

RESULTS



3000 Metres Steeplechase Women - Round 1

First 5 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	8:44.32	Beatrice CHEPKOECH	KEN	27	Monaco (MON)	20 Jul 2018
Championships Record CR	8:53.02	Norah JERUTO	KAZ	27	Eugene, OR (USA)	20 Jul 2022
World Leading WL	8:57.35	Jackline CHEPKOECH	KEN	20	London (GBR)	23 Jul 2023
Area Record AR		National Record NR		Personal Best PB		Season Best SB

Heat 1

3

23 August 2023

19:53 START TIME

29° C TEMPERATURE
57% HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT	
1	602	Winfred Mutile YAVI	BRN	31 Dec 99	6	9:19.18	Q
2	1072	Beatrice CHEPKOECH	KEN	6 Jul 91	4	9:19.22	Q
3	769	Lomi MULETA	ETH	29 Nov 01	12	9:20.13	Q
4	1443	Courtney WAYMENT	USA	4 Aug 98	10	9:20.60	Q
5	1340	Marwa BOUZAYANI	TUN	26 Mar 97	11	9:23.07	Q
6	1210	Alicja KONIECZEK	POL	2 Nov 94	9	9:23.45	PB
7	862	Aimee PRATT	GBR	3 Oct 97	3	9:26.37	
8	634	Regan YEE	CAN	4 Jul 95	7	9:26.39	
9	748	Marta SERRANO	ESP	5 Apr 03	1	9:31.82	
10	1344	Tuğba GÜVENÇ	TUR	9 Jul 94	5	9:50.96	
11	516	Brielle ERBACHER	AUS	28 Feb 99	2	9:57.11	
12	1368	Nataliya STREBKOVA	UKR	6 Mar 95	8	10:02.20	

INTERMEDIATE TIMES

100 m	17.19	Beatrice CHEPKOECH	200 m	35.61	Beatrice CHEPKOECH
300 m	54.37	Beatrice CHEPKOECH	400 m	1:13.48	Beatrice CHEPKOECH
500 m	1:33.12	Regan YEE	600 m	1:52.96	Lomi MULETA
700 m	2:12.26	Winfred Mutile YAVI	800 m	2:32.03	Winfred Mutile YAVI
900 m	2:50.31	Aimee PRATT	1000 m	3:10.81	Winfred Mutile YAVI
1100 m	3:30.05	Winfred Mutile YAVI	1200 m	3:48.53	Beatrice CHEPKOECH
1300 m	4:05.62	Courtney WAYMENT	1400 m	4:26.14	Beatrice CHEPKOECH
1500 m	4:44.79	Winfred Mutile YAVI	1600 m	5:02.99	Beatrice CHEPKOECH
1700 m	5:19.40	Marwa BOUZAYANI	1800 m	5:40.43	Beatrice CHEPKOECH
1900 m	5:59.09	Beatrice CHEPKOECH	2000 m	6:17.61	Beatrice CHEPKOECH
2100 m	6:36.55	Beatrice CHEPKOECH	2200 m	6:55.33	Beatrice CHEPKOECH
2300 m	7:14.07	Beatrice CHEPKOECH	2400 m	7:32.72	Beatrice CHEPKOECH
2500 m	7:51.41	Beatrice CHEPKOECH	2600 m	8:09.73	Winfred Mutile YAVI
2700 m	8:27.95	Winfred Mutile YAVI	2800 m	8:45.75	Beatrice CHEPKOECH
2900 m	9:03.58	Beatrice CHEPKOECH			

RESULTS
3000 Metres Steeplechase Women - Round 1

Heat 2

3

23 August 2023

20:08 START TIME

29° C
TEMPERATURE

57 %
HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	1074	Faith CHEROTICH	KEN	13 Jul 04	11	9:19.55	Q
2	757	Sembo ALMAYEW	ETH	24 Jan 05	10	9:19.60	Q
3	1350	Peruth CHEMUTAI	UGA	10 Jul 99	5	9:20.03	Q
4	1281	Maruša MIŠMAŠ ZRIMŠEK	SLO	24 Oct 94	8	9:21.79	Q
5	954	Parul CHAUDHARY	IND	15 Apr 95	2	9:24.29	Q PB
6	614	Ceili MCCABE	CAN	17 Sep 01	7	9:29.30	
7	517	Cara FEAIN-RYAN	AUS	5 Feb 99	3	9:29.60	PB
8	745	Carolina ROBLES	ESP	4 Dec 91	9	9:34.41	
9	827	Flavie RENOUIARD	FRA	10 Sep 00	12	9:39.91	
10	1382	Emma COBURN	USA	19 Oct 90	6	9:41.52	
11	1211	Aneta KONIECZEK	POL	8 Jun 97	1	9:45.61	
12	1064	Daisy JEPKEMEI	KAZ	13 Feb 96	4	9:46.23	SB

INTERMEDIATE TIMES

100 m	17.06 Faith CHEROTICH	200 m	35.96 Peruth CHEMUTAI
300 m	54.84 Carolina ROBLES	400 m	1:13.10 Carolina ROBLES
500 m	1:29.01 Sembo ALMAYEW	600 m	1:51.41 Peruth CHEMUTAI
700 m	2:11.08 Peruth CHEMUTAI	800 m	2:30.66 Peruth CHEMUTAI
900 m	2:47.76 Sembo ALMAYEW	1000 m	3:09.16 Peruth CHEMUTAI
1100 m	3:27.76 Peruth CHEMUTAI	1200 m	3:46.38 Peruth CHEMUTAI
1300 m	4:03.01 Sembo ALMAYEW	1400 m	4:23.31 Peruth CHEMUTAI
1500 m	4:41.73 Peruth CHEMUTAI	1600 m	5:00.01 Peruth CHEMUTAI
1700 m	5:15.07 Peruth CHEMUTAI	1800 m	5:37.51 Peruth CHEMUTAI
1900 m	5:56.41 Peruth CHEMUTAI	2000 m	6:15.31 Peruth CHEMUTAI
2100 m	6:34.33 Peruth CHEMUTAI	2200 m	6:52.58 Peruth CHEMUTAI
2300 m	7:11.15 Peruth CHEMUTAI	2400 m	7:29.95 Peruth CHEMUTAI
2500 m	7:46.88 Maruša MIŠMAŠ ZRIMŠEK	2600 m	8:08.14 Peruth CHEMUTAI
2700 m	8:26.92 Peruth CHEMUTAI	2800 m	8:45.20 Faith CHEROTICH
2900 m	9:03.27 Faith CHEROTICH		

RESULTS
3000 Metres Steeplechase Women - Round 1

Heat 3

3

23 August 2023

20:23 START TIME

29° C
TEMPERATURE

56 %
HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	1073	Jackline CHEPKOECH	KEN	3 Oct 03	1	9:16.41	Q
2	774	Zerfe WONDEMAGEGN	ETH	26 Oct 02	11	9:16.97	Q
3	500	Luiza GEGA	ALB	5 Nov 88	4	9:17.71	Q
4	810	Alice FINOT	FRA	9 Feb 91	2	9:20.27	Q
5	878	Olivia GÜRTH	GER	31 May 02	3	9:24.28	Q PB
6	1110	Greta KARINAUSKAITĖ	LTU	11 Feb 01	7	9:30.28	
7	1400	Kristlin GEAR	USA	20 Jul 99	8	9:30.61	
8	511	Amy CASHIN	AUS	28 Jul 94	6	9:31.07	SB
9	746	Irene SÁNCHEZ-ESCRIBANO	ESP	25 Aug 92	10	9:31.97	
10	702	Juliane HVID	DEN	8 Apr 98	9	10:09.41	
11	578	Tatiane Raquel DA SILVA	BRA	10 Jun 90	5	10:19.80	

INTERMEDIATE TIMES

100 m	15.63 Greta KARINAUSKAITĖ	200 m	35.93 Luiza GEGA
300 m	53.89 Luiza GEGA	400 m	1:12.37 Luiza GEGA
500 m	1:31.09 Amy CASHIN	600 m	1:49.68 Luiza GEGA
700 m	2:08.13 Luiza GEGA	800 m	2:26.23 Luiza GEGA
900 m	2:43.42 Luiza GEGA	1000 m	3:03.38 Luiza GEGA
1100 m	3:11.01 Alice FINOT	1200 m	3:40.53 Luiza GEGA
1300 m	3:52.10 Kristlin GEAR	1400 m	4:17.78 Kristlin GEAR
1500 m	4:19.32 Kristlin GEAR	1600 m	4:55.81 Luiza GEGA
1700 m	5:11.53 Luiza GEGA	1800 m	5:33.15 Luiza GEGA
1900 m	5:52.18 Luiza GEGA	2000 m	6:11.21 Luiza GEGA
2100 m	6:30.22 Jackline CHEPKOECH	2200 m	6:49.80 Luiza GEGA
2300 m	7:08.82 Luiza GEGA	2400 m	7:27.12 Jackline CHEPKOECH
2500 m	7:44.98 Jackline CHEPKOECH	2600 m	8:02.69 Jackline CHEPKOECH
2700 m	8:20.85 Jackline CHEPKOECH	2800 m	8:39.59 Jackline CHEPKOECH
2900 m	8:57.95 Jackline CHEPKOECH		

ALL-TIME OUTDOOR TOP LIST

RESULT	NAME	VENUE	DATE
8:44.32	Beatrice CHEPKOECH (KEN)	Monaco (MON)	20 Jul 18
8:52.78	Ruth JEBET (BRN)	Paris (FRA)	27 Aug 16
8:53.02	Norah JERUTO (KAZ)	Eugene, OR (USA)	20 Jul 22
8:54.61	Werkuha GETACHEW (ETH)	Eugene, OR (USA)	20 Jul 22
8:56.08	Mekides ABEBE (ETH)	Eugene, OR (USA)	20 Jul 22
8:56.55	Winfred Mutile YAVI (BRN)	Paris (FRA)	18 Jun 22
8:57.35	Jackline CHEPKOECH (KEN)	London (GBR)	23 Jul 23
8:57.77	Courtney FRERICH (USA)	Eugene, OR (USA)	21 Aug 21
8:58.78	Celliphine Chepteek CHESPOL (KEN)	Eugene, OR (USA)	26 May 17
8:58.81	Gulnara GALKINA (RUS)	Beijing (CHN)	17 Aug 08

2023 OUTDOOR TOP LIST

RESULT	NAME	VENUE	2023
8:57.35	Jackline CHEPKOECH (KEN)	London (GBR)	23 Jul
9:00.71	Sembo ALMAYEW (ETH)	Firenze (ITA)	2 Jun
9:04.34	Beatrice CHEPKOECH (KEN)	London (GBR)	23 Jul
9:04.38	Winfred Mutile YAVI (BRN)	Doha (QAT)	5 May
9:04.61	Zerfe WONDEMAGEGN (ETH)	Firenze (ITA)	2 Jun
9:06.43	Faith CHEROTICH (KEN)	Doha (QAT)	5 May
9:10.04	Alice FINOT (FRA)	Firenze (ITA)	2 Jun
9:10.07	Maruša MIŠMAŠ ZRIMŠEK (SLO)	Firenze (ITA)	2 Jun
9:11.09	Mekides ABEBE (ETH)	Firenze (ITA)	2 Jun
9:11.41	Courtney WAYMENT (USA)	Firenze (ITA)	2 Jun