



RESULTS

400 Metres Women - Semi-Final

First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World U20 Record WU20R	49.42	Grit BREUER	GER	19	Tokyo (JPN)	27 Aug 1991
Championships Record CR	50.50	Ashley SPENCER	USA	19	Barcelona (ESP)	13 Jul 2012
World U20 Leading WU20L	50.33	JaMeesia FORD	USA	19	Eugene, OR (USA)	22 Jun 2024
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB		Season Best SB

Heat 1

3

28 August 2024 17:48 START TIME

18° C TEMPERATURE 76 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	1003	Zaya AKINS	USA	30 Aug 05	6	52.11	Q	0.235
2	721	Elisa VALENSIN	ITA	1 Jan 07	8	52.23	Q NU20R	0.206
3	441	Paola LOBOA	COL	22 Apr 05	5	53.17		0.192
4	331	Jemma POLLARD	AUS	18 Apr 05	9	53.49		0.204
5	829	Borghild Oline HOLSTAD	NOR	25 Apr 06	3	53.99 (.987)	PB	0.198
6	575	Kara DACOSTA	GBR	18 Apr 07	7	54.24		0.294
7	749	Shanque WILLIAMS	JAM	10 Jun 05	4	54.47		0.226
8	385	Julia Aparecida ROCHA	BRA	7 May 05	2	55.12		0.200

Heat 2

3

28 August 2024 17:55 START TIME

18° C TEMPERATURE 76 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	407	Dianna PROCTOR	CAN	25 Apr 05	7	52.59	Q PB	0.176
2	622	Johanna MARTIN	GER	10 Apr 06	8	52.69	Q	0.205
3	578	Charlotte HENRICH	GBR	30 Aug 06	6	52.74	q	0.169
4	843	Madeleine WADDELL	NZL	20 Oct 07	2	53.50	PB	0.161
5	436	Nahomy CASTRO	COL	6 Jan 05	5	53.75		0.167
6	665	Zita SZENTGYÖRGYI	HUN	13 Nov 06	9	53.94		0.209
7	889	Maria Denisa CAPOTĂ	ROU	30 Jun 06	4	53.96	PB	0.176
8	906	Precious MOLEPO	RSA	15 Feb 05	3	54.55		0.185

Heat 3

3

28 August 2024 18:02 START TIME

18° C TEMPERATURE 77 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	472	Lurdes Gloria MANUEL	CZE	12 Jul 05	8	51.91	Q	0.187
2	818	Ella ONOJUWWEVWO	NGR	25 Mar 05	5	51.99	Q	0.223
3	1039	Michaela MOUTON	USA	16 Mar 05	7	52.72	q	0.175
4	926	Karolina ZBIČAJNIK	SLO	4 Jan 05	6	53.19	SB	0.188
5	862	Dominika DURAJ	POL	26 Apr 05	9	53.35		0.165
6	335	Amelia ROWE	AUS	8 Nov 06	4	53.47		0.155
7	824	Line Safaa AL-SAIDDI	NOR	17 Dec 06	3	53.99 (.990)		0.171
8	1050	Jonbibi HUKMOVA	UZB	1 Sep 05	2	54.87		0.228

ALL-TIME TOP LIST				2024 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2024
49.22	Christine MBOMA (NAM)	Windhoek (NAM)	17 Apr 21	50.33	JaMeesia FORD (USA)	Eugene, OR (USA)	22 Jun
49.42	Grit BREUER (GER)	Tokyo (JPN)	27 Aug 91	50.52	Lurdes Gloria MANUEL (CZE)	Roma (ITA)	10 Jun
49.53	Beatrice MASILINGI (NAM)	Lusaka (ZAM)	11 Apr 21	50.57	Ella ONOJUWWEVWO (NGR)	Gainesville, FL (USA)	10 May
49.57	Athing MU (USA)	Eugene, OR (USA)	12 Jun 21	50.96	Michaela MOUTON (USA)	Fayetteville, AR (USA)	25 May
49.77	Christina LATHAN (GDR)	Dresden (GER)	9 May 76	51.01	Skyler FRANKLIN (USA)	Gainesville, FL (USA)	19 Jul
49.88	Satwa Eid NASER (BRN)	Bruxelles (BEL)	1 Sep 17	51.33	Zaya AKINS (USA)	Lexington, KY (USA)	25 May
49.89	Sanya RICHARDS-ROSS (USA)	Sacramento, CA (USA)	17 Jul 04	51.55	Lauren LEWIS (USA)	Eugene, OR (USA)	22 Jun
50.01	Li JING (CHN)	Shanghai (CHN)	18 Oct 97	51.73	Lauren LEWIS (USA)	Eugene, OR (USA)	21 Jun
50.07	Sydney MCLAUGHLIN-LEVRONE (USA)	sville, FL (USA)	30 Mar 18	51.89	Anastazja KUŚ (POL)	Banská Bystrica (SVK)	20 Jul
50.19	Marita KOCH (GDR)	Berlin (GER)	10 Jul 76	51.91	Quincy PENN (BAH)	Gainesville, FL (USA)	30 Mar

