

**Meeting :ACNW OPEN T&F MMEETING 30 JANUARY 2024**  
**2024/01/30 at NWU MCARTHUR STADIUM**

**Results of all Finals and Heats**

Ordered by Item types

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1350

Place	Athlete,Number	Team	Perf	Score	Points	Medal	Wind	Records
<b>Item 45 16:35 Final Girls 07 60m</b>					<b>+0.9</b>			
1	STOOP, RUNE, 2040, / /	LAHOFF	13.56	<b>284</b>	8	G		
<b>Item 46 16:35 Final Girls 09 60m</b>					<b>+0.9</b>			
1	STOOP, MEANZE, 21413, / /	LAHOFF	10.11	<b>632</b>	8	G		
2	BOTHA, CARLA, J21236, / /	MOOIRV	10.84	<b>527</b>	7	S		
<b>Item 39 16:15 Final Girls 19 60m</b>					<b>+0.4</b>			
1	WANNENBURG, ELSIE, 957, / /	NWU	08.13	<b>0</b>	8	G		
<b>Item 42 16:25 Final Boys 19 60m</b>					<b>+0.0</b>			
1	WELGEMOED, AJ, T954, / /	VOLKIE	07.23	<b>0</b>	8	G		
2	PRETORIUS, HENNIE, 955, / /	VOLKIE	07.36	<b>0</b>	7	S		
3	DYOYI, ORATILE, 867, / /	DIMATI	07.38	<b>0</b>	6	B		
<b>Item 41 16:20 Final Women 25 60m</b>					<b>+0.4</b>			
1	HAASE, REBEKKA, 651, / /	GERMAN	07.23	<b>0</b>	8	G		
2	VAN DER MERWE, NICOLA, 1462, / /	NWU	07.66	<b>0</b>	7	S		
<b>Item 44 16:30 Final Men 25 60m</b>					<b>+0.4</b>			
1	SESAY, JAMIE, 928, / /	DUTCH	06.90	<b>0</b>	8	G		
2	BLAKE, KEENAN, 1725, / /	DUTCH	06.98	<b>0</b>	7	S		
3	HAZES, LEVI, 927, / /	DUTCH	07.06	<b>0</b>	6	B		
4	EMANUELSON, ISIAH, 926, / /	DUTCH	07.23	<b>0</b>	5			
<b>Item 50 16:45 Final Boys 11 80m</b>					<b>+0.4</b>			
1	LIEBENBERG, FREDRICH, 21479, / /	MOOIRV	12.53	<b>451</b>	8	G		
<b>Item 51 16:55 Final Girls 13 100m</b>								
<b>Item 52 16:55 Final Boys 13 100m</b>					<b>+0.4</b>			
1	VAN RIET, ZUAN, J20143, / /	PARYSH	13.67	<b>538</b>	8	G		
2	MAHOKO, JUDAH, 2038, / /	BOWNS	14.18	<b>485</b>	7	S		
3	MODISE, THABISO, J21887, / /	CENTRL	15.53	<b>361</b>	6	B		
<b>Item 113 16:55 Final Women 25 100m</b>					<b>+0.9</b>			
1	HAASE, REBEKKA, 651, / /	GERMAN	11.27	<b>0</b>	8	G		
2	SCHIER, SKADI, 1785, / /	GERMAN	11.51	<b>0</b>	7	S		
3	SCHMIDT, ALICA, 1813, / /	GERMAN	11.86	<b>0</b>	6	B		
4	THIEL, LUNA, 1819, / /	GERMAN	12.05	<b>0</b>	5			
<b>Item 114 16:55 Final Men 25 100m</b>								
<b>Item 81 17:15 Final Girls 19 150m</b>					<b>+0.0</b>			
1	THOMSEN, MICHAELA, J20024, / /	NWU	18.65	<b>0</b>	8	G		
<b>Item 84 17:20 Final Boys 19 150m</b>					<b>+0.0</b>			
1	DYOYI, ORATILE, 867, / /	DIMATI	17.41	<b>0</b>	8	G		
<b>Item 83 17:15 Final Women 25 150m</b>					<b>+0.0</b>			
1	DEMES, EILEEN, 2033, / /	GERMAN	18.04	<b>0</b>	8	G		
2	VAN DER MERWE, NICOLA, 1462, / /	NWU	18.09	<b>0</b>	7	S		
3	SCHWAB, CORINNA, 1814, / /	GERMAN	18.13	<b>0</b>	6	B		
<b>Item 87 17:28 FinalResults Men 25 150m</b>								
1	LOBO, BENJAMIN, 951, / /	SPARTA	15.64	<b>0</b>	8	G		
2	BREDAU, JEAN PAUL, 1836, / /	GERMAN	15.92	<b>0</b>	7	S		

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3	BRAND, DANY, 1832, / /	GERMAN 16.10	0	6	B
4	ABUAKU, JOSHUA, 1805, / /	GERMAN 16.17	0	5	
5	AGYEKUM, EMIL, 1806, / /	GERMAN 16.19	0	4	
6	SESAY, JAMIE, 928, / /	DUTCH 16.25	0	3	
7	CAMPBELL, LUKE, 1911, / /	GERMAN 16.34	0	2	
8	HAZES, LEVI, 927, / /	DUTCH 16.38	0	1	
9	RUGG, ROBERT, 872, / /	NWU 17.36	0	0	

**Item 86 17:25 Final 1 of 2 Men 25 150m +0.0**

1	BREDAU, JEAN PAUL, 1836, / /	GERMAN 15.92	0		
2	BRAND, DANY, 1832, / /	GERMAN 16.10	0		
3	CAMPBELL, LUKE, 1911, / /	GERMAN 16.34	0		
4	RUGG, ROBERT, 872, / /	NWU 17.36	0		

**Item 87 17:28 Final 2 of 2 Men 25 150m +0.0**

1	LOBO, BENJAMIN, 951, / /	SPARTA 15.64	0		
2	ABUAKU, JOSHUA, 1805, / /	GERMAN 16.17	0		
3	AGYEKUM, EMIL, 1806, / /	GERMAN 16.19	0		
4	SESAY, JAMIE, 928, / /	DUTCH 16.25	0		
5	HAZES, LEVI, 927, / /	DUTCH 16.38	0		

**Item 88 17:30 Final Girls 16 200m +0.0**

1	JORDAAN, DENIKE, 00014, / /	WESVAL 26.43	823	8	G
2	PIENAAR, LEZANKE, T877, / /	GIMMIE 26.98	792	7	S
3	BEZUIDENHOUT, KAYLALÉE, J20112, / /	PARYSH 31.16	604	6	B
4	LUBBE, LARA, 873, / /	PARYSH 31.93	576	5	

**Item 91 17:35 Final Boys 16 200m +0.0**

1	MAHOKO, KENNEDY, 2039, / /	BOWNS 26.67	532	8	G
2	BOWNES, LEHANN, T879, / /	GIMMIE 26.68	531	7	S

**Item 89 17:30 Final Girls 18 200m +0.0**

1	VISSER, CARLI, J21332, / /	WESVAL 26.24	0	8	G
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**Item 92 17:35 Final Boys 18 200m +0.0**

1	WELGEMOED, AJ, 954, / /	VOLKIE 23.26	0	8	G
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**Item 90 17:30 Final Women 25 200m +0.0**

1	SCHIER, SKADI, 1785, / /	GERMAN 23.30	0	8	G
2	MAYER, LISA, 1026, / /	GERMAN 23.34	0	7	S

**Item 99 18:00 Final Girls 16 300m**

1	JORDAAN, DENIKE, 00014, / /	WESVAL 42.37	0	8	G
2	BOTES, ANIKA, J21342, / /	GIMMIE 42.45	0	7	S
3	VAN SCHALKWYK, LEANDRI, J21329, / /	WESVAL 44.34	0	6	B

**Item 101 18:05 Final Boys 16 300m**

**Item 100 18:00 Final Girls 18 300m**

1	VISSER, CARLI, J21332, / /	WESVAL 41.96	0	8	G
2	DELAWALA, SHADIYA, J21554, / /	PGHS 46.83	0	7	S

**Item 102 18:05 Final Boys 18 300m**

1	CHIZOMBO, HAPPY, 2006, / /	BOWNS 36.42	0	8	G
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**Item 103 18:10 Final Girls 19 300m**

1	THOMSEN, MICHAELA, J20024, / /	NWU 39.70	0	8	G
2	GREEFF, SUNE, J21343, / /	GIMMIE 42.96	0	7	S
3	MARX, LEE-ANN, J21311, / /	NWU 43.37	0	6	B

**Item 106 18:15 Final Boys 19 300m**

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1	PIENAAR, JACQUES, 870, / /	NWU 35.00	<b>0</b>	8	G
2	PRETORIUS, DE WET, J51169, / /	NWU 36.33	<b>0</b>	7	S

**Item 107 18:15 Final Men 22 300m**

1	BELL, JANSEN, 749, / /	NWU 35.75	<b>0</b>	8	G
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**Item 105 18:10 Final Women 25 300m**

1	KACZMAREK, NATALIA, 875, / /	POLAND 35.52	<b>0</b>	8	G
2	SCHWAB, CORINNA, 1814, / /	GERMAN 37.43	<b>0</b>	7	S
3	SCHMIDT, ALICA, 1813, / /	GERMAN 37.46	<b>0</b>	6	B
4	DEMES, EILEEN, 2033, / /	GERMAN 37.97	<b>0</b>	5	
5	THIEL, LUNA, 1819, / /	GERMAN 38.41	<b>0</b>	4	
6	UYS, LENTE, 811, / /	NWU 38.46	<b>0</b>	3	
7	HERING, CHRISTINA, 1824, / /	GERMAN 39.06	<b>0</b>	2	

**Item 109 18:25 FinalResults Men 25 300m**

1	LOBO, BENJAMIN, 951, / /	SPARTA 32.32	<b>0</b>	8	G
2	BREDAU, JEAN PAUL, 1836, / /	GERMAN 32.63	<b>0</b>	7	S
3	AGYEKUM, EMIL, 1806, / /	GERMAN 32.92	<b>0</b>	6	B
4	ABUAKU, JOSHUA, 1805, / /	GERMAN 33.34	<b>0</b>	5	
5	BRAND, DANY, 1832, / /	GERMAN 33.54	<b>0</b>	4	
6	CAMPBELL, LUKE, 1911, / /	GERMAN 34.09	<b>0</b>	3	
7	BLAKE, KEENAN, 1725, / /	DUTCH 34.77	<b>0</b>	2	
8	RUGG, ROBERT, 872, / /	NWU 35.77	<b>0</b>	1	

**Item 108 18:20 Final 1 of 2 Men 25 300m**

1	BREDAU, JEAN PAUL, 1836, / /	GERMAN 32.63	<b>0</b>		
2	BRAND, DANY, 1832, / /	GERMAN 33.54	<b>0</b>		
3	BLAKE, KEENAN, 1725, / /	DUTCH 34.77	<b>0</b>		
4	RUGG, ROBERT, 872, / /	NWU 35.77	<b>0</b>		

**Item 109 18:25 Final 2 of 2 Men 25 300m**

1	LOBO, BENJAMIN, 951, / /	SPARTA 32.32	<b>0</b>		
2	AGYEKUM, EMIL, 1806, / /	GERMAN 32.92	<b>0</b>		
3	ABUAKU, JOSHUA, 1805, / /	GERMAN 33.34	<b>0</b>		
4	CAMPBELL, LUKE, 1911, / /	GERMAN 34.09	<b>0</b>		

**Item 111 18:30 Final Boys 18 400m**

1	ABDELAZIZ, YOUSOUF, 940, / /	QATAR 0:46.28	<b>0</b>	8	G
2	ABAKAR, IDRIS, 900, / /	QATAR 0:52.52	<b>0</b>	7	S

**Item 112 18:30 Final Boys 19 400m**

1	MAHAMOUD, ABDALLAH, 945, / /	QATAR 0:47.46	<b>902</b>	8	G
2	ADOUM, KHALID, 944, / /	QATAR 0:47.78	<b>888</b>	7	S
3	MUSA, MUBARAK, 947, / /	QATAR 0:48.12	<b>874</b>	6	B
4	MAIZEN, ALI, 946, / /	QATAR 0:48.44	<b>861</b>	5	
5	ABDALLAH, ADAM, 943, / /	QATAR 0:51.02	<b>769</b>	4	

**Item 110 18:30 Final Men 22 400m**

1	ISSAKA, HUSSEIN, 949, / /	QATAR 0:49.12	<b>0</b>	8	G
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**Item 33 16:00 Final Girls 19 600m**

1	STEYNBERG, ANDREA, 20276, / /	GIMMIE 1:37.72	<b>0</b>	8	G
2	MARX, LEE-ANN, J21311, / /	NWU 1:39.95	<b>0</b>	7	S
3	VERSTER, ALRI, 21265, / /	GIMMIE 1:41.27	<b>0</b>	6	B
4	VILJOEN, ABIGAIL, 20095, / /	GIMMIE 1:42.53	<b>0</b>	5	
5	LIEBENBERG, MATHILDA, 20076, / /	GIMMIE 1:45.90	<b>0</b>	4	
6	SCHUTTE, ANCHEN, J21262, / /	GIMMIE 1:48.52	<b>0</b>	3	
7	VAN NIEKERK, MINKE, J201398, / /	GIMMIE 1:52.76	<b>0</b>	2	
8	VAN NIEKERK, JANKE, J21399, / /	GIMMIE 1:53.60	<b>0</b>	1	
9	LIEBENBERG, INNEKE, J21477, / /	GIMMIE 1:55.09	<b>0</b>	0	

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10	VAN DER LINDE, SIMONE, J21348, / /	GIMMIE	1:58.30	<b>0</b>	0		
<b>Item 36 16:10 Final Boys 19 600m</b>							
1	PIENAAR, JACQUES, 870, / /	NWU	1:25.48	<b>0</b>	8	G	
2	VAN DER LINDE, BERTUS, J20349, / /	GIMMIE	1:27.17	<b>0</b>	7	S	
3	SCHOEMAN, MIGAEL, J20114, / /	GIMMIE	1:35.71	<b>0</b>	6	B	
4	BEZUIDENHOUT, STEFAN, T880, / /	GIMMIE	1:36.47	<b>0</b>	5		
5	VAN NIEKERK, RUAN, 20853, / /	GIMMIE	1:37.70	<b>0</b>	4		
6	VAN WYK, JD, 20281, / /	GIMMIE	1:43.73	<b>0</b>	3		
<b>Item 34 16:00 Final Women 22 600m</b>							
1	VERSTER, DANIELLE, 427, / /	NWU	1:34.25	<b>0</b>	8	G	
<b>Item 37 16:10 Final Men 22 600m</b>							
1	BELL, JANSEN, 749, / /	NWU	1:20.01	<b>0</b>	8	G	
2	SELEBELENG, TUMELO, 879, / /	DIMATI	1:30.07	<b>0</b>	7	S	
<b>Item 35 16:00 Final Women 25 600m</b>							
1	UYS, LENTE, 811, / /	NWU	1:33.79	<b>0</b>	8	G	
<b>Item 38 16:10 Final Men 25 600m</b>							
1	LEBESE, BOKANG, 877, / /	DIMATI	1:24.10	<b>0</b>	8	G	
2	BEUKES, LARRY, 880, / /	DIMATI	1:37.32	<b>0</b>	7	S	
<b>Item 21 15:45 Final Boys 13 800m</b>							
1	FERREIRA, JOHANNES, 874, / /	PARYSH	2:39.14	<b>384</b>	8	G	
<b>Item 20 15:45 Final Boys 16 800m</b>							
1	STRYDOM, WIHAN, 20283, / /	GIMMIE	2:17.90	<b>443</b>	8	G	
2	CRONJE, FRANCOIS, 21191, / /	ENDRC	2:20.04	<b>415</b>	7	S	
3	MAHOKO, KENNEDY, 2039, / /	BOWNS	2:31.86	<b>278</b>	6	B	
4	PALMER, EGBERT, 21472, / /	GIMMIE	2:31.89	<b>278</b>	5		
<b>Item 19 15:30 Final Girls 18 800m</b>							
1	SCHUTTE, ANCHEN, 21262, / /	GIMMIE	2:20.37	<b>0</b>	8	G	
2	PALMER, XANDRI, 21335, / /	GIMMIE	2:48.19	<b>0</b>	7	S	
<b>Item 22 15:45 Final Boys 18 800m</b>							
1	CHIZOMBO, HAPPY, 2006, / /	BOWNS	2:04.90	<b>0</b>	8	G	
2	STRYDOM, TIHARD, 20123, / /	GIMMIE	2:05.16	<b>0</b>	7	S	
3	VAN NIEKERK, RUAN, J20853, / /	GIMMIE	2:14.18	<b>0</b>	6	B	
<b>Item 116 17:50 Final Women 22 1000m</b>							
1	MIENIE, ELME, 21852, / /	NWU	3:28.03	<b>0</b>	8	G	
<b>Item 97 17:50 Final Men 22 1000m</b>							
1	BELL, JANSEN, 749, / /	NWU	2:33.44	<b>0</b>	8	G	
<b>Item 98 17:50 Final Men 25 1000m</b>							
<b>Item 115 15:20 Final Girls 11 1200m</b>							
1	VAN DER MERWE, ZILONE, J20627, / /	SAAMTR	5:05.30	<b>551</b>	8	G	
<b>Item 16 15:20 Final Boys 11 1200m</b>							
1	VAN WYK, SLOAN, J20519, / /	SAAMTR	4:23.48	<b>440</b>	8	G	
<b>Item 14 15:10 Final Boys 13 200m Hurdles</b>							
					<b>-0.9</b>	68cm	
1	VAN RIET, ZUAN, J20143, / /	PARYSH	31.08	<b>611</b>	8	G	
2	MODISE, THABISO, J21887, / /	CENTRL	41.23	<b>230</b>	7	S	
<b>Item 29 16:00 Final Boys 16 LongJump</b>							
1	LITCHFIELD, ETHAN, J20128, / /	PARYSH	5.46	<b>486</b>	8	G	<b>+0.0</b>

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2	BOTHA, CHARLES, J20357, / /	GIMMIE 4.71	<b>240</b>	7	S	<b>+1.8</b>
<b>Item 32 16:00 Final Girls 18 LongJump</b>						
1	GOUWS, LIEZEL, 1192, / /	NWU 4.19	<b>0</b>	8	G	<b>+0.0</b>
<b>Item 30 16:00 Final Boys 18 LongJump</b>						
1	AL-RASHIDI, RAKAN, 941, / /	QATAR 6.83	<b>0</b>	8	G	<b>+1.2</b>
2	HASHEM, HAMZA, 942, / /	QATAR 6.41	<b>0</b>	7	S	<b>+1.4</b>
<b>Item 56 17:00 Final Girls 19 LongJump</b>						
1	OOSTHUIZEN, MARY-AMY, 20024, / /	NWU 5.41	<b>646</b>	8	G	<b>+1.0</b>
<b>Item 55 17:00 Final Men 25 LongJump</b>						
1	CAIRO, DAVID, 925, / /	DUTCH 7.18	<b>0</b>	8	G	<b>+1.6</b>
<b>Item 7 15:00 Final Boys 19 TripleJump</b>						
1	NOUFAL, MOHAMMED, 948, / /	QATAR 15.93	<b>1000</b>	8	G	<b>-1.1</b>
<b>Item 8 15:00 Final Men 22 TripleJump</b>						
1	OLIVIER, WELRE, 1329, / /	NWU 16.42	<b>0</b>	8	G	<b>-2.9</b>
<b>Item 12 15:00 Final Women 25 TripleJump</b>						
1	RABE, MADRI, 754, / /	NWU 11.56	<b>0</b>	8	G	<b>-1.4</b>
<b>Item 67 17:00 Final Girls 18 Discus</b>						
1	STEYNBERG, DONELI, 21263, / /	GIMMIE 38.31	<b>0</b>	8	G	
<b>Item 62 17:00 Final Boys 19 Discus</b>						
1	NAUDE, ZAK, J20126, / /	PARYSH 55.00	<b>975</b>	8	G	
2	EYBERS, MORNE, J22611, / /	PARYSH 29.39	<b>601</b>	7	S	
<b>Item 69 17:00 Final Women 22 Discus</b>						
1	RAATHS, MARGUERITE, 797, / /	NWU 46.57	<b>0</b>	8	G	
<b>Item 4 15:00 Final Girls 13 Javelin</b>						
1	PRETOTIUS, ANCE, 952, / /	VOLKIE 20.78	<b>535</b>	8	G	
<b>Item 1 15:00 Final Boys 13 Javelin</b>						
1	PRETORIUS, CORNE, J21991, / /	SAAMTR 27.50	<b>388</b>	8	G	
2	PRETORIUS, ERASMUS, 953, / /	VOLKIE 27.44	<b>386</b>	7	S	
<b>Item 5 15:00 Final Girls 16 Javelin</b>						
1	LOOTS, MEGAN, 876, / /	GIMMIE 22.63	<b>487</b>	8	G	
<b>Item 3 15:00 Final Boys 18 Javelin</b>						
1	COETZEE, JAHNDRE, 20343, / /	GIMMIE 55.93	<b>0</b>	8	G	
<b>Item 24 16:00 Final Men 22 Javelin</b>						
1	STEYN, VOLKER, 871, / /	NWU 62.67	<b>0</b>	8	G	
<b>Item 25 16:00 Final Men 25 Javelin</b>						
1	KIPROTICH, ALEX, 950, / /	SAAMTR 67.45	<b>0</b>	8	G	
<b>Item 71 17:00 Final Girls 16 3km Walk</b>						
1	JOOSTE, KEANDRA, 20183, / /	KHS 15:29.52	<b>0</b>	8	G	
2	VAN DER MERWE, RENATE, J21471, / /	GIMMIE 16:17.87	<b>0</b>	7	S	
<b>Item 72 17:00 Final Girls 18 3km Walk</b>						
1	KRUGER, DORET, 59, / /	NWU 20:58.72	<b>0</b>	8	G	
2	JANSEN VAN VUUREN, ELSABE, 859, / /	EPIC 26:13.73	<b>0</b>	7	S	
<b>Item 75 17:00 Final Women 25 3km Walk</b>						

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1	TAYLOR, ALTHEA, 3661, / /	NEDWP 14:57.25	0	8	G
2	GROENEWALD, JESSICA, 239, / /	NEDBNK 14:59.94	0	7	S

**Item 80 17:00 Final Men 25 3km Walk**

1	FARMER, ANTONIO, 767, / /	NWU 12:23.54	0	8	G
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