

Zeitplan

Samstag, 25. Januar 2020

(20.01.2020)

| Männer | Frauen | Zeit | MJ U20 | WJ U20 |
|---------------|--------------|-------|---------------|---------------|
| Weit 1 F | | 12:15 | | |
| | | 12:30 | | 60m ZV |
| | 60m ZV | 12:45 | | |
| | | 13:00 | 60m ZV | |
| 60m ZV | | 13:15 | | |
| | | 13:30 | | 60 m F (B, A) |
| | 60m, R1 | 13:40 | | |
| | 60m F (B, A) | 13:50 | | Weit 1 F |
| 60m, R1 | | 14:00 | | |
| | | 14:10 | 60 m F (B, A) | |
| 60 m F (B, A) | | 14:20 | | |
| | 60m, R2 | 14:30 | | |
| 60m, R2 | | 14:45 | | |
| | Hoch F | 15:20 | Weit 1 F | |
| | | 15:30 | 400 m ZE | |
| 400 m ZE | | 15:40 | | |
| | | 15:55 | | 400 m ZE |
| | | 16:00 | | |
| | 400 m ZE | 16:10 | | |
| | 1500 m ZE | 16:30 | | |
| | | 16:35 | | 1500 m ZE |
| | Weit 1 F | 16:40 | | |
| | | 16:45 | | Hoch F |
| | | 16:50 | 1500 m ZE | |
| 1500 m ZE | | 16:55 | | |
| | | 17:00 | | |
| 4x200m ZE | | 17:10 | | |
| | | 17:20 | 4x200m ZE | |
| | 200m, Rah | 17:30 | | |
| 200m, Rah | | 17:35 | | |
| | 400m, Rah | 17:50 | | |
| 400m, Rah | | 17:55 | | |
| | 4x200m ZE | 18:00 | | |
| | | 18:15 | | 4x200m ZE |
| | | 18:45 | | |

Gelb unterlegt: Rahmenwettbewerbe männlich, weiblich
Änderungen vorbehalten.

Zeitplan

Sonntag, 26. Januar 2020

(20.01.2020)

| Männer | Frauen | Zeit | MJ U20 | WJ U20 |
|----------------|--------------------|-------|----------------|----------------|
| Drei F | | 10:30 | Drei F | 60mHü ZV |
| | 60mHü ZV | 10:40 | | |
| | 60mHü, R1 | 10:50 | | |
| | | 11:05 | 60mHü ZV | |
| 60mHü ZV | | 11:15 | | |
| 60mHü, R1 | | 11:25 | | |
| | | 11:35 | | 60mHü F (B, A) |
| | 60mHü F (B, A) | 11:45 | | |
| | 60mHü, R2 | 11:55 | | |
| | | 12:00 | | Drei F |
| | | 12:10 | 60mHü F (B, A) | |
| 60mHü F (B, A) | | 12:20 | | |
| 60mHü, R2 | | 12:30 | | |
| | | 13:00 | | |
| Hoch F | | 13:10 | Hoch F | |
| | | 13:20 | | 800 m ZE |
| | 800 m ZE // Drei F | 13:25 | | |
| | | 13:35 | 800 m ZE | |
| 800 m ZE | | 13:45 | | |
| | | 14:00 | | 200 m ZE |
| | | 14:15 | | |
| | 200 m ZE | 14:25 | | |
| | | 14:50 | 200 m ZE | |
| 200 m ZE | | 15:10 | | |
| Drei, M30-M75 | Drei, W30-W75 | 15:15 | | |
| 3000 m ZE | | 15:35 | 3000 m ZE | |
| | | 15:45 | | |
| | 4x400m ZE | 15:55 | | |
| 4x400m ZE | | 16:05 | | |
| | 4x200m Einlage ?? | 16:15 | | |

Gelb unterlegt: Rahmenwettbewerbe männlich, weiblich
Änderungen vorbehalten.