

5km Straßenlauf, Alle Klassen

25.08.2024 / 10:00

Länge: 5km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff | |
|------|-------|------------------------------|------|-----|----------------------------------|----------|--------|-----|
| 1 | 1501 | HAUSBURG Marcel | 2000 | GER | Ausdauer-Sportverein Duisburg | 16:10 | | |
| 2 | 1558 | KIENE Lara | 1999 | GER | LG Hamm | 16:11 | + 0:01 | PB |
| 3 | 1556 | RÖTTGER Niklas | 2005 | GER | Marathon-Club Menden | 16:23 | + 0:13 | SB |
| 4 | 1923 | VOOS Marius | 2007 | GER | Hildener AT Triathlon | 16:49 | + 0:39 | |
| 5 | 1559 | WELLER Philipp | 1995 | GER | Vegan Runners | 16:53 | + 0:43 | |
| 6 | 1886 | BUDDENBERG Kai | 1994 | GER | Marathon-Club Menden | 16:56 | + 0:46 | |
| 7 | 1502 | SCHÄPERKLAUS Sarah | 2000 | GER | Marathon-Club Menden | 17:08 | + 0:58 | PB |
| 8 | 1565 | KÖSTER Hubertus | 1996 | GER | (Gevelsberg) | 17:26 | + 1:16 | |
| 9 | 1560 | SEPUTIS Simonas | 2000 | GER | LT Stoppenberg e.V. | 17:29 | + 1:19 | |
| 10 | 1562 | RUDNICK Marius | 1993 | GER | (Ennepetal) | 17:33 | + 1:23 | |
| 11 | 1564 | JESINGHAUS Marvin | 1998 | GER | TV Refrath | 17:38 | + 1:28 | SB |
| 12 | 1924 | SCHNEIDER Jan | 1979 | GER | | 17:44 | + 1:34 | |
| 13 | 1586 | SHELLENBERG Dennis | 1982 | GER | (Dortmund) | 17:58 | + 1:48 | |
| 14 | 1912 | MEYER Finn | 2006 | GER | SG Dortmund-Süd | 18:19 | + 2:09 | |
| 15 | 1833 | SERIO Maximilian Johannes | 2001 | GER | Marathon-Club Menden | 18:24 | + 2:14 | |
| 16 | 1567 | VETHAKE Leo | 2000 | GER | KdK | 18:25 | + 2:15 | |
| 17 | 1568 | BOUTLER Pavel | 2001 | GER | LG Hamm | 18:29 | + 2:19 | =PB |
| 18 | 1850 | STEINHOFF Christian | 1989 | GER | Marathon-Club Menden | 18:30 | + 2:20 | =SB |
| 19 | 1563 | MÜLLER Lena | 1998 | GER | TG Melbach | 18:32 | + 2:22 | |
| 20 | 1566 | SCHRÖDER Frank | 1968 | GER | TV Refrath | 18:43 | + 2:33 | =SB |
| 21 | 1576 | GOTTSCHLICH Fabian | 1998 | GER | Run Squad Dortmund | 18:44 | + 2:34 | |
| 22 | 1569 | KERSTING Marco | 1984 | GER | TV Wattenscheid 01 | 18:47 | + 2:37 | PB |
| 22 | 1919 | KUBERKA Niklas | 2007 | GER | LG Hamm | 18:47 | + 2:37 | =PB |
| 24 | 1572 | KROLL Kai | 1994 | GER | LC Rapid Dortmund | 18:49 | + 2:39 | =PB |
| 25 | 1811 | MODENBACH Quentin | 2010 | GER | LG Olympia Dortmund | 18:54 | + 2:44 | PB |
| 26 | 1561 | KÖLLNER Niklas | 1999 | GER | Milers Colonia 2020 | 19:13 | + 3:03 | |
| 27 | 1571 | TRAUTMANN Tom | 2000 | GER | LG Hamm | 19:17 | + 3:07 | |
| 28 | 1573 | DE ANGELIS Lynn | 2008 | GER | LSF Münster | 19:18 | + 3:08 | =PB |
| 29 | 1587 | BIERNACZYK Armin | 1968 | GER | (Dortmund) | 19:32 | + 3:22 | |
| 30 | 1869 | WIECHERS Franka | 2004 | GER | SSF Bonn | 19:37 | + 3:27 | |
| 30 | 1930 | BÖCKMANN Lennart | 1995 | GER | LG Hamm | 19:37 | + 3:27 | =PB |
| 32 | 1604 | HÖLTER Sven | 1987 | GER | (Dortmund) | 19:54 | + 3:44 | |
| 33 | 1505 | ASSEBURG Guido | 1976 | GER | Marathon Soest | 19:56 | + 3:46 | |
| 34 | 1894 | DOGAN Murat | 1975 | GER | Ayyo-Team Essen | 19:57 | + 3:47 | =PB |
| 35 | 1570 | GRASS René | 1967 | GER | TV Refrath | 20:00 | + 3:50 | |
| 36 | 1577 | BESOK Burák | 1989 | GER | Burakbes Running | 20:08 | + 3:58 | |
| 37 | 1899 | EL FAKIR Elias | 2010 | GER | LAZ Iserlohn | 20:11 | + 4:01 | |
| 38 | 1579 | MENZEL Daniel | 1989 | GER | (Hagen) | 20:13 | + 4:03 | |
| 39 | 1503 | SCHRÖRS-RUNO Thomas | 1973 | GER | Seidenraupen Krefeld | 20:14 | + 4:04 | =PB |
| 40 | 1812 | STOLLE Stefan | 1983 | GER | LAZ Iserlohn | 20:42 | + 4:32 | |
| 40 | 1900 | EL FAKIR Yonas | 2010 | GER | LAZ Iserlohn | 20:42 | + 4:32 | |
| 42 | 1926 | KUKULIES Karsten | 1983 | GER | Marathon-Club Menden | 20:48 | + 4:38 | =PB |
| 43 | 1591 | LEININGER David | 1990 | GER | LAZ Iserlohn | 20:54 | + 4:44 | =SB |
| 44 | 1575 | GRIESSMEIER Jerome | 1977 | GER | Hamburg Running | 21:00 | + 4:50 | =PB |
| 45 | 1597 | PASTUSHENKO Ihor | 1984 | GER | (Paderborn) | 21:05 | + 4:55 | |
| 46 | 1934 | BELLER Roman | 1983 | GER | bunert Dortmund Runningteam | 21:07 | + 4:57 | |
| 46 | 10007 | BRAUN Kim | 1995 | GER | bunert Dortmund Runningteam | 21:07 | + 4:57 | |
| 48 | 1925 | KEMGUEP Brice Arnold | 1995 | GER | PV Triathlon TG Witten | 21:15 | + 5:05 | |
| 49 | 1887 | WECKELMANN Matthias | 1983 | GER | PV Triathlon TG Witten | 21:18 | + 5:08 | |
| 50 | 1838 | TRAUTMANN Ben | 1999 | GER | LG Hamm | 21:20 | + 5:10 | =PB |
| 51 | 1507 | KLIEM Christian | 1981 | GER | (Essen) | 21:21 | + 5:11 | |

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| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff | |
|------|------|----------------------|------|-----|-----------------------------|----------|--------|-----|
| 51 | 1611 | HENRICH Markus | 1962 | GER | Plasmaservice Europe GmbH | 21:21 | + 5:11 | |
| 53 | 1506 | GROSSE Benjamin | 1978 | GER | (Dortmund) | 21:22 | + 5:12 | |
| 53 | 1883 | CLYNICK Luke | 1987 | GER | (Dortmund) | 21:22 | + 5:12 | |
| 55 | 1790 | DEFONTAINE Jennifer | 1986 | GER | TV Haßlinghausen | 21:32 | + 5:22 | |
| 56 | 1592 | HAMPEL Ingo | 1971 | GER | LAZ Iserlohn | 21:37 | + 5:27 | |
| 56 | 1829 | GOTTSCHLICH Fabian | 1998 | GER | DSW21 | 21:37 | + 5:27 | |
| 58 | 1595 | GEBAUER Bernd | 1965 | GER | LG Olympia Dortmund | 21:38 | + 5:28 | =SB |
| 58 | 1599 | KIRCHHELLE Alina | 1995 | GER | Bunert Dortmund | 21:38 | + 5:28 | |
| 60 | 1606 | NIEHUS Daniel | 1983 | GER | LG Hamm | 21:41 | + 5:31 | |
| 61 | 1873 | KLINKMANN Daniel | 1994 | GER | (Hagen) | 21:45 | + 5:35 | |
| 62 | 1596 | JUNKLEWITZ Sebastian | 1986 | GER | (Hemer) | 21:47 | + 5:37 | |
| 63 | 1608 | KASPRZYNSKI Jakob | 2007 | GER | (Dortmund) | 21:49 | + 5:39 | |
| 64 | 1827 | TENBROCK Melvin | 2001 | GER | DSW21 | 21:51 | + 5:41 | |
| 65 | 1609 | KIENE Lucia | 1999 | GER | LG Hamm | 21:56 | + 5:46 | =PB |
| 65 | 1791 | MÜLLER Patrick | 1979 | GER | Athletic Perl | 21:56 | + 5:46 | =SB |
| 67 | 1633 | GÜMÜS Sevket | 1979 | GER | (Dortmund) | 21:58 | + 5:48 | |
| 68 | 1820 | SCHÜRMANN Jörg | 1967 | GER | LAZ Iserlohn | 22:03 | + 5:53 | =SB |
| 69 | 1601 | GERLAND Charlotte | 2008 | GER | PSV Kassel | 22:07 | + 5:57 | |
| 70 | 1712 | RÖTTCHEN Dirk | 1971 | GER | PACE PACK RUNNERS | 22:10 | + 6:00 | |
| 71 | 1610 | HORAND Tim | 2002 | GER | Die Strammen Sauerländer | 22:15 | + 6:05 | |
| 72 | 1511 | HÖLTERS Nici | 1991 | GER | Seidenraupen Krefeld | 22:17 | + 6:07 | |
| 72 | 1804 | OKROJ Nico | 2002 | GER | (Bielefeld) | 22:17 | + 6:07 | |
| 74 | 1170 | ODENTHAL Max | 1993 | GER | (Unna) | 22:18 | + 6:08 | |
| 75 | 1600 | RENNERT Jona | 2012 | GER | (Dortmund) | 22:19 | + 6:09 | |
| 76 | 1593 | RODLOFF Gudrun | 1965 | GER | LG Hamm | 22:20 | + 6:10 | |
| 77 | 1607 | SPRENGLER Philipp | 1983 | GER | (Bochum) | 22:21 | + 6:11 | |
| 78 | 1764 | KULBE Fabian | 1992 | GER | (Lünen) | 22:26 | + 6:16 | |
| 79 | 1574 | KILIMANN Michael | 1970 | GER | Kemnader See Parkrun | 22:27 | + 6:17 | |
| 80 | 1613 | BOJARRA Meike | 1991 | GER | TuS 09 Erkenschwick | 22:28 | + 6:18 | |
| 81 | 1618 | RAOUDI Khadija | 1971 | GER | LAZ Iserlohn | 22:30 | + 6:20 | =PB |
| 82 | 1893 | RETTENEGGER Liudmila | 1969 | GER | SK Rueckenwind Innsbruck | 22:36 | + 6:26 | |
| 83 | 1624 | LESNEWSKI Mark | 1982 | GER | Haki-Schmiede | 22:43 | + 6:33 | |
| 84 | 1612 | JABSS Irene | 1984 | GER | (Werne) | 22:47 | + 6:37 | |
| 85 | 1658 | DREIKAUSS Jörg | 1976 | GER | (Dortmund) | 22:50 | + 6:40 | |
| 86 | 1617 | TAMILIA Angela | 1977 | GER | Bottivated | 22:55 | + 6:45 | |
| 87 | 1615 | NACHTIGÄLLER Jürgen | 1967 | GER | Standard Werl | 22:57 | + 6:47 | |
| 88 | 1594 | KUCHENBUCH Christian | 1980 | GER | Anchor Running Crew | 22:58 | + 6:48 | |
| 89 | 1841 | HAMPEL Dana | 2009 | GER | LAZ Iserlohn | 23:05 | + 6:55 | |
| 89 | 1842 | HAMPEL Sina | 2007 | GER | LAZ Iserlohn | 23:05 | + 6:55 | |
| 91 | 1551 | SOLIZADEH Pourya | 1998 | GER | SPARRINGPARTNERFO RYOU e.V. | 23:06 | + 6:56 | |
| 92 | 1605 | LEININGER Inga | 1992 | GER | LAZ Iserlohn | 23:12 | + 7:02 | |
| 93 | 1921 | UBORECK Daniel | 1982 | GER | LGO Bochum | 23:13 | + 7:03 | |
| 94 | 1589 | CAN Fikri | 1980 | GER | LAZ Iserlohn | 23:15 | + 7:05 | |
| 95 | 1856 | TENBROCK Klaus | 1968 | GER | (Wesel) | 23:24 | + 7:14 | |
| 96 | 1927 | PIEPER Ralph | 1971 | GER | Union Settmecke | 23:26 | + 7:16 | |
| 97 | 1598 | MORSBACH Vanessa | 2004 | GER | TV Erkelenz | 23:40 | + 7:30 | |
| 98 | 1644 | DITTMEN Milli | 2010 | GER | (Dortmund) | 23:43 | + 7:33 | |
| 99 | 1547 | HILLENKAMP Steffen | 1980 | GER | TSC Running Crew | 23:49 | + 7:39 | |
| 99 | 1890 | RADIX Tilmann | 1988 | GER | (Dortmund) | 23:49 | + 7:39 | |
| 101 | 1896 | DÖWELING Alexander | 1987 | GER | (Dortmund) | 23:52 | + 7:42 | |
| 102 | 1689 | SCHÄFER Tim | 1984 | GER | Marathon-Club Menden | 23:54 | + 7:44 | |
| 103 | 1735 | PERMANA Tegar Diyado | 1993 | GER | (Aachen) | 23:56 | + 7:46 | |

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|------|-------|--------------------------|------|-----|------------------------|----------|---------|-----|
| 104 | 1821 | WROBEL Frank | 1965 | GER | DSW21 | 24:04 | + 7:54 | |
| 105 | 1581 | KEMMERLING Daniel | 1995 | GER | Urania Lütgendortmund | 24:06 | + 7:56 | |
| 105 | 1651 | SCHLEGEL Beate | 1979 | GER | (Recklinghausen) | 24:06 | + 7:56 | |
| 107 | 1602 | GRAUSAM Kersten Erich | 1967 | GER | LGO Bochum | 24:07 | + 7:57 | |
| 107 | 1621 | WOELKI Jens | 1968 | GER | LC Rapid Dortmund | 24:07 | + 7:57 | |
| 109 | 1648 | GRIESSMEIER Jean-Mathias | 1975 | GER | (Hamburg) | 24:10 | + 8:00 | |
| 110 | 1640 | BLAUSCHECK Manuel | 1990 | GER | TEAM TURTLES | 24:12 | + 8:02 | |
| 111 | 1652 | HÜNCHER Danilo | 1987 | GER | (Hamm) | 24:16 | + 8:06 | |
| 112 | 1929 | FRIEDRICH Alexander | 1992 | GER | (Dortmund) | 24:24 | + 8:14 | |
| 113 | 12205 | CIMANDER Oliver | 1971 | GER | Cimander Runners | 24:26 | + 8:16 | |
| 114 | 1637 | REYNDERS Esther | 1980 | GER | TSC Running Crew | 24:31 | + 8:21 | |
| 114 | 1653 | SCHLICHTER Leonie | 1999 | GER | (Dortmund) | 24:31 | + 8:21 | |
| 116 | 1657 | VENNHOFF Anna | 1995 | GER | TSC Running Crew | 24:38 | + 8:28 | |
| 117 | 1638 | LÜDER Vinzent | 1995 | GER | (Dortmund) | 24:44 | + 8:34 | |
| 118 | 1837 | RUDZKI Angelika | 1991 | GER | (Hamm) | 24:51 | + 8:41 | |
| 119 | 1646 | WEGNER Sabrina | 1990 | GER | PacePackRunners | 24:55 | + 8:45 | |
| 119 | 12406 | PETERSEN Eike | 1995 | GER | PV Triathlon TG Witten | 24:55 | + 8:45 | |
| 121 | 1684 | BUNGE Janina | 1984 | GER | (Dortmund) | 24:58 | + 8:48 | |
| 122 | 1895 | BULLER Timur | 2012 | GER | (Dortmund) | 25:01 | + 8:51 | |
| 123 | 1616 | VOLKMER Andreas | 1963 | GER | (Schwalmtal) | 25:04 | + 8:54 | |
| 124 | 1668 | KRETSCHMER Björn | 1974 | GER | TSC Running Crew | 25:13 | + 9:03 | |
| 125 | 1625 | KOST Laura | 1993 | GER | TSC Running Crew | 25:21 | + 9:11 | |
| 125 | 1797 | PUCHALLA Matthias | 1993 | GER | (Menden) | 25:21 | + 9:11 | |
| 127 | 1539 | HAGENKÖTTER Nils | 1980 | GER | (Dortmund) | 25:22 | + 9:12 | |
| 127 | 1645 | DITTGEN Pepe | 2010 | GER | (Dortmund) | 25:22 | + 9:12 | |
| 129 | 1631 | REINKE Tobias | 1997 | GER | (Dortmund) | 25:24 | + 9:14 | |
| 130 | 1514 | STANGE Carlotta | 2010 | GER | BVB Handball | 25:25 | + 9:15 | |
| 130 | 1738 | BRÄUCKER Jonas | 1997 | GER | (Dortmund) | 25:25 | + 9:15 | |
| 132 | 1504 | UHLENBROCK Maximilian | 2007 | GER | SG Eintracht Ergste | 25:26 | + 9:16 | =SB |
| 133 | 1679 | SCHEIBLE Daniel | 1997 | GER | (Dortmund) | 25:32 | + 9:22 | |
| 133 | 1871 | HORSTHEMKE Thomas | 1967 | GER | LSF-Unna-2000 | 25:32 | + 9:22 | |
| 135 | 1706 | HOLTMANN Markus | 1991 | GER | (Dortmund) | 25:37 | + 9:27 | |
| 136 | 1665 | VOSSEN Jennifer | 1990 | GER | TEAM TURTLES | 25:42 | + 9:32 | |
| 137 | 1619 | ZECHER Luisa | 1999 | GER | (Remscheid) | 25:43 | + 9:33 | |
| 137 | 1661 | MÖLLMANN Julia | 1979 | GER | (Dortmund) | 25:43 | + 9:33 | |
| 139 | 1683 | RANGOSCH Clarissa | 1990 | GER | (Recklinghausen) | 25:47 | + 9:37 | |
| 139 | 1853 | DROST Melanie | 1981 | GER | (Mering) | 25:47 | + 9:37 | |
| 141 | 1642 | DITTGEN Marc | 1979 | GER | (Dortmund) | 25:49 | + 9:39 | |
| 141 | 1659 | HINTZE Maira | 2000 | GER | (Ratingen) | 25:49 | + 9:39 | |
| 141 | 1739 | ROOCKE Mats | 2012 | GER | (Dortmund) | 25:49 | + 9:39 | |
| 144 | 1699 | SCHALLA Matteo | 2010 | GER | Citybasket | 25:52 | + 9:42 | |
| 145 | 1682 | VAN DE STRAAT Stephanie | 1977 | GER | TSC Running Crew | 25:53 | + 9:43 | |
| 146 | 1855 | MEISTER Valerie | 1992 | GER | (Ennepetal) | 25:59 | + 9:49 | |
| 147 | 1822 | MORIEL Jorge | 1972 | GER | DSW21 | 26:00 | + 9:50 | |
| 148 | 1667 | KÖLLERMEIER Marie | 1992 | GER | (Dortmund) | 26:04 | + 9:54 | |
| 148 | 1767 | ZÄNKER Dennis | 1985 | GER | (Bergkamen) | 26:04 | + 9:54 | |
| 150 | 1690 | MARKS Leoni | 1989 | GER | Kein | 26:07 | + 9:57 | |
| 151 | 1670 | PRANGE Tim | 1995 | GER | (Dortmund) | 26:16 | + 10:06 | |
| 152 | 1663 | KILISZEK Daniel | 1984 | GER | (Dortmund) | 26:17 | + 10:07 | |
| 153 | 1519 | BERNDT Daniela | 1983 | GER | (Lünen) | 26:29 | + 10:19 | |
| 153 | 1522 | VOSS Marc | 1976 | GER | (Dortmund) | 26:29 | + 10:19 | |
| 153 | 1736 | KOENEN David | 1995 | GER | (Wuppertal) | 26:29 | + 10:19 | |

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| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff |
|------|------|--------------------------|------|-----|------------------------------------------|----------|---------|
| 156 | 1880 | SCHRÖTER Gerrit | 1993 | GER | FunVorRun Witten | 26:30 | + 10:20 |
| 156 | 1881 | ERTELT Philip | 1996 | GER | (Dortmund) | 26:30 | + 10:20 |
| 158 | 1685 | SWADLO Lisa | 1994 | GER | (Meckenheim) | 26:31 | + 10:21 |
| 159 | 1627 | MEYER Melanie | 1981 | GER | (Dortmund) | 26:36 | + 10:26 |
| 160 | 1707 | MURAWSKI Philipp | 1993 | GER | (Dortmund) | 26:38 | + 10:28 |
| 161 | 1636 | MATTES Ina | 1982 | GER | Ausdauerschule bunert | 26:41 | + 10:31 |
| 162 | 1674 | GOHLA Michelle | 1986 | GER | (Recklinghausen) | 26:42 | + 10:32 |
| 163 | 1748 | SCHIDLOWSKI Romina | 1993 | GER | (Dortmund) | 26:48 | + 10:38 |
| 164 | 1675 | COZZA Nico | 1976 | GER | (Dortmund) | 26:49 | + 10:39 |
| 165 | 1717 | SCHMITZ Sha | 1990 | GER | Nils' Laufbunnies | 26:54 | + 10:44 |
| 166 | 1622 | PETERS Angelina | 1993 | GER | (Oer-Erkenschwick) | 26:57 | + 10:47 |
| 166 | 1664 | NIEHUES Manuel | 1984 | GER | DLRG Nordkirchen | 26:57 | + 10:47 |
| 168 | 1516 | VOSS Jan | 2007 | GER | (Dortmund) | 27:04 | + 10:54 |
| 168 | 1656 | SCHÖNIG Fabian | 1993 | GER | (Iserlohn) | 27:04 | + 10:54 |
| 168 | 1932 | BUTZKAMM Anne | 1979 | GER | Running Girls | 27:04 | + 10:54 |
| 171 | 1708 | SONDERMANN Stefan | 1992 | GER | (Dortmund) | 27:06 | + 10:56 |
| 171 | 1731 | DEMMEER Daniel | 1980 | GER | (Dortmund) | 27:06 | + 10:56 |
| 173 | 1700 | SCHALLA Rabea | 1979 | GER | (Recklinghausen) | 27:07 | + 10:57 |
| 173 | 1810 | KAMMER Rike | 2005 | GER | (Unna) | 27:07 | + 10:57 |
| 175 | 1999 | ROHDE Karsten | 1965 | GER | Lauf Team Unna | 27:09 | + 10:59 |
| 176 | 1517 | GASSER Annalena | 2001 | GER | (Dortmund) | 27:15 | + 11:05 |
| 176 | 1669 | TOMIKAWA Camila | 1987 | GER | (München) | 27:15 | + 11:05 |
| 178 | 1691 | WENZEL Frame | 1978 | GER | FunVorRun Witten | 27:18 | + 11:08 |
| 179 | 1673 | BERNDT Jimmy | 1987 | GER | (Bönen) | 27:22 | + 11:12 |
| 180 | 1758 | RIEDEL Volker | 1961 | GER | (Dortmund) | 27:29 | + 11:19 |
| 181 | 1742 | ROESE Stefanie | 1989 | GER | (Dortmund) | 27:31 | + 11:21 |
| 182 | 1043 | APOSTOLIDOU Georgia | 1986 | GER | (Dortmund) | 27:37 | + 11:27 |
| 183 | 1643 | DITTGEN Nina | 1979 | GER | (Dortmund) | 27:40 | + 11:30 |
| 183 | 1676 | KUHN Anke | 1986 | GER | (Dortmund) | 27:40 | + 11:30 |
| 185 | 1630 | CZARNECKI Lauren | 2000 | GER | (Hemer) | 27:45 | + 11:35 |
| 186 | 1723 | BOCK Janine | 1988 | GER | (Dortmund) | 27:46 | + 11:36 |
| 187 | 1710 | SHKODINA Svetlana | 1970 | GER | (Dortmund) | 27:50 | + 11:40 |
| 188 | 1696 | CHAN Ina | 1982 | GER | (Dortmund) | 27:51 | + 11:41 |
| 189 | 1681 | WILDÖER Anna | 1987 | GER | (Dortmund) | 27:53 | + 11:43 |
| 190 | 1534 | BEHRENDT Dagmar | 1964 | GER | (Unna) | 27:56 | + 11:46 |
| 191 | 1891 | KLACK Jens | 1988 | GER | (Dortmund) | 27:58 | + 11:48 |
| 192 | 1650 | BRAUN Franziska | 2000 | GER | (Dortmund) | 28:04 | + 11:54 |
| 193 | 1705 | EMDE Sabrina | 1988 | GER | (Waltrop) | 28:12 | + 12:02 |
| 194 | 1672 | MAHR Daniel | 1981 | GER | MH - Die Fachanwälte für Medizinrecht | 28:18 | + 12:08 |
| 195 | 1702 | RIEBE Hanna | 1994 | GER | (Dortmund) | 28:20 | + 12:10 |
| 196 | 1904 | SCHIMANSKI Ralf | 1966 | GER | Alt aber nicht veraltet | 28:21 | + 12:11 |
| 197 | 1531 | MIGAS Rainer | 1967 | GER | LGO Bochum | 28:23 | + 12:13 |
| 197 | 1922 | SCHIPKE Britta | 1977 | GER | | 28:23 | + 12:13 |
| 199 | 1728 | ROGGEL Janosch | 1995 | GER | (Arnsberg) | 28:30 | + 12:20 |
| 200 | 1680 | BRULAND Birgit | 1964 | GER | (Dortmund) | 28:32 | + 12:22 |
| 201 | 1614 | PTASSEK Pauline | 1997 | GER | (Tönisvorst) | 28:33 | + 12:23 |
| 201 | 1671 | BERG Johanna | 2000 | GER | (Dortmund) | 28:33 | + 12:23 |
| 203 | 1744 | SCHULZE GEMEN Barbara | 1997 | GER | (Dortmund) | 28:37 | + 12:27 |
| 204 | 1678 | RÖSLER Stefan | 1969 | GER | (Dortmund) | 28:41 | + 12:31 |
| 205 | 1697 | DERWALD Jutta | 1972 | GER | (Dortmund) | 28:42 | + 12:32 |
| 206 | 1711 | GÖSSER Alexander | 1984 | GER | (Iserlohn) | 28:44 | + 12:34 |
| 207 | 1935 | GÖSSER Jamie | 2012 | GER | | 28:45 | + 12:35 |
| 208 | 1750 | ROSE Heike | 1967 | GER | (Dortmund) | 28:47 | + 12:37 |

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|------|-------|----------------------|------|-----|------------------------------------------|----------|---------|
| 209 | 1518 | ZEBREK Andreas | 1965 | GER | Glück Auf Essen | 28:50 | + 12:40 |
| 210 | 1662 | SOLDO Ante | 1973 | GER | Pace Pack Runners | 28:55 | + 12:45 |
| 211 | 1649 | DÖRING David Nicolas | 1994 | GER | / | 29:04 | + 12:54 |
| 212 | 1746 | THÜSSING Astrid | 1975 | GER | #kommandofischfrikadelle | 29:10 | + 13:00 |
| 212 | 1785 | AHRENS Ryka | 2002 | GER | (Holzwickede) | 29:10 | + 13:00 |
| 214 | 1698 | DERWALD Jochen | 1973 | GER | (Dortmund) | 29:13 | + 13:03 |
| 215 | 1732 | BREFRIED Sarah | 1988 | GER | (Hamm) | 29:17 | + 13:07 |
| 216 | 1920 | BURKHARDT Eileen | 1973 | GER | Pace Pack Runners | 29:18 | + 13:08 |
| 217 | 1296 | KERSTHOLT Eva | 1977 | GER | Pace Pack Runners | 29:19 | + 13:09 |
| 217 | 1741 | HUTH Christian | 1979 | GER | Tri-Geckos Dortmund e.V. | 29:19 | + 13:09 |
| 219 | 1525 | OFFERGELD Melanie | 1980 | GER | (Selm) | 29:33 | + 13:23 |
| 219 | 1526 | MISCHKE Angelina | 2007 | GER | (Selm) | 29:33 | + 13:23 |
| 221 | 1776 | BUNGARTEN Nina | 1985 | GER | (Dortmund) | 29:45 | + 13:35 |
| 222 | 1529 | HARTMANN Nele | 2005 | GER | (Iserlohn) | 29:47 | + 13:37 |
| 223 | 1512 | SCHULTE Fabian | 1999 | GER | (Kirchhundem) | 29:48 | + 13:38 |
| 224 | 1794 | SCHWANITZ Alexander | 1978 | GER | (Dortmund) | 29:52 | + 13:42 |
| 225 | 1768 | SCHEIBLE Marie | 2000 | GER | (Langenfeld) | 29:53 | + 13:43 |
| 226 | 1647 | MEYER Jacqueline | 1995 | GER | (Dortmund) | 29:54 | + 13:44 |
| 227 | 1928 | KOCH Simon | 1985 | GER | | 29:59 | + 13:49 |
| 228 | 1695 | KÖHNE Katja | 1977 | GER | Viermärker Dortmund | 30:01 | + 13:51 |
| 229 | 1528 | KETTMANN Calvin | 1999 | GER | (Dortmund) | 30:08 | + 13:58 |
| 229 | 12013 | BULLER Olga | 1985 | GER | (Dortmund) | 30:08 | + 13:58 |
| 231 | 1773 | TISCHNER Matthias | 1970 | GER | (Haltern am See) | 30:10 | + 14:00 |
| 231 | 1788 | MIKA Christian | 1993 | GER | (Marl) | 30:10 | + 14:00 |
| 233 | 12999 | KÖNIG Jasmin | 1998 | GER | LT Tecklenburg | 30:13 | + 14:03 |
| 234 | 1756 | SCHOLZ Margarethe | 1985 | GER | (Dortmund) | 30:15 | + 14:05 |
| 235 | 1905 | ZILLE Jeanette | 1970 | GER | Alt aber nicht veraltet | 30:22 | + 14:12 |
| 236 | 1726 | KULBE Nadine | 1989 | GER | (Lünen) | 30:27 | + 14:17 |
| 237 | 1743 | PASTUSHENKO Dmytro | 2010 | GER | (Paderborn) | 30:28 | + 14:18 |
| 238 | 1666 | TRAUTMANN Marcel | 1982 | GER | (Münster) | 30:35 | + 14:25 |
| 239 | 1524 | SCHLENKERT Sebastian | 1985 | GER | Ausdauerschule bunert | 30:41 | + 14:31 |
| 240 | 1520 | REIMANN Marco | 1974 | GER | Ausdauerschule bunert | 30:42 | + 14:32 |
| 241 | 1550 | JACOB Birgit | 1967 | GER | (Dortmund) | 30:46 | + 14:36 |
| 242 | 1839 | BRACK Heribert | 1955 | GER | LG Olymia Dortmund | 30:47 | + 14:37 |
| 243 | 1849 | KOHN Christoph | 1981 | GER | MH - Die Fachanwälte für Medizinrecht | 30:48 | + 14:38 |
| 244 | 1754 | WURZALLA Jessie | 1996 | GER | (Essen) | 30:49 | + 14:39 |
| 245 | 1757 | LENNEMANN Stephan | 1969 | GER | Ausdauerschule bunert | 30:54 | + 14:44 |
| 246 | 1836 | LERCHE Anna Sophia | 1995 | GER | (Hamm) | 30:55 | + 14:45 |
| 247 | 1523 | LÖCKEN Jan | 1996 | GER | (Breckerfeld) | 31:01 | + 14:51 |
| 247 | 1540 | GRZEGORCZYK Sandra | 1976 | GER | (Dortmund) | 31:01 | + 14:51 |
| 249 | 1536 | GIERING Charmaine | 1979 | GER | (Dortmund) | 31:10 | + 15:00 |
| 250 | 1737 | CLAUSEN Kristin | 1980 | GER | (Dortmund) | 31:12 | + 15:02 |
| 251 | 1178 | CLAUSEN Björn | 1979 | GER | (Dortmund) | 31:14 | + 15:04 |
| 252 | 1906 | HUIJBERS Carsten | 1972 | GER | Alt aber nicht veraltet | 31:17 | + 15:07 |
| 253 | 1753 | HEICK Dennis | 1992 | GER | (Kamen) | 31:21 | + 15:11 |
| 254 | 1692 | BOMBA Jan | 1967 | GER | BBL Boleslawiec | 31:22 | + 15:12 |
| 255 | 1749 | HORAND Martin | 1966 | GER | Die Strammen Sauerländer | 31:27 | + 15:17 |
| 256 | 1769 | SADLOWSKI Anne | 1987 | GER | (Remscheid) | 31:35 | + 15:25 |
| 256 | 1770 | SADLOWSKI Oliver | 1977 | GER | (Remscheid) | 31:35 | + 15:25 |
| 258 | 1714 | STEPHAN Pamela | 1975 | GER | (Haltern am See) | 31:41 | + 15:31 |
| 258 | 1752 | KOENEN Diana | 1967 | GER | - | 31:41 | + 15:31 |
| 260 | 1747 | KARWIK Michael | 1972 | GER | BEEF BOYS BRACKEL | 31:42 | + 15:32 |
| 261 | 1412 | BAADEN Elena | 1978 | GER | (Dortmund) | 31:47 | + 15:37 |
| 262 | 1763 | PASCH Celina | 2000 | GER | (Ratingen) | 32:14 | + 16:04 |

5km Straßenlauf, Alle Klassen - Fortsetzung

25.08.2024 / 10:00

Länge: 5km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff |
|------|-------|-----------------------|------|-----|-------------------------------------|----------|---------|
| 263 | 1713 | YONASHIRO Mellina | 1992 | GER | (Berlin) | 32:21 | + 16:11 |
| 264 | 1936 | HOEGEN-LEIST Caro | 1991 | GER | Pace Pack Runners | 32:33 | + 16:23 |
| 265 | 1772 | SCHRAUDER Nicole | 1973 | GER | (Dortmund) | 32:34 | + 16:24 |
| 266 | 1535 | WALLMEYER Johanna | 2000 | GER | (Dortmund) | 32:40 | + 16:30 |
| 267 | 1521 | NAUJOKAT Tom | 2007 | GER | (Dortmund) | 32:43 | + 16:33 |
| 268 | 1781 | REHE Kathrin | 1969 | GER | (Wermelskirchen) | 33:09 | + 16:59 |
| 269 | 1761 | POSDZIECH Svenja | 1990 | GER | Bergziegen | 33:20 | + 17:10 |
| 270 | 1759 | REITERER Sophie | 1998 | GER | (Castrop-Rauxel) | 33:25 | + 17:15 |
| 271 | 1777 | WADWA Jai | 2011 | GER | (Dortmund) | 33:26 | + 17:16 |
| 272 | 1931 | KUHL Fritz | 1967 | GER | | 33:32 | + 17:22 |
| 273 | 1789 | KUDELKO Johanna | 1976 | GER | (Dortmund) | 33:33 | + 17:23 |
| 274 | 1542 | GERAU Kirstin | 1970 | GER | (Menden) | 33:34 | + 17:24 |
| 275 | 1537 | NAUJOKAT Doris | 1976 | GER | (Dortmund) | 33:43 | + 17:33 |
| 276 | 12090 | EISMONT Elena | 1990 | GER | (Dortmund) | 33:56 | + 17:46 |
| 277 | 1720 | LIEBRECHT Lara | 2008 | GER | Team Rennschnecke | 33:58 | + 17:48 |
| 278 | 1532 | TOY Soner | 1983 | GER | (Castrop-Rauxel) | 34:06 | + 17:56 |
| 278 | 1538 | TOY Amy | 2006 | GER | (Castrop-Rauxel) | 34:06 | + 17:56 |
| 280 | 1745 | KAMINSKI Tessa | 1993 | GER | TEAM TURTLES | 34:22 | + 18:12 |
| 281 | 1546 | BUCHGEISTER Sarah | 2002 | GER | (Dortmund) | 34:30 | + 18:20 |
| 282 | 1786 | THOENISSEN Maria | 1992 | GER | (Dortmund) | 34:41 | + 18:31 |
| 283 | 1793 | BURGES Naima | 1981 | GER | (Dortmund) | 34:57 | + 18:47 |
| 284 | 1775 | WESTERMANN Melina | 1991 | GER | (Wuppertal) | 35:15 | + 19:05 |
| 285 | 1721 | GERBER Alessia Sophie | 2009 | GER | / | 35:24 | + 19:14 |
| 286 | 1755 | SOBKOWIAK Uta | 1971 | GER | (Dortmund) | 35:26 | + 19:16 |
| 287 | 1722 | NECKERMANN Astrid | 1974 | GER | (Dortmund) | 35:27 | + 19:17 |
| 288 | 1544 | HEINE Tabea | 1984 | GER | the_running_moms | 35:38 | + 19:28 |
| 288 | 1933 | HEINE Veit | 1980 | GER | MSVB Phoenix-West | 35:38 | + 19:28 |
| 290 | 1541 | GÄRTNER Imke | 1990 | GER | Viermärker Waldlauf Gemeinschaft | 35:43 | + 19:33 |
| 291 | 1549 | HOHMANN Julian | 1994 | GER | (Iserlohn) | 35:46 | + 19:36 |
| 292 | 1774 | SCHINKE Cindy | 1992 | GER | (Lünen) | 35:56 | + 19:46 |
| 293 | 1780 | WARNECKE Ulla | 1959 | GER | Marathon Dinslaken | 36:16 | + 20:06 |
| 294 | 1787 | HERING Maike | 1995 | GER | (Unna) | 36:21 | + 20:11 |
| 295 | 1727 | ZÄNKER Alexandra | 1992 | GER | (Dortmund) | 36:29 | + 20:19 |
| 295 | 1730 | SCHRINNER Isabella | 1995 | GER | (Salzkotten) | 36:29 | + 20:19 |
| 297 | 1701 | GRAUSAM Britta | 1973 | GER | LGO Bochum | 36:44 | + 20:34 |
| 298 | 1792 | EL YAKOUBI Laila | 1987 | GER | Schmausinis | 36:51 | + 20:41 |
| 299 | 1694 | OSCHMANN Wiebke | 1990 | GER | (Velbert) | 37:10 | + 21:00 |
| 300 | 1782 | DE PALMA Sabina | 1976 | GER | (Schwerte) | 37:26 | + 21:16 |
| 301 | 1779 | PETER Ronald | 1960 | GER | HLG 98 Wuppertal | 37:31 | + 21:21 |
| 302 | 1783 | MEISER Kerstin | 1983 | GER | (Wuppertal) | 37:33 | + 21:23 |
| 303 | 1806 | KLAPPS Kevin | 1995 | GER | (Schwerte) | 38:05 | + 21:55 |
| 304 | 1796 | GOLOMBEK Alma | 1996 | GER | (Schwerte) | 38:06 | + 21:56 |
| 304 | 1805 | DYCKMANN'S Jason | 1997 | GER | (Schwerte) | 38:06 | + 21:56 |
| 306 | 1760 | ERLHOFF Floriane | 2003 | GER | (Recklinghausen) | 38:11 | + 22:01 |
| 307 | 1588 | KUNZE Jana | 1991 | GER | (Hagen) | 38:23 | + 22:13 |
| 308 | 1798 | ZIMMERMANN Stephanie | 1976 | GER | Dortmund | 39:19 | + 23:09 |
| 309 | 1795 | BIENEFELD Ilona | 1978 | GER | (Werne) | 39:50 | + 23:40 |
| 310 | 1543 | FRIESE Volker | 1965 | GER | LT Wischlingen | 39:57 | + 23:47 |
| 311 | 1729 | MIKA Jasmin | 1986 | GER | (Marl) | 41:53 | + 25:43 |
| 312 | 1545 | BACHSTEIN Sandra | 1982 | GER | Die Rennschnecken | 42:03 | + 25:53 |
| 313 | 1771 | DE PALMA Cosimo | 1970 | GER | Pace Pack Runners | 42:15 | + 26:05 |

10km Straßenlauf, Alle Klassen

25.08.2024 / 10:00

Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff | |
|------|------|-----------------------------|------|-----|--------------------------------|----------|--------|-----|
| 1 | 1845 | LEMBCKE Lukas | 1998 | GER | SV Kali Wolmirstedt e.V. | 32:32 | | |
| 2 | 1108 | HARKÄMPER Florian | 1997 | GER | TuS Köln rrh. | 34:04 | + 1:32 | |
| 3 | 1897 | KOCH Florian | 2001 | GER | Donau-Ruder-Club Ingolstadt | 34:05 | + 1:33 | |
| 4 | 1846 | FRIELING Fabien | 1990 | GER | SC Hagen-Wildewiese | 34:09 | + 1:37 | |
| 5 | 1864 | GIOZIS Alexander | 1994 | GER | TuS Oedt | 34:35 | + 2:03 | =PB |
| 5 | 1878 | SCHEWALJE Andreas | 1988 | GER | TuS Breckerfeld | 34:35 | + 2:03 | |
| 7 | 1109 | BREITKREUTZ Stephanie | 1995 | GER | Ayyo-Team Essen | 35:36 | + 3:04 | |
| 8 | 1112 | WURM Daniela | 1991 | GER | TV Hasslinghausen 1862 | 36:18 | + 3:46 | |
| 9 | 1852 | FELDMANN Andreas | 1983 | GER | (Mering) | 36:37 | + 4:05 | |
| 10 | 1863 | SCHÖNHERR Johanna | 1991 | GER | LSF Münster | 36:39 | + 4:07 | |
| 11 | 1118 | HEIDENREICH Christian | 1986 | GER | LG Buntentor Roadrunners | 36:46 | + 4:14 | =PB |
| 12 | 1892 | WINSE Marie | 2002 | GER | TV Wattenscheid 01 | 37:28 | + 4:56 | |
| 13 | 1111 | BÖRNER Annika | 1989 | GER | Ayyo-Team Essen | 37:34 | + 5:02 | |
| 14 | 1123 | STRIPPEL Jonas | 2001 | GER | Hochschulsport TU Dortmund | 37:43 | + 5:11 | |
| 15 | 1116 | GOERKE Benedikt | 1991 | GER | (Köln) | 37:51 | + 5:19 | |
| 16 | 1122 | KLAUKE Ralf | 1980 | GER | LC Rapid Dortmund | 37:54 | + 5:22 | =SB |
| 17 | 1119 | MERK Samuel | 1983 | GER | (Selm) | 38:07 | + 5:35 | |
| 18 | 1138 | LAUTENSCHLÄGER Christoph | 1987 | GER | (Unna) | 38:13 | + 5:41 | |
| 19 | 1862 | LÜPPENS Felix | 1987 | GER | LSF Münster | 38:21 | + 5:49 | |
| 20 | 1121 | MAX Gereon | 1972 | GER | LC Rapid Dortmund | 38:32 | + 6:00 | |
| 21 | 1365 | LANGWALD Fabian | 1989 | GER | (Bergneustadt) | 38:34 | + 6:02 | |
| 22 | 1840 | FELS Anika | 1995 | GER | LSF Münster | 38:36 | + 6:04 | =SB |
| 23 | 1115 | SCHULTE Nico | 2001 | GER | BC 1970 e.V. | 38:45 | + 6:13 | |
| 23 | 1867 | BERGHAUS Dinah | 2002 | GER | Solinger LC | 38:45 | + 6:13 | =PB |
| 25 | 1005 | SCHRADER Daniel | 1985 | GER | @thejoggingdaddy | 38:46 | + 6:14 | |
| 25 | 1136 | TROTZEK Marcel | 1989 | GER | TV Hasperbach | 38:46 | + 6:14 | |
| 27 | 1854 | HOLZMER Lara | 2000 | GER | TSV Ismaning | 38:51 | + 6:19 | =PB |
| 28 | 1124 | KÄMMERER Till | 2000 | GER | (Dortmund) | 38:56 | + 6:24 | |
| 29 | 1128 | BIALEK Sarah | 1989 | GER | LT Bittermark | 39:03 | + 6:31 | |
| 30 | 1004 | SCHNEIDER Silke | 1976 | GER | LAZ Rhein-Sieg | 39:10 | + 6:38 | =SB |
| 31 | 1137 | KLINDWORTH Moritz | 1997 | GER | (Dortmund) | 39:17 | + 6:45 | |
| 32 | 1127 | MAURER Philip | 1991 | GER | (Kamen) | 39:21 | + 6:49 | |
| 33 | 1916 | BAADEN Philippe | 1972 | GER | upletics | 39:26 | + 6:54 | |
| 34 | 1130 | HOPPE Björn | 1988 | GER | (Dortmund) | 39:29 | + 6:57 | |
| 35 | 1911 | EHWALD Holger | 1986 | GER | LT Wischlingen Dortmund | 39:39 | + 7:07 | |
| 36 | 1142 | UESBECK Sebastian | 1987 | GER | LSF Münster | 39:53 | + 7:21 | |
| 37 | 1166 | PFLUGBEIL Tom | 1998 | GER | TU Dortmund Laufftreff | 39:56 | + 7:24 | |
| 38 | 1865 | HUNDSHAGEN Markus | 1990 | GER | SG Welper | 40:16 | + 7:44 | |
| 39 | 1011 | MANCINO Pasquale | 1979 | GER | (Schwerte) | 40:27 | + 7:55 | |
| 40 | 1143 | AUSTERMANN Robin | 1988 | GER | (Frankfurt) | 40:29 | + 7:57 | |
| 41 | 1155 | KIRCHHOFF Jens | 1985 | GER | LT Wischlingen Dortmund | 40:31 | + 7:59 | |
| 42 | 1139 | ZACKE Sebastian | 1985 | GER | (Dortmund) | 40:40 | + 8:08 | |
| 43 | 1144 | JACH Andreas | 1976 | GER | Team Krank | 40:50 | + 8:18 | |
| 44 | 1113 | FRANKE Markus | 1984 | GER | (Bochum) | 41:00 | + 8:28 | |
| 45 | 1003 | HELLWIG Marvin | 1999 | GER | (Dortmund) | 41:16 | + 8:44 | |
| 46 | 1161 | REXIN Marcel | 1978 | GER | Witten | 41:22 | + 8:50 | |
| 47 | 1002 | SEFFERS Henning | 1979 | GER | ASG Teutoburger Wald | 41:29 | + 8:57 | =PB |
| 48 | 1882 | ZIMMER Moritz | 1991 | GER | (Münster) | 41:38 | + 9:06 | |
| 49 | 1150 | ISRAEL Frank | 1967 | GER | TV Attendorn | 41:42 | + 9:10 | =SB |
| 50 | 1848 | WEIGAND Charlotte | 2006 | GER | ASC 1990 Breidenbach | 41:43 | + 9:11 | |
| 51 | 1145 | GROSSE Manuel | 1981 | GER | (Dortmund) | 41:53 | + 9:21 | |

10km Straßenlauf, Alle Klassen - Fortsetzung

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Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff | |
|------|------|---------------------------|------|-----|---------------------------------|----------|---------|-----|
| 52 | 1187 | SUER Manuel | 2001 | GER | Anchor Running Crew Duisburg | 42:06 | + 9:34 | |
| 53 | 1157 | HOLEWA Felix | 2000 | GER | (Dortmund) | 42:07 | + 9:35 | |
| 54 | 1013 | STROMBERG Matthias | 1985 | GER | (Dortmund) | 42:09 | + 9:37 | |
| 55 | 1199 | THEBINGBUß Stephan | 1992 | GER | TSC Eintracht Dortmund | 42:10 | + 9:38 | |
| 56 | 1193 | GOTLIN Yannick | 1994 | GER | (Dortmund) | 42:16 | + 9:44 | |
| 57 | 1147 | KLIMKIEWICZ Kai | 1974 | GER | LT Bittermark Dortmund | 42:21 | + 9:49 | |
| 58 | 1131 | KEMMERICH Florian | 1991 | GER | Vestrunners | 42:23 | + 9:51 | |
| 58 | 1159 | RIEGERT Julius | 1988 | GER | (Dortmund) | 42:23 | + 9:51 | |
| 60 | 1153 | DÜRWALD Florian | 1990 | GER | (Dortmund) | 42:31 | + 9:59 | |
| 61 | 1146 | OSCHINSKI Lara Sophie | 2003 | GER | USC Mainz | 42:32 | + 10:00 | =PB |
| 62 | 1141 | REICHEL Jan | 1988 | GER | Active Laufshop Team Münster | 42:33 | + 10:01 | |
| 63 | 1006 | SUN Xiuyuan | 1990 | GER | (Münster) | 42:47 | + 10:15 | |
| 64 | 1206 | ISELE Andre | 1982 | GER | (Oberhausen) | 42:49 | + 10:17 | |
| 65 | 1149 | DIETRICH Luca | 1999 | GER | HSP Lauftreff | 42:51 | + 10:19 | |
| 66 | 1165 | POCH PARRAMON Pablo | 1987 | GER | (Iserlohn) | 43:00 | + 10:28 | |
| 67 | 1140 | ZOLDA Marcus | 1978 | GER | TRI Team RUHRPOTT Herne E.V. | 43:06 | + 10:34 | |
| 68 | 1191 | KOOP Gerrit | 1996 | GER | (Siegen) | 43:13 | + 10:41 | |
| 69 | 1162 | VAASSEN Luisa | 1989 | GER | (Mettmann) | 43:16 | + 10:44 | |
| 70 | 1175 | METENKANITCH Nathanael | 1995 | GER | (Dortmund) | 43:26 | + 10:54 | |
| 71 | 1860 | DZIUKOWSKI Christoph | 1985 | GER | (Heilbronn) | 43:50 | + 11:18 | |
| 72 | 1181 | BRÜGGEMANN Peter | 1989 | GER | Triathlon Team Düsseldorf | 43:51 | + 11:19 | |
| 73 | 1160 | BÄSSLER Michael | 1987 | GER | (Dortmund) | 43:52 | + 11:20 | |
| 74 | 1163 | HÜWEL Hendrik | 1979 | GER | TT Hohenbuschei | 43:54 | + 11:22 | |
| 75 | 1023 | STIENEN Falco | 1983 | GER | Kettwiger Sportverein 70/86 | 43:58 | + 11:26 | |
| 76 | 1010 | FRIEDRICH Alexander | 1992 | GER | (Dortmund) | 44:07 | + 11:35 | |
| 77 | 1184 | GREITEMANN Patrick | 1993 | GER | (Werdohl) | 44:30 | + 11:58 | |
| 78 | 1151 | STRZYZEWSKI Lukas | 1985 | GER | VESTRUNNERS | 44:31 | + 11:59 | |
| 79 | 1908 | ALALI Ahmad | 1981 | GER | Amazon Team Dortmund | 44:38 | + 12:06 | |
| 80 | 1180 | FRANKE Peter | 1970 | GER | Tri-Geckos Dortmund | 44:39 | + 12:07 | |
| 81 | 1847 | ULRICH Dirk | 1971 | GER | (Dortmund) | 44:44 | + 12:12 | |
| 82 | 1019 | RICHTER Udo | 1975 | GER | (Gelsenkirchen) | 44:48 | + 12:16 | |
| 83 | 1044 | GRUNWALD Markus | 1975 | GER | (Dortmund) | 44:57 | + 12:25 | |
| 84 | 1188 | BRACKMANN Frank | 1975 | GER | (Dortmund) | 44:59 | + 12:27 | |
| 85 | 1859 | SCHMUTZLER Jens | 1979 | GER | (Dortmund) | 45:01 | + 12:29 | |
| 86 | 1009 | HÄHNEL Lukas | 1994 | GER | KRAFT.RUNNERS | 45:04 | + 12:32 | |
| 86 | 1156 | GRATZA Niklas | 1997 | GER | TSC Running Crew | 45:04 | + 12:32 | |
| 88 | 1177 | SLODOWY Fritz | 2007 | GER | (Dortmund) | 45:13 | + 12:41 | |
| 89 | 1148 | OSSOWSKI Patricia | 1988 | GER | (Dortmund) | 45:20 | + 12:48 | |
| 90 | 1132 | HENDAN Ulrich | 1987 | GER | LC Rapid Dortmund | 45:25 | + 12:53 | |
| 91 | 1016 | GOLDMANN Reinhard | 1976 | GER | (Dortmund) | 45:26 | + 12:54 | |
| 92 | 1026 | GEGUS Philipp | 1984 | GER | (Dortmund) | 45:31 | + 12:59 | |
| 93 | 1164 | LINDEMANN Christian | 1983 | GER | Pacepackrunners | 45:37 | + 13:05 | |
| 94 | 1185 | MARIß Niko | 1992 | GER | (Dortmund) | 45:38 | + 13:06 | |
| 95 | 1201 | KNAPPMEIER Tanja | 1976 | GER | (Dortmund) | 45:43 | + 13:11 | |
| 95 | 1879 | SCHRÖTER Gerrit | 1993 | GER | FunVorRun Witten | 45:43 | + 13:11 | |
| 97 | 1179 | KARPOV Mikhail | 1997 | GER | (Dortmund) | 45:44 | + 13:12 | |
| 98 | 1031 | PIEPER Guido | 1969 | GER | LaufjedenFall.de | 45:59 | + 13:27 | |
| 99 | 1014 | TELLKAMP Manuel | 1980 | GER | Team Laufcampus | 46:15 | + 13:43 | |
| 100 | 1205 | EICHHORN Tim | 1996 | GER | (Dortmund) | 46:17 | + 13:45 | |
| 101 | 1189 | GREITEMANN Lars | 1995 | GER | (Werdohl) | 46:20 | + 13:48 | |
| 102 | 1259 | BOTT Thorsten | 1966 | GER | Bottivated | 46:22 | + 13:50 | |

10km Straßenlauf, Alle Klassen - Fortsetzung

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Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff |
|------|------|------------------------|------|-----|---------------------------------------|----------|---------|
| 103 | 1169 | PRIESE Thomas | 1967 | GER | Sparkasse Dortmund | 46:24 | + 13:52 |
| 103 | 1186 | PODESZWA Przemyslaw | 1979 | GER | (Recklinghausen) | 46:24 | + 13:52 |
| 105 | 1134 | TIRTASANA Mathias | 1978 | GER | (Dortmund) | 46:33 | + 14:01 |
| 106 | 1024 | BENSKI Martin | 1979 | GER | Number RUN | 46:34 | + 14:02 |
| 107 | 1062 | IMBERG Nico | 1993 | GER | (Essen) | 46:39 | + 14:07 |
| 108 | 1851 | RAITH Paula | 1988 | GER | (Dortmund) | 46:42 | + 14:10 |
| 109 | 1233 | ATAS Kadir | 1976 | GER | (Wuppertal) | 46:47 | + 14:15 |
| 110 | 1040 | BOBER Kamil | 1984 | GER | TriTeam Selm | 46:49 | + 14:17 |
| 111 | 1239 | DREIKAUß Jörg | 1976 | GER | (Dortmund) | 47:02 | + 14:30 |
| 112 | 1038 | PLÄSSER Max | 2005 | GER | (Dortmund) | 47:04 | + 14:32 |
| 113 | 1228 | DIALLO Gassimou | 1985 | GER | (Dortmund) | 47:06 | + 14:34 |
| 114 | 1042 | JÜCKER Diana | 1976 | GER | LippeRunners Werne | 47:17 | + 14:45 |
| 115 | 1198 | STEFFL Enrico | 1976 | GER | TV Einigkeit Barop | 47:19 | + 14:47 |
| 116 | 1866 | LEGLER Maxim | 1982 | GER | Wittener-Box-Sport 1923 e.V. | 47:37 | + 15:05 |
| 117 | 1203 | MERETZ Ute | 1988 | GER | Ausdauerschule bunert | 47:40 | + 15:08 |
| 118 | 1030 | BERING Nils | 1991 | GER | (Herdecke) | 47:43 | + 15:11 |
| 119 | 1176 | SPIELMANN Lucas | 1993 | GER | (Dortmund) | 47:47 | + 15:15 |
| 120 | 1173 | CHAN Martin | 1981 | GER | (Dortmund) | 47:49 | + 15:17 |
| 121 | 1197 | LAWNICZAK Céline | 1997 | GER | (Herten) | 47:53 | + 15:21 |
| 121 | 1238 | GLOGER Dominik | 1995 | GER | (Dortmund) | 47:53 | + 15:21 |
| 123 | 1235 | FÖRSTER Monique | 1989 | GER | (Hamm) | 47:56 | + 15:24 |
| 124 | 1047 | WOJTKOWIAK Christian | 1980 | GER | Erdinger Active Team | 47:57 | + 15:25 |
| 125 | 1861 | SCHÄFER Michael | 1974 | GER | (Witten) | 47:59 | + 15:27 |
| 126 | 1230 | WITTHAUT Jana | 1996 | GER | (Dortmund) | 48:07 | + 15:35 |
| 127 | 1907 | PAVLOVIC Anto | 1951 | GER | Deutschland | 48:08 | + 15:36 |
| 128 | 1231 | SIWIEC Pete | 1981 | GER | PeteRunner | 48:11 | + 15:39 |
| 129 | 1200 | JANSSEN Gerriet | 1989 | GER | (Dortmund) | 48:12 | + 15:40 |
| 130 | 1218 | KUNSTMANN Henrike | 1989 | GER | (Bochum) | 48:20 | + 15:48 |
| 131 | 1872 | ROOLF Sascha | 1978 | GER | (Dortmund) | 48:22 | + 15:50 |
| 132 | 1243 | LANGHOFF Naomi | 1995 | GER | (Unna) | 48:31 | + 15:59 |
| 133 | 1857 | MEYJOHANN Annika | 1996 | GER | (Dortmund) | 48:33 | + 16:01 |
| 134 | 1086 | SCHMELTER Martin | 1984 | GER | (Dortmund) | 48:38 | + 16:06 |
| 135 | 1008 | SAWITZKI Christian | 1987 | GER | (Dortmund) | 48:45 | + 16:13 |
| 136 | 1885 | KOERMELING Martin | 1970 | GER | runcademy | 48:52 | + 16:20 |
| 137 | 1025 | WACKER Marco | 1972 | GER | Marathon-Club Menden | 48:53 | + 16:21 |
| 138 | 1034 | BURKARD Christoph | 1961 | GER | TSC Running Crew | 48:55 | + 16:23 |
| 139 | 1035 | DOMMERMUTH Lars | 1971 | GER | (Dortmund) | 49:00 | + 16:28 |
| 139 | 1832 | HARDT Nadine | 1988 | GER | DSW21 | 49:00 | + 16:28 |
| 141 | 1036 | SCHMIDT Edgar | 1990 | GER | (Dortmund) | 49:02 | + 16:30 |
| 142 | 1918 | SCHOONHOVEN Friederike | 1975 | GER | LT Hagen-Emst | 49:10 | + 16:38 |
| 143 | 1064 | BORN Stephan | 1983 | GER | (Dortmund) | 49:12 | + 16:40 |
| 144 | 1049 | RETZLAFF Stefan | 1972 | GER | (Dortmund) | 49:13 | + 16:41 |
| 145 | 1368 | BEHLE Leonard | 1999 | GER | (Möhnesee) | 49:18 | + 16:46 |
| 146 | 1219 | BRAHM-TOBIES Dorothea | 1966 | GER | (Havixbeck) | 49:27 | + 16:55 |
| 146 | 1244 | BAUMEISTER Max | 2007 | GER | (Dortmund) | 49:27 | + 16:55 |
| 148 | 1209 | WAGNER Jenny | 1983 | GER | (Dortmund) | 49:29 | + 16:57 |
| 149 | 1874 | SCHÜTZ Alexander | 1988 | GER | (Dortmund) | 49:34 | + 17:02 |
| 150 | 1204 | RAUNSER Christine | 1976 | GER | (Dortmund) | 49:35 | + 17:03 |
| 150 | 1223 | MARCHEWITZ Nadine | 1982 | GER | Erdinger Active Team / Team beVegt.de | 49:35 | + 17:03 |
| 152 | 1229 | SLODOWY Sven | 1974 | GER | (Dortmund) | 49:40 | + 17:08 |
| 153 | 1020 | FIOLKA Achim | 1952 | GER | TG Harkort Wetter | 49:42 | + 17:10 |
| 154 | 1316 | KERSTEIN Luis | 2010 | GER | SV Berghofen | 49:48 | + 17:16 |

10km Straßenlauf, Alle Klassen - Fortsetzung

25.08.2024 / 10:00

Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff | |
|------|------|------------------------------------|------|-----|------------------------------|----------|---------|-----|
| 155 | 1313 | SCHELLEWALD Robin | 1984 | GER | (Hagen) | 49:51 | + 17:19 | |
| 155 | 1314 | HEUEL Björn | 1984 | GER | (Kamen) | 49:51 | + 17:19 | |
| 157 | 1275 | WEBER Andreas | 1981 | GER | (Dortmund) | 49:55 | + 17:23 | |
| 158 | 1037 | LECHTENFELD Tim | 1979 | GER | (Dortmund) | 50:03 | + 17:31 | |
| 158 | 1050 | BARGEN Christian | 1970 | GER | LT Hagen-Emst | 50:03 | + 17:31 | |
| 160 | 1207 | STEPHAN Matthias | 1968 | GER | (Arnsberg) | 50:11 | + 17:39 | |
| 160 | 1240 | KÖRDELL Anika | 1981 | GER | (Herne) | 50:11 | + 17:39 | |
| 162 | 1246 | SCHATTSCHEIDER Luca | 1998 | GER | (Essen) | 50:12 | + 17:40 | |
| 163 | 1041 | HOFFMANN Susanne | 1981 | GER | (Schwerte) | 50:14 | + 17:42 | |
| 164 | 1889 | BAINS Michael | 1982 | GER | (Dortmund) | 50:16 | + 17:44 | |
| 165 | 1192 | BALDRICH Frank | 1963 | GER | (Werne) | 50:17 | + 17:45 | |
| 166 | 1028 | HEGERDING Franca | 1996 | GER | (Schwerte) | 50:21 | + 17:49 | |
| 166 | 1324 | REDICKER Lucas | 1994 | GER | (Dortmund) | 50:21 | + 17:49 | |
| 168 | 1909 | GAWLITZEK Kamil | 1984 | GER | Neven Subotic Stiftung | 50:31 | + 17:59 | |
| 169 | 1309 | VON KALINSKI- BRODZIC Alexandra | 1979 | GER | (Dortmund) | 50:43 | + 18:11 | |
| 170 | 1277 | FREITAG Stefan | 1977 | GER | (Dortmund) | 50:44 | + 18:12 | |
| 171 | 1066 | PÖTER Christiane | 1987 | GER | (Dortmund) | 50:56 | + 18:24 | |
| 171 | 1320 | PAOLETTI Lara | 2000 | GER | (Dortmund) | 50:56 | + 18:24 | |
| 171 | 1321 | PAOLETTI Lara | 2000 | GER | (Dortmund) | 50:56 | + 18:24 | |
| 174 | 1220 | OBERHAUS Johanna | 1995 | GER | (Dortmund) | 50:57 | + 18:25 | |
| 175 | 1212 | KÄMPGEN Katinka | 1981 | GER | (Oberhausen) | 50:58 | + 18:26 | |
| 176 | 1824 | LENZ Markus | 1978 | GER | DSW21 | 51:07 | + 18:35 | |
| 177 | 1094 | KONRAD Rebecca | 1981 | GER | (Harsewinkel) | 51:14 | + 18:42 | |
| 178 | 1213 | SCHWICKARDI Tabea | 1993 | GER | (Sprockhövel) | 51:16 | + 18:44 | |
| 179 | 1247 | NEUMANN Marina | 1983 | GER | (Dortmund) | 51:22 | + 18:50 | |
| 180 | 1182 | WEIGANG Peter | 1966 | GER | Pace Pack Runners | 51:28 | + 18:56 | |
| 181 | 1858 | HORSTHEMKE Thomas | 1967 | GER | LSF-Unna-2000 | 51:30 | + 18:58 | |
| 182 | 1345 | SCHLOSSER Fabian | 1990 | GER | (Dortmund) | 51:33 | + 19:01 | |
| 183 | 1267 | BAUMEISTER Dirk | 1966 | GER | (Dortmund) | 52:00 | + 19:28 | |
| 184 | 1835 | BURCHERT Sebastian | 1987 | GER | (Kamen) | 52:10 | + 19:38 | |
| 185 | 1234 | EBERMANN Leonie | 1996 | GER | (Dortmund) | 52:11 | + 19:39 | |
| 186 | 1080 | EDEL Yvonne | 1973 | GER | The_running_moms | 52:12 | + 19:40 | |
| 187 | 1257 | SCHONS Paul | 1978 | GER | LT HASPA Marathon Hamburg | 52:17 | + 19:45 | =SB |
| 188 | 1255 | REINKE Stefan | 1971 | GER | (Dortmund) | 52:18 | + 19:46 | |
| 189 | 1216 | GÖBEL Christoph | 1990 | GER | (Bochum) | 52:23 | + 19:51 | |
| 190 | 1828 | SMAZAL Kathrin | 1986 | GER | DSW21 | 52:26 | + 19:54 | |
| 191 | 1018 | BARTELS Benjamin | 1992 | GER | (Düsseldorf) | 52:27 | + 19:55 | |
| 191 | 1910 | ZIMMER Peter | 1958 | GER | LSF Münster | 52:27 | + 19:55 | |
| 193 | 1039 | ANN Jae-Kyoo | 1972 | GER | (Dortmund) | 52:31 | + 19:59 | |
| 193 | 1248 | WEDLICH Inga | 1989 | GER | (Dortmund) | 52:31 | + 19:59 | |
| 195 | 1068 | JUNKER Stephan | 1978 | GER | LSF-Unna-2000 | 52:32 | + 20:00 | |
| 196 | 1284 | SIEPMANN Verena | 1978 | GER | (Dortmund) | 52:35 | + 20:03 | |
| 197 | 1256 | PACHE Rüdiger | 1959 | GER | MTT Dortmund | 52:51 | + 20:19 | |
| 198 | 1222 | LITTWITZ Christoph | 1979 | GER | ERDINGER Active TEAM | 52:53 | + 20:21 | |
| 199 | 1071 | NÖKER Nadine | 1991 | GER | (Köln) | 53:00 | + 20:28 | |
| 200 | 1315 | WARIAS Lars | 1994 | GER | (Schwerte) | 53:03 | + 20:31 | |
| 201 | 1053 | IMBERGER Marcel | 1989 | GER | (Iserlohn) | 53:07 | + 20:35 | |
| 202 | 1214 | POTTMEIER Patrick | 1989 | GER | (Geseke) | 53:13 | + 20:41 | |
| 203 | 1032 | ZIEGLER Lennard | 2000 | GER | (Dortmund) | 53:16 | + 20:44 | |
| 204 | 1322 | HEGERDING Paul | 1990 | GER | (Dortmund) | 53:18 | + 20:46 | |
| 205 | 1055 | NEULANDS Anthony | 1964 | GER | (Iserlohn) | 53:26 | + 20:54 | |
| 205 | 1174 | KAMPMANN Jule | 1999 | GER | / | 53:26 | + 20:54 | |
| 207 | 1074 | WANDELDT Desi | 1978 | GER | Kemnader See parkrun | 53:30 | + 20:58 | |

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Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff |
|------|------|---------------------|------|-----|-------------------------|----------|---------|
| 208 | 1237 | KARKANIS Jonathan | 1991 | GER | (Dortmund) | 53:31 | + 20:59 |
| 208 | 1249 | KERSTEIN Karsten | 1967 | GER | (Dortmund) | 53:31 | + 20:59 |
| 210 | 1227 | KIRCH Annemarie | 1971 | GER | LT Bittermark Dortmund | 53:39 | + 21:07 |
| 211 | 1084 | RÜMENAPP Dominik | 1984 | GER | (Unna) | 53:40 | + 21:08 |
| 212 | 1242 | WEX Daniel | 1984 | GER | (Daniel Wex) | 53:47 | + 21:15 |
| 212 | 1364 | BETZ Lena | 1997 | GER | (Unna) | 53:47 | + 21:15 |
| 214 | 1065 | MOSCH Peter | 1986 | GER | (Witten) | 53:54 | + 21:22 |
| 215 | 1095 | SIMON Lena | 1995 | GER | (Essen) | 53:55 | + 21:23 |
| 216 | 1251 | KLASING Sabrina | 1982 | GER | (Kamen) | 54:08 | + 21:36 |
| 217 | 1319 | KIRCHHOFF Ellen | 1992 | GER | (Dortmund) | 54:15 | + 21:43 |
| 218 | 1089 | SKAMAGKIS Christos | 1981 | GER | SDYN | 54:16 | + 21:44 |
| 218 | 1299 | GROSSER Carina | 1994 | GER | (Dortmund) | 54:16 | + 21:44 |
| 218 | 1323 | PÜTTER Marvin | 1991 | GER | (Castrop-Rauxel) | 54:16 | + 21:44 |
| 218 | 1868 | PIEPER Sebastian | 1978 | GER | (Ense) | 54:16 | + 21:44 |
| 222 | 1687 | BÖDDEKER Sinah | 2000 | GER | (Ense) | 54:17 | + 21:45 |
| 223 | 1090 | SCHULZE Mathias | 1975 | GER | (Wermelskirchen) | 54:27 | + 21:55 |
| 224 | 1288 | BRINKER Jörg | 1977 | GER | (Hagen) | 54:39 | + 22:07 |
| 225 | 1051 | FELDERMANN Cora | 1977 | GER | (Hürth) | 54:40 | + 22:08 |
| 226 | 1270 | CANTOW Maximilian | 1993 | GER | (Dortmund) | 54:41 | + 22:09 |
| 227 | 1278 | WEGNER Olaf | 1958 | GER | PacePackRunners | 55:16 | + 22:44 |
| 228 | 1317 | PAUS Claudia | 1983 | GER | (Dortmund) | 55:17 | + 22:45 |
| 229 | 1232 | KLUTH Markus | 1973 | GER | upletics | 55:24 | + 22:52 |
| 230 | 1100 | SAWADE Lisa-Marie | 1996 | GER | (Dorsten) | 55:27 | + 22:55 |
| 231 | 1312 | VENNEMANN Christine | 1995 | GER | (Dortmund) | 55:45 | + 23:13 |
| 232 | 1265 | BIERNACKI Cindy | 1981 | GER | TuS 09 Erkenschwick | 55:52 | + 23:20 |
| 233 | 1092 | MIKLIS Justyna | 1981 | GER | Justina | 55:53 | + 23:21 |
| 233 | 1254 | MIKLIS Sebastian | 1981 | GER | (Hennef) | 55:53 | + 23:21 |
| 235 | 1221 | ROHR Claudia | 1969 | GER | SUA Witten Judo | 56:04 | + 23:32 |
| 236 | 1045 | URASAEW Akin | 1989 | GER | (Herford) | 56:05 | + 23:33 |
| 237 | 1052 | ALBRECHT Pascal | 1988 | GER | ERDINGER Active Team | 56:24 | + 23:52 |
| 238 | 1318 | LUCK Andreas | 1979 | GER | Good Luck | 56:25 | + 23:53 |
| 239 | 1282 | BERG Antje | 1976 | GER | (Dortmund) | 56:38 | + 24:06 |
| 240 | 1903 | ZILLE Jeanette | 1970 | GER | Alt aber nicht veraltet | 56:44 | + 24:12 |
| 241 | 1263 | MÜLLER Karsten | 1990 | GER | (Dortmund) | 56:49 | + 24:17 |
| 241 | 1266 | MÜLLER Stefan | 1992 | GER | (Paderborn) | 56:49 | + 24:17 |
| 243 | 1057 | SCHÄFER Claudia | 1976 | GER | (Dortmund) | 56:59 | + 24:27 |
| 244 | 1347 | ZÜHLKE Karina | 1996 | GER | (Dortmund) | 57:03 | + 24:31 |
| 245 | 1293 | VON DISSEN Arnd | 1972 | GER | Team Schnellkannjede*r | 57:11 | + 24:39 |
| 246 | 1063 | MADER Sebastian | 1976 | GER | LSF Münster | 57:15 | + 24:43 |
| 247 | 1298 | NÖKER Jan | 1995 | GER | (Dortmund) | 57:16 | + 24:44 |
| 248 | 1283 | MAZUREK Roger | 1968 | GER | FC Post | 57:40 | + 25:08 |
| 249 | 1898 | BAUMEISTER Frank | 1968 | GER | (Dortmund) | 57:43 | + 25:11 |
| 250 | 1225 | PIECHULEK Arthur | 1995 | GER | (Dortmund) | 57:46 | + 25:14 |
| 251 | 1098 | KÜPPER Benjamin | 1982 | GER | (Dortmund) | 57:48 | + 25:16 |
| 252 | 1274 | BECKER Helen | 2006 | GER | (Unna) | 57:50 | + 25:18 |
| 253 | 1914 | KOZIANKA Ulrich | 1979 | GER | | 57:51 | + 25:19 |
| 254 | 1349 | NUßBAUM Annika | 2009 | GER | (Oer-Erkenschwick) | 58:00 | + 25:28 |
| 255 | 1075 | GÖRMANN Tobias | 1974 | GER | (Dortmund) | 58:09 | + 25:37 |
| 256 | 1917 | RUDLOF Claudia | 1968 | GER | | 58:10 | + 25:38 |
| 257 | 1241 | MICHELIUS Melanie | 1978 | GER | LSF-Unna-2000 | 58:26 | + 25:54 |
| 258 | 1875 | FREIMUTH René | 1975 | GER | upletics | 58:27 | + 25:55 |
| 259 | 1096 | REUSCHENBACH Merle | 1996 | GER | (Dortmund) | 58:39 | + 26:07 |
| 260 | 1901 | HEROLD Marvin | 1994 | GER | (Bochum) | 58:51 | + 26:19 |
| 261 | 1913 | LEE Adams | 1968 | GER | Tri Geckos Dortmund | 58:58 | + 26:26 |
| 262 | 1091 | HOHMANN Matthias | 1965 | GER | (Iserlohn) | 59:20 | + 26:48 |

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Länge: 10km - Zeitläufe

| Rang | StNr | Name | Jg | Nat | Verein | Leistung | Diff |
|------|------|---------------------------|------|-----|-------------------------|----------|-----------|
| 263 | 1354 | OLBRICH Mailine | 1997 | GER | (Schwerte) | 59:36 | + 27:04 |
| 264 | 1291 | ESCOBAR RANGEL Daniela | 1988 | GER | Keine | 59:41 | + 27:09 |
| 265 | 1297 | RIETZ Meiko | 1977 | GER | (Gelsenkirchen) | 59:54 | + 27:22 |
| 265 | 1884 | SCHOLZ Sebastian | 1980 | GER | (Dortmund) | 59:54 | + 27:22 |
| 267 | 1366 | MANGOLD Klaus | 1960 | GER | (Lünen) | 59:55 | + 27:23 |
| 267 | 1367 | MANGOLD Manuela | 1961 | GER | (Lünen) | 59:55 | + 27:23 |
| 269 | 1352 | DECKER Maike | 1997 | GER | (Viersen) | 1:00:08 | + 27:36 |
| 270 | 1341 | MITZKUS Nicole | 1975 | GER | Phoenix21 | 1:01:03 | + 28:31 |
| 271 | 1269 | GATZIA Irini | 1971 | GER | (Dortmund) | 1:01:20 | + 28:48 |
| 272 | 1073 | ARAGON Jorge | 1967 | GER | Team Laufcampus | 1:01:25 | + 28:53 |
| 273 | 1087 | BANISETH Fabio | 1995 | GER | (Dortmund) | 1:01:37 | + 29:05 |
| 274 | 1289 | HANGEBROCK Eva | 1996 | GER | (Lünen) | 1:02:01 | + 29:29 |
| 275 | 1078 | SCHÜRMANN Thobias | 1984 | GER | (Dortmund) | 1:02:05 | + 29:33 |
| 276 | 1310 | WIEMEYER Santhi | 1996 | GER | (Oelde) | 1:02:12 | + 29:40 |
| 277 | 1250 | BLASZCZYK Aleksandra | 1979 | GER | (Dortmund) | 1:02:26 | + 29:54 |
| 278 | 1346 | NITSCH Maren | 2000 | GER | (Duisburg) | 1:02:34 | + 30:02 |
| 279 | 1069 | KNOBLICH Kathrin | 1976 | GER | Marathon-Club Menden | 1:02:38 | + 30:06 |
| 280 | 1311 | KER&ENFISCHER Ruth Theres | 1996 | GER | (Oelde) | 1:02:40 | + 30:08 |
| 280 | 1348 | NUßBAUM Erika | 1976 | GER | (Oer-Erkenschwick) | 1:02:40 | + 30:08 |
| 280 | 1356 | NORDMEIER Heidi | 1963 | GER | LT Hagen-Emst | 1:02:40 | + 30:08 |
| 283 | 1336 | STÖPPEL Pauline | 2002 | GER | (Dortmund) | 1:03:07 | + 30:35 |
| 284 | 1097 | REUSCHENBACH Heike | 1964 | GER | (Dortmund) | 1:03:08 | + 30:36 |
| 285 | 1331 | FERCHOW Jürgen | 1957 | GER | (Isselburg) | 1:03:52 | + 31:20 |
| 286 | 1054 | STEMBERG Lara | 1999 | GER | (Dortmund) | 1:03:59 | + 31:27 |
| 287 | 1357 | HEINICKE Svenja | 1982 | GER | (Dortmund) | 1:04:17 | + 31:45 |
| 288 | 1067 | OLBRICH Celine | 1997 | GER | (Hamm) | 1:04:33 | + 32:01 |
| 289 | 1060 | REINHOLZ Sarah | 1983 | GER | Starlight Team Essen | 1:04:36 | + 32:04 |
| 290 | 1350 | FEHD Melina | 2003 | GER | (Hagen) | 1:04:44 | + 32:12 |
| 290 | 1355 | ENGEL Chiara | 2000 | GER | (Hamm) | 1:04:44 | + 32:12 |
| 292 | 1253 | KAVUK Ekin Su | 1993 | GER | (Dortmund) | 1:04:58 | + 32:26 |
| 293 | 1342 | BENDEL Nadine | 1990 | GER | (Münster) | 1:05:26 | + 32:54 |
| 294 | 1280 | PAWLOWICZ Alfred | 1958 | GER | MTT Dortmund | 1:05:29 | + 32:57 |
| 295 | 1330 | BECKER Lukas | 1994 | GER | (Bochum) | 1:05:37 | + 33:05 |
| 296 | 1295 | GERDES Jana | 1995 | GER | (Bochum) | 1:05:38 | + 33:06 |
| 297 | 1332 | RADIGK Nicole | 1973 | GER | (Unna) | 1:05:40 | + 33:08 |
| 298 | 1834 | PREIN Uwe | 1956 | GER | Teutonia Lanstrop | 1:05:48 | + 33:16 |
| 299 | 1338 | ECHTERMANN Sabine | 1970 | GER | (Nachrodt-Wiblingwerde) | 1:06:11 | + 33:39 |
| 300 | 1079 | STENDEL Marc | 1972 | GER | (Oberhausen) | 1:06:15 | + 33:43 |
| 301 | 1258 | PRÄNGER-ALTHAUS Barbara | 1987 | GER | (Dortmund) | 1:06:27 | + 33:55 |
| 302 | 1334 | MOCH Greta | 2008 | GER | (Witten) | 1:06:57 | + 34:25 |
| 303 | 1306 | KNEPPER Matthias | 1983 | GER | (Dortmund) | 1:07:04 | + 34:32 |
| 304 | 1058 | BAMBIL Timur | 2000 | GER | (Herne) | 1:07:33 | + 35:01 |
| 305 | 1329 | DENKOVSKA Hristina | 1995 | GER | (Dortmund) | 1:08:39 | + 36:07 |
| 306 | 1335 | ISSA Antje | 1973 | GER | die Schweinehunde | 1:08:40 | + 36:08 |
| 307 | 1328 | SCHULZ Karsten | 1969 | GER | (Dortmund) | 1:10:53 | + 38:21 |
| 308 | 1271 | MADEJA Michael | 1967 | GER | (Kamen) | 1:11:19 | + 38:47 |
| 309 | 1363 | FRENSCH Aljoscha | 1990 | GER | (Gelsenkirchen) | 1:11:59 | + 39:27 |
| 310 | 1362 | FRENSCH Saskia | 1993 | GER | (Gelsenkirchen) | 1:19:28 | + 46:56 |
| 311 | 1081 | DURCZEWSKI Nadine | 1984 | GER | (Dortmund) | 1:19:34 | + 47:02 |
| 312 | 1784 | PIEL Ramona | 1971 | GER | (Dortmund) | 1:19:53 | + 47:21 |
| 313 | 1202 | MOLDENHAUER Dorte | 1981 | GER | Ausdauer Schule bunert | 2:26:51 | + 1:54:19 |

| Legende | | |
|---------|--------------------------|--------------------------------------------------------------------|
| PB... | Persönliche Bestleistung | =PB...Persönliche Bestleistung eingestellt SB...Saisonbestleistung |
| SB... | Saisonbestleistung | =SB...Saisonbestleistung eingestellt |