

DM M/F 2023 – Kassel – Zeitplan

Stand: 04.07.2023

| Samstag, 08.07.2023 | | | | | |
|---------------------|------------|----|------------|----|---------|
| Uhrzeit | Männer | | Frauen | | Uhrzeit |
| 12:10 | | | Hammerwurf | F | 12:10 |
| 12:30 | Dreisprung | F | | | 12:30 |
| 12:35 | 1500 m | HF | | | 12:35 |
| 12:50 | | | 1500 m | HF | 12:50 |
| 13:08 | 800 m | HF | | | 13:08 |
| 13:18 | | | 800 m | HF | 13:18 |
| 13:40 | 400 m | HF | | | 13:40 |
| 13:58 | Kugelstoß | F | | | 13:58 |
| 14:00 | | | 400 m | HF | 14:00 |
| 14:18 | Hochsprung | F | | | 14:18 |
| 14:25 | 100 m | VL | | | 14:25 |
| 15:00 | | | 100 m | VL | 15:00 |
| 15:28 | | | Diskuswurf | F | 15:28 |
| 15:40 | | | 100 m H | HF | 15:40 |
| 16:00 | 110 m H | HF | | | 16:00 |
| 16:20 | | | 400 m H | HF | 16:20 |
| 16:48 | 400 m H | HF | | | 16:48 |
| 16:53 | | | Dreisprung | F | 16:53 |
| 17:10 | 100 m | HF | | | 17:10 |
| 17:20 | | | 100 m | HF | 17:20 |
| 17:32 | Speerwurf | F | | | 17:32 |
| 17:37 | 3000 m H | F | | | 17:37 |
| 17:50 | | | 100 m H | F | 17:50 |
| 18:00 | 110 m H | F | | | 18:00 |
| 18:10 | | | 5000 m | F | 18:10 |
| 18:37 | 100 m | F | | | 18:37 |
| 18:45 | | | 100 m | F | 18:45 |

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| Sonntag, 09.07.2023 | | | | | |
|---------------------|------------|----|------------|----|---------|
| Uhrzeit | Männer | | Frauen | | Uhrzeit |
| 14:00 | Hammerwurf | F | | | 14:00 |
| 14:10 | 4x100 m | ZE | | | 14:10 |
| 14:35 | Weitsprung | F | | | 14:35 |
| 14:45 | | | 4x100 m | ZE | 14:45 |
| 15:05 | | | Kugelstoß | F | 15:05 |
| 15:52 | 200 m | HF | | | 15:52 |
| 16:10 | | | Hochsprung | F | 16:10 |
| 16:20 | | | Speerwurf | F | 16:20 |
| 16:25 | | | 200 m | HF | 16:25 |
| 16:50 | | | 400 m H | F | 16:50 |
| 17:00 | 400 m H | F | | | 17:00 |
| 17:10 | 1500 m | F | | | 17:10 |
| 17:35 | | | 1500 m | F | 17:35 |
| 17:49 | 400 m | F | | | 17:49 |
| 18:00 | | | 400 m | F | 18:00 |
| 18:08 | 800 m | F | | | 18:08 |
| 18:15 | Diskuswurf | F | | | 18:15 |
| 18:18 | | | 800 m | F | 18:18 |
| 18:25 | | | Weitsprung | F | 18:25 |
| 18:35 | | | 3000 m H | F | 18:35 |
| 18:55 | 5000 m | F | | | 18:55 |
| 19:30 | 200 m | F | | | 19:30 |
| 19:48 | | | 200 m | F | 19:48 |

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