

RACE ANALYSIS

Marathon Women - Final



27 September 2019 23:59 START TIME 32° C 74 %
TEMPERATURE HUMIDITY
03:34 END TIME 32° C 74 %

1	1 km	2	2 km	3	3 km	4	4 km	5	5 km	6	6 km	7	7 km	8	8 km	9	9 km	10	10 km
11	11 km	12	12 km	13	13 km	14	14 km	15	15 km	16	16 km	17	17 km	18	18 km	19	19 km	20	20 km
21	21 km	22	Half Mar.	23	22 km	24	23 km	25	24 km	26	25 km	27	26 km	28	27 km	29	28 km	30	29 km
31	30 km	32	31 km	34	33 km	35	34 km	36	35 km	37	36 km	38	37 km	39	38 km	40	39 km	41	40 km
42	41 km	43	42 km	33	32 km														

1 Ruth CHEPNGETICH KEN 8 Aug 94 **2:32:43**

1	3:43	2	3:38	3	3:40	4	3:38	5	3:42	6	3:37	7	3:35	8	3:32	9	3:55	10	3:44
	3:43 (3)		7:21 (4)		11:01 (2)		14:39 (4)		18:21 (2)		21:58 (3)		25:33 (1)		29:05 (1)		33:00 (2)		36:44 (2)
11	3:13	12	3:23	13	3:29	14	3:34	15	3:38	16	3:37	17	3:40	18	3:46	19	3:44	20	3:46
	39:57 (1)		43:20 (1)		46:49 (1)		50:23 (1)		54:01 (1)		57:38 (1)		1:01:18 (1)		1:05:04 (1)		1:08:48 (2)		1:12:34 (20)
21	3:44	22	3:22	23	3:24	24	3:41	25	3:43	26	3:33	27	3:41	28	3:35	29	3:34	30	3:42
	1:16:18 (22)		1:16:40 (23)		1:20:04 (26)		1:23:45 (25)		1:27:28 (25)		1:31:01 (25)		1:34:42 (1)		1:38:17 (1)		1:41:51 (24)		1:45:33 (1)
31	3:40	32	3:37	33	3:35	34	3:39	35	3:42	36	3:37	37	3:19	38	3:30	39	3:31	40	3:33
	1:49:13 (3)		1:52:50 (2)		1:56:25 (1)		2:00:04 (1)		2:03:46 (1)		2:07:23 (1)		2:10:42 (1)		2:14:12 (1)		2:17:43 (1)		2:21:16 (1)
41	3:36	42	3:36	43	3:39														
	2:24:52 (1)		2:28:28 (1)		2:32:07 (1)														

2 Rose CHELIMO BRN 12 Jul 89 **2:33:46**

1	3:44	2	3:38	3	3:41	4	3:36	5	3:42	6	3:37	7	3:36	8	3:32	9	3:54	10	3:44
	3:44 (10)		7:22 (14)		11:03 (6)		14:39 (3)		18:21 (5)		21:58 (5)		25:34 (3)		29:06 (3)		33:00 (5)		36:44 (4)
11	3:14	12	3:33	13	3:30	14	3:31	15	3:31	16	3:36	17	3:40	18	3:45	19	3:44	20	3:46
	39:58 (3)		43:31 (4)		47:01 (3)		50:32 (5)		54:03 (5)		57:39 (4)		1:01:19 (3)		1:05:04 (5)		1:08:48 (3)		1:12:34 (21)
21	3:44	22	3:22	23	3:24	24	3:41	25	3:43	26	3:33	27	3:41	28	3:36	29	3:33	30	3:42
	1:16:18 (20)		1:16:40 (21)		1:20:04 (24)		1:23:45 (26)		1:27:28 (26)		1:31:01 (24)		1:34:42 (2)		1:38:18 (4)		1:41:51 (25)		1:45:33 (2)
31	3:40	32	3:36	33	3:36	34	3:39	35	3:42	36	3:38	37	3:25	38	3:35	39	3:36	40	3:39
	1:49:13 (1)		1:52:49 (1)		1:56:25 (2)		2:00:04 (3)		2:03:46 (4)		2:07:24 (2)		2:10:49 (2)		2:14:24 (2)		2:18:00 (2)		2:21:39 (2)
41	3:43	42	3:49	43	3:52														
	2:25:22 (2)		2:29:11 (2)		2:33:03 (2)														

3 Helalia JOHANNES NAM 13 Aug 80 **2:34:15**

1	3:45	2	3:38	3	3:50	4	3:29	5	3:41	6	3:35	7	3:38	8	3:30	9	3:54	10	3:47
	3:45 (27)		7:23 (31)		11:13 (34)		14:42 (17)		18:23 (16)		21:58 (10)		25:36 (9)		29:06 (6)		33:00 (8)		36:47 (7)
11	3:26	12	3:28	13	3:22	14	3:29	15	3:29	16	3:37	17	3:41	18	3:45	19	3:44	20	3:46
	40:13 (5)		43:41 (6)		47:03 (5)		50:32 (4)		54:01 (4)		57:38 (3)		1:01:19 (4)		1:05:04 (4)		1:08:48 (4)		1:12:34 (23)
21	3:45	22	3:21	23	3:24	24	3:42	25	3:42	26	3:33	27	3:41	28	3:36	29	3:33	30	3:42
	1:16:19 (23)		1:16:40 (22)		1:20:04 (27)		1:23:46 (28)		1:27:28 (27)		1:31:01 (26)		1:34:42 (3)		1:38:18 (3)		1:41:51 (26)		1:45:33 (4)
31	3:40	32	3:37	33	3:36	34	3:39	35	3:41	36	3:38	37	3:42	38	3:47	39	3:51	40	3:51
	1:49:13 (4)		1:52:50 (4)		1:56:26 (3)		2:00:05 (4)		2:03:46 (3)		2:07:24 (3)		2:11:06 (3)		2:14:53 (3)		2:18:44 (3)		2:22:35 (3)
41	3:42	42	3:41	43	3:36														
	2:26:17 (3)		2:29:58 (3)		2:33:34 (3)														

4 Edna Ngeringwony KIPLAGAT KEN 15 Nov 79 **2:35:36**

1	3:45	2	3:40	3	3:49	4	3:36	5	3:35	6	3:37	7	3:37	8	3:33	9	3:48	10	3:48
	3:45 (17)		7:25 (34)		11:14 (44)		14:50 (26)		18:25 (21)		22:02 (18)		25:39 (13)		29:12 (10)		33:00 (11)		36:48 (8)
11	3:25	12	3:28	13	3:23	14	3:27	15	3:30	16	3:38	17	3:40	18	3:45	19	3:44	20	3:46
	40:13 (6)		43:41 (5)		47:04 (6)		50:31 (3)		54:01 (2)		57:39 (5)		1:01:19 (5)		1:05:04 (2)		1:08:48 (5)		1:12:34 (22)
21	3:45	22	3:21	23	3:25	24	3:41	25	3:42	26	3:33	27	3:41	28	3:35	29	3:34	30	3:42
	1:16:19 (24)		1:16:40 (21)		1:20:05 (28)		1:23:46 (27)		1:27:28 (24)		1:31:01 (27)		1:34:42 (4)		1:38:17 (2)		1:41:51 (27)		1:45:33 (3)
31	3:40	32	3:37	33	3:36	34	3:38	35	3:42	36	3:38	37	3:43	38	3:46	39	3:51	40	3:56
	1:49:13 (2)		1:52:50 (3)		1:56:26 (4)		2:00:04 (2)		2:03:46 (2)		2:07:24 (4)		2:11:07 (4)		2:14:53 (4)		2:18:44 (4)		2:22:40 (4)
41	3:59	42	4:02	43	4:05														
	2:26:39 (4)		2:30:41 (4)		2:34:46 (4)														

5 Volha MAZURONAK BLR 14 Apr 89 **2:36:21**

1	3:46	2	3:40	3	3:44	4	3:40	5	3:43	6	3:40	7	3:40	8	3:40	9	3:38	10	3:39
	3:46 (47)		7:26 (42)		11:10 (27)		14:50 (30)		18:33 (26)		22:13 (27)		25:53 (26)		29:33 (22)		33:11 (15)		36:50 (13)
11	3:39	12	3:42	13	3:41	14	3:43	15	3:44	16	3:45	17	3:41	18	3:42	19	3:42	20	3:41
	40:29 (10)		44:11 (11)		47:52 (10)		51:35 (8)		55:19 (9)		59:04 (9)		1:02:45 (8)		1:06:27 (8)		1:10:09 (8)		1:13:50 (26)
21	3:46	22	3:22	23	3:24	24	3:45	25	3:45	26	3:45	27	3:46	28	3:44	29	3:45	30	3:45
	1:17:36 (26)		1:17:58 (26)		1:21:22 (30)		1:25:07 (30)		1:28:52 (30)		1:32:37 (30)		1:36:23 (7)		1:40:07 (7)		1:43:52 (30)		1:47:37 (6)
31	3:43	32	3:44	33	3:45	34	3:43	35	3:42	36	3:43	37	3:42	38	3:42	39	3:40	40	3:42
	1:51:20 (6)		1:55:04 (6)		1:58:49 (5)		2:02:32 (5)		2:06:14 (5)		2:09:57 (5)		2:13:39 (5)		2:17:21 (5)		2:21:01 (5)		2:24:43 (5)
41	3:41	42	3:39	43	3:37														
	2:28:24 (5)		2:32:03 (5)		2:35:40 (5)														



RACE ANALYSIS
Marathon Women

6 Roberta GRONER USA 4 Jan 78 **2:38:44**

1	3:46	2	3:37	3	3:48	4	3:36	5	3:38	6	3:40	7	3:42	8	3:43	9	3:44	10	3:44
	3:46 (39)		7:23 (27)		11:11 (32)		14:47 (21)		18:25 (22)		22:05 (21)		25:47 (20)		29:30 (19)		33:14 (19)		36:58 (17)
11	3:47	12	3:47	13	3:45	14	3:48	15	3:50	16	3:47	17	3:46	18	3:49	19	3:51	20	3:45
	40:45 (17)		44:32 (15)		48:17 (15)		52:05 (15)		55:55 (14)		59:42 (12)		1:03:28 (12)		1:07:17 (12)		1:11:08 (13)		1:14:53 (29)
21	3:46	22	21	23	3:30	24	3:49	25	3:47	26	3:46	27	3:41	28	3:45	29	3:45	30	3:46
	1:18:39 (30)		1:19:00 (30)		1:22:30 (34)		1:26:19 (33)		1:30:06 (32)		1:33:52 (32)		1:37:33 (9)		1:41:18 (9)		1:45:03 (32)		1:48:49 (8)
31	3:44	32	3:46	33	3:52	34	3:50	35	3:50	36	3:50	37	3:47	38	3:45	39	3:48	40	3:50
	1:52:33 (8)		1:56:19 (7)		2:00:11 (6)		2:04:01 (6)		2:07:51 (6)		2:11:41 (6)		2:15:28 (6)		2:19:13 (6)		2:23:01 (6)		2:26:51 (6)
41	3:52	42	3:48	43	3:35														
	2:30:43 (6)		2:34:31 (6)		2:38:06 (6)														

7 Mizuki TANIMOTO JPN 18 Dec 94 **2:39:09**

1	3:45	2	3:41	3	3:47	4	3:47	5	3:52	6	3:51	7	3:48	8	3:49	9	3:46	10	3:49
	3:45 (35)		7:26 (38)		11:13 (36)		15:00 (47)		18:52 (47)		22:43 (48)		26:31 (47)		30:20 (43)		34:06 (37)		37:55 (33)
11	3:48	12	3:50	13	3:49	14	3:51	15	3:52	16	3:50	17	3:49	18	3:44	19	3:46	20	3:47
	41:43 (32)		45:33 (29)		49:22 (25)		53:13 (23)		57:05 (22)		1:00:55 (21)		1:04:44 (20)		1:08:28 (17)		1:12:14 (15)		1:16:01 (32)
21	3:48	22	22	23	3:24	24	3:44	25	3:44	26	3:41	27	3:41	28	3:40	29	3:40	30	3:39
	1:19:49 (33)		1:20:11 (33)		1:23:35 (37)		1:27:19 (37)		1:31:03 (37)		1:34:44 (36)		1:38:25 (13)		1:42:05 (12)		1:45:45 (35)		1:49:24 (11)
31	3:40	32	3:41	33	3:48	34	3:51	35	3:51	36	3:52	37	3:46	38	3:45	39	3:46	40	3:45
	1:53:04 (10)		1:56:45 (8)		2:00:33 (7)		2:04:24 (7)		2:08:15 (7)		2:12:07 (7)		2:15:53 (7)		2:19:38 (7)		2:23:24 (7)		2:27:09 (7)
41	3:46	42	3:48	43	3:45														
	2:30:55 (7)		2:34:43 (7)		2:38:28 (7)														

8 Ji Hyang KIM PRK 26 Sep 95 **2:41:24**

1	3:44	2	3:38	3	3:45	4	3:33	5	3:43	6	3:35	7	3:39	8	3:34	9	3:49	10	3:49
	3:44 (13)		7:22 (19)		11:07 (20)		14:40 (16)		18:23 (13)		21:58 (8)		25:37 (10)		29:11 (7)		33:00 (6)		36:49 (10)
11	3:52	12	3:51	13	3:54	14	4:12	15	4:01	16	3:53	17	3:56	18	3:52	19	3:55	20	3:46
	40:41 (15)		44:32 (17)		48:26 (17)		52:38 (18)		56:39 (18)		1:00:32 (16)		1:04:28 (17)		1:08:20 (16)		1:12:15 (16)		1:16:01 (33)
21	3:49	22	22	23	3:23	24	3:44	25	3:44	26	3:41	27	3:41	28	3:40	29	3:41	30	3:46
	1:19:50 (34)		1:20:12 (34)		1:23:35 (38)		1:27:19 (38)		1:31:03 (38)		1:34:44 (37)		1:38:25 (14)		1:42:05 (13)		1:45:46 (36)		1:49:32 (13)
31	3:46	32	3:48	33	3:49	34	3:50	35	3:54	36	3:55	37	3:56	38	3:58	39	3:58	40	4:00
	1:53:18 (11)		1:57:06 (11)		2:00:55 (8)		2:04:45 (8)		2:08:39 (8)		2:12:34 (8)		2:16:30 (8)		2:20:28 (8)		2:24:26 (8)		2:28:26 (8)
41	4:02	42	4:02	43	4:07														
	2:32:28 (8)		2:36:30 (8)		2:40:37 (8)														

9 Lyndsay TESSIER CAN 21 Jan 78 **2:42:03** SB

1	3:46	2	3:46	3	3:48	4	3:47	5	3:48	6	3:49	7	3:50	8	3:47	9	3:49	10	3:48
	3:46 (49)		7:32 (53)		11:20 (55)		15:07 (52)		18:55 (52)		22:44 (52)		26:34 (51)		30:21 (46)		34:10 (44)		37:58 (40)
11	3:48	12	3:52	13	3:48	14	3:48	15	3:51	16	3:51	17	3:47	18	3:49	19	3:51	20	3:47
	41:46 (37)		45:38 (36)		49:26 (29)		53:14 (26)		57:05 (24)		1:00:56 (24)		1:04:43 (19)		1:08:32 (19)		1:12:23 (19)		1:16:10 (34)
21	3:47	22	22	23	3:26	24	3:50	25	3:49	26	3:50	27	3:48	28	3:47	29	3:47	30	3:46
	1:19:57 (35)		1:20:19 (35)		1:23:45 (39)		1:27:35 (39)		1:31:24 (39)		1:35:14 (38)		1:39:02 (15)		1:42:49 (15)		1:46:36 (38)		1:50:22 (14)
31	3:52	32	3:52	33	3:53	34	3:50	35	3:49	36	3:54	37	3:53	38	3:58	39	3:56	40	3:59
	1:54:14 (14)		1:58:06 (14)		2:01:59 (13)		2:05:49 (13)		2:09:38 (10)		2:13:32 (10)		2:17:25 (10)		2:21:23 (9)		2:25:19 (9)		2:29:18 (9)
41	4:05	42	4:00	43	3:56														
	2:33:23 (9)		2:37:23 (9)		2:41:19 (9)														

10 Un Ok JO PRK 29 Aug 92 **2:42:23**

1	3:45	2	3:37	3	3:43	4	3:35	5	3:43	6	3:38	7	3:45	8	3:48	9	3:38	10	3:39
	3:45 (36)		7:22 (13)		11:05 (11)		14:40 (12)		18:23 (12)		22:01 (17)		25:46 (18)		29:34 (23)		33:12 (16)		36:51 (15)
11	3:41	12	3:47	13	3:50	14	3:42	15	3:43	16	3:54	17	3:50	18	3:52	19	3:58	20	3:46
	40:32 (14)		44:19 (14)		48:09 (14)		51:51 (12)		55:34 (11)		59:28 (11)		1:03:18 (11)		1:07:10 (11)		1:11:08 (11)		1:14:54 (30)
21	3:45	22	22	23	3:29	24	3:49	25	3:48	26	3:45	27	3:49	28	3:56	29	3:51	30	3:59
	1:18:39 (31)		1:19:01 (31)		1:22:30 (35)		1:26:19 (34)		1:30:07 (34)		1:33:52 (33)		1:37:41 (11)		1:41:37 (11)		1:45:28 (34)		1:49:27 (12)
31	4:01	32	4:00	33	4:04	34	4:11	35	4:03	36	4:14	37	3:59	38	4:02	39	4:03	40	4:00
	1:53:28 (13)		1:57:28 (12)		2:01:32 (11)		2:05:43 (11)		2:09:46 (11)		2:14:00 (12)		2:17:59 (11)		2:22:01 (11)		2:26:04 (11)		2:30:04 (11)
41	3:57	42	3:54	43	3:47														
	2:34:01 (10)		2:37:55 (10)		2:41:42 (10)														



RACE ANALYSIS
Marathon Women

11 Madoka NAKANO

JPN 14 Aug 91 **2:42:39**

1	3:46	2	3:40	3	3:48	4	3:45	5	3:53	6	3:50	7	3:49	8	3:49	9	3:47	10	3:49
	3:46 (40)		7:26 (40)		11:14 (43)		14:59 (45)		18:52 (46)		22:42 (46)		26:31 (46)		30:20 (45)		34:07 (40)		37:56 (36)
11	3:47	12	3:51	13	3:48	14	3:51	15	3:51	16	3:51	17	3:49	18	3:48	19	3:50	20	3:48
	41:43 (34)		45:34 (31)		49:22 (26)		53:13 (22)		57:04 (21)		1:00:55 (20)		1:04:44 (21)		1:08:32 (18)		1:12:22 (18)		1:16:10 (35)
21	3:47	22	22	23	3:26	24	3:51	25	3:48	26	3:55	27	3:58	28	3:55	29	4:00	30	4:00
	1:19:57 (36)		1:20:19 (36)		1:23:45 (40)		1:27:36 (40)		1:31:24 (40)		1:35:19 (39)		1:39:17 (16)		1:43:12 (16)		1:47:12 (39)		1:51:12 (16)
31	3:58	32	4:00	33	4:06	34	4:01	35	4:01	36	3:55	37	3:55	38	3:49	39	3:48	40	3:48
	1:55:10 (16)		1:59:10 (16)		2:03:16 (14)		2:07:17 (14)		2:11:18 (14)		2:15:13 (14)		2:19:08 (13)		2:22:57 (13)		2:26:45 (12)		2:30:33 (12)
41	3:51	42	3:47	43	3:48														
	2:34:24 (12)		2:38:11 (11)		2:41:59 (11)														

12 Desi Jisa MOKONIN

BRN 12 Jul 97 **2:43:19**

1	3:45	2	3:37	3	3:42	4	3:35	5	3:43	6	3:36	7	3:37	8	3:31	9	3:54	10	3:47
	3:45 (34)		7:22 (15)		11:04 (10)		14:39 (7)		18:22 (8)		21:58 (9)		25:35 (6)		29:06 (5)		33:00 (9)		36:47 (6)
11	3:29	12	3:37	13	3:38	14	3:44	15	3:43	16	3:43	17	3:37	18	3:43	19	3:55	20	3:49
	40:16 (7)		43:53 (7)		47:31 (7)		51:15 (6)		54:58 (7)		58:41 (6)		1:02:18 (6)		1:06:01 (7)		1:09:56 (7)		1:13:45 (25)
21	3:52	22	23	23	3:34	24	3:49	25	3:50	26	3:58	27	3:57	28	3:52	29	3:52	30	3:59
	1:17:37 (27)		1:18:00 (27)		1:21:34 (31)		1:25:23 (31)		1:29:13 (31)		1:33:11 (31)		1:37:08 (8)		1:41:00 (8)		1:44:52 (31)		1:48:51 (9)
31	4:01	32	4:03	33	4:07	34	4:07	35	4:00	36	3:59	37	4:10	38	4:13	39	4:05	40	4:19
	1:52:52 (9)		1:56:55 (9)		2:01:02 (9)		2:05:09 (9)		2:09:09 (9)		2:13:08 (9)		2:17:18 (9)		2:21:31 (10)		2:25:36 (10)		2:29:55 (10)
41	4:24	42	4:16	43	4:03														
	2:34:19 (11)		2:38:35 (12)		2:42:38 (12)														

13 Carrie DIMOFF

USA 31 May 83 **2:44:35**

1	3:45	2	3:38	3	3:48	4	3:36	5	3:38	6	3:40	7	3:42	8	3:43	9	3:44	10	3:44
	3:45 (37)		7:23 (26)		11:11 (31)		14:47 (22)		18:25 (23)		22:05 (22)		25:47 (19)		29:30 (20)		33:14 (20)		36:58 (18)
11	3:47	12	3:47	13	3:45	14	3:48	15	3:50	16	3:47	17	3:46	18	3:50	19	3:50	20	3:45
	40:45 (16)		44:32 (16)		48:17 (16)		52:05 (14)		55:55 (15)		59:42 (13)		1:03:28 (13)		1:07:18 (13)		1:11:08 (12)		1:14:53 (28)
21	3:45	22	22	23	3:30	24	3:49	25	3:47	26	3:48	27	3:46	28	3:51	29	3:50	30	3:59
	1:18:38 (29)		1:19:00 (29)		1:22:30 (33)		1:26:19 (32)		1:30:06 (33)		1:33:54 (34)		1:37:40 (10)		1:41:31 (10)		1:45:21 (33)		1:49:20 (10)
31	4:02	32	4:08	33	4:09	34	4:10	35	4:04	36	4:05	37	4:20	38	4:17	39	4:18	40	4:24
	1:53:22 (12)		1:57:30 (13)		2:01:39 (12)		2:05:49 (12)		2:09:53 (12)		2:13:58 (11)		2:18:18 (12)		2:22:35 (12)		2:26:53 (13)		2:31:17 (13)
41	4:19	42	4:18	43	4:00														
	2:35:36 (13)		2:39:54 (13)		2:43:54 (13)														

14 Kwang-Ok RI

PRK 27 Jul 96 **2:46:16**

1	3:44	2	3:38	3	3:43	4	3:35	5	3:43	6	3:36	7	3:38	8	3:36	9	3:47	10	3:49
	3:44 (12)		7:22 (17)		11:05 (12)		14:40 (13)		18:23 (10)		21:59 (13)		25:37 (11)		29:13 (11)		33:00 (7)		36:49 (9)
11	3:40	12	3:42	13	3:42	14	3:44	15	3:43	16	3:47	17	3:52	18	3:55	19	3:57	20	4:03
	40:29 (12)		44:11 (12)		47:53 (12)		51:37 (10)		55:20 (10)		59:07 (10)		1:02:59 (10)		1:06:54 (10)		1:10:51 (10)		1:14:54 (31)
21	3:45	22	22	23	3:29	24	3:50	25	3:52	26	4:04	27	4:09	28	4:00	29	4:09	30	4:07
	1:18:39 (32)		1:19:01 (32)		1:22:30 (36)		1:26:20 (35)		1:30:12 (35)		1:34:16 (35)		1:38:25 (12)		1:42:25 (14)		1:46:34 (37)		1:50:41 (15)
31	4:13	32	4:13	33	4:09	34	4:10	35	4:14	36	4:14	37	4:15	38	4:13	39	4:20	40	4:13
	1:54:54 (15)		1:59:07 (15)		2:03:16 (15)		2:07:26 (15)		2:11:40 (15)		2:15:54 (15)		2:20:09 (15)		2:24:22 (14)		2:28:42 (14)		2:32:55 (14)
41	4:15	42	4:10	43	4:08														
	2:37:10 (14)		2:41:20 (14)		2:45:28 (14)														

15 Visiline JEPKESHO

KEN 30 Dec 89 **2:46:38**

1	3:43	2	3:38	3	3:41	4	3:37	5	3:42	6	3:37	7	3:35	8	3:33	9	3:53	10	3:45
	3:43 (4)		7:21 (3)		11:02 (3)		14:39 (1)		18:21 (3)		21:58 (1)		25:33 (2)		29:06 (4)		32:59 (1)		36:44 (1)
11	3:14	12	3:28	13	3:32	14	3:33	15	3:30	16	3:37	17	3:40	18	3:46	19	3:44	20	3:46
	39:58 (2)		43:26 (2)		46:58 (2)		50:31 (2)		54:01 (3)		57:38 (2)		1:01:18 (2)		1:05:04 (3)		1:08:48 (1)		1:12:34 (19)
21	3:44	22	21	23	3:25	24	3:41	25	3:43	26	3:46	27	4:03	28	4:00	29	4:16	30	4:22
	1:16:18 (21)		1:16:39 (20)		1:20:04 (25)		1:23:45 (24)		1:27:28 (28)		1:31:14 (28)		1:35:17 (6)		1:39:17 (6)		1:43:33 (29)		1:47:55 (7)
31	4:30	32	4:31	33	4:25	34	4:09	35	4:32	36	5:00	37	5:02	38	4:41	39	4:09	40	4:16
	1:52:25 (7)		1:56:56 (10)		2:01:21 (10)		2:05:30 (10)		2:10:02 (13)		2:15:02 (13)		2:20:04 (14)		2:24:45 (15)		2:28:54 (15)		2:33:10 (15)
41	4:16	42	4:20	43	4:10														
	2:37:26 (15)		2:41:46 (15)		2:45:56 (15)														



RACE ANALYSIS
Marathon Women

16 Marta GALIMANY

ESP 5 Oct 85 **2:47:45**

1	3:45	2	3:40	3	3:50	4	3:45	5	3:51	6	3:50	7	3:49	8	3:50	9	3:46	10	3:49
	3:45 (30)		7:25 (35)		11:15 (48)		15:00 (48)		18:51 (44)		22:41 (44)		26:30 (44)		30:20 (44)		34:06 (39)		37:55 (34)
11	3:49	12	3:50	13	3:49	14	3:51	15	3:51	16	3:50	17	3:50	18	3:50	19	3:49	20	3:50
	41:44 (35)		45:34 (32)		49:23 (28)		53:14 (25)		57:05 (25)		1:00:55 (23)		1:04:45 (23)		1:08:35 (20)		1:12:24 (20)		1:16:14 (36)
21	3:53	22	24	23	3:29	24	3:53	25	3:53	26	3:56	27	3:57	28	3:58	29	4:00	30	4:03
	1:20:07 (37)		1:20:31 (37)		1:24:00 (41)		1:27:53 (41)		1:31:46 (41)		1:35:42 (41)		1:39:39 (17)		1:43:37 (17)		1:47:37 (40)		1:51:40 (17)
31	4:07	32	4:08	33	4:07	34	4:09	35	4:12	36	4:18	37	4:22	38	4:23	39	4:23	40	4:23
	1:55:47 (17)		1:59:55 (17)		2:04:02 (16)		2:08:11 (16)		2:12:23 (16)		2:16:41 (16)		2:21:03 (16)		2:25:26 (16)		2:29:49 (16)		2:34:12 (16)
41	4:23	42	4:12	43	4:09														
	2:38:35 (16)		2:42:47 (16)		2:46:56 (16)														

17 Nastassia IVANOVA

BLR 4 Nov 82 **2:48:41**

1	3:51	2	3:54	3	3:49	4	3:51	5	3:50	6	3:50	7	3:50	8	3:49	9	3:54	10	3:51
	3:51 (66)		7:45 (66)		11:34 (63)		15:25 (62)		19:15 (61)		23:05 (60)		26:55 (57)		30:44 (53)		34:38 (53)		38:29 (52)
11	3:56	12	3:58	13	4:02	14	4:03	15	3:59	16	4:02	17	3:56	18	4:04	19	4:02	20	4:00
	42:25 (49)		46:23 (48)		50:25 (44)		54:28 (43)		58:27 (42)		1:02:29 (38)		1:06:25 (36)		1:10:29 (35)		1:14:31 (34)		1:18:31 (50)
21	3:59	22	23	23	3:39	24	4:04	25	4:07	26	4:06	27	4:02	28	4:07	29	4:08	30	4:09
	1:22:30 (50)		1:22:53 (50)		1:26:32 (53)		1:30:36 (50)		1:34:43 (49)		1:38:49 (49)		1:42:51 (25)		1:46:58 (24)		1:51:06 (47)		1:55:15 (22)
31	4:11	32	4:12	33	4:09	34	4:08	35	4:06	36	4:10	37	4:07	38	4:09	39	4:01	40	3:54
	1:59:26 (21)		2:03:38 (21)		2:07:47 (19)		2:11:55 (18)		2:16:01 (18)		2:20:11 (19)		2:24:18 (17)		2:28:27 (17)		2:32:28 (17)		2:36:22 (17)
41	3:59	42	3:55	43	3:42														
	2:40:21 (17)		2:44:16 (17)		2:47:58 (17)														

18 Charlotta FOUGBERG

SWE 19 Jun 85 **2:49:17**

1	3:45	2	3:42	3	3:49	4	3:42	5	3:46	6	3:47	7	3:46	8	3:46	9	3:45	10	3:47
	3:45 (19)		7:27 (43)		11:16 (49)		14:58 (42)		18:44 (39)		22:31 (38)		26:17 (35)		30:03 (33)		33:48 (29)		37:35 (28)
11	3:48	12	3:49	13	3:49	14	3:50	15	3:53	16	3:52	17	3:52	18	3:51	19	3:58	20	3:57
	41:23 (25)		45:12 (23)		49:01 (21)		52:51 (19)		56:44 (19)		1:00:36 (17)		1:04:28 (16)		1:08:19 (15)		1:12:17 (17)		1:16:14 (37)
21	4:01	22	23	23	3:42	24	4:03	25	4:03	26	4:33	27	4:06	28	4:12	29	4:29	30	4:12
	1:20:15 (38)		1:20:38 (38)		1:24:20 (42)		1:28:23 (42)		1:32:26 (42)		1:36:59 (42)		1:41:05 (19)		1:45:17 (19)		1:49:46 (42)		1:53:58 (19)
31	4:30	32	4:39	33	4:20	34	4:17	35	4:11	36	4:12	37	4:12	38	4:10	39	4:09	40	4:04
	1:58:28 (19)		2:03:07 (19)		2:07:27 (17)		2:11:44 (17)		2:15:55 (17)		2:20:07 (18)		2:24:19 (18)		2:28:29 (18)		2:32:38 (18)		2:36:42 (18)
41	3:57	42	3:59	43	3:57														
	2:40:39 (18)		2:44:38 (18)		2:48:35 (18)														

19 Anne-Mari HYRYLÄINEN

FIN 15 Aug 78 **2:51:26**

1	3:46	2	3:41	3	3:48	4	3:44	5	3:46	6	3:52	7	3:51	8	3:51	9	3:48	10	3:49
	3:46 (45)		7:27 (44)		11:15 (47)		14:59 (44)		18:45 (43)		22:37 (43)		26:28 (42)		30:19 (40)		34:07 (42)		37:56 (37)
11	3:50	12	4:08	13	3:50	14	4:02	15	3:57	16	3:59	17	4:03	18	4:07	19	4:02	20	4:00
	41:46 (36)		45:54 (42)		49:44 (37)		53:46 (38)		57:43 (35)		1:01:42 (31)		1:05:45 (30)		1:09:52 (29)		1:13:54 (27)		1:17:54 (44)
21	4:12	22	24	23	3:44	24	4:03	25	4:05	26	4:20	27	4:09	28	4:07	29	4:08	30	4:23
	1:22:06 (44)		1:22:30 (44)		1:26:14 (48)		1:30:17 (47)		1:34:22 (47)		1:38:42 (47)		1:42:51 (24)		1:46:58 (23)		1:51:06 (46)		1:55:29 (24)
31	4:13	32	4:09	33	4:12	34	4:10	35	4:09	36	4:12	37	4:17	38	4:21	39	4:15	40	4:22
	1:59:42 (24)		2:03:51 (23)		2:08:03 (22)		2:12:13 (20)		2:16:22 (19)		2:20:34 (20)		2:24:51 (19)		2:29:12 (19)		2:33:27 (19)		2:37:49 (19)
41	4:20	42	4:14	43	4:15														
	2:42:09 (19)		2:46:23 (19)		2:50:38 (19)														

20 Marcela JOGLOVÁ

CZE 27 Jul 87 **2:52:22**

1	3:45	2	3:37	3	3:46	4	3:43	5	3:44	6	3:44	7	3:49	8	3:49	9	3:50	10	3:53
	3:45 (18)		7:22 (44)		11:08 (24)		14:51 (31)		18:35 (28)		22:19 (28)		26:08 (28)		29:57 (26)		33:47 (28)		37:40 (29)
11	3:55	12	3:55	13	3:52	14	3:58	15	4:01	16	4:00	17	4:02	18	4:02	19	4:05	20	4:05
	41:35 (28)		45:30 (28)		49:22 (24)		53:20 (27)		57:21 (28)		1:01:21 (26)		1:05:23 (26)		1:09:25 (25)		1:13:30 (24)		1:17:35 (41)
21	4:05	22	24	23	3:43	24	4:11	25	4:13	26	4:11	27	4:13	28	4:15	29	4:15	30	4:12
	1:21:40 (42)		1:22:04 (42)		1:25:47 (45)		1:29:58 (45)		1:34:11 (46)		1:38:22 (46)		1:42:35 (22)		1:46:50 (22)		1:51:05 (45)		1:55:17 (23)
31	4:12	32	4:12	33	4:09	34	4:15	35	4:20	36	4:20	37	4:25	38	4:24	39	4:39	40	4:21
	1:59:29 (22)		2:03:41 (22)		2:07:50 (20)		2:12:05 (19)		2:16:25 (20)		2:20:45 (21)		2:25:10 (20)		2:29:34 (20)		2:34:13 (20)		2:38:34 (20)
41	4:26	42	4:20	43	4:17														
	2:43:00 (20)		2:47:20 (20)		2:51:37 (20)														



RACE ANALYSIS
Marathon Women

21 Rutendo Joan NYAHORA

ZIM 11 Nov 88 **2:52:33**

1	3:44	2	3:38	3	3:45	4	3:36	5	3:41	6	3:36	7	3:40	8	3:44	9	3:48	10	3:47
	3:44 (6)		7:22 (21)		11:07 (16)		14:43 (19)		18:24 (17)		22:00 (16)		25:40 (15)		29:24 (15)		33:12 (18)		36:59 (19)
11	3:52	12	3:54	13	3:55	14	3:53	15	4:04	16	4:00	17	3:57	18	4:03	19	4:03	20	4:01
	40:51 (19)		44:45 (19)		48:40 (18)		52:33 (17)		56:37 (17)		1:00:37 (18)		1:04:34 (18)		1:08:37 (21)		1:12:40 (22)		1:16:41 (39)
21	4:03	22	4:03	23	3:44	24	4:12	25	4:10	26	4:11	27	4:17	28	4:17	29	4:06	30	4:21
	1:20:44 (39)		1:21:08 (39)		1:24:52 (43)		1:29:04 (43)		1:33:14 (43)		1:37:25 (43)		1:41:42 (20)		1:45:59 (20)		1:50:05 (43)		1:54:26 (20)
31	4:26	32	4:33	33	4:26	34	4:38	35	4:23	36	4:15	37	4:23	38	4:22	39	4:24	40	4:21
	1:58:52 (20)		2:03:25 (20)		2:07:51 (21)		2:12:29 (21)		2:16:52 (22)		2:21:07 (22)		2:25:30 (21)		2:29:52 (21)		2:34:16 (21)		2:38:37 (21)
41	4:29	42	4:31	43	4:07														
	2:43:06 (21)		2:47:37 (21)		2:51:44 (21)														

22 Sardana TROFIMOVA

ANA 28 Mar 88 **2:52:46**

1	3:39	2	3:37	3	3:42	4	3:42	5	3:44	6	3:43	7	3:44	8	3:50	9	3:50	10	3:56
	3:39 (1)		7:16 (1)		10:58 (1)		14:40 (11)		18:24 (20)		22:07 (25)		25:51 (24)		29:41 (25)		33:31 (25)		37:27 (25)
11	3:59	12	4:04	13	4:01	14	4:03	15	4:05	16	4:08	17	4:03	18	4:09	19	4:03	20	3:59
	41:26 (27)		45:30 (27)		49:31 (31)		53:34 (30)		57:39 (29)		1:01:47 (35)		1:05:50 (34)		1:09:59 (32)		1:14:02 (30)		1:18:01 (45)
21	4:11	22	4:26	23	3:56	24	4:19	25	4:15	26	4:17	27	4:21	28	4:16	29	4:13	30	4:13
	1:22:12 (46)		1:22:38 (47)		1:26:34 (54)		1:30:53 (54)		1:35:08 (53)		1:39:25 (52)		1:43:46 (29)		1:48:02 (28)		1:52:15 (50)		1:56:28 (26)
31	4:10	32	4:18	33	4:22	34	4:21	35	4:19	36	4:23	37	4:14	38	4:18	39	4:18	40	4:20
	2:00:38 (25)		2:04:56 (24)		2:09:18 (23)		2:13:39 (23)		2:17:58 (23)		2:22:21 (23)		2:26:35 (22)		2:30:53 (22)		2:35:11 (22)		2:39:31 (22)
41	4:18	42	4:09	43	4:03														
	2:43:49 (22)		2:47:58 (22)		2:52:01 (22)														

23 Nazret WELDU

ERI 1 Jan 90 **2:53:45**

1	3:45	2	3:40	3	3:48	4	3:42	5	3:42	6	3:47	7	3:47	8	3:47	9	3:47	10	3:50
	3:45 (26)		7:25 (37)		11:13 (39)		14:55 (37)		18:37 (33)		22:24 (29)		26:11 (29)		29:58 (28)		33:45 (27)		37:35 (27)
11	3:51	12	3:52	13	3:57	14	3:58	15	3:52	16	3:54	17	4:05	18	4:12	19	4:14	20	4:18
	41:26 (26)		45:18 (25)		49:15 (22)		53:13 (21)		57:05 (23)		1:00:59 (25)		1:05:04 (25)		1:09:16 (24)		1:13:30 (25)		1:17:48 (42)
21	4:19	22	4:25	23	3:57	24	4:14	25	4:15	26	4:20	27	4:21	28	4:26	29	4:22	30	4:25
	1:22:07 (45)		1:22:32 (45)		1:26:29 (52)		1:30:43 (53)		1:34:58 (51)		1:39:18 (51)		1:43:39 (28)		1:48:05 (29)		1:52:27 (51)		1:56:52 (28)
31	4:31	32	4:33	33	4:35	34	4:31	35	4:30	36	4:22	37	4:17	38	4:11	39	4:06	40	4:10
	2:01:23 (28)		2:05:56 (28)		2:10:31 (27)		2:15:02 (26)		2:19:32 (27)		2:23:54 (25)		2:28:11 (23)		2:32:22 (23)		2:36:28 (23)		2:40:38 (23)
41	4:12	42	4:10	43	4:01														
	2:44:50 (23)		2:49:00 (23)		2:53:01 (23)														

24 Yugui MA

CHN 4 Mar 95 **2:55:24**

1	3:46	2	3:40	3	3:47	4	3:42	5	3:43	6	3:51	7	3:51	8	3:53	9	3:52	10	3:52
	3:46 (44)		7:26 (41)		11:13 (40)		14:55 (38)		18:38 (36)		22:29 (37)		26:20 (37)		30:13 (36)		34:05 (33)		37:57 (39)
11	3:57	12	4:00	13	4:04	14	4:10	15	4:18	16	4:18	17	4:24	18	4:34	19	4:33	20	4:26
	41:54 (39)		45:54 (43)		49:58 (40)		54:08 (40)		58:26 (41)		1:02:44 (42)		1:07:08 (40)		1:11:42 (39)		1:16:15 (40)		1:20:41 (60)
21	4:26	22	4:26	23	3:59	24	4:25	25	4:16	26	4:18	27	4:16	28	4:16	29	4:06	30	4:06
	1:25:07 (59)		1:25:33 (58)		1:29:32 (64)		1:33:57 (63)		1:38:13 (63)		1:42:31 (63)		1:46:47 (37)		1:51:03 (37)		1:55:09 (59)		1:59:15 (35)
31	4:09	32	4:10	33	4:14	34	4:18	35	4:16	36	4:15	37	4:20	38	4:18	39	4:15	40	4:16
	2:03:24 (33)		2:07:34 (32)		2:11:48 (31)		2:16:06 (29)		2:20:22 (29)		2:24:37 (29)		2:28:57 (28)		2:33:15 (25)		2:37:30 (24)		2:41:46 (24)
41	4:18	42	4:20	43	4:12														
	2:46:04 (24)		2:50:24 (24)		2:54:36 (24)														

25 Khishigaikhan GALBADRAKH

MGL 28 Aug 90 **2:56:15**

1	3:46	2	3:41	3	3:46	4	3:42	5	3:50	6	3:50	7	3:53	8	4:00	9	4:09	10	4:08
	3:46 (46)		7:27 (46)		11:13 (42)		14:55 (39)		18:45 (42)		22:35 (42)		26:28 (41)		30:28 (51)		34:37 (52)		38:45 (53)
11	4:08	12	4:11	13	4:21	14	4:18	15	4:11	16	4:10	17	4:12	18	4:09	19	4:08	20	4:08
	42:53 (54)		47:04 (55)		51:25 (51)		55:43 (51)		59:54 (49)		1:04:04 (48)		1:08:16 (45)		1:12:25 (44)		1:16:33 (44)		1:20:41 (58)
21	4:04	22	4:04	23	3:51	24	4:06	25	4:02	26	4:10	27	4:15	28	4:17	29	4:10	30	4:21
	1:24:45 (56)		1:25:09 (55)		1:29:00 (60)		1:33:06 (58)		1:37:08 (58)		1:41:18 (58)		1:45:33 (35)		1:49:50 (34)		1:54:00 (57)		1:58:21 (33)
31	4:16	32	4:18	33	4:17	34	4:20	35	4:24	36	4:24	37	4:31	38	4:24	39	4:21	40	4:26
	2:02:37 (30)		2:06:55 (30)		2:11:12 (29)		2:15:32 (27)		2:19:56 (28)		2:24:20 (28)		2:28:51 (27)		2:33:15 (26)		2:37:36 (25)		2:42:02 (25)
41	4:35	42	4:32	43	4:18														
	2:46:37 (25)		2:51:09 (25)		2:55:27 (25)														



RACE ANALYSIS
Marathon Women

26 Alisa VAINIO FIN 16 Nov 97 2:56:30

1	3:47	2	3:45	3	3:46	4	3:48	5	3:48	6	3:49	7	3:49	8	3:51	9	3:51	10	3:51	SB
	3:47 (56)		7:32 (54)		11:18 (51)		15:06 (50)		18:54 (49)		22:43 (49)		26:32 (49)		30:23 (47)		34:14 (47)		38:05 (46)	
11	3:53	12	3:54	13	3:53	14	3:56	15	4:01	16	4:00	17	4:03	18	4:04	19	4:02	20	4:02	
	41:58 (43)		45:52 (40)		49:45 (39)		53:41 (35)		57:42 (31)		1:01:42 (28)		1:05:45 (29)		1:09:49 (26)		1:13:51 (26)		1:17:53 (43)	
21	4:04	22	4:04	23	3:39	24	4:03	25	4:05	26	4:09	27	4:12	28	4:14	29	4:08	30	4:19	
	1:21:57 (43)		1:22:21 (43)		1:26:00 (47)		1:30:03 (46)		1:34:08 (45)		1:38:17 (45)		1:42:29 (21)		1:46:43 (21)		1:50:51 (44)		1:55:10 (21)	
31	4:23	32	5:23	33	4:34	34	4:44	35	4:42	36	4:39	37	4:53	38	4:36	39	4:33	40	4:32	
	1:59:33 (23)		2:04:56 (25)		2:09:30 (24)		2:14:14 (24)		2:18:56 (24)		2:23:35 (24)		2:28:28 (24)		2:33:04 (24)		2:37:37 (26)		2:42:09 (26)	
41	4:37	42	4:32	43	4:25															
	2:46:46 (26)		2:51:18 (26)		2:55:43 (26)															

27 Melanie MYRAND CAN 7 Oct 85 2:57:40

1	3:47	2	3:48	3	3:47	4	3:48	5	3:47	6	3:47	7	3:50	8	3:50	9	3:48	10	3:52	
	3:47 (59)		7:35 (57)		11:22 (57)		15:10 (55)		18:57 (53)		22:44 (53)		26:34 (52)		30:24 (50)		34:12 (46)		38:04 (44)	
11	3:53	12	3:54	13	3:54	14	3:58	15	4:00	16	4:01	17	4:01	18	4:05	19	4:07	20	4:08	
	41:57 (41)		45:51 (39)		49:45 (38)		53:43 (37)		57:43 (37)		1:01:44 (32)		1:05:45 (28)		1:09:50 (27)		1:13:57 (28)		1:18:05 (46)	
21	4:08	22	4:08	23	3:41	24	4:04	25	4:13	26	4:12	27	4:18	28	4:17	29	4:23	30	4:25	
	1:22:13 (47)		1:22:37 (46)		1:26:18 (49)		1:30:22 (48)		1:34:35 (48)		1:38:47 (48)		1:43:05 (26)		1:47:22 (25)		1:51:45 (48)		1:56:10 (25)	
31	4:33	32	4:33	33	4:36	34	4:39	35	4:47	36	4:44	37	4:44	38	4:43	39	4:45	40	4:46	
	2:00:43 (26)		2:05:16 (26)		2:09:52 (26)		2:14:31 (25)		2:19:18 (26)		2:24:02 (26)		2:28:46 (25)		2:33:29 (27)		2:38:14 (27)		2:43:00 (27)	
41	4:41	42	4:40	43	4:30															
	2:47:41 (27)		2:52:21 (27)		2:56:51 (27)															

28 Salomé ROCHA POR 25 Apr 90 2:58:19

1	3:44	2	3:38	3	3:45	4	3:40	5	3:41	6	3:38	7	3:42	8	3:38	9	3:41	10	3:43	
	3:44 (15)		7:22 (18)		11:07 (18)		14:47 (24)		18:28 (25)		22:06 (24)		25:48 (22)		29:26 (16)		33:07 (14)		36:50 (12)	
11	3:39	12	3:41	13	3:42	14	3:44	15	3:43	16	3:45	17	3:44	18	3:49	19	3:49	20	3:48	
	40:29 (9)		44:10 (10)		47:52 (9)		51:36 (9)		55:19 (8)		59:04 (8)		1:02:48 (9)		1:06:37 (9)		1:10:26 (9)		1:14:14 (27)	
21	3:55	22	3:54	23	3:54	24	4:04	25	4:15	26	4:17	27	4:17	28	4:31	29	4:41	30	4:55	
	1:18:09 (28)		1:18:31 (22)		1:22:25 (32)		1:26:29 (36)		1:30:44 (36)		1:35:31 (40)		1:39:48 (18)		1:44:19 (18)		1:49:00 (41)		1:53:55 (18)	
31	4:09	32	4:59	33	4:27	34	5:20	35	6:08	36	5:17	37	4:33	38	6:24	39	4:24	40	4:43	
	1:58:04 (18)		2:03:03 (18)		2:07:30 (18)		2:12:50 (22)		2:18:58 (25)		2:24:15 (27)		2:28:48 (26)		2:35:12 (29)		2:39:36 (28)		2:44:19 (28)	
41	4:57	42	4:19	43	3:57															
	2:49:16 (29)		2:53:35 (28)		2:57:32 (28)															

29 Gloria PRIVILETZO GRE 18 Jul 88 2:58:43

1	3:50	2	3:53	3	3:53	4	3:50	5	3:55	6	3:53	7	3:54	8	3:55	9	3:56	10	3:59	
	3:50 (64)		7:43 (63)		11:36 (67)		15:26 (65)		19:21 (65)		23:14 (64)		27:08 (61)		31:03 (59)		34:59 (58)		38:58 (56)	
11	3:56	12	4:04	13	4:01	14	4:15	15	4:08	16	4:06	17	4:12	18	4:14	19	4:27	20	4:12	
	42:54 (55)		46:58 (54)		50:59 (49)		55:14 (49)		59:22 (47)		1:03:28 (46)		1:07:40 (43)		1:11:54 (41)		1:16:21 (43)		1:20:33 (57)	
21	4:32	22	4:26	23	3:50	24	4:14	25	4:13	26	4:34	27	4:25	28	4:50	29	5:05	30	4:18	
	1:25:05 (58)		1:25:31 (57)		1:29:21 (61)		1:33:35 (61)		1:37:48 (61)		1:42:22 (60)		1:46:47 (38)		1:51:37 (39)		1:56:42 (63)		2:01:00 (39)	
31	4:25	32	4:20	33	4:14	34	4:14	35	4:19	36	4:19	37	4:21	38	4:29	39	4:30	40	4:35	
	2:05:25 (38)		2:09:45 (36)		2:13:59 (35)		2:18:13 (33)		2:22:32 (32)		2:26:51 (31)		2:31:12 (30)		2:35:41 (30)		2:40:11 (30)		2:44:46 (29)	
41	4:28	42	4:38	43	4:05															
	2:49:14 (28)		2:53:52 (29)		2:57:57 (29)															

30 Valdilene DOS SANTOS SILVA BRA 18 Dec 91 2:59:00

1	3:45	2	3:38	3	3:46	4	3:46	5	3:48	6	3:52	7	3:52	8	3:52	9	3:51	10	4:02	
	3:45 (33)		7:23 (28)		11:09 (26)		14:55 (35)		18:43 (38)		22:35 (40)		26:27 (40)		30:19 (38)		34:10 (45)		38:12 (48)	
11	4:08	12	4:03	13	4:11	14	4:15	15	4:18	16	4:12	17	4:12	18	4:18	19	4:14	20	4:16	
	42:20 (48)		46:23 (49)		50:34 (46)		54:49 (45)		59:07 (44)		1:03:19 (43)		1:07:31 (41)		1:11:46 (40)		1:16:00 (39)		1:20:16 (54)	
21	4:19	22	4:14	23	4:22	24	4:29	25	4:23	26	4:28	27	4:27	28	4:28	29	4:39	30	4:27	
	1:24:35 (54)		1:33:08 (59)		1:37:30 (59)		1:41:59 (59)		1:46:22 (36)		1:50:50 (36)		1:55:17 (60)		1:59:45 (36)		2:04:24 (35)		2:08:51 (34)	
31	4:35	32	4:34	33	5:14	34	4:29	35	4:24	36	4:24	37	4:24	38	4:27	39	4:25	40	4:16	
	2:13:26 (33)		2:18:00 (31)		2:23:14 (34)		2:27:43 (34)		2:32:07 (32)		2:36:31 (32)		2:40:55 (32)		2:45:22 (31)		2:49:47 (31)		2:54:03 (30)	
41	4:14																			
	2:58:17 (30)																			



RACE ANALYSIS
Marathon Women

31 Manuela SOCCOL

BEL 16 Jun 88 **2:59:11**

1	3:51	2	3:54	3	3:51	4	3:50	5	3:54	6	3:55	7	3:57	8	4:03	9	4:03	10	4:04
	3:51 (68)		7:45 (65)		11:36 (66)		15:26 (66)		19:20 (64)		23:15 (65)		27:12 (64)		31:15 (63)		35:18 (63)		39:22 (61)
11	4:07	12	4:06	13	4:06	14	4:07	15	4:07	16	4:10	17	4:13	18	4:12	19	4:12	20	4:12
	43:29 (60)		47:35 (60)		51:41 (54)		55:48 (52)		59:55 (50)		1:04:05 (49)		1:08:18 (47)		1:12:30 (45)		1:16:42 (45)		1:20:54 (61)
21	4:14	22	25	23	3:51	24	4:16	25	4:23	26	4:23	27	4:25	28	4:29	29	4:25	30	4:28
	1:25:08 (60)		1:25:33 (59)		1:29:24 (62)		1:33:40 (62)		1:38:03 (62)		1:42:26 (61)		1:46:51 (39)		1:51:20 (38)		1:55:45 (61)		2:00:13 (37)
31	4:29	32	4:29	33	4:27	34	4:30	35	4:32	36	4:31	37	4:32	38	4:30	39	4:27	40	4:30
	2:04:42 (37)		2:09:11 (35)		2:13:38 (34)		2:18:08 (32)		2:22:40 (33)		2:27:11 (32)		2:31:43 (31)		2:36:13 (31)		2:40:40 (31)		2:45:10 (30)
41	4:32	42	4:28	43	4:14														
	2:49:42 (30)		2:54:10 (31)		2:58:24 (31)														

32 Sviatlana KUDZELICH

BLR 7 May 87 **3:00:38**

1	3:51	2	3:54	3	3:49	4	3:51	5	3:50	6	3:49	7	3:52	8	3:48	9	3:54	10	3:51
	3:51 (65)		7:45 (67)		11:34 (62)		15:25 (63)		19:15 (62)		23:04 (59)		26:56 (58)		30:44 (54)		34:38 (54)		38:29 (51)
11	3:56	12	3:58	13	4:02	14	4:03	15	4:00	16	4:03	17	3:56	18	4:06	19	4:05	20	4:05
	42:25 (50)		46:23 (50)		50:25 (45)		54:28 (44)		58:28 (43)		1:02:31 (39)		1:06:27 (37)		1:10:33 (36)		1:14:38 (35)		1:18:43 (52)
21	4:09	22	22	23	3:55	24	4:13	25	4:08	26	4:19	27	4:19	28	4:20	29	4:38	30	4:24
	1:22:52 (52)		1:23:14 (52)		1:27:09 (56)		1:31:22 (55)		1:35:30 (55)		1:39:49 (55)		1:44:08 (31)		1:48:28 (30)		1:53:06 (53)		1:57:30 (29)
31	4:28	32	4:34	33	4:40	34	4:48	35	4:42	36	4:58	37	4:45	38	4:41	39	5:00	40	5:24
	2:01:58 (29)		2:06:32 (29)		2:11:12 (28)		2:16:00 (28)		2:20:42 (30)		2:25:40 (30)		2:30:25 (29)		2:35:06 (28)		2:40:06 (29)		2:45:30 (32)
41	5:01	42	4:53	43	4:27														
	2:50:31 (32)		2:55:24 (32)		2:59:51 (32)														

33 Cuomu CIREN

CHN 27 Aug 97 **3:01:56**

1	3:45	2	3:37	3	3:48	4	3:40	5	3:46	6	3:52	7	3:56	8	3:55	9	3:47	10	3:54
	3:45 (21)		7:22 (25)		11:10 (29)		14:50 (28)		18:36 (31)		22:28 (36)		26:24 (39)		30:19 (39)		34:06 (38)		38:00 (43)
11	4:12	12	4:08	13	4:20	14	4:19	15	4:14	16	4:12	17	4:21	18	4:22	19	4:09	20	4:08
	42:12 (46)		46:20 (47)		50:40 (47)		54:59 (46)		59:13 (45)		1:03:25 (44)		1:07:46 (44)		1:12:08 (43)		1:16:17 (42)		1:20:25 (56)
21	4:14	22	24	23	3:50	24	4:24	25	4:30	26	4:41	27	4:49	28	4:44	29	4:31	30	4:24
	1:24:39 (55)		1:25:03 (54)		1:28:53 (58)		1:33:17 (60)		1:37:47 (60)		1:42:28 (62)		1:47:17 (40)		1:52:01 (40)		1:56:32 (62)		2:00:56 (38)
31	4:31	32	4:43	33	4:47	34	4:49	35	4:53	36	4:55	37	4:40	38	4:27	39	4:30	40	4:27
	2:05:27 (39)		2:10:10 (37)		2:14:57 (37)		2:19:46 (35)		2:24:39 (36)		2:29:34 (35)		2:34:14 (34)		2:38:41 (34)		2:43:11 (34)		2:47:38 (33)
41	4:33	42	4:26	43	4:32														
	2:52:11 (33)		2:56:37 (33)		3:01:09 (33)														

34 Munkhaya BAYARTSOGT

MGL 10 Oct 93 **3:02:57**

1	3:45	2	3:42	3	3:46	4	3:42	5	3:49	6	3:51	7	3:49	8	3:49	9	3:52	10	3:54
	3:45 (38)		7:27 (45)		11:13 (35)		14:55 (40)		18:44 (40)		22:35 (39)		26:24 (38)		30:13 (37)		34:05 (35)		37:59 (41)
11	3:59	12	4:03	13	4:03	14	4:10	15	4:11	16	4:09	17	4:10	18	4:08	19	4:13	20	4:12
	41:58 (44)		46:01 (44)		50:04 (41)		54:14 (42)		58:25 (40)		1:02:34 (40)		1:06:44 (38)		1:10:52 (37)		1:15:05 (37)		1:19:17 (53)
21	4:18	22	25	23	4:05	24	4:25	25	4:19	26	4:15	27	4:17	28	4:17	29	4:16	30	4:22
	1:23:35 (53)		1:24:00 (53)		1:28:05 (57)		1:32:30 (57)		1:36:49 (57)		1:41:04 (57)		1:45:21 (34)		1:49:38 (33)		1:53:54 (56)		1:58:16 (32)
31	4:21	32	4:18	33	4:41	34	4:59	35	5:46	36	4:59	37	4:53	38	5:15	39	4:58	40	5:32
	2:02:37 (31)		2:06:55 (31)		2:11:36 (30)		2:16:35 (30)		2:22:21 (31)		2:27:20 (33)		2:32:13 (33)		2:37:28 (33)		2:42:26 (33)		2:47:58 (34)
41	4:45	42	4:54	43	4:30														
	2:52:43 (34)		2:57:37 (34)		3:02:07 (34)														

35 Rochelle RODGERS

AUS 15 Apr 87 **3:05:12**

1	3:46	2	3:41	3	3:46	4	3:43	5	3:48	6	3:51	7	3:54	8	3:55	9	3:58	10	4:04
	3:46 (48)		7:27 (47)		11:13 (41)		14:56 (41)		18:44 (41)		22:35 (41)		26:29 (43)		30:24 (49)		34:22 (50)		38:26 (50)
11	4:11	12	4:21	13	4:43	14	4:10	15	4:12	16	4:13	17	4:16	18	5:12	19	4:20	20	4:19
	42:37 (51)		46:58 (53)		51:41 (55)		55:51 (53)		1:00:03 (52)		1:04:16 (51)		1:08:32 (49)		1:13:44 (49)		1:18:04 (48)		1:22:23 (65)
21	4:17	22	25	23	3:54	24	4:23	25	4:33	26	4:30	27	4:26	28	4:29	29	4:31	30	4:28
	1:26:40 (64)		1:27:05 (62)		1:30:59 (65)		1:35:22 (65)		1:39:55 (65)		1:44:25 (65)		1:48:51 (41)		1:53:20 (41)		1:57:51 (64)		2:02:19 (40)
31	4:29	32	4:38	33	4:33	34	4:41	35	4:37	36	4:41	37	4:36	38	4:40	39	4:51	40	4:50
	2:06:48 (40)		2:11:26 (39)		2:15:59 (38)		2:20:40 (36)		2:25:17 (37)		2:29:58 (36)		2:34:34 (35)		2:39:14 (35)		2:44:05 (35)		2:48:55 (35)
41	5:16	42	5:14	43	4:52														
	2:54:11 (35)		2:59:25 (35)		3:04:17 (35)														



RACE ANALYSIS
Marathon Women

36 Andreia HESSEL BRA 10 Aug 84 **3:06:13**

1	3:46	2	3:44	3	3:49	4	3:51	5	3:54	6	3:59	7	4:00	8	4:06	9	4:08	10	4:09
	3:46 (42)		7:30 (51)		11:19 (54)		15:10 (57)		19:04 (56)		23:03 (58)		27:03 (60)		31:09 (61)		35:17 (62)		39:26 (62)
11	4:13	12	4:14	13	4:15	14	4:19	15	4:22	16	4:23	17	4:23	18	4:24	19	4:17	20	4:19
	43:39 (61)		47:53 (61)		52:08 (58)		56:27 (57)		1:00:49 (56)		1:05:12 (55)		1:09:35 (52)		1:13:59 (51)		1:18:16 (51)		1:22:35 (67)
21	4:30	22	26	23	4:08	24	4:37	25	4:39	26	4:32	27	4:37	28	4:47	29	4:47	30	4:41
	1:27:05 (66)		1:27:31 (64)		1:31:39 (68)		1:36:16 (68)		1:40:55 (67)		1:45:27 (67)		1:50:04 (44)		1:54:51 (44)		1:59:38 (66)		2:04:19 (42)
31	4:42	32	4:43	33	4:42	34	4:42	35	4:50	36	4:47	37	4:38	38	4:32	39	4:36	40	4:42
	2:09:01 (42)		2:13:44 (41)		2:18:26 (41)		2:23:08 (38)		2:27:58 (39)		2:32:45 (40)		2:37:23 (37)		2:41:55 (37)		2:46:31 (36)		2:51:13 (36)
41	4:46	42	4:40	43	4:41														
	2:55:59 (36)		3:00:39 (36)		3:05:20 (36)														

37 Johanna BÄCKLUND SWE 9 Jun 85 **3:08:30**

1	3:47	2	3:47	3	3:52	4	3:52	5	3:56	6	3:55	7	4:01	8	3:59	9	4:01	10	4:05
	3:47 (55)		7:34 (56)		11:26 (60)		15:18 (60)		19:14 (60)		23:09 (61)		27:10 (62)		31:09 (60)		35:10 (60)		39:15 (59)
11	4:08	12	4:11	13	4:14	14	4:33	15	4:18	16	4:18	17	4:33	18	4:23	19	4:22	20	4:18
	43:23 (59)		47:34 (59)		51:48 (57)		56:21 (56)		1:00:39 (55)		1:04:57 (54)		1:09:30 (51)		1:13:53 (50)		1:18:15 (50)		1:22:33 (66)
21	4:31	22	26	23	4:02	24	4:20	25	4:32	26	4:33	27	4:31	28	4:32	29	4:53	30	4:42
	1:27:04 (65)		1:27:30 (63)		1:31:32 (67)		1:35:52 (66)		1:40:24 (66)		1:44:57 (66)		1:49:28 (43)		1:54:00 (42)		1:58:53 (65)		2:03:35 (41)
31	4:40	32	4:51	33	4:49	34	4:54	35	4:50	36	4:56	37	5:06	38	5:00	39	5:10	40	5:08
	2:08:15 (41)		2:13:06 (40)		2:17:55 (40)		2:22:49 (37)		2:27:39 (38)		2:32:35 (39)		2:37:41 (38)		2:42:41 (38)		2:47:51 (38)		2:52:59 (38)
41	4:53	42	4:51	43	4:51														
	2:57:52 (37)		3:02:43 (37)		3:07:34 (37)														

38 Kelsey BRUCE USA 27 Oct 92 **3:09:37**

1	3:47	2	3:43	3	3:48	4	3:47	5	3:50	6	3:47	7	3:50	8	3:48	9	3:48	10	3:51
	3:47 (54)		7:30 (50)		11:18 (50)		15:05 (49)		18:55 (50)		22:42 (45)		26:32 (48)		30:20 (42)		34:08 (43)		37:59 (42)
11	3:55	12	3:55	13	3:55	14	3:56	15	4:03	16	3:59	17	4:03	18	4:06	19	4:08	20	4:08
	41:54 (38)		45:49 (37)		49:44 (35)		53:40 (34)		57:43 (34)		1:01:42 (29)		1:05:45 (31)		1:09:51 (28)		1:13:59 (29)		1:18:07 (48)
21	4:08	22	26	23	3:47	24	4:13	25	4:34	26	4:30	27	4:23	28	4:41	29	4:36	30	4:33
	1:22:15 (49)		1:22:41 (49)		1:26:28 (51)		1:30:41 (52)		1:35:15 (54)		1:39:45 (54)		1:44:08 (30)		1:48:49 (31)		1:53:25 (54)		1:57:58 (30)
31	4:42	32	5:20	33	4:52	34	5:48	35	4:48	36	7:39	37	4:29	38	5:43	39	5:45	40	4:59
	2:02:40 (32)		2:08:00 (33)		2:12:52 (32)		2:18:40 (34)		2:23:28 (35)		2:31:07 (37)		2:35:36 (36)		2:41:19 (36)		2:47:04 (37)		2:52:03 (37)
41	6:15	42	5:46	43	4:42														
	2:58:18 (38)		3:04:04 (38)		3:08:46 (38)														

39 Mayada AL SAYAD PLE 26 Oct 92 **3:10:30**

1	3:47	2	3:48	3	3:50	4	3:49	5	3:51	6	3:54	7	3:54	8	3:57	9	3:58	10	3:59
	3:47 (60)		7:35 (60)		11:25 (59)		15:14 (59)		19:05 (57)		22:59 (56)		26:53 (56)		30:50 (56)		34:48 (56)		38:47 (55)
11	4:05	12	4:04	13	4:03	14	4:08	15	4:18	16	4:22	17	4:29	18	4:31	19	4:32	20	4:35
	42:52 (53)		46:56 (52)		50:59 (50)		55:07 (48)		59:25 (48)		1:03:47 (47)		1:08:16 (46)		1:12:47 (46)		1:17:19 (47)		1:21:54 (64)
21	4:41	22	28	23	4:14	24	4:47	25	4:52	26	5:00	27	5:00	28	4:54	29	4:59	30	4:45
	1:26:35 (61)		1:27:03 (61)		1:31:17 (66)		1:36:04 (67)		1:40:56 (68)		1:45:56 (68)		1:50:56 (45)		1:55:50 (45)		2:00:49 (67)		2:05:34 (43)
31	4:50	32	4:46	33	4:45	34	4:48	35	4:52	36	5:00	37	4:59	38	5:00	39	4:55	40	4:59
	2:10:24 (43)		2:15:10 (42)		2:19:55 (42)		2:24:43 (39)		2:29:35 (41)		2:34:35 (41)		2:39:34 (39)		2:44:34 (39)		2:49:29 (39)		2:54:28 (39)
41	5:02	42	5:09	43	4:59														
	2:59:30 (39)		3:04:39 (39)		3:09:38 (39)														

40 Gabriela TRAÑA CRC 3 Mar 80 **3:19:13**

1	3:48	2	3:55	3	4:00	4	4:04	5	4:09	6	4:06	7	4:10	8	4:10	9	4:07	10	4:06
	3:48 (61)		7:43 (64)		11:43 (68)		15:47 (68)		19:56 (68)		24:02 (68)		28:12 (68)		32:22 (67)		36:29 (67)		40:35 (66)
11	4:12	12	4:19	13	4:22	14	4:27	15	4:27	16	4:25	17	4:32	18	4:37	19	4:35	20	4:37
	44:47 (64)		49:06 (64)		53:28 (60)		57:55 (59)		1:02:22 (57)		1:06:47 (56)		1:11:19 (53)		1:15:56 (52)		1:20:31 (52)		1:25:08 (70)
21	4:38	22	27	23	4:14	24	4:43	25	4:46	26	4:49	27	5:01	28	4:52	29	4:53	30	5:01
	1:29:46 (68)		1:30:13 (66)		1:34:27 (70)		1:39:10 (70)		1:43:56 (70)		1:48:45 (70)		1:53:46 (47)		1:58:38 (46)		2:03:31 (68)		2:08:32 (44)
31	5:06	32	5:04	33	5:17	34	5:19	35	5:24	36	5:26	37	5:29	38	5:27	39	5:31	40	5:32
	2:13:38 (44)		2:18:42 (43)		2:23:59 (43)		2:29:18 (41)		2:34:42 (42)		2:40:08 (42)		2:45:37 (40)		2:51:04 (40)		2:56:35 (40)		3:02:07 (40)
41	5:38	42	5:25	43	5:07														
	3:07:45 (40)		3:13:10 (40)		3:18:17 (40)														

Dagmara HANDZLIK CYP 20 Feb 86 **DNF**

1	3:44	2	3:40	3	3:48	4	3:55	5	4:02	6	4:05	7	4:06	8	4:13	9	4:18	10	4:12
	3:44 (16)		7:24 (33)		11:12 (33)		15:07 (53)		19:09 (59)		23:14 (63)		27:20 (66)		31:33 (65)		35:51 (65)		40:03 (64)

Charlotte PURDUE GBR 10 Jun 91 **DNF**

1	3:46	2	3:41	3	3:47	4	3:40	5	3:41	6	3:36	7	3:41	8	3:39	9	3:44	10	3:44
	3:46 (50)		7:27 (48)		11:14 (45)		14:54 (34)		18:35 (27)		22:11 (26)		25:52 (25)		29:31 (21)		33:15 (21)		36:59 (20)
11	3:46	12	3:49	13	4:08	14	3:47	15	3:45										
	40:45 (18)		44:34 (18)		48:42 (19)		52:29 (16)		56:14 (16)										



RACE ANALYSIS
Marathon Women

Sara DOSSENA

ITA 21 Nov 84 **DNF**

1	3:44	2	3:38	3	3:46	4	3:39	5	3:39	6	3:39	7	3:42	8	3:43	9	3:46	10	3:52
	3:44 (9)		7:22 (16)		11:08 (22)		14:47 (23)		18:26 (24)		22:05 (20)		25:47 (21)		29:30 (18)		33:16 (22)		37:08 (22)
11	3:58	12	4:02	13	28:39														
	41:06 (22)		45:08 (22)		1:13:47 (61)														

Monika BYTAUTIENĖ

LTU 17 Mar 89 **DNF**

1	3:49	2	3:50	3	3:50	4	3:54	5	3:55	6	3:55	7	3:57	8	4:00	9	4:00	10	4:06
	3:49 (62)		7:39 (61)		11:29 (61)		15:23 (61)		19:18 (63)		23:13 (62)		27:10 (63)		31:10 (62)		35:10 (61)		39:16 (60)
11	4:07	12	4:11	13	4:07	14	4:11	15	4:14	16	4:21								
	43:23 (58)		47:34 (58)		51:41 (56)		55:52 (54)		1:00:06 (53)		1:04:27 (52)								

Ayano IKEMITSU

JPN 18 Apr 91 **DNF**

1	3:46	2	3:40	3	3:49	4	3:44	5	3:52	6	3:52	7	3:48	8	3:49	9	3:46	10	3:49
	3:46 (41)		7:26 (39)		11:15 (46)		14:59 (46)		18:51 (45)		22:43 (47)		26:31 (45)		30:20 (41)		34:06 (36)		37:55 (35)
11	3:48	12	3:51	13	3:48	14	3:52	15	3:53	16	3:48	17	3:50	18	3:57	19	3:57	20	3:58
	41:43 (33)		45:34 (30)		49:22 (27)		53:14 (24)		57:07 (26)		1:00:55 (22)		1:04:45 (22)		1:08:42 (22)		1:12:39 (21)		1:16:37 (38)
21	4:09	22	25	23	3:48	24	4:18	25	4:23	26	4:34	27	4:36	28	4:55	29	5:14	30	5:08
	1:20:46 (40)		1:21:11 (40)		1:24:59 (44)		1:29:17 (44)		1:33:40 (44)		1:38:14 (44)		1:42:50 (23)		1:47:45 (26)		1:52:59 (52)		1:58:07 (31)
31	5:21																		
	2:03:28 (34)																		

Bojana BJELJAC

CRO 10 Apr 89 **DNF**

1	3:45	2	3:39	3	3:46	4	3:41	5	3:45	6	3:48	7	3:48	8	3:49	9	3:49	10	3:53
	3:45 (24)		7:24 (32)		11:10 (28)		14:51 (32)		18:36 (32)		22:24 (33)		26:12 (34)		30:01 (32)		33:50 (32)		37:43 (31)
11	3:55	12	3:57	13	3:59	14	4:03	15	4:06	16	4:05								
	41:38 (29)		45:35 (34)		49:34 (33)		53:37 (32)		57:43 (33)		1:01:48 (36)								

Rosa CHACHA

ECU 8 Dec 82 **DNF**

1	3:46	2	3:48	3	3:44	4	3:49	5	3:51	6	3:53	7	3:56	8	4:00	9	4:00	10	3:59
	3:46 (51)		7:34 (55)		11:18 (52)		15:07 (54)		18:58 (54)		22:51 (55)		26:47 (55)		30:47 (55)		34:47 (55)		38:46 (54)
11	4:06	12	4:03	13	4:03	14	4:07	15	4:09	16	4:11	17	4:15	18	4:18	19	4:19	20	4:24
	42:52 (52)		46:55 (51)		50:58 (48)		55:05 (47)		59:14 (46)		1:03:25 (45)		1:07:40 (42)		1:11:58 (42)		1:16:17 (41)		1:20:41 (59)
21	4:42																		
	1:25:23 (61)																		

Hanna VANDENBUSSCHE

BEL 3 Jul 87 **DNF**

1	3:50	2	3:53	3	3:53	4	3:50	5	3:55	6	3:58	7	3:59	8	4:07	9	4:12	10	4:16
	3:50 (63)		7:43 (62)		11:36 (65)		15:26 (64)		19:21 (66)		23:19 (66)		27:18 (65)		31:25 (64)		35:37 (64)		39:53 (63)
11	4:25	12	4:36	13	24:53														
	44:18 (62)		48:54 (62)		1:13:47 (62)														

Failuna MATANGA

TAN 28 Oct 92 **DNF**

1	3:45	2	3:37	3	3:45	4	3:33	5	3:43	6	3:35	7	3:39	8	3:36	9	3:47	10	3:49
	3:45 (31)		7:22 (23)		11:07 (21)		14:40 (14)		18:23 (15)		21:58 (11)		25:37 (12)		29:13 (12)		33:00 (10)		36:49 (11)
11	3:40	12	3:42	13	3:51	14	3:56	15	3:55	16	4:02	17	4:09						
	40:29 (11)		44:11 (13)		48:02 (13)		51:58 (13)		55:53 (12)		59:55 (15)		1:04:04 (15)						

Elvan ABEYLEGESSE

TUR 11 Sep 82 **DNF**

1	3:47	2	3:41	3	3:45	4	3:42	5	3:43	6	3:46	7	3:47	8	3:47	9	3:47	10	3:49
	3:47 (57)		7:28 (49)		11:13 (37)		14:55 (36)		18:38 (37)		22:24 (30)		26:11 (30)		29:58 (27)		33:45 (26)		37:34 (26)
11	3:48	12	3:52																
	41:22 (24)		45:14 (24)																

Shitaye ESHETE

BRN 21 May 90 **DNF**

1	3:45	2	3:36	3	3:43	4	3:35	5	3:42	6	3:37	7	3:37	8	3:37	9	3:48	10	3:51
	3:45 (28)		7:21 (7)		11:04 (9)		14:39 (8)		18:21 (4)		21:58 (7)		25:35 (7)		29:12 (9)		33:00 (12)		36:51 (14)
11	3:39	12	3:40	13	3:56	14	3:42	15	4:05	16	3:49	17	3:46	18	3:50	19	4:09	20	12:46
	40:30 (13)		44:10 (9)		47:52 (11)		51:48 (11)		55:53 (13)		59:42 (14)		1:03:28 (14)		1:07:18 (14)		1:11:27 (14)		1:24:13 (69)
21	8:21	22	1:22																
	1:32:34 (70)		1:33:56 (68)																

Elvanie NIMBONA

BDI 15 Mar 98 **DNF**

1	3:44	2	3:38	3	3:45	4	3:36	5	3:41	6	3:41	7	3:45	8	3:46	9	3:45	10	3:49
	3:44 (14)		7:22 (11)		11:07 (17)		14:43 (20)		18:24 (18)		22:05 (19)		25:50 (23)		29:36 (24)		33:21 (23)		37:10 (23)
11	3:54	12	3:51	13	3:56	14	4:00	15	3:58	16	4:02	17	4:11	18	4:09	19	4:04	20	4:04
	41:04 (21)		44:55 (20)		48:51 (20)		52:51 (20)		56:49 (20)		1:00:51 (19)		1:05:02 (24)		1:09:11 (23)		1:13:15 (23)		1:17:19 (40)
21	4:15	22	26	23	3:57	24	4:29	25	4:37	26	4:22	27	4:46	28	4:39	29	5:03	30	5:14
	1:21:34 (41)		1:22:00 (41)		1:25:57 (46)		1:30:26 (49)		1:35:03 (52)		1:39:25 (53)		1:44:11 (32)		1:48:50 (32)		1:53:53 (55)		1:59:07 (34)
31	5:28	32	5:40	33	6:00														
	2:04:35 (36)		2:10:15 (38)		2:16:15 (39)														



RACE ANALYSIS
Marathon Women

Sitora KHAMIDOVA

UZB 12 May 89 **DNF**

1	3:51	2	3:54	3	3:51	4	3:53	5	3:58	6	4:00	7	4:08	8	4:16	9	4:17	10	4:17
	3:51 (67)		7:45 (68)		11:36 (64)		15:29 (67)		19:27 (67)		23:27 (67)		27:35 (67)		31:51 (66)		36:08 (66)		40:25 (65)
11	4:21	12	4:19	13	4:18	14	4:31	15	4:44										
	44:46 (63)		49:05 (63)		53:23 (59)		57:54 (58)		1:02:38 (58)										

Linet Toroitich CHEBET

UGA 4 Nov 92 **DNF**

1	3:44	2	3:37	3	3:42	4	3:37	5	3:42	6	3:37	7	3:40	8	3:42	9	3:46	10	3:47
	3:44 (7)		7:21 (9)		11:03 (4)		14:40 (10)		18:22 (9)		21:59 (14)		25:39 (14)		29:21 (13)		33:07 (13)		36:54 (16)
11	3:58	12	4:14	13	4:10	14	4:15												
	40:52 (20)		45:06 (21)		49:16 (23)		53:31 (29)												

Cecilia NORRBOM

SWE 28 Jan 88 **DNF**

1	3:46	2	3:45	3	3:48	4	3:48	5	3:48	6	3:48	7	3:50	8	3:51	9	3:51	10	3:55
	3:46 (52)		7:31 (52)		11:19 (53)		15:07 (51)		18:55 (51)		22:43 (51)		26:33 (50)		30:24 (48)		34:15 (48)		38:10 (47)
11	3:57	12	4:00	13	3:57	14	4:09	15	4:10	16	4:20	17	4:22	18	4:25	19	4:23	20	4:24
	42:07 (45)		46:07 (45)		50:04 (42)		54:13 (41)		58:23 (39)		1:02:43 (41)		1:07:05 (39)		1:11:30 (38)		1:15:53 (38)		1:20:17 (55)
21	4:35	22	26	23	4:06	24	4:34	25	4:46	26	5:04	27	5:18	28	5:24	29	12:12		
	1:24:52 (57)		1:25:18 (56)		1:29:24 (63)		1:33:58 (64)		1:38:44 (64)		1:43:48 (64)		1:49:06 (42)		1:54:30 (43)		2:06:42 (70)		

Fadime ÇELIK

TUR 25 Oct 86 **DNF**

1	3:47	2	3:48	3	3:48	4	3:50	5	3:52	6	3:54	7	3:59	8	3:58	9	4:04	10	4:04
	3:47 (53)		7:35 (59)		11:23 (58)		15:13 (58)		19:05 (58)		22:59 (57)		26:58 (59)		30:56 (58)		35:00 (59)		39:04 (57)
11	4:09	12	4:11	13	4:11	14	4:20	15	4:15	16	4:28	17	4:29	18	4:30	19	4:31	20	4:32
	43:13 (56)		47:24 (56)		51:35 (53)		55:55 (55)		1:00:10 (54)		1:04:38 (53)		1:09:07 (50)		1:13:37 (48)		1:18:08 (49)		1:22:40 (68)
21	4:33	22	25	23	4:06	24	4:38	25	4:44	26	4:59	27	5:32	28	9:23	29	5:30	30	4:23
	1:27:13 (67)		1:27:38 (65)		1:31:44 (69)		1:36:22 (69)		1:41:06 (69)		1:46:05 (69)		1:51:37 (46)		2:01:00 (47)		2:06:30 (69)		2:10:53 (45)
31	3:15																		
	2:14:08 (45)																		

Oleksandra SHAFAR

UKR 5 Jan 88 **DNF**

1	3:45	2	3:37	3	3:44	4	3:44	5	3:48	6	3:49	7	3:51	8	3:54	9	3:53	10	3:51
	3:45 (29)		7:22 (22)		11:06 (15)		14:50 (29)		18:38 (34)		22:27 (35)		26:18 (36)		30:12 (35)		34:05 (34)		37:56 (38)
11	3:58	12	3:58																
	41:54 (40)		45:52 (41)																

Shure DEMISE

ETH 21 Jan 96 **DNF**

1	3:45	2	3:36	3	3:45	4	3:33	5	3:44	6	3:37	7	3:43	8	3:47	9	3:51	10	3:53
	3:45 (22)		7:21 (8)		11:06 (14)		14:39 (9)		18:23 (14)		22:00 (15)		25:43 (17)		29:30 (17)		33:21 (24)		37:14 (24)
11	4:00	12	4:07	13	4:09	14	3:53	15	3:51	16	4:24								
	41:14 (23)		45:21 (26)		49:30 (30)		53:23 (28)		57:14 (27)		1:01:38 (27)								

Mariya KOROBITSKAYA

KGZ 10 May 90 **DNF**

1	3:40	2	3:38	3	3:45	4	3:37	5	3:43	6	3:36	7	3:42	8	3:43	9	3:48	10	3:48
	3:40 (2)		7:18 (2)		11:03 (5)		14:40 (15)		18:23 (11)		21:59 (12)		25:41 (16)		29:24 (14)		33:12 (17)		37:00 (21)

Dan LI

CHN 1 May 95 **DNF**

1	3:45	2	3:37	3	3:46	4	3:40	5	3:48	6	3:48	7	3:48	8	3:47	9	4:08	10	3:57
	3:45 (23)		7:22 (20)		11:08 (23)		14:48 (25)		18:36 (30)		22:24 (34)		26:12 (32)		29:59 (29)		34:07 (41)		38:04 (45)
11	3:53	12	3:52	13	3:55	14	3:58	15	4:01	16	3:59	17	4:01	18	4:20	19	4:47	20	6:22
	41:57 (42)		45:49 (38)		49:44 (36)		53:42 (36)		57:43 (36)		1:01:42 (30)		1:05:43 (27)		1:10:03 (33)		1:14:50 (36)		1:21:12 (62)

Clementine MUKANDANGA

RWA 8 Dec 85 **DNF**

1	3:44	2	3:37	3	3:46	4	3:36	5	3:41	6	3:42	7	3:55	8	4:06	9	4:13		
	3:44 (11)		7:21 (6)		11:07 (19)		14:43 (18)		18:24 (19)		22:06 (23)		26:01 (27)		30:07 (34)		34:20 (49)		

Sasha GOLLISH

CAN 27 Dec 81 **DNF**

1	3:47	2	3:48	3	3:47	4	3:48	5	3:49	6	3:50	7	3:50	8	3:56	9	3:54	10	3:53
	3:47 (58)		7:35 (58)		11:22 (56)		15:10 (56)		18:59 (55)		22:49 (54)		26:39 (53)		30:35 (52)		34:29 (51)		38:22 (49)
11	3:57	12	3:57	13	3:53	14	3:56	15	4:03	16	4:01	17	4:02	18	4:06	19	4:05	20	4:09
	42:19 (47)		46:16 (46)		50:09 (43)		54:05 (39)		58:08 (38)		1:02:09 (37)		1:06:11 (35)		1:10:17 (34)		1:14:22 (33)		1:18:31 (51)
21	12:18	22	2:14																
	1:30:49 (69)		1:33:03 (67)																

Ruti AGA

ETH 16 Jan 94 **DNF**

1	3:45	2	3:37	3	3:44	4	3:33	5	3:43	6	3:36	7	3:36	8	3:32	9	3:54	10	3:44
	3:45 (20)		7:22 (12)		11:06 (13)		14:39 (6)		18:22 (7)		21:58 (4)		25:34 (4)		29:06 (2)		33:00 (3)		36:44 (3)
11	3:16	12	3:28	13	3:35														
	40:00 (4)		43:28 (3)		47:03 (4)														



RACE ANALYSIS
Marathon Women

Giovanna EPIS

ITA 11 Oct 88 **DNF**

1	3:45	2	3:40	3	3:46	4	3:43	5	3:44	6	3:46	7	3:48	8	3:48	9	3:50	10	3:53
	3:45 (25)		7:25 (36)		11:11 (30)		14:54 (33)		18:38 (35)		22:24 (32)		26:12 (33)		30:00 (31)		33:50 (30)		37:43 (30)
11	3:55	12	3:57	13	3:59	14	4:03	15	4:05	16	4:03	17	4:04	18	4:08	19	4:08	20	4:15
	41:38 (30)		45:35 (33)		49:34 (32)		53:37 (31)		57:42 (30)		1:01:45 (34)		1:05:49 (33)		1:09:57 (31)		1:14:05 (32)		1:18:20 (49)
21	4:19	22	25	23	4:01	24	4:20	25	4:27	26	4:33	27	4:43	28	4:46	29	4:49		
	1:22:39 (51)		1:23:04 (51)		1:27:05 (55)		1:31:25 (56)		1:35:52 (56)		1:40:25 (56)		1:45:08 (33)		1:49:54 (35)		1:54:43 (58)		

Roza DEREJE

ETH 9 May 97 **DNF**

1	3:44	2	3:37	3	3:43	4	3:35	5	3:43	6	3:36	7	3:38	8	18:53
	3:44 (5)		7:21 (5)		11:04 (8)		14:39 (2)		18:22 (6)		21:58 (6)		25:36 (8)		44:29 (68)

Lonah Chemtai SALPETER

ISR 12 Dec 88 **DNF**

1	3:44	2	3:37	3	3:42	4	3:36	5	3:42	6	3:37	7	3:36	8	3:38	9	3:48	10	3:45
	3:44 (8)		7:21 (10)		11:03 (7)		14:39 (5)		18:21 (1)		21:58 (2)		25:34 (5)		29:12 (8)		33:00 (4)		36:45 (5)
11	3:38	12	3:36	13	3:39	14	3:38	15	3:42	16	3:44	17	3:40	18	3:38	19	3:40	20	3:39
	40:23 (8)		43:59 (8)		47:38 (8)		51:16 (7)		54:58 (6)		58:42 (7)		1:02:22 (7)		1:06:00 (6)		1:09:40 (6)		1:13:19 (24)
21	3:35	22	21	23	3:15	24	3:39	25	3:30	26	3:38	27	3:42	28	3:44	29	3:46	30	3:47
	1:16:54 (25)		1:17:15 (25)		1:20:30 (29)		1:24:09 (29)		1:27:39 (29)		1:31:17 (29)		1:34:59 (5)		1:38:43 (5)		1:42:29 (28)		1:46:16 (5)
31	3:46	32	3:46	33	20:38														
	1:50:02 (5)		1:53:48 (5)		2:14:26 (36)														

Hiruni Kesara WIJAYARATNE

SRI 5 Dec 90 **DNF**

1	3:45	2	3:38	3	3:50	4	3:46	5	3:53	6	3:51	7	4:02	8	4:06	9	4:05	10	4:13
	3:45 (32)		7:23 (29)		11:13 (38)		14:59 (43)		18:52 (48)		22:43 (50)		26:45 (54)		30:51 (57)		34:56 (57)		39:09 (58)
11	4:06	12	4:09	13	4:06	14	4:08	15	4:18	16	4:17	17	4:17	18	4:20	19	4:26	20	4:24
	43:15 (57)		47:24 (57)		51:30 (52)		55:38 (50)		59:56 (51)		1:04:13 (50)		1:08:30 (48)		1:12:50 (47)		1:17:16 (46)		1:21:40 (63)
21	4:16	22	26																
	1:25:56 (62)		1:26:22 (60)																

Matea PARLOV KOŠTRO

CRO 2 Jun 92 **DNF**

1	3:46	2	3:37	3	3:46	4	3:41	5	3:45	6	3:49	7	3:48	8	3:48	9	3:50	10	3:53
	3:46 (43)		7:23 (30)		11:09 (25)		14:50 (27)		18:35 (29)		22:24 (31)		26:12 (31)		30:00 (30)		33:50 (31)		37:43 (32)
11	3:55	12	3:57	13	3:59	14	4:03	15	4:05	16	4:03	17	4:03	18	4:09	19	4:06	20	4:04
	41:38 (31)		45:35 (35)		49:34 (34)		53:37 (33)		57:42 (32)		1:01:45 (33)		1:05:48 (32)		1:09:57 (30)		1:14:03 (31)		1:18:07 (47)
21	4:07	22	24	23	3:45	24	4:13	25	4:15	26	4:19	27	4:20	28	4:22	29	4:20	30	4:20
	1:22:14 (48)		1:22:38 (48)		1:26:23 (50)		1:30:36 (51)		1:34:51 (50)		1:39:10 (50)		1:43:30 (27)		1:47:52 (27)		1:52:12 (49)		1:56:32 (27)
31	4:23	32	4:25	33	4:26	34	15:44	35	3:18	36	3:30								
	2:00:55 (27)		2:05:20 (27)		2:09:46 (25)		2:25:30 (40)		2:28:48 (40)		2:32:18 (38)								

Tish JONES

GBR 7 Sep 85 **DNS**

Nikolina ŠUSTIĆ

CRO 24 Jul 87 **DNS**

NOTE	<input checked="" type="checkbox"/>	Yellow Card - BIB 1585 - 240.8(h) Taking refreshment out of official station \ Taking refreshment of another athlete
	<input checked="" type="checkbox"/>	Yellow Card - BIB 375 - 144.2 Giving Assistance

