



# SPAR European Cross Country Championships 2024 Antalya/TUR



Sunday 8 December 2024

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## TIMETABLE

as on 15 April 2024

10:40	Opening Ceremony
<b>11:00</b>	<b>U20 Women Race</b> (4500m)
<b>11:29</b>	<b>U20 Men Race</b> (4500m)
<b>11:55</b>	<b>Mixed Relay</b> (4 x 1500m)
<b>12:25</b>	<b>U23 Women race</b> (6000m)
<b>13:00</b>	<b>U23 Men race</b> (6000m)
<b>13:31</b>	<b>Senior Women Race</b> (7500m)
<b>14:11</b>	<b>Senior Men race</b> (7500m)
15:00	U20 Women Medal Ceremony (individuals)
15:05	U20 Women Medal Ceremony (teams)
15:12	U20 Men Medal Ceremony (individuals)
15:17	U20 Men Medal Ceremony (teams)
15:24	Mixed Relay Medal Ceremony
15:41	U23 Women Medal Ceremony (individuals)
15:46	U23 Women Medal Ceremony (teams)
15:53	U23 Men Medal Ceremony (individuals)
15:58	U23 Men Medal Ceremony (teams)
16:05	Senior Women Medal Ceremony (individuals)
16:10	Senior Women Medal Ceremony (teams)
16:17	Senior Men Medal Ceremony (individuals)
16:22	Senior Men Medal Ceremony (teams)