:39    | + 0:40 |
| 3    | 547  | Ohs Burkhard         | 1985 | GER | SSV Bornheim                        | 17:58    | + 0:59 |
| 4    | 548  | Hönicke Andreas      | 1978 | GER | Deutschland                         | 18:06    | + 1:07 |
| 5    | 549  | Schneider Norbert    | 1968 | GER | Milers Colonia 2020                 | 18:17    | + 1:18 |
| 6    | 550  | Keller Pascal        | 1999 | GER | Deutschland                         | 18:35    | + 1:36 |
| 7    | 551  | Achtendung John      | 1973 | GER | Jansen Bürosysteme<br>GmbH & Co. KG | 19:29    | + 2:30 |
| 8    | 552  | Schneider Celine     | 2004 | GER | LAZ Rhein-Sieg                      | 19:43    | + 2:44 |
| 9    | 553  | Clemens David        | 2008 | GER | LAZ Rhein-Sieg                      | 19:56    | + 2:57 |
| 10   | 554  | Hahnbück Max         | 2000 | GER | Siegburg Running Crew               | 20:03    | + 3:04 |
| 11   | 555  | Klinger David        | 2010 | GER | LAZ Rhein-Sieg                      | 20:06    | + 3:07 |
| 12   | 557  | Vits Daniel          | 1987 | GER | Deutschland                         | 20:24    | + 3:25 |
| 13   | 556  | Tölg Vera            | 1984 | GER | VfL Engelskirchen                   | 20:26    | + 3:27 |
| 14   | 558  | Rössel Stefan        | 1980 | GER | TRI-POWER Rhein Sieg                | 20:43    | + 3:44 |
| 15   | 559  | Rössel Tim           | 2008 | GER | TRI-POWER Rhein Sieg                | 21:08    | + 4:09 |
| 16   | 561  | Wajda Finn           | 2012 | GER | TRI-POWER Rhein Sieg                | 21:28    | + 4:29 |
| 17   | 562  | Ertel Leo            | 2008 | GER | Team Texas                          | 21:35    | + 4:36 |
| 18   | 560  | Röben Arthur         | 2006 | GER | Tja                                 | 21:47    | + 4:48 |
| 19   | 563  | Spath Moritz         | 2009 | GER | Gesamtschule Hennef-<br>West        | 21:59    | + 5:00 |
| 20   | 564  | Günther Marlen       | 1983 | GER | #SOLARISIERER                       | 22:15    | + 5:16 |
| 21   | 566  | Bernads Leo          | 2009 | GER | Deutschland                         | 22:31    | + 5:32 |
| 22   | 565  | Bolle Markus         | 1977 | GER | #SOLARISIERER                       | 22:32    | + 5:33 |
| 23   | 567  | Hinz Lukas           | 2011 | GER | #SOLARISIERER                       | 22:39    | + 5:40 |
| 24   | 569  | Weiser Daniel        | 1976 | GER | #SOLARISIERER                       | 22:42    | + 5:43 |
| 25   | 568  | Limbach Jeremy       | 2010 | GER | Gesamtschule Hennef-<br>West        | 22:45    | + 5:46 |
| 26   | 570  | Schmitz Christian    | 1985 | GER | RSAG                                | 23:02    | + 6:03 |
| 27   | 571  | Hoermann Henrik      | 2011 | GER | #SOLARISIERER                       | 23:09    | + 6:10 |
| 28   | 572  | Damaschek Dave       | 1982 | GER | TRI-POWER Rhein Sieg                | 23:23    | + 6:24 |
| 29   | 574  | Ditscheid Maximilian | 1996 | GER | Deutschland                         | 23:30    | + 6:31 |
| 30   | 575  | Becker Chris         | 1993 | GER | Deutschland                         | 23:37    | + 6:38 |
| 31   | 573  | Donlagic Kemal       | 1980 | GER | Deutschland                         | 23:46    | + 6:47 |
| 32   | 576  | Boltz Yoann          | 2011 | GER | #SOLARISIERER                       | 24:05    | + 7:06 |
| 33   | 577  | Höhn Christof        | 1974 | GER | Deutschland                         | 24:15    | + 7:16 |
| 34   | 578  | Webels Christian     | 1982 | GER | Städt. Gymnasium Hennef<br>SGH      | 24:33    | + 7:34 |
| 34   | 579  | Webels Paul          | 2012 | GER | Städt. Gymnasium Hennef<br>SGH      | 24:33    | + 7:34 |
| 36   | 580  | Sobiech Daniel       | 1988 | GER | Jansen Bürosysteme<br>GmbH & Co. KG | 24:41    | + 7:42 |
| 37   | 582  | Fürle Anke           | 1981 | GER | Deutschland                         | 24:58    | + 7:59 |
| 38   | 581  | Stanke Jörg          | 1963 | GER | Funcnetics                          | 25:04    | + 8:05 |
| 38   | 584  | Orya Khil Ahmad      | 2008 | GER | Gesamtschule Hennef-<br>West        | 25:04    | + 8:05 |
| 40   | 583  | Goerke Bennet        | 2002 | GER | Die Achtarmigen                     | 25:17    | + 8:18 |
| 41   | 585  | Kutschke Alex        | 1983 | GER | FC Hennef                           | 25:19    | + 8:20 |
| 42   | 586  | Räder Sonja          | 1998 | GER | PSG Wiesenhof-Hennef<br>e.V.        | 25:30    | + 8:31 |
| 43   | 587  | Jansen Uwe           | 1959 | GER | Gesamtschule Hennef<br>Meiersheide  | 25:40    | + 8:41 |
| 44   | 589  | Grammersbach Joel    | 2006 | GER | Gesamtschule Hennef-<br>West        | 25:45    | + 8:46 |
| 45   | 588  | Schweer Harry        | 1974 | GER | Deutschland                         | 25:50    | + 8:51 |

5km Straßenlauf, W16, M31, M49, M41, W41, M63, M38, M52, M39, M21, W22, M53, M24, M25, W24, W62, M46, 10:00  
 W39, M44, M47, M19, M16, W32, W48, M51, M36, M59, M57, M48, M54, W33, W29, M61, M37, M42, W43, W47, W20,  
 M43, M22, M62, M28, W28, M34, M33, W26, W44, M18, W19, W18, W17, M56, W38, M58, W53, W63, W57, M15,  
 M14, W15, W14, M13, M12, W13, W12, M35, M40, M45, W40, W45, M50, W50, W55, M65, M11, M10, W11 -

Fortsetzung

Länge: 5km - Zeitläufe

| Rang | StNr | Name                        | Jg   | Nat | Verein                                | Leistung | Diff    |
|------|------|-----------------------------|------|-----|---------------------------------------|----------|---------|
| 46   | 590  | Eggers Ben                  | 2002 | GER | Deutschland                           | 25:59    | + 9:00  |
| 47   | 593  | Garling Lukas               | 2010 | GER | Gesamtschule Hennef-<br>West          | 26:17    | + 9:18  |
| 48   | 591  | Aringhoff Andreas           | 1975 | GER | GGs Hanftal                           | 26:18    | + 9:19  |
| 49   | 594  | Bonnelles Matthieu          | 1986 | GER | Deutschland                           | 26:24    | + 9:25  |
| 50   | 595  | Greiber Frida               | 2010 | GER | #SOLARISIERER                         | 26:27    | + 9:28  |
| 51   | 592  | Milicki Frauke              | 1981 | GER | Deutschland                           | 26:28    | + 9:29  |
| 52   | 596  | Butz Jona                   | 2010 | GER | #SOLARISIERER                         | 26:29    | + 9:30  |
| 53   | 597  | von Bergh Joachim           | 1976 | GER | Deutschland                           | 26:41    | + 9:42  |
| 54   | 599  | Zegers Tom                  | 2003 | GER | Kronos                                | 26:45    | + 9:46  |
| 55   | 598  | Larsson Mateo<br>Konstantin | 2012 | GER | Deutschland                           | 26:50    | + 9:51  |
| 56   | 602  | Breuer David                | 2011 | GER | #SOLARISIERER                         | 26:54    | + 9:55  |
| 57   | 601  | Foukis Ioannis              | 1986 | GER | Deutschland                           | 26:58    | + 9:59  |
| 58   | 603  | Kretz Fabian                | 2011 | GER | Gesamtschule Hennef-<br>West          | 26:59    | + 10:00 |
| 59   | 600  | Milicki Vin                 | 2013 | GER | Deutschland                           | 27:00    | + 10:01 |
| 60   | 604  | Werner Michael              | 1979 | GER | Kraftvoll Functional<br>Training GmbH | 27:08    | + 10:09 |
| 60   | 607  | Borovnica Greta             | 2010 | GER | #SOLARISIERER                         | 27:08    | + 10:09 |
| 62   | 606  | Rohrbach Jana               | 2010 | GER | #SOLARISIERER                         | 27:09    | + 10:10 |
| 62   | 608  | Kaminski Nick               | 2011 | GER | #SOLARISIERER                         | 27:09    | + 10:10 |
| 64   | 605  | Rössel Simone               | 1981 | GER | TRI-POWER Rhein Sieg                  | 27:14    | + 10:15 |
| 65   | 610  | Hussaini Ali Ehsan          | 2014 | GER | GGs Am Steimel                        | 27:15    | + 10:16 |
| 65   | 611  | Borovnica Zoran             | 1971 | GER | #SOLARISIERER                         | 27:15    | + 10:16 |
| 67   | 612  | Vasen Tom                   | 1968 | GER | Deutschland                           | 27:19    | + 10:20 |
| 68   | 613  | Heßler Andreas              | 1990 | GER | Deutschland                           | 27:22    | + 10:23 |
| 68   | 614  | Weiser Mika                 | 2011 | GER | #SOLARISIERER                         | 27:22    | + 10:23 |
| 70   | 609  | Bröschel Martin             | 1984 | GER | Deutschland                           | 27:28    | + 10:29 |
| 71   | 618  | Ringel Viki                 | 2010 | GER | #SOLARISIERER                         | 27:46    | + 10:47 |
| 72   | 619  | Bernads Marco               | 1975 | GER | Deutschland                           | 27:51    | + 10:52 |
| 72   | 620  | Rust Franz                  | 2010 | GER | #SOLARISIERER                         | 27:51    | + 10:52 |
| 74   | 617  | Limbach Johanna             | 2004 | GER | Deutschland                           | 27:52    | + 10:53 |
| 74   | 621  | Reintgen Leonie             | 2010 | GER | #SOLARISIERER                         | 27:52    | + 10:53 |
| 76   | 615  | Linke Florian               | 1986 | GER | Familie Linke                         | 27:55    | + 10:56 |
| 76   | 616  | Linke Maximo                | 2014 | GER | Familie Linke                         | 27:55    | + 10:56 |
| 78   | 623  | Baschlebe Nina              | 1977 | GER | Deutschland                           | 28:02    | + 11:03 |
| 78   | 624  | Glück Julia                 | 1979 | GER | Deutschland                           | 28:02    | + 11:03 |
| 80   | 630  | Fridrich Noah               | 2011 | GER | Deutschland                           | 28:03    | + 11:04 |
| 81   | 629  | Vits Fabian                 | 1989 | GER | Deutschland                           | 28:04    | + 11:05 |
| 82   | 625  | Webel Matthias              | 1999 | GER | Deutschland                           | 28:08    | + 11:09 |
| 83   | 627  | Wenzel Lotta                | 2013 | GER | Deutschland                           | 28:10    | + 11:11 |
| 84   | 626  | Söntgerath Achim            | 1974 | GER | The Sö-Brothers                       | 28:11    | + 11:12 |
| 84   | 628  | Söntgerath Frank            | 1972 | GER | The Sö-Brothers                       | 28:11    | + 11:12 |
| 86   | 622  | Kremer Martina              | 1969 | GER | LT Hennef/Sieg                        | 28:14    | + 11:15 |
| 87   | 631  | Fridrich Louisa             | 2011 | GER | Deutschland                           | 28:17    | + 11:18 |
| 87   | 632  | Scheib Charlotte            | 2010 | GER | #SOLARISIERER                         | 28:17    | + 11:18 |
| 89   | 635  | Ayele Eita                  | 2010 | GER | #SOLARISIERER                         | 28:29    | + 11:30 |
| 89   | 636  | Pelz Sarah                  | 2004 | GER | Deutschland                           | 28:29    | + 11:30 |
| 91   | 633  | Schampera Elke              | 1961 | GER | Deutschland                           | 28:33    | + 11:34 |
| 92   | 637  | Mohammadi Ali               | 2011 | GER | Gesamtschule Hennef-<br>West          | 28:34    | + 11:35 |

5km Straßenlauf, W16, M31, M49, M41, W41, M63, M38, M52, M39, M21, W22, M53, M24, M25, W24, W66, M46, 10:00  
W39, M44, M47, M19, M16, W32, W48, M51, M36, M59, M57, M48, M54, W33, W29, M61, M37, M42, W43, W47, W20,  
M43, M22, M62, M28, W28, M34, M33, W26, W44, M18, W19, W18, W17, M56, W38, M58, W53, W63, W57, M15,  
M14, W15, W14, M13, M12, W13, W12, M35, M40, M45, W40, W45, M50, W50, W55, M65, M11, M10, W11 -

Fortsetzung

Länge: 5km - Zeitläufe

| Rang | StNr | Name                | Jg   | Nat | Verein                                | Leistung | Diff    |
|------|------|---------------------|------|-----|---------------------------------------|----------|---------|
| 93   | 634  | Limbach Theresa     | 2010 | GER | Wiedtal Gymnasium<br>Neustadt/Wied    | 28:45    | + 11:46 |
| 94   | 638  | Ringel Carolin      | 2008 | GER | Deutschland                           | 28:46    | + 11:47 |
| 95   | 639  | Hermann Nick        | 2014 | GER | GGs Am Steimel                        | 28:49    | + 11:50 |
| 96   | 640  | Flemming Karlotta   | 2010 | GER | #SOLARISIERER                         | 28:55    | + 11:56 |
| 97   | 643  | Werner Jenny        | 1985 | GER | Kraftvoll Functional<br>Training GmbH | 29:03    | + 12:04 |
| 98   | 641  | Leiting Stefan      | 1980 | GER | Deutschland                           | 29:08    | + 12:09 |
| 98   | 642  | Kamieniak Alexander | 1988 | GER | Hennef (Sieg)                         | 29:08    | + 12:09 |
| 100  | 644  | True Melissa        | 1996 | GER | Deutschland                           | 29:14    | + 12:15 |
| 100  | 645  | Franzen Ralf        | 1966 | GER | Deutschland                           | 29:14    | + 12:15 |
| 102  | 646  | Härtel Luna-Marie   | 2008 | GER | Gesamtschule Hennef-<br>West          | 29:15    | + 12:16 |
| 103  | 647  | Berg Emilia         | 2007 | GER | Gesamtschule Hennef-<br>West          | 29:18    | + 12:19 |
| 104  | 648  | Schnorrenberg Eric  | 2010 | GER | #SOLARISIERER                         | 29:31    | + 12:32 |
| 105  | 650  | Kim Donghyun        | 1990 | GER | Deutschland                           | 29:52    | + 12:53 |
| 106  | 651  | Düber Lena          | 1991 | GER | Funcnetics                            | 30:09    | + 13:10 |
| 107  | 649  | Pelz Volker         | 1961 | GER | Deutschland                           | 30:13    | + 13:14 |
| 108  | 652  | Wütz Sieus          | 2006 | GER | Dil Achtermigen                       | 30:20    | + 13:21 |
| 109  | 653  | Pohl Tobias         | 1999 | GER | Deutschland                           | 30:30    | + 13:31 |
| 110  | 655  | Grunert Lara        | 2008 | GER | Gesamtschule Hennef-<br>West          | 30:34    | + 13:35 |
| 111  | 658  | Doba Luke           | 2010 | GER | Gesamtschule Hennef-<br>West          | 30:36    | + 13:37 |
| 112  | 654  | Dörwaldt Lars       | 1977 | GER | Deutschland                           | 30:37    | + 13:38 |
| 113  | 660  | Haßel Julia         | 1981 | GER | Gesamtschule Hennef-<br>West          | 30:41    | + 13:42 |
| 114  | 657  | Freier Kristina     | 1980 | GER | Deutschland                           | 30:43    | + 13:44 |
| 115  | 656  | Koullen Cornelia    | 1977 | GER | Deutschland                           | 30:44    | + 13:45 |
| 116  | 663  | Stanitzok Emma      | 2013 | GER | Deutschland                           | 30:53    | + 13:54 |
| 117  | 661  | Domagala Erich      | 1965 | GER | Jansen Bürosysteme<br>GmbH & Co. KG   | 30:56    | + 13:57 |
| 118  | 659  | Bröschel Daniela    | 1986 | GER | Deutschland                           | 30:57    | + 13:58 |
| 119  | 664  | Brandt Jonas        | 2010 | GER | Gesamtschule Hennef-<br>West          | 31:01    | + 14:02 |
| 120  | 662  | Kleinen Ines        | 1977 | GER | Deutschland                           | 31:02    | + 14:03 |
| 121  | 665  | Lindenberg Thomas   | 1962 | GER | Stadtsportverband<br>Siegburg         | 31:14    | + 14:15 |
| 122  | 666  | Kutschke Leah       | 2009 | GER | Gymnasium Hennef                      | 31:18    | + 14:19 |
| 123  | 667  | Klein Paul          | 2010 | GER | Gesamtschule Hennef-<br>West          | 31:29    | + 14:30 |
| 124  | 669  | Hoffmann Nele       | 2000 | GER | Deutschland                           | 31:39    | + 14:40 |
| 124  | 671  | Schüller Sebastian  | 1996 | GER | Deutschland                           | 31:39    | + 14:40 |
| 126  | 670  | Lancier Emilia      | 2010 | GER | #SOLARISIERER                         | 31:41    | + 14:42 |
| 127  | 668  | Prüsener Michel     | 2012 | GER | #SOLARISIERER                         | 31:42    | + 14:43 |
| 128  | 672  | Haubold Clara       | 2010 | GER | #SOLARISIERER                         | 31:47    | + 14:48 |
| 129  | 676  | Junen Luke          | 2011 | GER | #SOLARISIERER                         | 31:55    | + 14:56 |
| 130  | 673  | Reuter Karla        | 2008 | GER | Deutschland                           | 32:01    | + 15:02 |
| 131  | 677  | Kerwel Amélie       | 2011 | GER | Gesamtschule Hennef-<br>West          | 32:02    | + 15:03 |
| 132  | 674  | Fischer Andreas     | 1973 | GER | Deutschland                           | 32:09    | + 15:10 |
| 133  | 675  | Walterscheid Ralf   | 1970 | GER | 1. Geistinger Garde von<br>2003 e.V.  | 32:17    | + 15:18 |
| 134  | 678  | Pohl Walter         | 1963 | GER | Deutscher Amateur Radio<br>Club       | 32:21    | + 15:22 |

5km Straßenlauf, W16, M31, M49, M41, W41, M63, M38, M52, M39, M21, W22, M53, M24, M25, W24, W66, M46, 10:00  
 W39, M44, M47, M19, M16, W32, W48, M51, M36, M59, M57, M48, M54, W33, W29, M61, M37, M42, W43, W47, W20,  
 M43, M22, M62, M28, W28, M34, M33, W26, W44, M18, W19, W18, W17, M56, W38, M58, W53, W63, W57, M15,  
 M14, W15, W14, M13, M12, W13, W12, M35, M40, M45, W40, W45, M50, W50, W55, M65, M11, M10, W11 -

Fortsetzung

Länge: 5km - Zeitläufe

| Rang | StNr | Name                   | Jg   | Nat | Verein                                | Leistung | Diff    |
|------|------|------------------------|------|-----|---------------------------------------|----------|---------|
| 135  | 679  | Donlagic Sabina        | 1981 | GER | Deutschland                           | 32:26    | + 15:27 |
| 136  | 680  | Effers Tanja           | 1983 | GER | Bündnis90/Die Grünen                  | 32:45    | + 15:46 |
| 137  | 681  | Erlich Daniel          | 1985 | GER | Deutschland                           | 32:46    | + 15:47 |
| 138  | 683  | Christian Kerstin      | 1974 | GER | Deutschland                           | 32:56    | + 15:57 |
| 139  | 684  | Peters Oskar           | 2011 | GER | Gesamtschule Hennef-<br>West          | 32:57    | + 15:58 |
| 140  | 682  | Hüsson Merle           | 2005 | GER | Tja                                   | 33:01    | + 16:02 |
| 140  | 690  | Böge Lara              | 2006 | GER | Tja                                   | 33:01    | + 16:02 |
| 142  | 686  | Dörwaldt Viviane       | 1974 | GER | Kronos                                | 33:08    | + 16:09 |
| 142  | 689  | Gerz Marina            | 1986 | GER | Deutschland                           | 33:08    | + 16:09 |
| 144  | 685  | Thier Rebecca          | 1996 | GER | Deutschland                           | 33:09    | + 16:10 |
| 144  | 687  | Webel Sebastian        | 1991 | GER | Deutschland                           | 33:09    | + 16:10 |
| 146  | 693  | Lietmeyer Johanna      | 2007 | GER | Deutschland                           | 33:17    | + 16:18 |
| 147  | 694  | Lietmeyer Lotta        | 2012 | GER | Gesamtschule Hennef-<br>West          | 33:18    | + 16:19 |
| 148  | 688  | Käding Sam             | 2012 | GER | SGH                                   | 33:20    | + 16:21 |
| 148  | 691  | Krause Joline          | 1996 | GER | Deutschland                           | 33:20    | + 16:21 |
| 148  | 692  | Hartmann Madeleine     | 1995 | GER | Deutschland                           | 33:20    | + 16:21 |
| 151  | 696  | Wipperfürth Anna-Luise | 2002 | GER | Deutschland                           | 33:35    | + 16:36 |
| 152  | 697  | Engel Emily            | 2009 | GER | Deutschland                           | 33:38    | + 16:39 |
| 153  | 695  | Schulze Marcel         | 1981 | GER | Malteser                              | 33:41    | + 16:42 |
| 154  | 698  | Javaheri Aria Linda    | 2010 | GER | Deutschland                           | 33:47    | + 16:48 |
| 155  | 700  | Schwan Oliver          | 2010 | GER | Gesamtschule Hennef-<br>West          | 33:52    | + 16:53 |
| 156  | 699  | Franzen Kirsten        | 1967 | GER | Deutschland                           | 33:56    | + 16:57 |
| 156  | 701  | Nelles Nina            | 1995 | GER | Deutschland                           | 33:56    | + 16:57 |
| 158  | 703  | Prüsener Madita        | 2010 | GER | #SOLARISIERER                         | 34:00    | + 17:01 |
| 158  | 704  | Bröcker Frieda         | 2010 | GER | #SOLARISIERER                         | 34:00    | + 17:01 |
| 160  | 705  | Schmitz Paul           | 2011 | GER | Quatsch Matsch Alarm                  | 34:07    | + 17:08 |
| 160  | 706  | Schmitz Katja          | 1978 | GER | Quatsch Matsch Alarm                  | 34:07    | + 17:08 |
| 162  | 702  | Käding Tanja           | 1977 | GER | Deutschland                           | 34:14    | + 17:15 |
| 163  | 707  | Landwehr Maya          | 2006 | GER | Tja                                   | 34:39    | + 17:40 |
| 164  | 711  | Böhler Lena            | 1981 | GER | Deutschland                           | 35:02    | + 18:03 |
| 165  | 712  | Zimmermann Olga        | 1978 | GER | Deutschland                           | 35:03    | + 18:04 |
| 166  | 708  | Brendel Lotta          | 2005 | GER | Deutschland                           | 35:06    | + 18:07 |
| 167  | 713  | Bartolomaeus Greta     | 2004 | GER | Deutschland                           | 35:10    | + 18:11 |
| 168  | 709  | Welsch Nele            | 2007 | GER | PSG Wiesenhof-Hennef<br>e.V.          | 35:11    | + 18:12 |
| 168  | 710  | Mersch Sarah           | 2005 | GER | PSG Wiesenhof-Hennef<br>e.V.          | 35:11    | + 18:12 |
| 170  | 714  | Ringel Sandra          | 1976 | GER | #SOLARISIERER                         | 35:27    | + 18:28 |
| 171  | 715  | Gebauer Jessica        | 1992 | GER | Funcnetics                            | 36:39    | + 19:40 |
| 172  | 716  | Risse Julia            | 1971 | GER | Deutschland                           | 37:37    | + 20:38 |
| 173  | 717  | Zimmer Katja           | 1996 | GER | Malteser                              | 39:54    | + 22:55 |
| 173  | 718  | Mewes Femke            | 1998 | GER | Deutschland                           | 39:54    | + 22:55 |
| 175  | 719  | Hadi Aelam             | 2012 | GER | Gesamtschule Hennef-<br>West          | 39:55    | + 22:56 |
| 176  | 720  | Reqica Linda           | 2013 | GER | Gesamtschule Hennef-<br>West          | 40:41    | + 23:42 |
| 177  | 721  | Boeslau Jens           | 1967 | GER | Jansen Bürosysteme<br>GmbH & Co. KG   | 42:27    | + 25:28 |
| 178  | 722  | Schmitz Anna           | 2013 | GER | GGs Hanftal                           | 43:02    | + 26:03 |
| 179  | 723  | Böttcher Florian       | 2011 | GER | Kopernikus Gymnasium<br>Nieder-kassel | 43:51    | + 26:52 |



**5km Straßenlauf, W16, M31, M49, M41, W41, M63, M38, M52, M39, M21, W22, M53, M24, M25, W24, W46, M46, 10:00**  
W39, M44, M47, M19, M16, W32, W48, M51, M36, M59, M57, M48, M54, W33, W29, M61, M37, M42, W43, W47, W20,  
M43, M22, M62, M28, W28, M34, M33, W26, W44, M18, W19, W18, W17, M56, W38, M58, W53, W63, W57, M15,  
M14, W15, W14, M13, M12, W13, W12, M35, M40, M45, W40, W45, M50, W50, W55, M65, M11, M10, W11 -

**Fortsetzung**

Länge: 5km - Zeitläufe

| Rang | StNr | Name               | Jg   | Nat | Verein | Leistung | Diff    |
|------|------|--------------------|------|-----|--------|----------|---------|
| 180  | 724  | Fleckenstein Elise | 2010 | GER | KGN    | 43:55    | + 26:56 |
| 180  | 725  | Hey Kimberly       | 2011 | GER | KGN    | 43:55    | + 26:56 |
| 182  | 726  | Carnott Tim        | 2011 | GER | KGN    | 43:57    | + 26:58 |

**10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W50, M42, M39, 10:00**  
M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42,  
M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23,  
W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52,  
W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45,  
M50, M55, W50, M60, M65

Länge: 10km - Zeitläufe

| Rang | StNr | Name                  | Jg   | Nat | Verein                  | Leistung | Diff    |
|------|------|-----------------------|------|-----|-------------------------|----------|---------|
| 1    | 204  | Chalguoum Ayoub       | 1999 | GER | LAZ Rhein-Sieg          | 31:54    |         |
| 2    | 205  | Kelly Luke            | 2000 | GER | LAZ Rhein-Sieg          | 34:29    | + 2:35  |
| 3    | 206  | Paszkiert Tobias      | 1996 | GER | Deutschland             | 35:21    | + 3:27  |
| 4    | 207  | Siebert Nele          | 2001 | GER | LAZ Rhein-Sieg          | 36:52    | + 4:58  |
| 5    | 208  | Weiser Daniel         | 1976 | GER | #SOLARISIERER           | 36:59    | + 5:05  |
| 6    | 209  | Reusch Nico           | 1980 | GER | TG 48 Schweinfurt       | 37:05    | + 5:11  |
| 7    | 210  | Oumar Diallo Alpha    | 1995 | GER | LAZ Rhein-Sieg          | 38:19    | + 6:25  |
| 8    | 211  | Klinger Michael       | 1967 | GER | LAZ Rhein-Sieg          | 38:47    | + 6:53  |
| 8    | 212  | Ostrominski Markus    | 1977 | GER | LAZ Rhein-Sieg          | 38:47    | + 6:53  |
| 10   | 213  | Ebert Sven            | 1979 | GER | HTV Hennef              | 38:49    | + 6:55  |
| 11   | 214  | Hobusch Jan           | 1990 | GER | Deutschland             | 39:13    | + 7:19  |
| 12   | 216  | Dörschel Christl      | 1976 | GER | SG Wenden               | 39:20    | + 7:26  |
| 13   | 215  | Niemann Christoph     | 1968 | GER | LG Gummersbach          | 39:22    | + 7:28  |
| 14   | 217  | Savin Kyrylo          | 1976 | GER | DW Sport plus e.V.      | 39:38    | + 7:44  |
| 15   | 218  | Müll Stephan          | 1970 | GER | SV Hellas Siegburg      | 39:44    | + 7:50  |
| 16   | 219  | Thomas Jan            | 2004 | GER | Die Achtarmigen         | 40:03    | + 8:09  |
| 17   | 221  | Fleischhauer Annika   | 1996 | GER | Deutschland             | 40:21    | + 8:27  |
| 18   | 220  | Schmitz Andreas       | 1985 | GER | Deutschland             | 40:31    | + 8:37  |
| 19   | 223  | Brandt Daniel-Richard | 2010 | GER | CBIV Triathlon Siegburg | 40:33    | + 8:39  |
| 20   | 222  | Doms Tobias           | 2007 | GER | Deutschland             | 40:36    | + 8:42  |
| 21   | 224  | Winkmann Irne         | 1984 | GER | LG Aachen               | 40:48    | + 8:54  |
| 22   | 225  | Zaboklicki Jan        | 1992 | GER | ZWi Technologies GmbH   | 41:53    | + 9:59  |
| 23   | 226  | Riethausen Carola     | 1998 | GER | TV Refrath              | 41:54    | + 10:00 |
| 24   | 228  | Timmer Jonas          | 1993 | GER | Firma Herchenbach       | 42:02    | + 10:08 |
| 25   | 227  | Buße Tobias           | 1995 | GER | Deutschland             | 42:28    | + 10:34 |
| 26   | 229  | Kämpfer Benjamin      | 1992 | GER | DW Sport plus e.V.      | 42:31    | + 10:37 |
| 27   | 231  | Günther Marlen        | 1983 | GER | #SOLARISIERER           | 43:05    | + 11:11 |
| 28   | 232  | Drescher Marius       | 1997 | GER | Deutschland             | 43:20    | + 11:26 |
| 29   | 230  | Diehl Florian         | 1996 | GER | Deutschland             | 43:34    | + 11:40 |
| 30   | 233  | Gerzen Johann         | 1967 | GER | Deutschland             | 43:48    | + 11:54 |
| 31   | 234  | Fleischhauer Roman    | 1992 | GER | Deutschland             | 43:56    | + 12:02 |
| 32   | 235  | Tieves Milena         | 1987 | GER | PSV Bonn Triathlon      | 44:03    | + 12:09 |
| 33   | 236  | Bolle Markus          | 1977 | GER | #SOLARISIERER           | 44:20    | + 12:26 |
| 34   | 238  | Arenz Jens            | 1969 | GER | Team C                  | 44:31    | + 12:37 |
| 35   | 239  | Brassat Simone        | 1996 | GER | Deutschland             | 44:37    | + 12:43 |
| 36   | 237  | Gouraud Pierre        | 1984 | GER | Deutschland             | 44:39    | + 12:45 |
| 37   | 240  | Schmidt Torsten       | 1979 | GER | Hennefer TV             | 45:02    | + 13:08 |
| 38   | 241  | Juchem Julia          | 1974 | GER | LSF Münster             | 45:11    | + 13:17 |
| 39   | 242  | Kraus Peter           | 2002 | GER | Deutschland             | 45:31    | + 13:37 |
| 40   | 243  | Sommer Ralf           | 1969 | GER | Windeck                 | 45:32    | + 13:38 |

10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M24, M39, M30, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                        | Jg   | Nat | Verein                                | Leistung | Diff    |
|------|------|-----------------------------|------|-----|---------------------------------------|----------|---------|
| 41   | 244  | Schmidt Jannick             | 2012 | GER | Hennefer TV                           | 45:56    | + 14:02 |
| 42   | 245  | Ackermann Carl<br>+49157560 | 2001 | GER | Deutschland                           | 46:05    | + 14:11 |
| 42   | 247  | Kilian Simmich              | 2008 | GER | Gesamtschule Hennef-<br>West          | 46:05    | + 14:11 |
| 44   | 246  | Eschmann Stefan             | 1987 | GER | TRI-POWER Rhein Sieg                  | 46:10    | + 14:16 |
| 45   | 248  | Harms Jonna                 | 2009 | GER | Deutschland                           | 46:16    | + 14:22 |
| 46   | 251  | Müller-Goldkuhle Jona       | 2009 | GER | Deutschland                           | 46:18    | + 14:24 |
| 47   | 250  | Tölg Vera                   | 1984 | GER | VfL Engelskirchen                     | 46:19    | + 14:25 |
| 48   | 249  | Lutter Christian            | 1977 | GER | Deutschland                           | 46:23    | + 14:29 |
| 49   | 253  | Schulte Dirk                | 1970 | GER | SV Hellas Siegburg                    | 46:38    | + 14:44 |
| 49   | 255  | Wolff Thomas                | 1984 | GER | Deutschland                           | 46:38    | + 14:44 |
| 51   | 252  | Plachta Detelf              | 1968 | GER | Deutschland                           | 46:41    | + 14:47 |
| 52   | 256  | Möller Michel               | 2005 | GER | Deutschland                           | 46:58    | + 15:04 |
| 53   | 254  | Stanke Lisa                 | 1995 | GER | Funcnetics                            | 47:09    | + 15:15 |
| 53   | 257  | Schmitz Julia               | 1995 | GER | Achims Sportshop                      | 47:09    | + 15:15 |
| 55   | 258  | Möller Lene                 | 2001 | GER | Deutschland                           | 47:20    | + 15:26 |
| 56   | 259  | Möller Jens                 | 1975 | GER | Wenco                                 | 47:21    | + 15:27 |
| 57   | 262  | Gorynia Guido               | 1964 | GER | LAZ Rhein-Sieg                        | 47:33    | + 15:39 |
| 58   | 260  | Hopp Karolin                | 1992 | GER | Deutschland                           | 47:35    | + 15:41 |
| 58   | 261  | Hopp Roman                  | 1985 | GER | Hyrox Hennef                          | 47:35    | + 15:41 |
| 60   | 264  | Schönley Jan                | 1987 | GER | Deutschland                           | 48:01    | + 16:07 |
| 61   | 266  | Schmitz Janno               | 2004 | GER | Deutschland                           | 48:04    | + 16:10 |
| 62   | 265  | Kick Thomas                 | 1987 | GER | Sportverein Sparkasse<br>Köln Bonn    | 48:07    | + 16:13 |
| 63   | 263  | Künzel Benedikt             | 2001 | GER | Deutschland                           | 48:10    | + 16:16 |
| 64   | 267  | Ernst Sven                  | 1978 | GER | Deutschland                           | 48:11    | + 16:17 |
| 64   | 268  | Harms Michael               | 1974 | GER | Deutschland                           | 48:11    | + 16:17 |
| 66   | 270  | Füssl Frank                 | 1967 | GER | DLC Aachen                            | 48:12    | + 16:18 |
| 67   | 269  | Höngesberg Matteo           | 2011 | GER | Deutschland                           | 48:19    | + 16:25 |
| 68   | 271  | Jänicke Franziska           | 1989 | GER | Funcnetics                            | 48:33    | + 16:39 |
| 69   | 272  | Fidaire Guillaume           | 1990 | GER | Funcnetics                            | 48:34    | + 16:40 |
| 70   | 273  | Shiels Robin                | 1998 | GER | Deutschland                           | 48:38    | + 16:44 |
| 71   | 274  | Krieger Jan-David           | 1983 | GER | Deutschland                           | 48:52    | + 16:58 |
| 72   | 277  | Schäferling Kathrin         | 1981 | GER | TRI-POWER Rhein Sieg                  | 49:03    | + 17:09 |
| 73   | 275  | Hahnbück Max                | 2000 | GER | Siegburg Running Crew                 | 49:17    | + 17:23 |
| 74   | 278  | Künzel Constantin           | 2004 | GER | Die Achtarmigen                       | 49:27    | + 17:33 |
| 74   | 282  | Brandt Christian            | 1970 | GER | CBIV Triathlon Siegburg               | 49:27    | + 17:33 |
| 76   | 283  | Ludewig Lina                | 1996 | GER | Gesamtschule Hennef-<br>West          | 49:29    | + 17:35 |
| 76   | 285  | Rausch Arnold               | 1992 | GER | Firma Herchenbach                     | 49:29    | + 17:35 |
| 78   | 276  | Bauer Max                   | 1991 | GER | Kraftvoll Functional<br>Training GmbH | 49:30    | + 17:36 |
| 79   | 279  | Czichowski Georg            | 1984 | GER | F&L                                   | 49:31    | + 17:37 |
| 79   | 286  | Josten Felix                | 1994 | GER | #SOLARISIERER                         | 49:31    | + 17:37 |
| 81   | 287  | Torge Sarah                 | 1986 | GER | Deutschland                           | 49:42    | + 17:48 |
| 82   | 280  | Heider Isabell              | 1999 | GER | Deutschland                           | 49:46    | + 17:52 |
| 82   | 281  | Woll Joshua                 | 1999 | GER | Deutschland                           | 49:46    | + 17:52 |
| 82   | 291  | Tholl Georg                 | 1966 | GER | Deutschland                           | 49:46    | + 17:52 |
| 85   | 284  | Laukart Lukas               | 1996 | GER | Stadtwerke Hennef                     | 49:47    | + 17:53 |
| 86   | 289  | Wilmer Martin               | 1991 | GER | TRI-POWER Rhein Sieg                  | 49:48    | + 17:54 |
| 87   | 292  | Vom Scheidt Christian       | 1981 | GER | Deutschland                           | 49:54    | + 18:00 |

10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M24, M39, M30, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                 | Jg   | Nat | Verein                           | Leistung | Diff    |
|------|------|----------------------|------|-----|----------------------------------|----------|---------|
| 88   | 290  | Pussel Till          | 2001 | GER | Deutschland                      | 49:55    | + 18:01 |
| 89   | 293  | Dicovitchi Dumitru   | 1994 | GER | #SOLARISIERER                    | 50:06    | + 18:12 |
| 90   | 295  | Penner Stefan        | 1996 | GER | Jansen Bürosysteme GmbH & Co. KG | 50:07    | + 18:13 |
| 91   | 288  | Lassen Jan           | 1977 | GER | Deutschland                      | 50:15    | + 18:21 |
| 91   | 296  | Preisler Martin      | 1957 | GER | LT Venusberg                     | 50:15    | + 18:21 |
| 93   | 297  | Reinicke Greta       | 2009 | GER | Städt. Gymnasium Hennef SGH      | 50:23    | + 18:29 |
| 94   | 298  | Hafkemeyer Jonas     | 2005 | GER | Deutschland                      | 50:30    | + 18:36 |
| 95   | 301  | Börsch Jürgen        | 1972 | GER | Kronos                           | 50:35    | + 18:41 |
| 96   | 302  | Kruczek Martin       | 1975 | GER | LT - Hennef                      | 50:38    | + 18:44 |
| 97   | 299  | Brehmer Thomas       | 1981 | GER | Stadtwerke Hennef                | 50:39    | + 18:45 |
| 98   | 294  | Rottländer Bernhard  | 1996 | GER | Familie Rottländer               | 50:50    | + 18:56 |
| 98   | 300  | Linten André         | 2004 | GER | Deutschland                      | 50:50    | + 18:56 |
| 100  | 303  | Tatus Emily          | 2009 | GER | Deutschland                      | 51:00    | + 19:06 |
| 101  | 304  | Camidge Karen        | 1973 | GER | Bonn International School        | 51:02    | + 19:08 |
| 102  | 305  | Küppers Herbert      | 1968 | GER | Triathlon Waldfeucht e.V.        | 51:05    | + 19:11 |
| 103  | 306  | Thielmann Gustav     | 1974 | GER | Sportfreunde Hennef              | 51:19    | + 19:25 |
| 104  | 307  | Jacobs Marco         | 1991 | GER | Deutschland                      | 51:38    | + 19:44 |
| 105  | 308  | Schmidt Thorsten     | 1970 | GER | LR Gickelsberg                   | 51:42    | + 19:48 |
| 106  | 311  | Deurer Lea           | 1987 | GER | Deutschland                      | 51:50    | + 19:56 |
| 107  | 313  | Höngesberg Markus    | 1973 | GER | Deutschland                      | 51:55    | + 20:01 |
| 108  | 310  | Latsch Stefan        | 2002 | GER | Deutschland                      | 52:04    | + 20:10 |
| 109  | 314  | Thiele Claas         | 1968 | GER | -                                | 52:08    | + 20:14 |
| 109  | 315  | Fridrich Tanja       | 1972 | GER | Deutschland                      | 52:08    | + 20:14 |
| 111  | 312  | Butzmann Isabelle    | 1995 | GER | Deutschland                      | 52:13    | + 20:19 |
| 111  | 316  | Schiffer Janis       | 2010 | GER | Deutschland                      | 52:13    | + 20:19 |
| 113  | 318  | Schiffer Tanja       | 1976 | GER | Deutschland                      | 52:17    | + 20:23 |
| 114  | 319  | Schenk Martin        | 1979 | GER | LT Hennef/Sieg                   | 52:18    | + 20:24 |
| 115  | 317  | Bartolomaeus Clemens | 2002 | GER | Deutschland                      | 52:22    | + 20:28 |
| 116  | 309  | Diehl Bastian        | 1998 | GER | Deutschland                      | 52:23    | + 20:29 |
| 117  | 322  | Kljaic Kolja         | 1976 | GER | DeathMatch                       | 52:26    | + 20:32 |
| 118  | 324  | Tiedemann Jens       | 1972 | GER | Deutschland                      | 52:35    | + 20:41 |
| 119  | 323  | Gennies Tobias       | 1982 | GER | Deutschland                      | 52:38    | + 20:44 |
| 119  | 325  | Kuhn Nina            | 1981 | GER | Lauftreff Hennef                 | 52:38    | + 20:44 |
| 121  | 320  | Blaesen Stefan       | 1986 | GER | GGs Am Steimel                   | 52:57    | + 21:03 |
| 122  | 321  | Klingenmaier Kevin   | 1991 | GER | Deutschland                      | 52:58    | + 21:04 |
| 123  | 331  | Precher Tom          | 2007 | GER | Städt. Gymnasium Hennef SGH      | 53:06    | + 21:12 |
| 124  | 326  | Lehleitner Mathilda  | 2008 | GER | PSG Wiesenhof-Hennef e.V.        | 53:07    | + 21:13 |
| 125  | 328  | Lehmacher Frank      | 1967 | GER | Deutschland                      | 53:13    | + 21:19 |
| 126  | 332  | Frommelt Matthias    | 1998 | GER | Deutschland                      | 53:17    | + 21:23 |
| 127  | 335  | Janson Marc          | 1974 | GER | #SOLARISIERER                    | 53:26    | + 21:32 |
| 128  | 327  | Heiming Henning      | 1998 | GER | Die laufenden Enten              | 53:31    | + 21:37 |
| 129  | 333  | Roth Janina          | 1982 | GER | Deutschland                      | 53:34    | + 21:40 |
| 129  | 334  | Koscielny Julia      | 1981 | GER | Deutschland                      | 53:34    | + 21:40 |
| 131  | 330  | Stübner Yannick      | 1991 | GER | Deutschland                      | 53:37    | + 21:43 |
| 132  | 329  | Hauk Tim Hauke       | 1999 | GER | Deutschland                      | 53:41    | + 21:47 |
| 133  | 336  | Fernholz Tim         | 1985 | GER | Deutschland                      | 53:47    | + 21:53 |
| 134  | 338  | Doelp Bernd          | 1965 | GER | RC CITO Hennef-Geistingen        | 54:05    | + 22:11 |

10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M24, M39, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                            | Jg   | Nat | Verein  | Leistung | Diff    |
|------|------|---------------------------------|------|-----|---|----------|---------|
| 135  | 339  | Held Nils                       | 1998 | GER | Die Gänseblümchen   | 54:10    | + 22:16 |
| 136  | 340  | Tincheva Valentina              | 1999 | GER | Die Gänseblümchen   | 54:11    | + 22:17 |
| 137  | 337  | Staudt Moritz                   | 2011 | GER | Deutschland   | 54:13    | + 22:19 |
| 138  | 344  | Holz Heinz                      | 1967 | GER | Deutschland   | 54:14    | + 22:20 |
| 139  | 341  | Bartolomaeus Wiebke             | 1997 | GER | Deutschland   | 54:16    | + 22:22 |
| 140  | 342  | Frankel Nicole                  | 2004 | GER | Firma Herchenbach   | 54:23    | + 22:29 |
| 141  | 343  | Höhler Guido                    | 1969 | GER | Deutschland   | 54:27    | + 22:33 |
| 142  | 351  | Krüger Anna                     | 2005 | GER | Deutschland   | 54:30    | + 22:36 |
| 142  | 353  | Ostlender Leona                 | 2001 | GER | Deutschland   | 54:30    | + 22:36 |
| 144  | 345  | Volkstorf-Schmitz Viviane       | 1978 | GER | Deutschland   | 54:43    | + 22:49 |
| 145  | 346  | Glombitza Rainer                | 1958 | GER | flitzflitzi Kreuzkapelle  | 54:49    | + 22:55 |
| 146  | 354  | Son Hyunji                      | 1995 | GER | Bonn International School<br>Sportverein                                      | 54:53    | + 22:59 |
| 147  | 355  | Gunkel Christian                | 1980 | GER | Bündnis90/Die Grünen  | 54:54    | + 23:00 |
| 148  | 347  | Smith Martin                    | 1984 | GER | Familie Mausebär  | 55:01    | + 23:07 |
| 148  | 350  | Niederstebruch Matthias         | 1987 | GER | Deutschland   | 55:01    | + 23:07 |
| 150  | 348  | Hild Marcus                     | 1987 | GER | Grundschule Gartenstraße  | 55:03    | + 23:09 |
| 151  | 349  | Mueller Stefan                  | 1965 | GER | Troisdorfer LG/Basketball   | 55:05    | + 23:11 |
| 152  | 357  | Adolph Daniel                   | 1985 | GER | F&L   | 55:11    | + 23:17 |
| 153  | 352  | Vogler Tim                      | 1989 | GER | Deutschland   | 55:12    | + 23:18 |
| 154  | 360  | Dapper Kristina                 | 1988 | GER | Skifreunde Hennef e.V.  | 55:13    | + 23:19 |
| 155  | 356  | Staudt Melanie                  | 1976 | GER | Deutschland   | 55:14    | + 23:20 |
| 155  | 359  | Rondorf Philipp                 | 1986 | GER | Erste Hennefer KG   | 55:14    | + 23:20 |
| 157  | 361  | Magaj Alicja                    | 1981 | GER | Deutschland   | 55:24    | + 23:30 |
| 158  | 363  | Schmitz Lena                    | 1985 | GER | Kronos  | 55:37    | + 23:43 |
| 159  | 358  | Conrad Paul                     | 2002 | GER | Kronos  | 55:40    | + 23:46 |
| 160  | 365  | Rösler Judith                   | 1997 | GER | Deutschland   | 55:51    | + 23:57 |
| 161  | 367  | Shkarupa Anastasia              | 1991 | GER | DW Sport plus e.V.  | 55:53    | + 23:59 |
| 162  | 364  | Hagenbrock Reinhard             | 1972 | GER | Deutschland   | 55:54    | + 24:00 |
| 163  | 362  | Reinhard Jürgen                 | 1965 | GER | Kronos  | 55:57    | + 24:03 |
| 164  | 369  | Kaymer Elia                     | 2001 | GER | Nessy   | 56:06    | + 24:12 |
| 165  | 368  | Spronk Marianne                 | 1948 | GER | TSV Weeze   | 56:07    | + 24:13 |
| 166  | 366  | Hartmann Moritz                 | 2003 | GER | Die laufenden Enten   | 56:13    | + 24:19 |
| 167  | 373  | Bolle Leonard                   | 2008 | GER | #SOLARISIERER   | 56:22    | + 24:28 |
| 168  | 370  | Brehmer Christina               | 1982 | GER | Stadtwerke Hennef   | 56:23    | + 24:29 |
| 169  | 371  | Hagen Julia                     | 1990 | GER | Deutschland   | 56:24    | + 24:30 |
| 170  | 379  | Goor Andreas                    | 1963 | GER | Deutschland   | 56:39    | + 24:45 |
| 171  | 377  | Rosenstein Manuela              | 1985 | GER | K.V. Die<br>Westerwaldsterne<br>Tanzcorps Blau Weiß<br>Uckerath e.V. von 1969 | 56:40    | + 24:46 |
| 172  | 375  | Widmaier Sabine                 | 1968 | GER | Bündnis90/Die Grünen  | 56:41    | + 24:47 |
| 173  | 381  | Jacobi Alexander                | 1997 | GER | Jansen Bürosysteme<br>GmbH & Co. KG   | 56:48    | + 24:54 |
| 173  | 382  | Machemer Henry                  | 1997 | GER | Jansen Bürosysteme<br>GmbH & Co. KG   | 56:48    | + 24:54 |
| 175  | 376  | Jonas Sina                      | 2003 | GER | Deutschland   | 56:53    | + 24:59 |
| 176  | 372  | Kaufmann Tom                    | 2007 | GER | SGH   | 56:54    | + 25:00 |
| 177  | 384  | Ringel Roger                    | 1968 | GER | Deutschland   | 56:58    | + 25:04 |
| 178  | 374  | Westerhoff Carsten-<br>Matthias | 1973 | GER | Funcnetics  | 56:59    | + 25:05 |
| 179  | 383  | Tilgen Amani                    | 2009 | GER | Deutschland   | 57:00    | + 25:06 |



10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M24, M39, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                      | Jg   | Nat | Verein                             | Leistung | Diff    |
|------|------|---------------------------|------|-----|------------------------------------|----------|---------|
| 180  | 378  | Wenzel Marc René          | 1970 | GER | Deutschland                        | 57:09    | + 25:15 |
| 181  | 385  | Promies Anna              | 1968 | GER | Hennefer TV                        | 57:11    | + 25:17 |
| 181  | 386  | Schulte-Gosewinkel Mirko  | 2000 | GER | Deutschland                        | 57:11    | + 25:17 |
| 183  | 387  | Lavender Cora             | 1996 | GER | Deutschland                        | 57:12    | + 25:18 |
| 184  | 388  | Ertel Jonas               | 2000 | GER | Die Gänseblümchen                  | 57:17    | + 25:23 |
| 185  | 389  | Krull Lina                | 2001 | GER | Deutschland                        | 57:26    | + 25:32 |
| 186  | 380  | Rottländer Thomas         | 1957 | GER | Familie Rottländer                 | 57:29    | + 25:35 |
| 187  | 391  | Stöcker Alexandra         | 1993 | GER | FlaminGolden DC Hennef             | 57:41    | + 25:47 |
| 188  | 393  | Hilsmann-Otten Sabine     | 1971 | GER | Deutschland                        | 57:43    | + 25:49 |
| 189  | 394  | Haas Patrick              | 1969 | GER | Erste Hennefer KG                  | 57:46    | + 25:52 |
| 190  | 392  | Kinnart Christian         | 1981 | GER | Kraftvoll Functional Training GmbH | 57:47    | + 25:53 |
| 191  | 390  | Haupt Jessica             | 1980 | GER | Deutschland                        | 57:49    | + 25:55 |
| 192  | 395  | Friedrich Rick            | 1996 | GER | Malteser                           | 58:07    | + 26:13 |
| 192  | 396  | Rose Fiona                | 1996 | GER | Malteser                           | 58:07    | + 26:13 |
| 194  | 404  | Christen Katrin           | 1981 | GER | GGG Hanftal                        | 58:08    | + 26:14 |
| 195  | 398  | Koch Peter                | 1962 | GER | Boomer                             | 58:24    | + 26:30 |
| 196  | 397  | Lassen Dörte              | 1975 | GER | Deutschland                        | 58:25    | + 26:31 |
| 197  | 399  | Inger Sebastian           | 1987 | GER | Deutschland                        | 58:26    | + 26:32 |
| 198  | 407  | Messner Joern             | 1974 | GER | Deutschland                        | 58:27    | + 26:33 |
| 199  | 402  | Hammes Nils               | 1991 | GER | Deutschland                        | 58:31    | + 26:37 |
| 200  | 405  | Johrden Kim               | 1998 | GER | Deutschland                        | 58:38    | + 26:44 |
| 201  | 403  | Miklis Sebastian          | 1981 | GER | Deutschland                        | 58:42    | + 26:48 |
| 201  | 409  | Theis Torben              | 1989 | GER | Firma Herchenbach                  | 58:42    | + 26:48 |
| 203  | 400  | de Meester Rita           | 1977 | GER | Deutschland                        | 58:43    | + 26:49 |
| 203  | 413  | Strothmann-Breuer Mareike | 1989 | GER | Lauffreunde Stall Strothmann       | 58:43    | + 26:49 |
| 205  | 401  | Schlarbaum Ingolf         | 1973 | GER | Dorfgemeinschaft Lauthausen        | 58:46    | + 26:52 |
| 205  | 412  | Fellhölder Jost           | 1999 | GER | Die Gänseblümchen                  | 58:46    | + 26:52 |
| 207  | 410  | Schiffer Svenja           | 2001 | GER | Deutschland                        | 58:47    | + 26:53 |
| 208  | 406  | Nowak Matteo              | 1999 | GER | Deutschland                        | 58:48    | + 26:54 |
| 209  | 417  | Ruland Rebecca            | 1983 | GER | Deutschland                        | 58:55    | + 27:01 |
| 209  | 418  | Ruland Andreas            | 1983 | GER | Deutschland                        | 58:55    | + 27:01 |
| 211  | 414  | von Diemar Vincent        | 1999 | GER | Deutschland                        | 58:58    | + 27:04 |
| 212  | 415  | Hetterich Marcus          | 1990 | GER | Firma Herchenbach                  | 59:00    | + 27:06 |
| 213  | 408  | Sayk Vanessa              | 1987 | GER | Deutschland                        | 59:01    | + 27:07 |
| 214  | 416  | Knoblich Benjamin         | 1982 | GER | Deutschland                        | 59:03    | + 27:09 |
| 215  | 411  | Göbel Jana                | 1989 | GER | Kraftvoll Functional Training GmbH | 59:06    | + 27:12 |
| 216  | 419  | Weitemeier Andrea         | 1968 | GER | Troisdorfer LG M.U.T.              | 59:16    | + 27:22 |
| 217  | 420  | von Padberg Sophie        | 2003 | GER | PSG Wiesenhof-Hennef e.V.          | 59:35    | + 27:41 |
| 217  | 424  | Tatus Michael             | 1971 | GER | Deutschland                        | 59:35    | + 27:41 |
| 219  | 431  | Hemmersbach Kai           | 1989 | GER | #SOLARISIERER                      | 59:39    | + 27:45 |
| 220  | 421  | Butschek Christin         | 1987 | GER | Deutschland                        | 59:42    | + 27:48 |
| 220  | 422  | Janson Mareike            | 1978 | GER | PSG Wiesenhof-Hennef e.V.          | 59:42    | + 27:48 |
| 220  | 423  | Böckeler Thomas           | 1958 | GER | Team Böki                          | 59:42    | + 27:48 |
| 223  | 434  | Brock Julia               | 2002 | GER | #SOLARISIERER                      | 59:46    | + 27:52 |
| 224  | 425  | Pöppl Torsten             | 1977 | GER | Deutschland                        | 59:54    | + 28:00 |
| 225  | 435  | Frenzel Dorothee          | 1984 | GER | Deutschland                        | 1:00:00  | + 28:06 |

10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M24, M39, M30, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                   | Jg   | Nat | Verein  | Leistung | Diff    |
|------|------|------------------------|------|-----|---|----------|---------|
| 226  | 426  | Günther Lea            | 2002 | GER | Die laufenden Enten   | 1:00:02  | + 28:08 |
| 226  | 433  | Rings Anna             | 1990 | GER | Deutschland   | 1:00:02  | + 28:08 |
| 228  | 432  | Heppe Maria            | 1987 | GER | Deutschland   | 1:00:04  | + 28:10 |
| 229  | 428  | Stanke Julia           | 1965 | GER | Funcnetics  | 1:00:06  | + 28:12 |
| 229  | 429  | Olgemann Sandra        | 1965 | GER | Funcnetics  | 1:00:06  | + 28:12 |
| 231  | 427  | Kongjoni-Pappe Elona   | 1979 | GER | Kronos Aktiv Club   | 1:00:09  | + 28:15 |
| 232  | 430  | Schmidt Rober          | 1980 | GER | Kraftvoll Functional<br>Training GmbH   | 1:00:18  | + 28:24 |
| 233  | 436  | Thielen Lena           | 2003 | GER | Stadtwerke Hennef   | 1:00:23  | + 28:29 |
| 234  | 437  | Friedrichs Jörg        | 1972 | GER | F&L   | 1:00:26  | + 28:32 |
| 235  | 438  | Grass Jutta            | 1979 | GER | Funcnetics  | 1:00:50  | + 28:56 |
| 236  | 439  | Schneider Miriam       | 1977 | GER | Eitorf  | 1:00:52  | + 28:58 |
| 237  | 443  | Hartmann Thomas        | 1960 | GER | Deutschland   | 1:01:04  | + 29:10 |
| 238  | 440  | Linse Hannah           | 2000 | GER | Kraftvoll Functional<br>Training GmbH   | 1:01:16  | + 29:22 |
| 238  | 442  | Schmickler Sandra      | 1979 | GER | Laufftreff SV Windhagen   | 1:01:16  | + 29:22 |
| 240  | 452  | Qunaj Alush            | 1990 | GER | Firma Herchenbach   | 1:01:22  | + 29:28 |
| 241  | 441  | Rottländer Christian   | 1962 | GER | Familie Rottländer  | 1:01:25  | + 29:31 |
| 242  | 448  | Schiefen Stephanie     | 1976 | GER | Zatopek Eitorf  | 1:01:26  | + 29:32 |
| 242  | 449  | Fröhling Martina       | 1973 | GER | Zatopek Eitorf  | 1:01:26  | + 29:32 |
| 244  | 444  | Andres Simone          | 1982 | GER | Eitorf  | 1:01:29  | + 29:35 |
| 245  | 445  | Kuhn Michael           | 1996 | GER | Firma Herchenbach   | 1:01:31  | + 29:37 |
| 246  | 446  | Wüst Hans Werner       | 1950 | GER | Deutschland   | 1:01:36  | + 29:42 |
| 247  | 450  | Detsch Lea Christin    | 1998 | GER | Deutschland   | 1:01:37  | + 29:43 |
| 247  | 453  | Starck Daniela         | 1976 | GER | LLG St. Augustin  | 1:01:37  | + 29:43 |
| 249  | 456  | Promies Julian         | 1996 | GER | Deutschland   | 1:01:49  | + 29:55 |
| 250  | 458  | Mantler Edward         | 1998 | GER | Deutschland   | 1:01:51  | + 29:57 |
| 250  | 459  | Hoppe Emely            | 2001 | GER | Deutschland   | 1:01:51  | + 29:57 |
| 252  | 447  | Korn Markus            | 1983 | GER | Deutschland   | 1:01:53  | + 29:59 |
| 253  | 460  | Eickmanns Michael      | 1980 | GER | Malteser  | 1:02:04  | + 30:10 |
| 254  | 451  | Tiede Alexandra        | 1968 | GER | 1.FC Spich  | 1:02:12  | + 30:18 |
| 255  | 463  | Moos Kathrin           | 1982 | GER | K.V. Die<br>Westerwaldsterne<br>Tanzcorps Blau Weiß<br>Uckerath e.V. von 1969 | 1:02:13  | + 30:19 |
| 256  | 455  | Töttler Marika         | 1981 | GER | Deutschland   | 1:02:14  | + 30:20 |
| 257  | 454  | Diehl Heinz-Georg      | 1959 | GER | Kronos  | 1:02:15  | + 30:21 |
| 258  | 457  | Zander Nico            | 1976 | GER | Deutschland   | 1:02:20  | + 30:26 |
| 259  | 461  | Kümpel Tom             | 2005 | GER | Deutschland   | 1:02:24  | + 30:30 |
| 260  | 464  | Wegener Leni           | 2009 | GER | Deutschland   | 1:02:38  | + 30:44 |
| 261  | 462  | Souza Parra Alejandro  | 1993 | GER | Deutschland   | 1:02:43  | + 30:49 |
| 262  | 465  | Fedder Jacqueline      | 1992 | GER | Jansen Bürosysteme<br>GmbH & Co. KG   | 1:02:52  | + 30:58 |
| 262  | 466  | Schenke Lena           | 2002 | GER | Malteser  | 1:02:52  | + 30:58 |
| 264  | 468  | Czabanyi-Kiss Dorottya | 1990 | GER | Deutschland   | 1:02:55  | + 31:01 |
| 265  | 467  | Hertel Kevin           | 2007 | GER | Deutschland   | 1:02:58  | + 31:04 |
| 266  | 469  | Hertel Olga            | 1981 | GER | Deutschland   | 1:03:04  | + 31:10 |
| 267  | 470  | Müller Sven            | 1980 | GER | Deutschland   | 1:03:05  | + 31:11 |
| 268  | 476  | Poppe Karl-Heinz       | 1959 | GER | Lauffreunde Stall<br>Strothmann   | 1:03:27  | + 31:33 |
| 269  | 471  | Diaconn Maria          | 1981 | GER | Deutschland   | 1:03:32  | + 31:38 |
| 270  | 472  | Engel Daniela          | 1983 | GER | Deutschland   | 1:03:44  | + 31:50 |

10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M24, M39, M30, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                     | Jg   | Nat | Verein                             | Leistung | Diff    |
|------|------|--------------------------|------|-----|------------------------------------|----------|---------|
| 271  | 477  | Jansen Marieke           | 1999 | GER | Die Gänseblümchen                  | 1:03:45  | + 31:51 |
| 272  | 474  | Halm Alexander           | 1986 | GER | Deutschland                        | 1:03:51  | + 31:57 |
| 273  | 473  | Henscheid Romina         | 1991 | GER | Deutschland                        | 1:03:52  | + 31:58 |
| 273  | 475  | Staub Marco              | 1977 | GER | Deutschland                        | 1:03:52  | + 31:58 |
| 275  | 478  | Drunck Maximilian        | 1991 | GER | Deutschland                        | 1:04:08  | + 32:14 |
| 275  | 479  | Niederstein Maximilian   | 1992 | GER | Deutschland                        | 1:04:08  | + 32:14 |
| 275  | 480  | Kapitza Simon            | 1991 | GER | Deutschland                        | 1:04:08  | + 32:14 |
| 278  | 485  | Drolshagen Lara          | 1985 | GER | Deutschland                        | 1:04:32  | + 32:38 |
| 279  | 483  | Stauf Tim                | 2001 | GER | Deutschland                        | 1:04:38  | + 32:44 |
| 279  | 484  | Vierheilig Anabelle      | 2000 | GER | Deutschland                        | 1:04:38  | + 32:44 |
| 281  | 481  | Heinelt Stephan          | 1969 | GER | Deutschland                        | 1:04:42  | + 32:48 |
| 282  | 482  | Reinicke Frank           | 1971 | GER | Hennefer TV                        | 1:04:54  | + 33:00 |
| 283  | 488  | Tintelnot Cornelius      | 1985 | GER | Firma Herchenbach                  | 1:05:16  | + 33:22 |
| 284  | 487  | Rust Marisa              | 2003 | GER | Malteser                           | 1:05:34  | + 33:40 |
| 285  | 486  | Thiel Martin             | 1975 | GER | Kraftvoll Hennef                   | 1:05:43  | + 33:49 |
| 286  | 489  | Lütkeuhme Udo            | 1960 | GER | 1.FC Spich Lauftreff               | 1:06:13  | + 34:19 |
| 287  | 491  | Wegener Dennis           | 1981 | GER | Deutschland                        | 1:06:21  | + 34:27 |
| 288  | 490  | Schmidt Thomas           | 1990 | GER | 1.FC Spich                         | 1:06:26  | + 34:32 |
| 289  | 492  | Moteka Hanna             | 1997 | GER | Die laufenden Enten                | 1:06:31  | + 34:37 |
| 289  | 494  | Moteka Markus            | 1971 | GER | Die laufenden Enten                | 1:06:31  | + 34:37 |
| 291  | 493  | Gerl Daniel Henry        | 1994 | GER | Deutschland                        | 1:06:45  | + 34:51 |
| 292  | 495  | Kindsvater Andre         | 1990 | GER | Deutschland                        | 1:06:51  | + 34:57 |
| 293  | 499  | Fichtner Florian         | 2000 | GER | Deutschland                        | 1:07:11  | + 35:17 |
| 294  | 496  | Faulenbach Lena          | 2000 | GER | Deutschland                        | 1:07:16  | + 35:22 |
| 295  | 497  | Buchholz Heike           | 1978 | GER | Kraftvoll Functional Training GmbH | 1:07:23  | + 35:29 |
| 296  | 498  | Buchholz Gereon          | 1978 | GER | Kraftvoll Functional Training GmbH | 1:07:24  | + 35:30 |
| 297  | 501  | van Well Emily           | 2000 | GER | Deutschland                        | 1:07:30  | + 35:36 |
| 298  | 502  | Flock Ann                | 1951 | GER | Deutschland                        | 1:07:31  | + 35:37 |
| 299  | 504  | Schiefen Jörg            | 1976 | GER | Zatopek Eitorf                     | 1:07:37  | + 35:43 |
| 300  | 500  | Große Saskia             | 1995 | GER | Funcnetics                         | 1:07:38  | + 35:44 |
| 301  | 506  | Zitz Richard             | 1997 | GER | #SOLARISIERER                      | 1:07:43  | + 35:49 |
| 302  | 505  | Neubert Malou            | 2010 | GER | Deutschland                        | 1:07:53  | + 35:59 |
| 303  | 508  | Apostologlou Nektarios   | 1981 | GER | Firma Herchenbach                  | 1:07:58  | + 36:04 |
| 304  | 503  | Wietbrock Nadine         | 1978 | GER | Deutschland                        | 1:08:05  | + 36:11 |
| 305  | 509  | Graebert Johanna         | 1966 | GER | Deutschland                        | 1:08:22  | + 36:28 |
| 306  | 510  | Fedder Christiane        | 1966 | GER | Jansen Bürosysteme GmbH & Co. KG   | 1:08:28  | + 36:34 |
| 307  | 507  | Völzgen Laura            | 1980 | GER | Deutschland                        | 1:08:30  | + 36:36 |
| 308  | 514  | Anders David             | 1994 | GER | #SOLARISIERER                      | 1:08:35  | + 36:41 |
| 309  | 511  | Goldenstern Max          | 2010 | GER | Gesamtschule Hennef-West           | 1:08:36  | + 36:42 |
| 310  | 515  | Lichtenberg Philipp      | 1996 | GER | #SOLARISIERER                      | 1:08:38  | + 36:44 |
| 311  | 512  | Fischer Michael          | 1961 | GER | Deutschland                        | 1:08:41  | + 36:47 |
| 312  | 513  | Hoffmann Renate          | 1965 | GER | Stadtwerke Hennef                  | 1:08:42  | + 36:48 |
| 313  | 516  | Bolle Meike              | 1985 | GER | #SOLARISIERER                      | 1:08:51  | + 36:57 |
| 314  | 518  | Siepen Romy              | 2000 | GER | Die Gänseblümchen                  | 1:09:33  | + 37:39 |
| 315  | 517  | Meyendriesch Claudia     | 1958 | GER | Deutschland                        | 1:09:38  | + 37:44 |
| 316  | 519  | Olbert Markus            | 1961 | GER | Team Laufcampus                    | 1:10:08  | + 38:14 |
| 317  | 520  | Promies Marina Elisabeth | 1994 | GER | Deutschland                        | 1:10:36  | + 38:42 |
| 318  | 522  | Herbst Fabian            | 1991 | GER | Deutschland                        | 1:11:21  | + 39:27 |

10km Straßenlauf, W21, W16, M17, M31, M28, W39, W42, W43, M49, M41, W31, W59, W41, M63, W26, M42, M39, M38, M52, M33, M43, M26, M21, W22, W27, M53, M66, W64, W56, M34, W25, M24, M25, W24, W46, M46, W47, M42, M47, M19, M16, M27, W32, W58, W48, W51, W36, M51, M59, M57, W34, M54, M48, M32, W33, W29, M61, M69, M23, W49, M37, W23, M29, W20, M22, M20, M67, M62, W28, W26, W44, W19, M56, M71, M64, W38, M58, W73, W52, W37, W53, M74, M78, W67, W76, M15, M14, W15, W14, M13, M12, M30, M35, W30, W35, M40, M45, W40, W45, M50, M55, W50, M60, M65 - Fortsetzung

Länge: 10km - Zeitläufe

| Rang | StNr | Name                    | Jg   | Nat | Verein                             | Leistung | Diff    |
|------|------|-------------------------|------|-----|------------------------------------|----------|---------|
| 318  | 523  | Adis Lorenz             | 1991 | GER | Deutschland                        | 1:11:21  | + 39:27 |
| 320  | 521  | Böckeler Tina           | 1960 | GER | Team Böki                          | 1:11:26  | + 39:32 |
| 320  | 524  | Bartel Manuel           | 1985 | GER | Firma Herchenbach                  | 1:11:26  | + 39:32 |
| 322  | 525  | Siepen Alexa            | 2000 | GER | Die Gänseblümchen                  | 1:12:22  | + 40:28 |
| 323  | 528  | Hollenstein Michael     | 1979 | GER | Deutschland                        | 1:12:25  | + 40:31 |
| 324  | 526  | Naylor Ilona            | 1977 | GER | Kraftvoll Functional Training GmbH | 1:12:46  | + 40:52 |
| 324  | 529  | Thielen Alexandra       | 1973 | GER | Stadtwerke Hennef                  | 1:12:46  | + 40:52 |
| 324  | 531  | Weller Nils             | 2002 | GER | Stadtwerke Hennef                  | 1:12:46  | + 40:52 |
| 327  | 532  | Kandetzki Adriane       | 1990 | GER | #SOLARISIERER                      | 1:12:50  | + 40:56 |
| 328  | 527  | Gilberg Peter           | 1982 | GER | Kraftvoll Functional Training GmbH | 1:12:58  | + 41:04 |
| 329  | 530  | Dr. Werner Claudia      | 1965 | GER | Stephanies Running Team            | 1:13:13  | + 41:19 |
| 330  | 533  | Schmertmann Sylvia      | 1976 | GER | dieSchweinehunde                   | 1:14:40  | + 42:46 |
| 330  | 534  | Luhm Judith             | 1988 | GER | dieSchweinehunde                   | 1:14:40  | + 42:46 |
| 332  | 535  | Olbert Lea              | 2000 | GER | Deutschland                        | 1:14:47  | + 42:53 |
| 333  | 536  | Hahs Eveline            | 1958 | GER | Team Laufcampus                    | 1:15:32  | + 43:38 |
| 334  | 539  | Wipperfürth Lelia-Marie | 2004 | GER | Deutschland                        | 1:16:04  | + 44:10 |
| 335  | 537  | Hüffer Bernd            | 1946 | GER | Deutschland                        | 1:16:05  | + 44:11 |
| 335  | 538  | Bongartz Ulrich         | 1953 | GER | Deutschland                        | 1:16:05  | + 44:11 |
| 337  | 540  | Detsch Eva Josefin      | 2002 | GER | Deutschland                        | 1:17:31  | + 45:37 |
| 338  | 541  | Bothe Katrin            | 1957 | GER | SSV                                | 1:18:50  | + 46:56 |
| 339  | 542  | Menzel Wolfgang         | 1955 | GER | LLG St. Augustin                   | 1:19:07  | + 47:13 |
| 340  | 543  | Raabe Nils              | 1997 | GER | #SOLARISIERER                      | 1:19:21  | + 47:27 |
| 341  | 544  | Fiebig Christopher      | 1997 | GER | Malteser                           | 1:19:50  | + 47:56 |

Halbmarathon, W21, M17, M42, M33, M31, M34, M28, M43, W39, W42, W47, W43, M41, M49, M37, W30, W59, M48, W41, M44, M63, W66, M39, M52, W24, M26, M21, W22, W27, M53, M66, W25, M24, M25, M46, M47, M16, M19, M27, W32, M51, W48, W51, M36, M59, M57, M54, M32, W33, M61, M23, W49, M29, M22, M20, W28, W26, W44, W19, W18, M56, M68, M71, M64, W38, M58, W73, W52, W67, M30, M35, W30, M40, M45, W40, M55, W50, M60, M65, W60, W65, M70

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name                 | Jg   | Nat | Verein                | Leistung | Diff    |
|------|------|----------------------|------|-----|-----------------------|----------|---------|
| 1    | 1    | Miereczko Maciek     | 1979 | GER | Lg Donatus Ertstadt   | 1:15:23  |         |
| 2    | 2    | von Martial Simon    | 1988 | GER | LSF Münster           | 1:16:49  | + 1:26  |
| 3    | 3    | Braun Alexander      | 2001 | GER | Bröltaler SC 03       | 1:19:31  | + 4:08  |
| 3    | 4    | Engel Timothy        | 1985 | GER | LT Ennert Bonn        | 1:19:31  | + 4:08  |
| 5    | 5    | Meuser Jonas         | 1989 | GER | Deutschland           | 1:20:26  | + 5:03  |
| 6    | 6    | Beelitz Christian    | 1981 | GER | LAZ Rhein-Sieg        | 1:21:23  | + 6:00  |
| 7    | 7    | Blaise-Sohnins Adele | 1985 | GER | LAZ Rhein-Sieg        | 1:24:23  | + 9:00  |
| 8    | 8    | Gudemski Michael     | 1985 | GER | Deutschland           | 1:24:52  | + 9:29  |
| 9    | 9    | Balla Jimmy          | 1983 | GER | TRI-POWER Rhein Sieg  | 1:25:03  | + 9:40  |
| 10   | 10   | Fender Frederic      | 1985 | GER | ECB Running Section   | 1:25:55  | + 10:32 |
| 11   | 11   | Hunold Maximilian    | 1989 | GER | FC St. Pauli Marathon | 1:27:20  | + 11:57 |
| 12   | 12   | Grohmann Jens        | 1980 | GER | G&P StB               | 1:27:46  | + 12:23 |
| 13   | 13   | Klenner Felix        | 1998 | GER | #TeamUniBonn          | 1:31:40  | + 16:17 |
| 14   | 14   | Tokarek Kai          | 2005 | GER | Reeser SC             | 1:31:46  | + 16:23 |
| 15   | 15   | Lache Felix          | 2005 | GER | Deutschland           | 1:33:45  | + 18:22 |
| 16   | 16   | Walter Lukas         | 1999 | GER | Deutschland           | 1:34:05  | + 18:42 |
| 17   | 17   | Schwedhelm Heiko     | 1987 | GER | Deutschland           | 1:34:26  | + 19:03 |
| 18   | 18   | Lixfeld Simon        | 1978 | GER | Deutschland           | 1:36:10  | + 20:47 |



Halbmarathon, W21, M17, M42, M33, M31, M34, M28, M43, W39, W42, W47, W43, M41, M49, M37, W31, W59, M48, W41, M44, M63, W66, M39, M52, W24, M26, M21, W22, W27, M53, M66, W25, M24, M25, M46, M47, M16, M19, M27, W32, M51, W48, W51, M36, M59, M57, M54, M32, W33, M61, M23, W49, M29, M22, M20, W28, W26, W44, W19, W18, M56, M68, M71, M64, W38, M58, W73, W52, W67, M30, M35, W30, M40, M45, W40, M55, W50, M60, M65, W60, W65, M70 - Fortsetzung

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name                   | Jg   | Nat | Verein                             | Leistung | Diff    |
|------|------|------------------------|------|-----|------------------------------------|----------|---------|
| 19   | 19   | Dr. Zur Nieden Henning | 1972 | GER | Erste Hennefer KG                  | 1:37:39  | + 22:16 |
| 20   | 20   | Lenze Jakob            | 2000 | GER | Deutschland                        | 1:39:00  | + 23:37 |
| 21   | 22   | Gerkum Ralf            | 1969 | GER | LLG St. Augustin                   | 1:39:06  | + 23:43 |
| 22   | 21   | Rastaturin Stanislav   | 1982 | GER | Deutschland                        | 1:39:15  | + 23:52 |
| 23   | 23   | Koch Fabian            | 2002 | GER | Deutschland                        | 1:39:53  | + 24:30 |
| 24   | 24   | Ermis Hasan            | 1990 | GER | Deutschland                        | 1:40:05  | + 24:42 |
| 25   | 25   | Möhlmann David         | 1985 | GER | Kraftvoll Functional Training GmbH | 1:40:08  | + 24:45 |
| 26   | 27   | Heinemeyer Martin      | 1980 | GER | Deutschland                        | 1:40:58  | + 25:35 |
| 27   | 26   | Bartig Nils            | 1998 | GER | Die Gänseblümchen                  | 1:41:07  | + 25:44 |
| 28   | 28   | Wagner Janick          | 1993 | GER | Deutschland                        | 1:41:11  | + 25:48 |
| 29   | 29   | Wiens Dietrich         | 1983 | GER | Deutschland                        | 1:41:20  | + 25:57 |
| 30   | 30   | Butyrskiy Zakhar       | 1976 | GER | DW Sport plus e.V.                 | 1:41:29  | + 26:06 |
| 31   | 31   | Kornas Noel            | 2008 | GER | Reeser SC                          | 1:41:45  | + 26:22 |
| 32   | 32   | Ritzerfeld Thomas      | 1984 | GER | Gesamtschule Hennef Meiersheide    | 1:42:18  | + 26:55 |
| 33   | 33   | Scheibe Artur          | 1996 | GER | Deutschland                        | 1:42:41  | + 27:18 |
| 34   | 34   | Mues Suri              | 1983 | GER | Deutschland                        | 1:44:06  | + 28:43 |
| 35   | 35   | Lampe Christoph        | 1990 | GER | ; DROP TABLE runners;              | 1:44:21  | + 28:58 |
| 36   | 36   | Brors Stefan           | 1971 | GER | Skiclub Troisdorf                  | 1:44:28  | + 29:05 |
| 37   | 37   | Scholz Stephan         | 1969 | GER | Deutschland                        | 1:44:51  | + 29:28 |
| 38   | 38   | Walter Alexander       | 1991 | GER | Firma Herchenbach                  | 1:44:53  | + 29:30 |
| 39   | 39   | Frahmke Finn           | 2001 | GER | Deutschland                        | 1:44:55  | + 29:32 |
| 40   | 40   | Morris Simon           | 1980 | GER | Deutschland                        | 1:45:05  | + 29:42 |
| 41   | 41   | Schade Ralf            | 1963 | GER | Deutschland                        | 1:45:39  | + 30:16 |
| 42   | 42   | Seggewies Gerald       | 1971 | GER | Deutschland                        | 1:46:01  | + 30:38 |
| 43   | 43   | Sandmann Marius        | 1998 | GER | Deutschland                        | 1:46:21  | + 30:58 |
| 44   | 45   | Heilmann Lukas         | 1999 | GER | LAZ Rhein-Sieg                     | 1:46:26  | + 31:03 |
| 45   | 46   | Reichart Fabian        | 1993 | GER | Firma Herchenbach                  | 1:46:34  | + 31:11 |
| 46   | 44   | Schneider Christian    | 1983 | GER | Deutschland                        | 1:46:35  | + 31:12 |
| 47   | 47   | Abitorabi Kian         | 2000 | GER | Deutschland                        | 1:46:41  | + 31:18 |
| 48   | 48   | Otten Ingo             | 1970 | GER | Deutschland                        | 1:46:43  | + 31:20 |
| 49   | 49   | Hamdan Marwan          | 1973 | GER | 1. Godesberger Judo Club e.v.      | 1:46:51  | + 31:28 |
| 50   | 50   | Schricker Hendrik      | 1998 | GER | Deutschland                        | 1:46:58  | + 31:35 |
| 51   | 51   | van Son Arnout         | 1966 | GER | LT Siebengebirge                   | 1:47:07  | + 31:44 |
| 52   | 53   | Henkel Andreas         | 1988 | GER | Deutschland                        | 1:48:18  | + 32:55 |
| 53   | 54   | Thiebes Matthias       | 1982 | GER | Kastanienschule                    | 1:48:24  | + 33:01 |
| 53   | 55   | Schreich Eva           | 1977 | GER | Fronrunner Cologne                 | 1:48:24  | + 33:01 |
| 55   | 52   | Kariyawasam Christina  | 1981 | GER | Deutschland                        | 1:48:29  | + 33:06 |
| 56   | 56   | Schnell Lukas          | 2004 | GER | Deutschland                        | 1:48:39  | + 33:16 |
| 57   | 57   | Güler Sedat            | 1991 | GER | leguano                            | 1:48:41  | + 33:18 |
| 57   | 58   | Fuhr Jule              | 2005 | GER | Deutschland                        | 1:48:41  | + 33:18 |
| 59   | 59   | Freigang Klaus         | 1994 | GER | Deutschland                        | 1:49:11  | + 33:48 |
| 60   | 60   | Hermann Alain          | 1980 | GER | FC Schwadorf                       | 1:49:20  | + 33:57 |
| 60   | 61   | Schmidt Oliver         | 1977 | GER | Deutschland                        | 1:49:20  | + 33:57 |
| 62   | 62   | Clemens Nils           | 2004 | GER | LG Rhein wied                      | 1:49:33  | + 34:10 |
| 63   | 64   | Hundertmark Marit      | 1997 | GER | Deutschland                        | 1:49:35  | + 34:12 |
| 64   | 63   | Christ Denis           | 1985 | GER | Deutschland                        | 1:49:36  | + 34:13 |
| 65   | 67   | Scheffler Nils         | 2002 | GER | Deutschland                        | 1:50:08  | + 34:45 |
| 66   | 65   | Wegner Matthias        | 1980 | GER | #teamkölschemeile                  | 1:50:18  | + 34:55 |
| 66   | 66   | Hochgürtel Patricia    | 1982 | GER | Deutschland                        | 1:50:18  | + 34:55 |

Halbmarathon, W21, M17, M42, M33, M31, M34, M28, M43, W39, W42, W47, W43, M41, M49, M37, W31, W59, M48, M40, W41, M44, M63, W66, M39, M52, W24, M26, M21, W22, W27, M53, M66, W25, M24, M25, M46, M47, M16, M19, M27, W32, M51, W48, W51, M36, M59, M57, M54, M32, W33, M61, M23, W49, M29, M22, M20, W28, W26, W44, W19, W18, M56, M68, M71, M64, W38, M58, W73, W52, W67, M30, M35, W30, M40, M45, W40, M55, W50, M60, M65, W60, W65, M70 - Fortsetzung

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name              | Jg   | Nat | Verein                    | Leistung | Diff    |
|------|------|-------------------|------|-----|---------------------------|----------|---------|
| 68   | 68   | Diehl Julia       | 1991 | GER | Deutschland               | 1:50:24  | + 35:01 |
| 69   | 69   | Klein Alexandra   | 1974 | GER | TPSK 1925 e.V             | 1:50:53  | + 35:30 |
| 70   | 70   | Dreesbach Max     | 1987 | GER | Deutschland               | 1:50:59  | + 35:36 |
| 71   | 71   | Lennartz Birgit   | 1965 | GER | LLG St. Augustin          | 1:51:09  | + 35:46 |
| 72   | 72   | Da Silva Raúl     | 2005 | GER | Fritz-Bauer-Gesamtschule  | 1:51:21  | + 35:58 |
| 73   | 73   | Dulkies Tobias    | 1993 | GER | leguano                   | 1:51:37  | + 36:14 |
| 74   | 74   | Fritz Lea         | 1999 | GER | Deutschland               | 1:52:19  | + 36:56 |
| 75   | 75   | Storz Johannes    | 1999 | GER | Deutschland               | 1:52:35  | + 37:12 |
| 76   | 76   | Sabbagh Chadi     | 1987 | GER | LT Hennef/Sieg            | 1:53:19  | + 37:56 |
| 77   | 78   | Subramanian Suria | 2002 | GER | Deutschland               | 1:53:45  | + 38:22 |
| 78   | 77   | Heinrich Paul     | 2008 | GER | Deutschland               | 1:53:51  | + 38:28 |
| 79   | 80   | Auerbach Noah     | 2008 | GER | Deutschland               | 1:54:22  | + 38:59 |
| 80   | 79   | Leven Matthias    | 1991 | GER | Deutschland               | 1:54:26  | + 39:03 |
| 81   | 81   | Peltzer Jan-Eric  | 2001 | GER | Deutschland               | 1:54:50  | + 39:27 |
| 82   | 83   | Steinhauer Jörg   | 1970 | GER | Deutschland               | 1:55:15  | + 39:52 |
| 83   | 85   | Möseler Kristin   | 1993 | GER | LT Hennef/Sieg            | 1:55:22  | + 39:59 |
| 84   | 87   | Wank Michael      | 1969 | GER | LT Hennef/Sieg            | 1:55:23  | + 40:00 |
| 85   | 82   | Müller Daniel     | 2001 | GER | Deutschland               | 1:55:33  | + 40:10 |
| 86   | 84   | Alkan Cem         | 1990 | GER | Malteser                  | 1:55:36  | + 40:13 |
| 87   | 86   | Diederich Mareike | 2000 | GER | Die Gänseblümchen         | 1:55:38  | + 40:15 |
| 88   | 88   | Dickau Rainer     | 1976 | GER | Deutschland               | 1:56:14  | + 40:51 |
| 89   | 89   | Dörr Leah         | 1994 | GER | Funcnetics                | 1:56:23  | + 41:00 |
| 89   | 91   | Drewes Katja      | 1980 | GER | Deutschland               | 1:56:23  | + 41:00 |
| 91   | 90   | Salchert Wolfgang | 1959 | GER | SRP Steuer Bonn           | 1:56:34  | + 41:11 |
| 92   | 92   | Schmidt Akim      | 1997 | GER | Deutschland               | 1:56:50  | + 41:27 |
| 93   | 94   | Moullion Sascha   | 1976 | GER | Funcnetics                | 1:56:55  | + 41:32 |
| 94   | 93   | Scheiff Stefan    | 1979 | GER | SV Erfttal 80 eV          | 1:56:59  | + 41:36 |
| 95   | 95   | Gunter Christine  | 1982 | GER | Deutschland               | 1:57:26  | + 42:03 |
| 96   | 96   | Diemer Claudius   | 1969 | GER | Deutschland               | 1:57:29  | + 42:06 |
| 97   | 97   | Kalbfuß Lisa      | 1994 | GER | Deutschland               | 1:57:34  | + 42:11 |
| 97   | 98   | Gresista Lasse    | 1996 | GER | Deutschland               | 1:57:34  | + 42:11 |
| 99   | 99   | Latzelsberger Jan | 1973 | GER | Deutschland               | 1:58:05  | + 42:42 |
| 100  | 100  | Gehle Christopher | 1996 | GER | Deutschland               | 1:58:09  | + 42:46 |
| 101  | 102  | Niekrawietz Peter | 1968 | GER | Deutschland               | 1:58:32  | + 43:09 |
| 102  | 101  | Exposito Alberto  | 1988 | GER | Deutschland               | 1:58:39  | + 43:16 |
| 103  | 104  | Hambuch Günther   | 1975 | GER | Runtastical               | 1:59:01  | + 43:38 |
| 104  | 103  | Bourauel Peter    | 1977 | GER | Deutschland               | 1:59:10  | + 43:47 |
| 105  | 105  | Tomme Anita       | 2000 | GER | Deutschland               | 1:59:34  | + 44:11 |
| 106  | 108  | Kirsch Maik       | 1965 | GER | Amitabha Nepal Hilfe e.V. | 1:59:51  | + 44:28 |
| 107  | 110  | Eikenberg Marc    | 1969 | GER | Der viereckige Hai        | 1:59:54  | + 44:31 |
| 108  | 106  | Euler Moritz      | 1998 | GER | Deutschland               | 1:59:55  | + 44:32 |
| 109  | 109  | Dinspel Ellen     | 1980 | GER | Deutschland               | 2:00:05  | + 44:42 |
| 110  | 114  | Becker Caroline   | 1957 | GER | Parkrun Rheinaue          | 2:00:12  | + 44:49 |
| 111  | 112  | John Kathrin      | 1996 | GER | Deutschland               | 2:00:15  | + 44:52 |
| 112  | 107  | Katzner René      | 1979 | GER | Deutschland               | 2:00:19  | + 44:56 |
| 113  | 111  | Diedrichs Fionn   | 2003 | GER | Deutschland               | 2:00:20  | + 44:57 |
| 114  | 113  | Dick Thomas       | 1988 | GER | Deutschland               | 2:00:30  | + 45:07 |
| 115  | 116  | Wick Reiner       | 1983 | GER | Deutschland               | 2:00:55  | + 45:32 |
| 116  | 115  | Rink Daniel       | 1977 | GER | 1. FC Köln                | 2:00:58  | + 45:35 |
| 117  | 117  | Klör Thilo        | 1995 | GER | leguano                   | 2:01:32  | + 46:09 |
| 118  | 118  | van Loo Christian | 1959 | GER | Deutschland               | 2:02:02  | + 46:39 |

Halbmarathon, W21, M17, M42, M33, M31, M34, M28, M43, W39, W42, W47, W43, M41, M49, M37, W31, W34, M48, M40, W41, M44, M63, W66, M39, M52, W24, M26, M21, W22, W27, M53, M66, W25, M24, M25, M46, M47, M16, M19, M27, W32, M51, W48, W51, M36, M59, M57, M54, M32, W33, M61, M23, W49, M29, M22, M20, W28, W26, W44, W19, W18, M56, M68, M71, M64, W38, M58, W73, W52, W67, M30, M35, W30, M40, M45, W40, M55, W50, M60, M65, W60, W65, M70 - Fortsetzung

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name               | Jg   | Nat | Verein                   | Leistung | Diff      |
|------|------|--------------------|------|-----|--------------------------|----------|-----------|
| 119  | 119  | Lüling Friedrich   | 1963 | GER | Deutschland              | 2:02:26  | + 47:03   |
| 120  | 120  | Wiesner Cornelia   | 1982 | GER | Deutschland              | 2:02:32  | + 47:09   |
| 121  | 121  | Lesch Barbara      | 1981 | GER | GE Hennef Meiersheide    | 2:03:09  | + 47:46   |
| 122  | 122  | Neuenhöfer Simon   | 1984 | GER | Deutschland              | 2:03:25  | + 48:02   |
| 123  | 123  | Warzecha Christian | 1977 | GER | Kathringe Runners        | 2:03:27  | + 48:04   |
| 124  | 124  | Kania Markus       | 1968 | GER | HTV                      | 2:03:31  | + 48:08   |
| 125  | 125  | Fiedler Jens       | 1977 | GER | Deutschland              | 2:03:50  | + 48:27   |
| 126  | 126  | Dicty Carla        | 1984 | GER | Kastanienschule          | 2:04:07  | + 48:44   |
| 127  | 127  | Marcon Caro        | 1981 | GER | Fronrunner Cologne       | 2:04:16  | + 48:53   |
| 128  | 129  | Winkler Anne       | 1985 | GER | Deutschland              | 2:04:30  | + 49:07   |
| 129  | 128  | Weisbach Heike     | 1975 | GER | LT Hennef/Sieg           | 2:04:33  | + 49:10   |
| 130  | 131  | Schulz Jakob       | 1978 | GER | Deutschland              | 2:04:39  | + 49:16   |
| 131  | 130  | Clavey Sophie      | 2000 | GER | Deutschland              | 2:04:42  | + 49:19   |
| 132  | 132  | Einheuser Sarah    | 1993 | GER | Deutschland              | 2:04:58  | + 49:35   |
| 133  | 134  | Wietbrock Sven     | 1967 | GER | Deutschland              | 2:05:40  | + 50:17   |
| 134  | 135  | Albrecht Inga      | 1972 | GER | Homberger TV             | 2:05:45  | + 50:22   |
| 135  | 133  | Alshiko Giwan      | 1982 | GER | leguano                  | 2:05:51  | + 50:28   |
| 136  | 137  | Christen Sebastian | 1983 | GER | GGs Hanftal              | 2:05:58  | + 50:35   |
| 137  | 136  | Brzozowska Joanna  | 1973 | GER | Deutschland              | 2:06:02  | + 50:39   |
| 138  | 138  | Kazemi Hesam       | 2004 | GER | Deutschland              | 2:06:52  | + 51:29   |
| 139  | 139  | Fitz Lina          | 1999 | GER | KRAFT runners            | 2:07:02  | + 51:39   |
| 140  | 140  | Worcinski Johanna  | 1998 | GER | Deutschland              | 2:07:11  | + 51:48   |
| 141  | 141  | Artner Daniel      | 1978 | GER | Deutschland              | 2:07:29  | + 52:06   |
| 142  | 142  | Walter Michael     | 1969 | GER | Deutschland              | 2:07:43  | + 52:20   |
| 143  | 143  | Eidam Philipp      | 1992 | GER | Deutschland              | 2:07:57  | + 52:34   |
| 144  | 144  | Röhm Felix         | 1981 | GER | Deutschland              | 2:08:10  | + 52:47   |
| 145  | 145  | Lange Hartmut      | 1959 | GER | Deutschland              | 2:08:25  | + 53:02   |
| 146  | 146  | Klinkhammer Jürgen | 1956 | GER | Deutschland              | 2:08:38  | + 53:15   |
| 147  | 148  | Lang Luca          | 2003 | GER | Deutschland              | 2:11:13  | + 55:50   |
| 148  | 147  | Zlotos Karina      | 1976 | GER | Deutschland              | 2:11:29  | + 56:06   |
| 149  | 149  | Bunsen Oliver      | 1969 | GER | Gazellen vom Niederrhein | 2:11:46  | + 56:23   |
| 150  | 150  | Busch Fabian       | 1992 | GER | leguano                  | 2:11:54  | + 56:31   |
| 150  | 151  | Bergmann David     | 1991 | GER | Deutschland              | 2:11:54  | + 56:31   |
| 152  | 154  | Jedich Sascha      | 1990 | GER | Firma Herchenbach        | 2:12:48  | + 57:25   |
| 152  | 155  | Frankel Ian        | 1969 | GER | Firma Herchenbach        | 2:12:48  | + 57:25   |
| 154  | 153  | Müller Matthias    | 1990 | GER | Firma Herchenbach        | 2:12:49  | + 57:26   |
| 155  | 152  | Gavrilovs Toms     | 1996 | GER | Deutschland              | 2:13:06  | + 57:43   |
| 156  | 158  | Müller Dennis      | 1991 | GER | SV Allner - Bödingen     | 2:13:07  | + 57:44   |
| 157  | 156  | Hänkl Michael      | 1973 | GER | Deutschland              | 2:13:13  | + 57:50   |
| 157  | 157  | Theis Roman        | 1971 | GER | TuS Eisenroth            | 2:13:13  | + 57:50   |
| 159  | 159  | Eikenberg Marc     | 1969 | GER | Der viereckige Hai       | 2:14:51  | + 59:28   |
| 160  | 160  | Lewis Michael      | 1967 | GER | Deutschland              | 2:15:24  | + 1:00:01 |
| 161  | 161  | Hoffmeister Rainer | 1954 | GER | RW Essen                 | 2:15:45  | + 1:00:22 |
| 162  | 162  | Nölleke Robert     | 1985 | GER | Deutschland              | 2:16:01  | + 1:00:38 |
| 163  | 164  | Brüning Ludger     | 1964 | GER | Ski-Club Beckum          | 2:17:22  | + 1:01:59 |
| 164  | 163  | Euler Nina         | 2000 | GER | Deutschland              | 2:17:24  | + 1:02:01 |
| 165  | 165  | Coböken Ralf       | 1968 | GER | Deutschland              | 2:18:22  | + 1:02:59 |
| 166  | 166  | Lohmberg Viviane   | 1992 | GER | leguano                  | 2:19:34  | + 1:04:11 |
| 167  | 167  | Frohnhofer Nils    | 1980 | GER | Der viereckige Hai       | 2:19:40  | + 1:04:17 |
| 168  | 168  | Kunkel Uwe         | 1961 | GER | Der viereckige Hai       | 2:19:47  | + 1:04:24 |
| 169  | 169  | Wolframm Birte     | 2003 | GER | Kronos                   | 2:19:48  | + 1:04:25 |

Halbmarathon, W21, M17, M42, M33, M31, M34, M28, M43, W39, W42, W47, W43, M41, M49, M37, W31, W59, M48, W41, M44, M63, W66, M39, M52, W24, M26, M21, W22, W27, M53, M66, W25, M24, M25, M46, M47, M16, M19, M27, W32, M51, W48, W51, M36, M59, M57, M54, M32, W33, M61, M23, W49, M29, M22, M20, W28, W26, W44, W19, W18, M56, M68, M71, M64, W38, M58, W73, W52, W67, M30, M35, W30, M40, M45, W40, M55, W50, M60, M65, W60, W65, M70 - Fortsetzung

Länge: 21,098km - Zeitläufe

| Rang | StNr | Name                   | Jg   | Nat | Verein                           | Leistung | Diff      |
|------|------|------------------------|------|-----|----------------------------------|----------|-----------|
| 170  | 170  | Bate Andrew            | 1967 | GER | Deutschland                      | 2:20:10  | + 1:04:47 |
| 171  | 171  | Stobb Daniel           | 1995 | GER | Deutschland                      | 2:21:58  | + 1:06:35 |
| 172  | 172  | Hamdan Binke           | 1976 | GER | 1. Godesberger Judo Club<br>e.v. | 2:22:25  | + 1:07:02 |
| 173  | 173  | Morgenstern Fano       | 1953 | GER | Deutschland                      | 2:22:56  | + 1:07:33 |
| 174  | 174  | Rovers Ani             | 1982 | GER | Deutschland                      | 2:23:56  | + 1:08:33 |
| 175  | 175  | Braun Andreas          | 1969 | GER | Bröltaler SC 03                  | 2:24:08  | + 1:08:45 |
| 176  | 176  | Holzappel Stefan       | 1960 | GER | Deutschland                      | 2:24:20  | + 1:08:57 |
| 177  | 177  | Berger Joachim         | 1958 | GER | Hennefer TV                      | 2:24:51  | + 1:09:28 |
| 178  | 178  | Rickhoff Katja         | 1983 | GER | Team Sheldon                     | 2:25:43  | + 1:10:20 |
| 179  | 179  | Vollmann Simone        | 1986 | GER | Deutschland                      | 2:26:59  | + 1:11:36 |
| 180  | 180  | Deuter Eva             | 2006 | GER | Deutschland                      | 2:28:26  | + 1:13:03 |
| 181  | 181  | Klass Benno            | 2002 | GER | leguano                          | 2:29:10  | + 1:13:47 |
| 182  | 182  | Boelen-Theile Claus    | 1966 | GER | Deutschland                      | 2:29:57  | + 1:14:34 |
| 183  | 183  | Stanitzok Andreas      | 1983 | GER | Deutschland                      | 2:31:08  | + 1:15:45 |
| 184  | 184  | Dean Paul              | 1967 | GER | Deutschland                      | 2:31:38  | + 1:16:15 |
| 185  | 185  | Raunick Reiner         | 1959 | GER | Deutschland                      | 2:36:30  | + 1:21:07 |
| 186  | 186  | Schröder-Raunick Karin | 1951 | GER | Deutschland                      | 2:36:55  | + 1:21:32 |
| 187  | 187  | Förderer Karl          | 1954 | GER | Deutschland                      | 2:39:35  | + 1:24:12 |
| 188  | 188  | Engel Stefan           | 1987 | GER | Deutschland                      | 2:41:09  | + 1:25:46 |
| 189  | 189  | Höndgesberg Rolf       | 1960 | GER | TV Hangelar                      | 2:41:52  | + 1:26:29 |
| 189  | 190  | Jurkschat Karlheinz    | 1956 | GER | Deutschland                      | 2:41:52  | + 1:26:29 |
| 191  | 191  | Brunner Aike           | 1983 | GER | Deutschland                      | 2:51:41  | + 1:36:18 |
| 191  | 192  | Fuchs Sebastian        | 1983 | GER | Deutschland                      | 2:51:41  | + 1:36:18 |
| 193  | 193  | Schumann Ralf          | 1967 | GER | Deutschland                      | 2:58:53  | + 1:43:30 |
| 193  | 194  | Schumann Angela        | 1972 | GER | Deutschland                      | 2:58:53  | + 1:43:30 |
| 195  | 195  | Meyer Matthew          | 2007 | GER | Gesamtschule Hennef-<br>West     | 2:59:34  | + 1:44:11 |
| 196  | 196  | Schwan Hendrik         | 2008 | GER | Gesamtschule Hennef-<br>West     | 2:59:35  | + 1:44:12 |
| 197  | 197  | Gati Corina            | 1984 | GER | leguano                          | 3:01:36  | + 1:46:13 |
| 197  | 198  | Giessler Marina        | 1958 | GER | leguano                          | 3:01:36  | + 1:46:13 |
| 199  | 199  | Bermardy Ilona         | 1959 | GER | leguano                          | 3:11:14  | + 1:55:51 |
| 200  | 200  | Mann Elisabeth         | 1998 | GER | leguano                          | 3:15:32  | + 2:00:09 |
| 201  | 201  | Shayea Mohammad        | 1995 | GER | leguano                          | 3:20:50  | + 2:05:27 |
| 202  | 202  | Schulz Ulrike          | 1980 | GER | leguano                          | 3:21:10  | + 2:05:47 |
| 202  | 203  | Lucas-Mende Margitta   | 1964 | GER | leguano                          | 3:21:10  | + 2:05:47 |