

RESULTS



3000 Metres Men - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Indoor Record WIR	7:24.90	Daniel KOMEN	KEN	22	Budapest (HUN)	6 Feb 1998
Championship Record CR	7:34.71	Haile GEBRSELESSIE	ETH	24	Palais Omnisports de Paris-Bercy, Paris	9 Mar 1997
World Leading WL	7:26.20	Berihu AREGAWI	ETH	21	Messehalle, Karlsruhe (GER)	28 Jan 2022
Area Indoor Record AIR		National Indoor Record NIR		Personal Best PB		Season Best SB

20 March 2022 12:09 START TIME

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT
1	199	Selemon BAREGA	ETH	20 Jan 00	10	7:41.38
2	200	Lamecha GIRMA	ETH	26 Nov 00	4	7:41.63
3	227	Marc SCOTT	GBR	21 Dec 93	12	7:42.02 SB
4	301	Daniel Simiu EBENYO	KEN	18 Sep 95	1	7:42.97
5	305	Jacob KROP	KEN	4 Jun 01	6	7:43.26
6	321	Zouhair TALBI	MAR	8 Apr 95	3	7:43.45
7	190	Adel MECHAAL	ESP	5 Dec 90	9	7:43.60
8	241	Maximilian THORWIRTH	GER	9 Jan 95	8	7:45.87
9	459	Dillon MAGGARD	USA	16 Oct 95	7	7:46.18 PB
10	353	George BEAMISH	NZL	24 Oct 96	15	7:46.91
11	412	Jonas RAESS	SUI	8 Mar 94	13	7:47.28
12	112	Matthew RAMSDEN	AUS	23 Jul 97	11	7:49.82 SB
13	131	Michael SOMERS	BEL	2 Mar 95	2	7:51.65
14	274	Baldvin MAGNUSSON	ISL	7 Apr 99	14	8:04.77
	128	Isaac KIMELI	BEL	9 Mar 94	5	DNS

INTERMEDIATE TIMES

100 m	15.74 Daniel Simiu EBENYO	200 m	31.88 Adel MECHAAL
300 m	46.48 Selemon BAREGA	400 m	1:00.93 Selemon BAREGA
500 m	1:16.10 Selemon BAREGA	600 m	1:31.55 Selemon BAREGA
700 m	1:47.80 Selemon BAREGA	800 m	2:04.06 Jacob KROP
900 m	2:19.55 Jacob KROP	1000 m	2:35.39 Jacob KROP
1100 m	2:51.97 Jacob KROP	1200 m	3:08.15 Zouhair TALBI
1300 m	3:23.33 Zouhair TALBI	1400 m	3:39.27 Zouhair TALBI
1500 m	3:55.48 Daniel Simiu EBENYO	1600 m	4:11.58 Daniel Simiu EBENYO

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
7:24.90	Daniel KOMEN (KEN)	Budapest (HUN)	6 Feb 98
7:24.98	Getnet WALE (ETH)	Arena Stade Couvert, Liévin (FRA)	9 Feb 21
7:26.10	Selemon BAREGA (ETH)	Arena Stade Couvert, Liévin (FRA)	9 Feb 21
7:26.15	Haile GEBRSELESSIE (ETH)	Karlsruhe (GER)	25 Jan 98
7:26.20	Berihu AREGAWI (ETH)	Messehalle, Karlsruhe (GER)	28 Jan 22
7:27.80	Yenew ALAMIREW (ETH)	Schleyer Halle, Stuttgart (GER)	5 Feb 11
7:27.98	Lamecha GIRMA (ETH)	Arena Stade Couvert, Liévin (FRA)	9 Feb 21
7:28.00	Auqustine Kiprono CHOGE (KEN)	Halle, Stuttgart (GER)	5 Feb 11
7:29.37	Eliud KIPCHOGE (KEN)	Schleyer Halle, Stuttgart (GER)	5 Feb 11
7:29.94	Edwin Cheruiyot SOI (KEN)	Karlsruhe (GER)	12 Feb 12

SEASON TOP LIST

RESULT	NAME	VENUE	2022
7:26.20	Berihu AREGAWI (ETH)	Messehalle, Karlsruhe (GER)	28 Jan
7:30.54	Lamecha GIRMA (ETH)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:30.66	Selemon BAREGA (ETH)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:30.82	Adel MECHAAL (ESP)	cean Breeze Athl. Complex, New York, NY	6 Feb
7:30.88	Getnet WALE (ETH)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:31.77	Birhanu BALEW (BRN)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:31.90	Jacob KROP (KEN)	Arena, Torun (POL)	22 Feb
7:34.31	Andreas ALMGREN (SWE)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:35.73	Mohamed KATIR (ESP)	Gallur, Madrid (ESP)	2 Mar
7:37.42	Luis GRIJALVA (GUA)	cean Breeze Athl. Complex, New York, NY	6 Feb
7:37.42	Andrew BUTCHART (GBR)	Breeze Athl. Complex, New York, NY	6 Feb