

RESULTS



3000 Metres Steeplechase Men - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	7:52.11	Lamecha GIRMA	ETH	23	Paris (FRA)	9 Jun 2023
Championships Record CR	8:00.43	Ezekiel KEMBOI	KEN	27	Berlin (GER)	18 Aug 2009
World Leading WL	7:52.11	Lamecha GIRMA	ETH	23	Paris (FRA)	9 Jun 2023

Note: World Record pending ratification

Area Record AR	National Record NR	Personal Best PB	Season Best SB

22 August 2023 21:45 START TIME 28° C 55 %
TEMPERATURE HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT
1	2659	Soufiane EL BAKKALI	MAR	7 Jan 96	8	8:03.53
2	2276	Lamecha GIRMA	ETH	26 Nov 00	5	8:05.44
3	2612	Abraham KIBIWOT	KEN	6 Apr 96	1	8:11.98
4	2605	Leonard Kipkemoi BETT	KEN	3 Nov 00	9	8:12.26
5	2744	George BEAMISH	NZL	24 Oct 96	4	8:13.46
6	2580	Ryuji MIURA	JPN	21 Feb 02	6	8:13.70
7	2620	Simon Kiprop KOECH	KEN	10 Jun 03	12	8:14.37
8	2141	Jean-Simon DESGAGNÉS	CAN	26 Jul 98	11	8:15.58 PB
9	2235	Daniel ARCE	ESP	22 Apr 92	7	8:18.31
10	3027	Kenneth ROOKS	USA	21 Oct 99	10	8:20.02
11	2282	Getnet WALE	ETH	16 Jul 00	15	8:21.03
12	2939	Leonard CHEMUTAI	UGA	5 May 03	3	8:21.61
13	2926	Mohamed Amin JHINAOUI	TUN	2 Apr 97	14	8:23.08
14	2563	Ryoma AOKI	JPN	16 Jun 97	2	8:24.77
15	2903	Simon SUNDSTRÖM	SWE	4 Feb 98	13	8:27.68
16	3035	Isaac UPDIKE	USA	21 Mar 92	16	8:30.67 PB

INTERMEDIATE TIMES

100 m	16.19	Simon SUNDSTRÖM	200 m	33.37	Simon SUNDSTRÖM
300 m	50.23	Simon SUNDSTRÖM	400 m	1:07.44	Simon SUNDSTRÖM
500 m	1:24.89	Simon SUNDSTRÖM	600 m	1:42.06	Leonard Kipkemoi BETT
700 m	1:59.16	Leonard Kipkemoi BETT	800 m	2:16.00	Leonard Kipkemoi BETT
900 m	2:33.24	Leonard Kipkemoi BETT	1000 m	2:50.41	Leonard Kipkemoi BETT
1100 m	3:06.78	Leonard Kipkemoi BETT	1200 m	3:22.70	Leonard Kipkemoi BETT
1300 m	3:39.76	Lamecha GIRMA	1400 m	3:56.19	Leonard Kipkemoi BETT
1500 m	4:12.43	Leonard Kipkemoi BETT	1600 m	4:28.60	Leonard Kipkemoi BETT
1700 m	4:45.52	Lamecha GIRMA	1800 m	5:01.99	Leonard Kipkemoi BETT
1900 m	5:18.27	Leonard Kipkemoi BETT	2000 m	5:34.29	Lamecha GIRMA
2100 m	5:49.99	Lamecha GIRMA	2200 m	6:05.17	Lamecha GIRMA
2300 m	6:20.12	Lamecha GIRMA	2400 m	6:35.04	Lamecha GIRMA
2500 m	6:50.14	Lamecha GIRMA	2600 m	7:04.82	Lamecha GIRMA
2700 m	7:19.15	Lamecha GIRMA	2800 m	7:33.67	Lamecha GIRMA
2900 m	7:48.56	Soufiane EL BAKKALI			

ALL-TIME OUTDOOR TOP LIST

RESULT	NAME	VENUE	DATE
7:52.11	Lamecha GIRMA (ETH)	Paris (FRA)	9 Jun 23
7:53.63	Saif Saaeed SHAHEEN (QAT)	Bruxelles (BEL)	3 Sep 04
7:53.64	Brimin Kiprop KIPRUTO (KEN)	Monaco (MON)	22 Jul 11
7:54.31	Paul Kipsiele KOECH (KEN)	Roma (ITA)	31 May 12
7:55.28	Brahim BOULAMI (MAR)	Bruxelles (BEL)	24 Aug 01
7:55.72	Bernard BARMASAI (KEN)	Köln (GER)	24 Aug 97
7:55.76	Ezekiel KEMBOI (KEN)	Monaco (MON)	22 Jul 11
7:56.16	Moses KIPTANUI (KEN)	Köln (GER)	24 Aug 97
7:56.68	Soufiane EL BAKKALI (MAR)	Rabat (MAR)	28 May 23
7:56.81	Richard Kipkemboi MATEELONG (KEN)	Doha (QAT)	11 May 12

2023 OUTDOOR TOP LIST

RESULT	NAME	VENUE	2023
7:52.11	Lamecha GIRMA (ETH)	Paris (FRA)	9 Jun
7:56.68	Soufiane EL BAKKALI (MAR)	Rabat (MAR)	28 May
8:04.19	Simon Kiprop KOECH (KEN)	Monaco (MON)	21 Jul
8:05.15	Getnet WALE (ETH)	Rabat (MAR)	28 May
8:05.51	Abraham KIBIWOT (KEN)	Rabat (MAR)	28 May
8:09.45	Leonard Kipkemoi BETT (KEN)	Chorzów (POL)	16 Jul
8:09.91	Ryuji MIURA (JPN)	Paris (FRA)	9 Jun
8:10.56	Abrham SIME (ETH)	Monaco (MON)	21 Jul
8:10.57	Samuel FIREWU (ETH)	Monaco (MON)	21 Jul
8:10.63	Daniel ARCE (ESP)	Paris (FRA)	9 Jun