

# RESULTS



## 5000 Metres Men - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record <b>WR</b>	12:35.36	Joshua CHEPTEGEI	UGA	24	Monaco (MON)	14 Aug 2020
Championships Record <b>CR</b>	12:52.79	Eliud KIPCHOGE	KEN	19	Paris-St-Denis (FRA)	31 Aug 2003
World Leading <b>WL</b>	12:40.45	Berihu AREGAWI	ETH	22	Lausanne (SUI)	30 Jun 2023
Area Record <b>AR</b>		National Record <b>NR</b>		Personal Best <b>PB</b>		Season Best <b>SB</b>

Heat 1

2

24 August 2023 19:01 START TIME

31° C TEMPERATURE  
39% HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	2250	Mohamed KATIR	ESP	17 Feb 98	9	13:35.90	Q
2	2273	Hagos GEBRHIWET	ETH	11 May 94	11	13:36.15	Q
3	2730	Jakob INGEBRIGTSEN	NOR	19 Sep 00	15	13:36.21	Q <b>SB</b>
4	2257	Ouassim OUMAIZ	ESP	30 Mar 99	16	13:36.35	Q
5	3020	Abdihamid NUR	USA	14 Oct 97	6	13:36.37	Q
6	2308	Jimmy GRESSIER	FRA	4 May 97	18	13:36.42	Q
7	2976	Paul CHELIMO	USA	27 Oct 90	10	13:36.51	Q
8	2737	Narve Gilje NORDÅS	NOR	30 Sep 98	12	13:36.55	Q
9	2887	Andreas ALMGREN	SWE	12 Jun 95	3	13:36.57	
10	2071	Egide NTAKARUTIMANA	BDI	21 Oct 97	20	13:37.53	
11	2142	Benjamin FLANAGAN	CAN	11 Jan 95	1	13:38.69	
12	2704	Mike FOPPEN	NED	29 Nov 96	22	13:38.94	
13	2082	John HEYMANS	BEL	9 Jan 98	13	13:39.67	
14	2614	Nicholas KIPKORIR	KEN	29 Sep 98	8	13:40.43	
15	2127	Birhanu BALEW	BRN	27 Feb 96	17	13:41.00	
16	2473	Brian FAY	IRL	9 Nov 98	5	13:42.86	
17	2610	Cornelius KEMBOI	KEN	29 Feb 00	2	13:44.32	
18	2591	Kazuya SHIOJIRI	JPN	8 Nov 96	19	13:51.00	
19	2049	Stewart MCSWEYN	AUS	1 Jun 95	4	13:56.81	qR
20	2385	Sam PARSONS	GER	18 Jun 94	21	14:03.14	
21	2961	Valentin SOCA	URU	24 Jul 02	14	14:16.15	
	2940	Joshua CHEPTEGEI	UGA	12 Sep 96	7	DNS	

**RESULTS**  
**5000 Metres Men - Round 1**

**INTERMEDIATE TIMES**

100 m	15.71 Jimmy GRESSIER	200 m	32.03 Paul CHELIMO
300 m	49.22 Paul CHELIMO	400 m	1:06.75 Jimmy GRESSIER
500 m	1:24.32 Paul CHELIMO	600 m	1:41.78 Cornelius KEMBOI
700 m	1:59.32 Paul CHELIMO	800 m	2:16.60 Paul CHELIMO
900 m	2:33.84 Paul CHELIMO	1000 m	2:51.18 Paul CHELIMO
1100 m	3:08.50 Paul CHELIMO	1200 m	3:26.02 Paul CHELIMO
1300 m	3:40.89 Stewart MCSWEYN	1400 m	3:55.77 Ouassim OUMAIZ
1500 m	4:18.10 Paul CHELIMO	1600 m	4:33.96 Nicholas KIPKORIR
1700 m	4:53.00 Paul CHELIMO	1800 m	5:10.42 Jimmy GRESSIER
1900 m	5:27.99 Paul CHELIMO	2000 m	5:45.35 Jimmy GRESSIER
2100 m	6:02.99 Jimmy GRESSIER	2200 m	6:20.02 Jimmy GRESSIER
2300 m	6:37.32 Paul CHELIMO	2400 m	6:52.96 Jimmy GRESSIER
2500 m	7:11.48 Jimmy GRESSIER	2600 m	7:28.70 Jimmy GRESSIER
2700 m	7:45.94 Jimmy GRESSIER	2800 m	8:00.82 Nicholas KIPKORIR
2900 m	8:17.84 Nicholas KIPKORIR	3000 m	8:33.72 Nicholas KIPKORIR
3100 m	8:49.46 Nicholas KIPKORIR	3200 m	9:05.29 Nicholas KIPKORIR
3300 m	9:21.02 Nicholas KIPKORIR	3400 m	9:36.87 Nicholas KIPKORIR
3500 m	9:52.79 Nicholas KIPKORIR	3600 m	10:07.31 Ouassim OUMAIZ
3700 m	10:24.58 Hagos GEBRHIWET	3800 m	10:40.82 Jimmy GRESSIER
3900 m	10:56.67 Hagos GEBRHIWET	4000 m	11:12.55 Jimmy GRESSIER
4100 m	11:27.87 Narve Gilje NORDÅS	4200 m	11:42.60 Jimmy GRESSIER
4300 m	11:57.66 Jimmy GRESSIER	4400 m	12:12.28 Jimmy GRESSIER
4500 m	12:26.15 Benjamin FLANAGAN	4600 m	12:41.61 Jimmy GRESSIER
4700 m	12:55.68 Hagos GEBRHIWET	4800 m	13:09.17 Mohamed KATIR
4900 m	13:21.99 Mohamed KATIR		

**RESULTS**  
**5000 Metres Men - Round 1**

Heat 2

2

24 August 2023

19:22 START TIME

31° C  
TEMPERATURE

39 %  
HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT	
1	2416	Luis GRIJALVA	GUA	10 Apr 99	18	13:32.72	Q
2	2277	Yomif KEJELCHA	ETH	1 Aug 97	8	13:32.83	Q
3	2132	Mohammed AHMED	CAN	5 Jan 91	4	13:33.16	Q
4	2265	Berihu AREGAWI	ETH	28 Feb 01	1	13:33.23	Q
5	2938	Oscar CHELIMO	UGA	12 Dec 01	6	13:33.40	Q <span>SB</span>
6	2218	Mohamed ISMAIL	DJI	1 Jan 97	14	13:33.51	Q
7	2615	Ishmael Rokitto KIPKURUI	KEN	10 Feb 05	10	13:33.63 (.630)	Q
7	2622	Jacob KROP	KEN	4 Jun 01	3	13:33.63 (.630)	Q
9	2254	Thierry NDIKUMWENAYO	ESP	26 Mar 97	7	13:34.03	
10	2070	Rodrigue KWIZERA	BDI	10 Oct 99	2	13:35.81	
11	2736	Magnus Tuv MYHRE	NOR	15 Jun 00	20	13:36.36	
12	2879	Jonas RAESS	SUI	8 Mar 94	15	13:37.84	
13	2729	Henrik INGEBRIGTSEN	NOR	24 Feb 91	9	13:38.80	
14	2311	Hugo HAY	FRA	28 Mar 97	17	13:39.76	
15	3012	Sean MCGORTY	USA	8 Mar 95	21	13:40.28	
16	2046	Morgan MCDONALD	AUS	23 Apr 96	13	13:43.58	
17	2565	Hyuga ENDO	JPN	5 Aug 98	12	13:50.49	
18	2892	Emil DANIELSSON	SWE	5 Sep 97	16	13:54.35	
19	2080	Robin HENDRIX	BEL	14 Jan 95	22	13:55.81	
20	2188	Samuel FREIRE	CPV	28 Aug 90	11	14:07.38	<span>PB</span>
21	2430	Ferenc Soma KOVÁCS	HUN	14 Jun 04	5	14:11.99	<span>SB</span>
22	2642	Mohamed HREZI	LBA	28 Oct 91	19	14:14.72	<span>SB</span>

**INTERMEDIATE TIMES**

100 m	15.56 Luis GRIJALVA	200 m	32.17 Luis GRIJALVA
300 m	51.21 Sean MCGORTY	400 m	1:05.25 Luis GRIJALVA
500 m	1:21.81 Luis GRIJALVA	600 m	1:17.73 Morgan MCDONALD
700 m	1:55.08 Luis GRIJALVA	800 m	2:12.48 Luis GRIJALVA
900 m	2:29.93 Sean MCGORTY	1000 m	2:48.33 Luis GRIJALVA
1100 m	3:06.25 Luis GRIJALVA	1200 m	3:24.59 Henrik INGEBRIGTSEN
1300 m	3:42.68 Luis GRIJALVA	1400 m	4:01.28 Luis GRIJALVA
1500 m	4:19.49 Ishmael Rokitto KIPKURUI	1600 m	4:36.52 Robin HENDRIX
1700 m	4:42.28 Yomif KEJELCHA	1800 m	5:10.03 Robin HENDRIX
1900 m	5:26.46 Luis GRIJALVA	2000 m	5:42.78 Luis GRIJALVA
2100 m	5:59.59 Robin HENDRIX	2200 m	6:16.44 Robin HENDRIX
2300 m	6:33.55 Robin HENDRIX	2400 m	6:50.43 Robin HENDRIX
2500 m	7:06.75 Robin HENDRIX	2600 m	7:23.43 Luis GRIJALVA
2700 m	7:40.43 Robin HENDRIX	2800 m	7:58.02 Luis GRIJALVA
2900 m	8:14.98 Mohamed ISMAIL	3000 m	8:31.38 Luis GRIJALVA
3100 m	8:48.15 Luis GRIJALVA	3200 m	9:04.41 Luis GRIJALVA
3300 m	9:19.83 Luis GRIJALVA	3400 m	9:36.22 Luis GRIJALVA
3500 m	9:52.95 Robin HENDRIX	3600 m	10:07.58 Berihu AREGAWI
3700 m	10:24.43 Luis GRIJALVA	3800 m	10:39.67 Berihu AREGAWI
3900 m	10:54.46 Berihu AREGAWI	4000 m	11:09.67 Rodrigue KWIZERA
4100 m	11:12.78 Rodrigue KWIZERA	4200 m	11:29.86 Ishmael Rokitto KIPKURUI
4300 m	11:53.42 Berihu AREGAWI	4400 m	12:08.16 Berihu AREGAWI
4500 m	12:22.44 Berihu AREGAWI	4600 m	12:36.87 Mohammed AHMED
4700 m	12:51.39 Yomif KEJELCHA	4800 m	13:05.47 Yomif KEJELCHA
4900 m	13:18.95 Yomif KEJELCHA		

**RESULTS**  
**5000 Metres Men - Round 1**

ALL-TIME OUTDOOR TOP LIST				2023 OUTDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2023
12:35.36	Joshua CHEPTEGEI (UGA)	Monaco (MON)	14 Aug 20	12:40.45	Berihu AREGAWI (ETH)	Lausanne (SUI)	30 Jun
12:37.35	Kenenisa BEKELE (ETH)	Hengelo (NED)	31 May 04	12:41.61	Joshua CHEPTEGEI (UGA)	Lausanne (SUI)	30 Jun
12:39.36	Haile GEBRSELASSIE (ETH)	Helsinki (FIN)	13 Jun 98	12:41.73	Jacob KIPLIMO (UGA)	Oslo (NOR)	15 Jun
12:39.74	Daniel KOMEN (KEN)	Bruxelles (BEL)	22 Aug 97	12:41.73	Yomif KEJELCHA (ETH)	Oslo (NOR)	15 Jun
12:40.45	Berihu AREGAWI (ETH)	Lausanne (SUI)	30 Jun 23	12:42.18	Haqos GEBRHIWET (ETH)	Monaco (MON)	21 Jul
12:41.73	Jacob KIPLIMO (UGA)	Oslo (NOR)	15 Jun 23	12:42.70	Telahun Haile BEKELE (ETH)	Monaco (MON)	21 Jul
12:41.73	Yomif KEJELCHA (ETH)	Oslo (NOR)	15 Jun 23	12:45.01	Mohamed KATIR (ESP)	Monaco (MON)	21 Jul
12:42.18	Haqos GEBRHIWET (ETH)	Monaco (MON)	21 Jul 23	12:46.02	Jacob KROP (KEN)	Monaco (MON)	21 Jul
12:42.70	Telahun Haile BEKELE (ETH)	Monaco (MON)	21 Jul 23	12:52.97	Luis GRIJALVA (GUA)	Firenze (ITA)	2 Jun
12:43.02	Selemon BAREGA (ETH)	Bruxelles (BEL)	31 Aug 18	12:54.40	William KINCAID (USA)	Firenze (ITA)	2 Jun