



RESULTS

3000 Metres Women - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World U20 Record WU20R	8:28.83	Zola BUDD-PIETERSE	GBR	19	Roma (ITA)	7 Sep 1985
Championships Record CR	8:41.76	Beyenu DEGEFA	ETH	17	Bydgoszcz (POL)	20 Jul 2016
World U20 Leading WU20L	8:32.02	Melknat WUDU	ETH	19	New York, NY (USA) i	11 Feb 2024
Area U20 Record AU20R		National U20 Record NU20R		Personal Best PB		Season Best SB

Heat 1

2

29 August 2024 13:01 START TIME

21° C TEMPERATURE 71 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	768	Mercy CHEPKEMOI	KEN	19 Oct 05	5	9:22.72	Q
2	531	Aleshign BAWEKE	ETH	23 Jan 06	2	9:22.77	Q
3	991	Bentalin YEKO	UGA	6 Nov 07	1	9:22.81	Q PB
4	576	Innes FITZGERALD	GBR	6 Apr 06	10	9:24.14	Q
5	758	Miu SUZUKI	JPN	25 May 05	11	9:26.77	Q
6	808	Loes KEMPE	NED	25 May 05	6	9:27.58	Q
7	515	María VICIOSA	ESP	3 Nov 06	3	9:28.02	Q
8	873	Zuzanna WIERNICKA	POL	21 Oct 06	8	9:30.29	Q
9	557	Jade LE CORRE	FRA	20 Oct 05	12	9:32.14	
10	692	Ayala HARRIS	ISR	24 Jul 06	4	9:35.30	
11	900	Li-mari DEKKER	RSA	17 Dec 05	13	9:36.12	
12	613	Sarah KÖCHER	GER	11 Sep 05	7	9:46.56	
13	1008	Katie CLUTE	USA	2 Sep 05	14	9:48.28	
14	367	Lilian MATEO TORREZ	BOL	4 Feb 05	9	10:14.08	

Heat 2

2

29 August 2024 13:16 START TIME

21° C TEMPERATURE 70 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	772	Marion JEPNGETICH	KEN	4 Sep 05	3	8:52.25	Q PB
2	528	Marta ALEMAYO	ETH	8 Apr 08	5	8:52.57	Q
3	987	Keziah CHEBET	UGA	27 Nov 08	12	9:03.23	Q PB
4	564	Fleur TEMPLIER	FRA	27 Apr 05	13	9:11.97	Q NU20R
5	624	Vanessa MIKITENKO	GER	7 Jul 05	14	9:13.94	Q
6	573	Jess BAILEY	GBR	2 Aug 06	4	9:14.59	Q
7	483	Sofia THØGERSEN	DEN	6 Jul 05	2	9:14.83	Q
8	934	Saima MURIĆ	SRB	19 May 06	10	9:17.52	Q PB
9	893	Alexandra Maria HUDEA	ROU	3 Dec 06	7	9:27.36	PB
10	761	Miyu YAMADA	JPN	15 Feb 05	9	9:38.38	
11	337	Gabrielle SCHMIDT	AUS	25 Feb 06	1	9:41.76	
12	975	Elsa SUNDQVIST	SWE	18 Aug 05	6	9:42.60	
13	846	Luz Lizandra ARIAS	PER	6 Feb 06	11	9:48.71	PB
	834	Andrea NYGÅRD VIE	NOR	4 Jul 06	8	DNF	

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
8:28.83	Zola BUDD-PIETERSE (GBR)	Roma (ITA)	7 Sep 85
8:28.90	Sylvia SCHIERJOTT (GDR)	Senftenberg (GER) i	20 Feb 83
8:30.99	Aynadis MEBRATU (ETH)	Xiamen (CHN)	2 Sep 23
8:32.02	Melknat WUDU (ETH)	New York, NY (USA) i	11 Feb 24
8:32.35	Medina EISA (ETH)	Boston, MA (USA) i	4 Feb 24
8:32.49	Senayet GETACHEW (ETH)	Boston, MA (USA) i	4 Feb 24
8:33.56	Tirunesh DIBABA (ETH)	Birmingham (GBR) i	20 Feb 04
8:33.63	Meskerem MAMO (ETH)	Doha (QAT)	4 May 18
8:33.65	Wubrist ASCHAL (ETH)	Oslo (NOR)	30 May 24
8:34.03	Lemlem HAILU (ETH)	Doha (QAT)	3 May 19

2024 TOP LIST

RESULT	NAME	VENUE	2024
8:32.02	Melknat WUDU (ETH)	New York, NY (USA) i	11 Feb
8:32.35	Medina EISA (ETH)	Boston, MA (USA) i	4 Feb
8:32.49	Senayet GETACHEW (ETH)	Boston, MA (USA) i	4 Feb
8:33.65	Wubrist ASCHAL (ETH)	Oslo (NOR)	30 May
8:41.10	Aleshign BAWEKE (ETH)	Hawassa (ETH)	3 Jul
8:45.40	Marta ALEMAYO (ETH)	Hawassa (ETH)	3 Jul
8:45.64	Nancy CHEROP (KEN)	Cork (IRL)	9 Jul
8:46.62	Janet Jepkoech CHEPKEMOI (KEN)	Fukuoka (JPN)	1 Aug
8:48.10	Asmarech ANLEY (ETH)	Hawassa (ETH)	3 Jul
8:50.26	Sofia THØGERSEN (DEN)	Metz (FRA) i	3 Feb

